HUMANITY NEWS
TOWARDS THE FRIENDSHIP OF CITIZENRY

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"CONGRATS TO ALL ELECTED OFFICIALS"

A Space for Art: Cavite launched the Cavite Art Fair 2025

Story on p.5

LIBRE na` para sa Treceño ang school supplies para sa mga day care hanggang senior high school kabilang na din ang ALS at SPED handog ng Pamahalaang Lungsod ng Trece Martires City sa pangunguna ni Mayor Gemma Lubigan at Vice Mayor Bobby Montehermoso. Bukod dito, mamamahagi din ang Trece LGU ng mesa, upuan, TV, Mirrorless camera at iba pa para sa mga paaralang nangangailangan nito.

"Mag-aral kayong mabuti dahil ang edukasyon ang puhunan niyo upang magkaroon kayo ng magandang kinabukasan. Maraming salamat po tax payers. " – Pahayag ni Mayor Lubigan.

LOCAL GOVERNANCE TRANSITION CEREMONY

P.7

BAGONG REGIONAL DIRECTOR NG CALABARZON ITINALAGA NA

Isang pormal ng turn over ng Chain of Command sa pangunguna ng Presiding Officer na si PBGeneral pamumuno ng bagong Melencio Nartatez, Deputy Director for Administration ang Pag (cont. P.5)

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Addition of LRT-1 Station in Bacoor endangers the livelihood and residence of Talaba locals.

From its original plan, the LRT Line-1 Cavite Extension only covers two stations in Bacoor City namely in barangays Zapote and Niog. Prior to the announcement of the additional station, residents from Zapote and Niog has already experienced the impending threats of demolition and arson.

Its dangers were already exhibited last September 10, 2024 when a fire broke out in Sitio Kanluran, Brgy. Zapote 3 where 932 families and 4,460 individuals were affected. After the incident, private security goons from VV security agency and JR18 security agency were hired by the LRMC and city government of Bacoor, to encamp the site.

Private goons were ordered to guard the site to prevent any obstruction on the construction of the LRT stations. Local residents were prohibited to rebuild their homes even the entry of materials for their houses. Since then, locals reported multiple accounts of threats, intimidation and harassment from the securities.

The same goes with the households in Sitio Tabon in Zapote 3. They have experienced demolition attempts carried out by demolition teams and staff from the office of the Mayor of Bacoor city government last November 15, 2024. The team intimidated, threatened and pressed the locals to self-demolish their homes.

From this, the additional Talaba station would only aggravate the problems of displacement and arson in the city. Thousands of local fisherfolk and informal workers will lose their livelihoods and residence all for the benefit of the developers from Light Rail Manila Consortium (LRMC) and the Revilla dynasty.

Therefore, we strongly denounce the additional station of LRT-1 Cavite Extension placed in Talaba. The project, as a whole, must be reviewed by the Department of Public Works and Highways (DPWH) and Department of Transportation (DoTr) to take into account the affected residents.

We call on all residents to protest against the construction of LRT-1 Cavite Extension. We are for development but not for the development of the few and elite!

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HUMANITY NEWS
TOWARDS THE FRIENDSHIP OF CITIZENRY

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VER C. BAUTISTA
EXECUTIVE OFFICER

KRISTEL. LUMAS
LAY-OUT ARTIST

ANTHONY LUMAS
ACCOUNT EXECUTIVE

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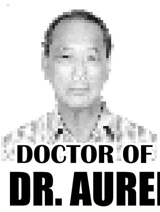

MAKATANG KABITENYO
DLSU-DASMARIÑAS AWARDEE
MAKATANG KABITENYO 1999
F&A.M LINCOLN LODGE # 34
DOCTOR OF HUMANITIES (HONORIS CAUSA)
DR. AURELIO PAREDES BAUTISTA

PAGPILI SA PAG-IBIG

1. Dahil sa pag-ibig ay may natutuwa,
Dahil sa pag-ibig ay may lumuluha,
Bakit kaya gayon isa ang Lumikha,
Pero iba-iba bigay na biyaya?

2. Mayroong umibig nang dahil sa ganda,
At naging masaya noon sa umpisa,
Bakit nagkagayon, leron, leron sinta?
Nabali ang sanga, luluha lang pala.

3. Dahil ang kasuyo'y paruparong bukid,
Kaya ang ugali'y pagdapo ang ibig,
Sa mga bulaklak ito'y lumalapit,
At may mga bulong na ibig mang-akit.

4. Kapag ang babae'y nagkulang sa aral,
Madaling bolahin sa mumunting dasal,
Ang babae namang sa aral nagpagal,
Dahil sa talino, lalaki'y supalpal.

5. Kaya ang payo ko sa isang dalaga,
Mag-aral sa kilos at huwag magpabola,
At hindi rin naman supalpal ang pasya,
Bagkus magmabuti saka makisama.

6. Pag may napusuan na isang binata,
Marapat dalaga'y mag-isip magnasa
Na makilala niya ang amang dakila,
Pagka't siya'y modelo nitong kanyang bata.

7. Pag ama'y maayos sa kanyang asawa,
Natural masaya ang naturang ina,
Kapag babaero't lasenggo ang ama,
Marapat dalaga'y pag-iwas ang pasya.

