HUMANITY NEWS
TOWARDS THE FRIENDSHIP OF CITIZENRY

"CONGRATS TO ALL ELECTED OFFICIALS"

Vol. IX No.29 June 16-22, 2025 10.00 ISSN No.: 2672-3034

Murang Bigas Mabibili na ng Minimum Wage Earners!

Mas pinalawak pa ng pamahalaan ang mga makakabili ng mas mura at de-kalidad na bigas sa paglulunsad ng "Benteng Bigas Meron Na" o BBM rice program sa Universal Robina Corporation (URC) San Pedro Plant 2, San Pedro City, Laguna ngayong Hunyo 13.

Pinangunahan ng Department of Agriculture (DA) IV-A at Department of Labor (cont. P.7)

Groundbreaking Ceremony of Proposed New Trece Martires City Hall

Story on p.5

BRIGADA ESKUWELA SA MGA PAMPUBLIKONG PAARALAN SA IMUS SINIMULAN' NA

P.3

Group Enrollment Program, Isinusulong ng PhilHealth PRO IV-A

Story on p.5

BACOOR CITY HOSTS PRE-INDEPENDENCE DAY JOB FAIR

P.7

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Ginanap ngayong araw ang Kick Off Ceremony ng Brigada Eskwela sa ating bayan. Dinaluhan ito ng ating butihing Vice Mayor Bamm Gonzales bilang kinatawan ni Mayor Voltaire Ricafrente kasama ang mga miyembro ng Sangguniang Bayan.

Sa ilalim ng temang "Sama-sama para sa Bayang Bumabasa," aktibong nakiisa ang ating mga opisyal sa paghahanda ng mga paaralan para sa nalalapit na pasukan. Ilan sa mga eskwelahang kanilang binisita ay ang Rosario Elementary School, Rosario National High School, at Agustin Abadilla Elementary School.

Ang kanilang pakikilahok sa Brigada Eskwela ay patunay ng suporta ng pamahalaang bayan sa edukasyon at pagkakaisa ng buong komunidad para sa kinabukasan ng batang taga-Rosario.

(Municipality of Rosario Cavite.)

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HUMANITY NEWS
TOWARDS THE FRIENDSHIP OF CITIZENRY

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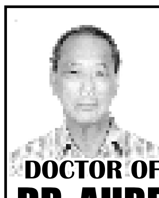
We're boosting your opportunities! This year, we're welcoming several National Government Agencies (NGAs) to our Job Fair. They'll be ready to provide their services and support, making it easier for you to connect with both employers and government resources. Get ready for a productive day!

Mark your calendars! This is your chance to connect with top employers right here in Bacoor. Prepare your resumes, dress to impress, and get ready for a day full of opportunities! Stay tuned for the complete list of participating companies and further details about the job fair. Don't miss out on this incredible event!



MAKATANG KABITENYO
DLSU-DASMARIÑAS AWARDEE
MAKATANG KABITENYO 1999
F&A.M LINCOLN LODGE # 34
DOCTOR OF HUMANITIES (HONORIS CAUSA)
DR. AURELIO PAREDES BAUTISTA

PAGLAYA

1. May babaing nais ang kanyang paglaya,
Nais na lumaya itong kanyang diwa
Nais na lumaya sa nais magawa,
Nais na lumaya sa