8. Gayon din ang dapat gawin ng binata,
Alamin ang ina nitong kanyang mutya,
Pag ina'y maayos, ituloy ang tuwa,
Pag- iwas ang gawin pag ina'y saliwa.

TULONG PARA SA MGA BIKTIMA NG SUNOG SA TALABA 2, IPINAGKALOB NG LUNGSOD NG BACOOR

Bacoor City, Hunyo 19, 2025 – Naglaan ng tulong ang Pamahalaang Lungsod ng Bacoor sa pangunguna ni Mayor Strike Revilla para sa 35 pamilyang naapektuhan ng sunog sa Barangay Talaba 2. Pinangunahan ng City Social Welfare and Development Office (CSWD) sa pamumuno ni Ginang Emiliana Ugalde, ang pamamahagi ng mga relief goods at pinansiyal na tulong sa Bacoor National High School Maliksi Annex.

Dumalo rin sina Konsehal Noly Galvez, Konsehal Erick Ugalde, Konsehal Horacio Brilliantes, Pangulo ng Liga ng mga Barangay (LnB) na si BM Rafael Paterno III, Pangalawang Pangulo ng LnB na si Konsehal Randy Francisco, Pinuno ng BDRRMO na si G. Richard Quion, Kapitan Ferdie Bañas ng Barangay Talaba 2, at Kapitan Louie Ronald Ugalde ng Barangay Maliksi 1 para suportahan ang nasabing relief operation. Ipinapakita nito ang pagtugon at malasakit ng lungsod sa mga nasalanta.

Bike Ride, Fun Run,and Couch Talk Highlight 2025 Adoption and Alternative Child Care Week Celebration in Cavite

The Provincial Government of Cavite through the Office of the Office of the Provincial Social Welfare and Development Officer, in coordination with the National Authority for Child Care (NACC) and Regional Alternative Child Care Office IV-A, hosted the celebration of the 3rd Adoption and Alternative Child Care Week 2025 (AACCW) on June 14, 2025, held at the Old Provincial Capitol in Trece Martires City and Cavite State University (CvSU) in Indang, Cavite. With this year's theme "Hope and Home for every Child", the event aimed to raise awareness and garner support for legal adoption and alternative child care programs.

(cont. P.7)

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
FOURTH JUDICIAL REGION
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

BDO UNIBANK, INC.,
Mortgagee,

-versus-
FORECLOSURE CASE NO. F-319-25

ANAWEM KYLA S. ISADA,
Debtor/Mortgagor.
x---x

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, BDO UNIBANK, INC., with business address at 33/F BDO Corporate Center Ortigas, #12 ADB Avenue, Mandaluyong City, against the Debtor/Mortgagor, ANAWEM KYLA S. ISADA, of legal age, Filipino and with postal address at (1) Lot 27 Block 4 Phase 4 Westwood, Brgy. Pasong Camachile II, General Trias, Cavite (occupied by the mortgagor); and (2) Lot 6 Blk. 6 Planet St., Delnor Subdivision, Brgy. Talon Singko, Talon Moonwalk, Las Piñas City (occupied by third party), to satisfy the mortgage indebtedness as of February 28, 2025 amounts to **THREE MILLION NINETY-ONE THOUSAND FIFTY-EIGHT PESOS AND 44/100 (Php3,091,058.44)** inclusive of interest and other charges, attorney's fees and expenses of foreclosure, the undersigned Sheriff will set at public auction on **JULY 01 2025 at 10:00 o'clock in the morning** until 12:00 noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE
No. 057-2020036910

LOT NO:27, BLOCK NO:4, PLAN NO:PCS-04-031691
PORTION OF: BLOCK 25, PCS-04-029303; BLOCK 17, PCS-04-030704 & LOT 1940, SFDM ESTATE, DECREED NO. 4270, LRC REC. NO. 5964
LOCATION: BARANGAY OF PASONG CAMACHILE, MUNICIPALITY OF GEN. TRIAS,
PROVINCE OF CAVITE, ISLAND OF LUZON

BOUNDARIES:

LINE	DIRECTION	ADJOINING LOT(S)
1-2	SE	ROAD LOT 5, PCS-04-031691
2-3	SW	LOT 28, BLOCK 4, PCS-04-031691
3-4	NW	LOT 1, BLOCK 14, PCS-04-031691
4-1	NE	LOT 26, BLOCK 4, PCS-04-031691

AREA: FIFTY (50) SQUARE METERS, MORE OR LESS

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **JULY 15 2025** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property an encumbrances thereon, if any there be.

Trece Martires City, **JUNE 03, 2025**

ANDRES B. ESPINA
Sheriff IV

Copy Furnished:
BDO UNIBANK, INC.,
CONSUMER BANKING GROUP - CONSUMER REMEDIAL MANAGEMENT
33/F BDO Corporate Center Ortigas, #12 ADB Avenue, Mandaluyong City

ANAWEM KYLA S. ISADA
(1) Lot 27 Block 4 Phase 4 Westwood, Brgy. Pasong Camachile II, General Trias, Cavite (occupied by the mortgagor); and
(2) Lot 6 Blk. 6 Planet St., Delnor Subdivision, Brgy. Talon Singko, Talon Moonwalk, Las Piñas City (occupied by third party)

WARNING: It is absolutely prohibited to remove, deface or destroy this Notice of Extra Judicial Sale on or before the date of sale

HUMANITY NEWS
JUNE 9, 16, & 23, 2025

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
FOURTH JUDICIAL REGION
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

BDO UNIBANK, INC.,
Mortgagee

-versus-
FORECLOSURE CASE NO. F-316-25

JOHN ANTHONY T. ABELEDA AND JESABELLE D. ABELEDA,
Debtors/Mortgagors.
x--x

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, BDO UNIBANK, INC., with business address at 33/F BDO Corporate Center Ortigas, #12 ADB Avenue, Mandaluyong City, against the Debtor/Mortgagor, **JOHN ANTHONY T. ABELEDA AND JESABELLE D. ABEDE** of legal age, Filipino and with postal address at (1) Block 6 Lot 11, Meyland Homes, Phase 3, Brgy. Lawa, Meycauayan, Bulacan (occupied by a third party); and (2) Block 6 Lot 10, Somerset 3, Brgy. Navarro, Gen. Trias, Cavite (abandoned property), to satisfy the mortgage indebtedness as of February 28 2025 amounts to **TWO MILLION TWENTY-NINE THOUSAND EIGHT HUNDRED NINETY-EIGHT PESOS AND 99/100 (Php2,029,898,99)** inclusive of interest and other charges, attorney's fees and expenses of foreclosure, the undersigned Sheriff will set at public auction on **JULY 01, 2025 at 10:00 o'clock in the morning** until 12:00 noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE
No. 057-2017041510

LOT NO: 10 BLOCK NO: 6 PLAN NO: PCS-04-028038
PORTION OF: LOT 1708, SAN FRANCISCO DE MALABON ESTATE; LOT 1706-K, BSD-04-002033 (OLT); BLOCK 10, PCS-04-028018 & BLOCK 13, PCS-04-027806, DECREED NO. 4270, LRC REC. NO. 5964
LOCATION: BARANGAY OF NAVARRO, MUNICIPALITY OF GEN. TRIAS, PROVINCE OF CAVITE, ISLAND OF LUZON

BOUNDARIES:

LINE	DIRECTION	ADJOINING LOT(S)
1-2	NW	ROAD LOT 7, PCS-04-028038
2-3	NE	LOT 8, BLOCK 6, PCS-04-028038
3-4	SE	LOT 21, BLOCK 6, PCS-04-028038
4-1	SW	LOT 12, BLOCK 6, PCS-04-028038

AREA: EIGHTY SQUARE METERS (80), MORE OR LESS

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **JULY 15 2025** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property an encumbrances thereon, if any there be.

Trece Martires City, **JUNE 03, 2025**

JOANNAH AVIGAIL C. TIMKANG
Sheriff IV

Copy Furnished:
BDO UNIBANK, INC.,
CONSUMER BANKING GROUP-CONSUMER REMEDIAL MANAGEMENT
33/F BDO Corporate Center Ortigas, #12 ADB Avenue, Mandaluyong City

JOHN ANTHONY T. ABELEDA AND JESABELLE D. ABELEDA
(1) Block 6 Lot 11, Meyland Homes, Phase 3. Brgy. Lawa, Meycauayan, Bulacan (occupied by a third party); and
(2) Block 6 Lot 10 Somerset 3, Brgy. Navarro, Gen. Trias, Cavite (abandoned property)

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HUMANITY NEWS
JUNE 9, 16, & 23, 2025

SEE YOU AT GEN. E. TOPACIO ST. NEAR THE TOPACIO COMPOUND IMUS, CITY

HUMANITY TRIVIA

ENGR. VIR CAMPAÑA BAUTISTA
(TWIN BROTHER OF VER)

(IT TELLS THE DATES OF INVENTION, PLACES OF PLANT ORIGIN AND CURES OF DISEASE)

Soap - 2500 BC
Screw - 3rd century BC
Bell pepper - India
Sesame - tropics
Gabi - leprosy

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
FOURTH JUDICIAL REGION
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

HAMILTON FINANCING CORPORATION, represented by its Senior Paralegal Officer, ANGELICA MARIE V. AQUINO
Mortgagee-Petitioner,

-versus- **FORECLOSURE CASE NO. F-335-25**

SPS. AMELIA SAN JUAN HAMATANI AND JUNICHI HAMATANI,
Mortgagors-Respondents.
x---x

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee-Petitioner **HAMILTON FINANCING CORPORATION, represented by its Senior Paralegal Officer, ANGELICA MARIE V. AQUINO** with business address at Durawood Bldg., 177 Sumulong Highway, corner B. Soliven Ave., Brgy. Mayamot, Antipolo City, against the Mortgagors-Respondents, **SPS. AMELIA SAN JUAN HAMATANI AND JUNICHI HAMATANI,** with residence and postal address at Block 31, Lot 39, Phase 7B, Elliston Place, Pasong Camachile 2, General Trias City, Cavite and 15086 San Martin St., San Agustin Village, Moonwalk, Parañaque City to satisfy the mortgage indebtedness as of March 30, 2025 amounts to **THREE MILLION THIRTY SIX PESOS EIGHT HUNDRED NINETY SEVEN PESOS AND SIXTY CENTAVOS (P3,036,897.65)** inclusive of interest, penalties and other charges of foreclosure, the undersigned Sheriff will set at public auction on **JULY 01, 2025 at 10:00 o'clock in the morning** until 12:00 noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE
No. 057-2023057964

LOT NO:39, BLOCK NO:31, PLAN NO: PCS-04-032221 PORTION OF: LOT 2513 & LOT 2 BLOCK 12 PCS-04-024827 LRC RECORD NO. 5964
LOCATION: BARANGAY PASONG CAMACHILE II, CITY OF GENERAL TRIAS, PROVINCE OF CAVITE, ISLAND OF LUZON

BOUNDARIES:

LINE	DIRECTION	ADJOINING LOT(S)
1-2	NW	ROAD LOT 9, PCS-04-032221
2-3	NE	LOT 40, BLOCK 31, PCS-04-032221
3-4	SE	LOT 1, BLOCK 12, PCS-04-024827
4-1	SW	LOT 38, BLOCK 31, PCS-04-032221

AREA: FORTY EIGHT (48) SQUARE METERS, MORE OR LESS

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **JULY 15, 2025** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property an encumbrances thereon, if any there be.

Trece Martires City, **JUNE 03, 2025**

RICARDO A. TOLEDO
Sheriff IV

Copy Furnished:
HAMILTON FINANCING CORPORATION, represented by its Senior Paralegal Officer, ANGELICA MARIE V. AQUINO
Durawood Bldg., 177 Sumulong Highway, corner B. Soliven Ave., Brgy. Mayamot, Antipolo City

RENE ANTONIO R. CIRIO
Counsel for Petitioner-Mortgagee Hamilton Financing Corporation 2nd Flr., Sen. L. Sumulong Memorial Circle Antipolo City
Email Address: cirioandco@gmail.com

SPS. AMELIA SAN JUAN HAMATANI AND JUNICHI HAMATANI
Block 31, Lot 39, Phase 7B, Elliston Place, Pasong Camachile 2, General Trias City, Cavite and 15086 San Martin St., San Agustin Village, Moonwalk, Parañaque City

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HUMANITY NEWS
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A Space for Art:...

(from p. 1)

Stepping into a vibrant and creative space of art, the Provincial Government of Cavite through the Office of the Provincial Tourism Officer launched the long-awaited Cavite Art Fair at the New Provincial Capitol Building in Trece Martires City, on June 11-13, 2025.

The 3-day exhibition displayed intricate work of arts and impressive illustrations of diverse Cavite artisans, immersing the public into the unique art expressions and style of the exhibitors.

Governor Athena Bryana Tolentino graced the event with her presence, extending her full support to the local arts community. In her message, she expressed heartfelt gratitude for the overwhelming support shown to Cavite's local artists, stating that the province's wealth of culture and history is vividly reflected through artistic expression. She proudly announced that the next Cavite Art Fair will be held in Tagaytay City, marking a new chapter in celebrating and nurturing the creative industry in the province.

Subsequently, Mr. Emmanuel "Manny" Garibay of Linangan Art Residency stated that the event is an "intersection of culture, arts and history and the projection of what Cavite is". Further, he emphasized the necessity of art in progressing and shaping a community, "Sa lahat po ng mga bayan na umuunlad, hindi po maaaring umunlad ito ng makabuluhan at masagana kung walang sining. Ang lahat ng mauunlad na bansa, ang pundasyon ay kultura, at ang pinaka naglalarawan sa kultura ay sining". As he ended his message, he gladly thanked Gov. Tolentino for the effort and time in bringing the art fair to life.

A ceremonial ribbon cutting, led by Governor Tolentino, Mr. Garibay, and Mr. Henry "Bokeng" Ancanan of the Alitaptap Artists Community, marked the official opening of the exhibition. The governor warmly joined guests and art enthusiasts as they toured the gallery, taking time to appreciate the vibrant collection of artworks on display.

Aside from the featured creative pieces, the Cavite Art Fair displayed arrays of goods and products of Cavite micro, small, and medium enterprises, which served as an avenue to expand their connection and marketing to the stakeholders.

On the last day of the fair, Ms. Elinia Imelda Rozelle Sangalang, Provincial Tourism Officer, extended their utmost appreciation to everyone who took part, supported and visited Cavite Art Fair 2025, stating "We hope that this activity has sparked the creativity and interest of the audience that could pave way to more creative endeavors in the future.

(CPIO)

BAGONG REGIONAL DIRECTOR....

(from p. 1)

turn over sa incoming at outgoing Regional Director ng Calabarzon 4A na isinagawa sa Camp Vicente Lim ,Canlubang Laguna.

Lubos namang nagpasalamat SI out going Regional Director ng Calabarzon 4A na si PBGen Paul Kenneth T. Lucas sa kapulisan ng buong rehiyon dahil sa suporta, pagmamahal at naging katuwang niya sa pagpapatupad ng kabilang tungkulin sa loob ng humigit kumulang sa 2 taon.

Ayon naman kay incoming Regional Director na si PBGeneral Jack Wanky na tutukan nito na maipatupad ang quick response program ng Chief PNP upang makuha ang tiwala ng mamamayan

Sisismapin nito na mapalakas pa madagdagan pa nito ang mga strategies kung bakit naging Top Performing Regional Office ang CALABAZON sa implemntasyon sa anti-criminality at challenge sa pamumuno ni RD Lucas.

Sa pahayag naman ni outgoing RD Lucas , nagpasalamat ito sa lahat ng kapulisan sa rehiyon sa loob mahigit sa 2 taong panunungkulan bilang RD dahil sa pagsuporta , pagmamahal at pakikiisa ng buong kapulisan sa lahat ng kaniyang programa at mga operasyon .

Si Gen Lucas ay itinalaga bilang bagong Deputy Director for Administration ng National Capital Region Police Office (NCRPO) .

MARGIE BAUTISTA

FAMOUS PERSONALITIES

BY

NICO & NIELSEN BAUTISTA

VLADIMIR ILYICH LENIN- Siya ang kinikilalang pangunahing rebolusyonaryo sa Russia na nagpabagsak sa trono ng Emperador at nagtatag ng Komunistang Pamahalaan sa Russia. Namatay siya sa stroke sa gulang na 54 taon.

LET THERE BE LIGHT!

By
ENG'R. VER CAMPAÑA BAUTISTA
F & A.M. Luis Olimpo Ferrer Lodge 366

SAPA- **Ang Sapa, Rosario ay nayon na tinawag nang gayon dahil sa Sapa (brook) na nasa lugar.**

HUMANITY NEWS
Vol. IX No.30

CAVITE HIGHLIGHTS

By:
Yna Palparan Bautista

Jose Basa y Enriquez - Siya ay isang abogado, manunulat at makabayan. Siya ay idinawit sa Cavite mutiny of 1872 at itinapon sa Guam datapwa't nakatakas at nakarating sa Espanya kung saan nabigyan siya ng pardon. Muli siyang inusig at itinapon sa Mindanao kasama si Jose RIzal. Pinatawad siya matapos ng dalawang taon. Naging delegado siya sa Malolos Congress.

Bilang patuloy na suporta ng Pamahalaang Bayan ng Rosario sa mga kabataan, sa ilalim ng Balik Eskwela Project, isinagawa ang pamamahagi ng mga gamit pang-eskwela para sa mga mag-aaral sa iba't ibang pampublikong paaralan sa ating bayan sa pangunguna ng ating butihing Mayor Voltaire Ricafrente at Vice Mayor Bamm Gonzales. Kasabay nito ay isang maikling programa ang ginanap kung saan binasahan ni Vice Bamm ng mga kwentong pambata ang mga mag-aaral na nasa Kinder at Grade 1 upang palaganapin ang kahalagahan ng pagbasa at edukasyon sa murang edad.

Ang programang ito ay patunay ng tapat na paglilingkod at matibay na layunin ng Lokal na Pamahalaan ng Rosario na gabayan at bigyang inspirasyon ang mga kabataan tungo sa kanilang mga pangarap.

Health Benefits...

Kaalaman tungkol sa Ampalaya bilang halamang gamot

Scientific name: Cucumis argyl H. Lev.; Mormodica balsamina Blanco; Momordica charantia Linn.;
Common name: Ampalaya (Tagalog), Bitter Melon o Bitter Gourd (Ingles)

Ang ampalaya ay karaniwang gulay na nakikita sa hapag ng mga Pilipino. Ito ay kilalang-kilala dahil sa kulubot at mapait nitong bunga. Ang dahon din ay ginagamit na sangkap sa ilang mga lutuin. Tumutubo ito sa maraming lugar sa Pilipinas at sa mga bansang nasa rehiyong tropiko.

Ano ang mga sustansya at kemikal na maaaring makuha sa Ampalaya?

Ang iba't ibang bahagi ng halamang ampalaya ay maaaring makuhanan ng maraming uri ng kemikal at sustansya na maaaring may benepisyo sa kalusugan:

Kilalang taglay ng halamang ito ang ilang mga kemikal gaya ng alkaloids, glycosides, aglycone, tannin, sterol, phenol at protein.

Ang mga dahon at bunga ay may taglay na momordicin, ang kemikal na nagdadala ng mapait na lasa sa ampalaya.

Anong bahagi ng halaman ang ginagamit bilang gamot, at paano ginagamit ang mga ito?

Maaaring gamitin bilang gamot ang ilang bahagi ng halaman tulad ng:

Dahon. Ang dahon ay kadalasang kinakatasan o kaya ay nilalaga upang ipang-gamot.

Bunga. Ang katas ng berdeng bunga ng ampalaya ay karaniwang ginagamit na panggamot sa maraming uri ng karamdaman. Maaari itong durugin at gawing inumin o kaya ay kainin mismo ang bunga bilang gulay.

Ugat. Ang ugat ay kadalasang pinakukuluan at pinapainom din upang ipanggamot.

Ano ang mga sakit na maaaring magamot ng Ampalaya?

Ayon sa mga pag-aaral at nakagawian ng ilan, ang ilan sa mga sakit na maaaring malunasan sa pamamagitan ng paggamit sa halamang ampalaya ay ang sumusunod:

1. Pananakit sa katawan. Ang pag-inom sa katas ng dahon ampalaya ay sinasabing may epektong analgesic o nakapagpapawala ng pananakit sa katawan.
2. Pamamaga o pamamanas. May kakayahan din daw ang katas ng dahon ng ampalaya na alisin ang pamamanas o pamamaga sa katawan.
3. Diabetes. Ang katas mula sa dahon at bunga ng ampalaya ay may malaking tulong daw sa pagsasaayos ng lebel ng asukal sa katawan lalo na sa mga may sakit na diabetes. Ang bunga rin ay tumutulong sa pagpapalakas ng produksyon ng insulin sa pancreas o lapay.
4. Ulcer. Nakatutulong din daw sa mas mabilis na pagpapagaling ng ulcer sa sikmura ang pag-inom ng katas ng dahon ng ampalaya.
5. Sobrang timbang. Sinasabing ang katas mula sa bunga ng ampalaya ay makatutulong daw sa pagbabawas ng sobrang timbang at bilbil sa katawan.
6. Dengue. Ang katas ng dahon ng ampalaya ay maaaring makapagpabuti sa pakiramdam ng taong may sakit na dengue.
7. Impeksyon ng fungi. May ilang pag-aaral ang nagsasabing may epekto ang pag-inom at pagpahid ng katas ng ampalaya sa bahagi ng katawan na apektado ng impeksyon ng fungi.
8. Pagtatae o disinterya. Ang pinaglagaan ng dahon ng ampalaya ay karaniwang ginagamit bilang gamot sa pagtatae o disinterya.
9. Pagtatagihawat. Ang pinaglagaan ng ugat ng ampalaya o kaya ay pinaglagaan ng dahon ng ampalaya ay makatutulong daw sa pagbabawas ng tagihawat sa katawan.
10. Impeksyon ng bulate. Ang katas ng mismong prutas ay makatutulong upang tanggalin ang mga bulateng naninirahan sa sikmura.

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
FOURTH JUDICIAL REGION
NAIC CAVITE
OFFICE OF THE CLERK OF COURT
AND EX-OFFICIO SHERIFF

HOME DEVELOPMENT MUTUAL FUND (HDMF),
Petitioner-Mortgagee,
-versus-
FNC 2023-554
JIMMY CABILING GAUSIN
Respondents-Mortgagors.
x--x

NOTICE OF EXTRA-JUDICIAL SALE

WHEREAS, upon Extra-Judicial Petition for Sale under Act No. 3135 as amended by the Act No. 4118, filed by **HOME DEVELOPMENT MUTUAL FUND (HDMF)** Mortgagee, with postal address at Petron Mega Plaza Building, No. 358 Sen Gil Puyat Avenue, Makati City, against **JIMMY CABILING GAUSIN** with postal address at 936 POLICARPIO STREET, SAN JOSE, NAVOTAS CITY, to satisfy the mortgage indebtedness which as of JUNE 13, 2023, amounted to **FOUR HUNDRED FIFTY SIX THOUSAND FIVE HUNDRED EIGHTY FIVE & 09/100 PESOS (Php 456,585.09)** Philippine Currency, excluding penalties, Attorney's Fees and expenses of the foreclosure, the undersigned authorized Sheriff IV, will sell at public auction on July 22 at 9:00 in the morning or soon thereafter at the Regional Trial Court, Naic, Cavite, to the highest bidder in CASH or MANAGER'S CHECK and in Philippine Currency the property with all the improvements thereon, to wt:

TRANSFER CERTIFICATE OF TITLE NO. 057-2018011981

IT IS HEREBY CERTIFIED that certain land situated in BARANGAY OF SABANG (FORMERLY TIMALAN), MUNICIPALITY OF NAIC, PROVINCE OF CAVITE, ISLAND OF LUZON, bounded and described as follows:
LOT NO: 35, BLOCK NO: 39, PLAN NO: PSD-04-246094
PORTION OF: SUBD. OF BLOCK 32, PCS-04-030597; LRC RECORD NO. 8340
LOCATION: BARANGAY OF SABANG (FORMERLY TIMALAN), MUNICIPALITY OF NAIC,PROVINCE OF CAVITE, ISLAND OF LUZON xxx CONTAINING AN AREA OF TWENTY-EIGHT SQUARE METERS (28) x x x.

Prospective bidders so the encumbrance existing thereon, if any there be.

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date, it shall be held on July 29,2025 at same time_and at the same place mentioned above without further notice.

Municipality of Naic, Province of Cavite, **JUNE 19,2025**

JANELLE V. LAGADON, MBA
Sheriff IV

Copy furnished:
HOME DEVELOPMENT MUTUAL FUND (HDMF) - Petron Mega Plaza Building, No. 358 Sen Gil Puyat Avenue, Makati City

JIMMY CABILING GAUSIN
936 POLICARPIO STREET, SAN JOSE, NAVOTAS CITY LOT 35, BLOCK 39, PASINAYA HOMES, PHASE 2, SABANG, NAIC, CAVITE

Maria Victoria D. Capiral
c/o ATTY. MICHAEL YANCY P. YNGSON
Attorney-in-Fact, RECEIVERS AND LIQUIDATORS INC.
Unit C, 10th Floor, Strata Bldg., F. Ortigas Center, Pasig City

HUMANITY NEWS
JUNE 23, 30, & JULY 7, 2025

LOCAL GOVERNANCE TRANSITION CEREMONY...

(from p. 1)

Isinagawa ngayong araw ang Local Governance Transition Ceremony para sa Bayan ng Rosario, Cavite, isang mahalagang hakbang tungo sa maayos, tapat, at tuloy-tuloy na paglilingkod ng ating lokal na pamahalaan.

Dinaluhan ito ng ating butihing Mayor Voltaire Ricafrente, Vice Mayor Bamm Gonzales, at mga kasapi ng Sangguniang Bayan, kasama rin sina DILG Cluster Head Nencita N. Costelo at DILG Rosario MLGOO Marren E. Juangco-Bautista na siyang namuno sa ceremonial turnover.

Nakiisa rin sa makabuluhang aktibidad na ito ang mga kinatawan mula sa iba't ibang departamento ng lokal na pamahalaan, PNP, BFP, DepEd Rosario, at mga Punong Barangay.

Sa pamamagitan ng seremonyang ito, ipinapakita ng Bayan ng Rosario ang kahalagahan ng bukas, tapat, at organisadong pamamahala para sa kapakanan ng bawat isang taga Rosario.

(Jerry Guina)

Bike Ride, Fun Run,and Couch Talk Highlight 2025...

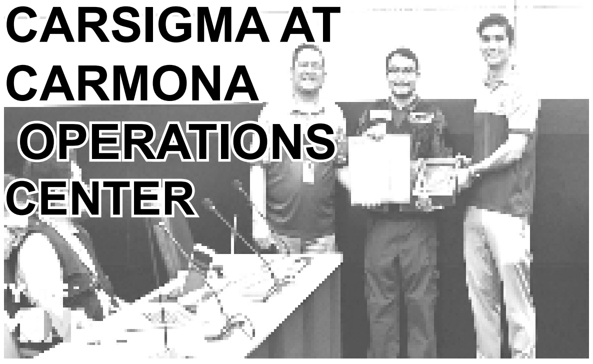
(from p. 3)

The first part of the program featured the Bisig-kleta and Fun Run activity, which started in Trece Martires and concluded in Indang. Hundreds of participants—including government workers, cycling and running enthusiasts, families, and child welfare advocates—gathered for the early morning fitness activity that encouraged both wellness and advocacy which symbolize the collective journey of providing every child with a loving and nurturing home.

The celebration continued with the second part of the program— featuring a Couch Talk segment held at CVSU Indang. The heartfelt session focused on the theme "Hope and Home for every Child". It featured testimonies and open conversations from adoptive and foster parents who shared their real-life experiences, challenges, and triumphs in raising children through the alternative child care system. The dialogue provided inspiration and emotional insight into the life-changing impact of adoption and foster care.

Capping off the day was the Ceremonial Turnover of the AACCW hosting from the Provincial Social Welfare and Development Office (PSWDO) of Cavite to the PSWDO of Laguna, marking a symbolic ringing of bell to continue the advocacy in the coming year (CPIO)

NSED 2025/ TABLETOP EXERCISE FOR CARSIGMA AT CARMONA OPERATIONS CENTER



Kaugnay ng 2nd Quarter Nationwide Simultaneous Earthquake Drill (NSED) na idinaos sa Maduya Elementary School, isinagawa ang tabletop exercise sa Carmona Operations Center sa pangunguna ng Office of Civil Defense (OCD) CALABARZON, at sa pakikipagtulungan ng Cavite Provincial Disaster Risk Reduction and Management Office at ng Lokal na Pamahalaan ng Carmona sa pangunguna ni Mr. Rommel DL. Peneyra, Silang sa pangunguna ni Ms. Katherine Eusebio, at General Mariano Alvarez sa pangunguna ni Engr. Teofilo Rea II. Ito ay pinangasiwaan ni OCD CALABARZON Regional Director Carlos Eduardo E. Alvarez III.

Ang naturang aktibidad ay naglalayong subukin ang contingency plan ng Lalawigan ng Cavite at ng tatlong Lokal na Pamahalaan sa kanilang kahandaan sa posibleng banta ng West Valley Fault na maaaring mag-trigger ng magnitude 7.2 earthquake.

RDRRMC Chairperson and OCD CALABARZON Regional Director Carlos Eduardo E. Alvarez III expressed his gratitude to the participants of the exercise, acknowledging their efforts in strengthening interoperability and disaster resiliency among the provincial and local DRRM councils.

City Government of Carmona

8

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Vol. IX No.30

HUMANITY NEWS
TOWARDS THE FRIENDSHIP OF CITIZENRY

Vol. IX No.30 June 23-29, 2025 P10.00

DO YOU KNOW ?

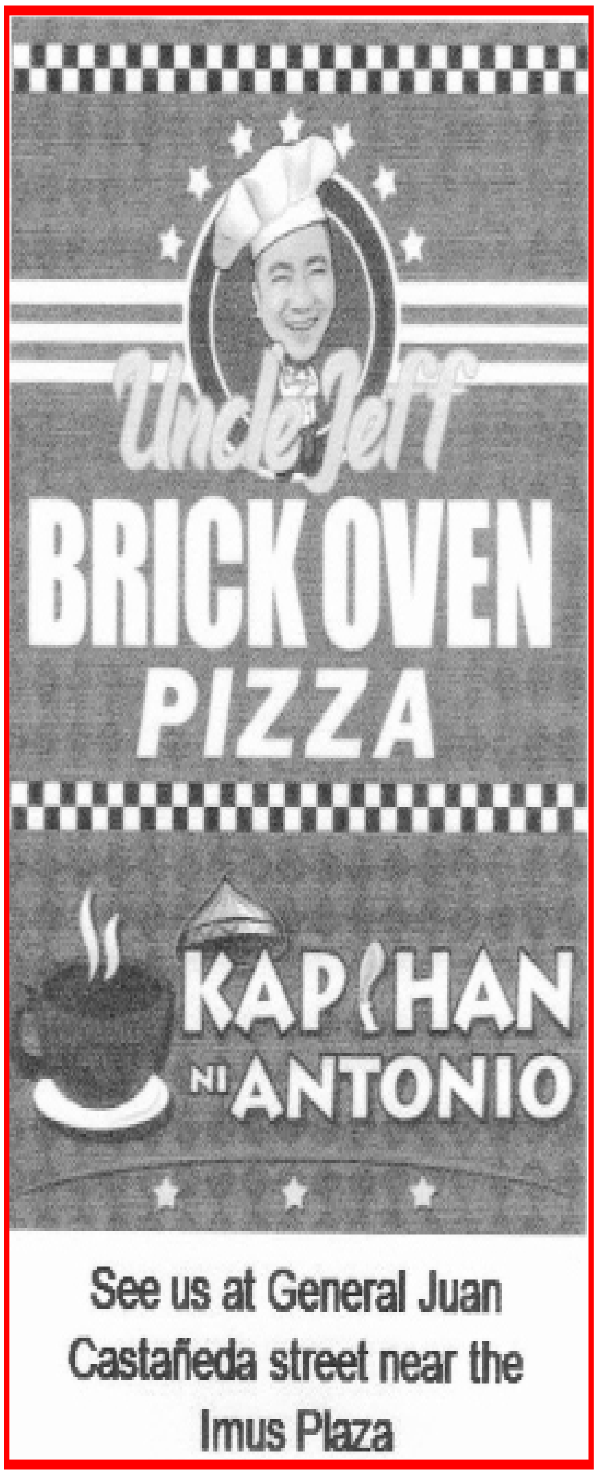
James I was the first English monarch to use the fork.

(Shared by Fellowship with Humanity)

FELLOWSHIP WITH HUMANITY
Province of Cavite

PRESIDENT: AURELIO PAREDES BAUTISTA

Fellowship with Humanity is a Family-Based Masonic Charity Group registered in Cavite to help in a small way alleviate the conditions of the poor. The funds come from the family income of the Bautista Family members.



MPT South Donates 900 School Kits for Brigada Eskwela 2025

Demonstrating its steadfast commitment to community development, Metro Pacific Tollways South (MPT South) actively participated in the Department of Education's Brigada Eskwela 2025 "Brigada Eskwela: Sama-sama Para sa Bayang Bumabasa" by donating 900 school supply kits to public schools across Cavite and Parañaque on June 9 to 11, 2025, in preparation for the upcoming 2025-2026 academic year.

The initiative, which aims to support students and ease the financial burden of families in preparation for the incoming school year, reached various schools in the cities and municipalities of Imus, Silang, General Trias, Kawit, Bacoor, and Parañaque: Alapan II-B Barangay Hall, Malagasang II-B Barangay Hall, Hipolito Saquilayan High School, and Alapan II-A Elementary School in Imus; Tibig Elementary School in Silang; Cecilio M. Saliba Elementary School, Governor Ferrer Memorial Integrated National High School, and General Trias Memorial Elementary School in General Trias; Florante Ilano Elementary School and Binakayan National High School in Kawit; Perville Daycare Center Moonwalk, Sto. Niño Elementary School, and San Dionisio Elementary School in Parañaque; and Salinas Elementary School and Longos Elementary School in Bacoor.

Each student received a thoughtfully assembled school kit containing ballpens, notebooks, pad paper, and crayons—basic yet essential items intended to help the students start the school year equipped and motivated to learn.

One of the highlights of the donation drive was the turnover at Salinas Elementary School, which coincided with Bacoor City's official opening of Brigada Eskwela 2025. The event was attended by Cavite 2nd District Representative, Congresswoman Lani Mercado Revilla, where she noted, "Taos-puso akong nagpapasalamat sa CAVITEX para sa kanilang aktibong pakikilahok sa Brigada Eskwela dito sa Bacoor. Malaking tulong ang inyong suporta at volunteer work sa paghahanda ng ating mga paaralan para sa ligtas at maayos na pagbabalik ng ating mga mag-aaral. Maraming salamat, CAVITEX! Sama-sama, tulong-tulong, para sa mga paaralan ng Bacoor!"

Arlette V. Capistrano, Vice President for Communication and Stakeholder Management at MPT South said, "We believe that our role in nation-building goes beyond the roads and expressways we build. It also means supporting the communities we operate in—especially the students who represent the future of those communities. Brigada Eskwela has always been a meaningful way for us to give back."

The donation drive is a part of MPT South's wider Corporate Social Responsibility (CSR) program, which extends beyond toll road operations to community-based initiatives that promote education, environment, safety, and livelihood.

About MPT South

MPT South is a subsidiary of Metro Pacific Tollways Corporation (MPTC). Aside from CALAX and CAVITEX networks of toll roads, MPTC's domestic portfolio includes concessions for the North Luzon Expressway (NLEX), the NLEX Connector Road, the Subic-Clark-Tarlac Expressway (SCTEX), and the Cebu-Cordova Link Expressway (CCLEX) in Cebu.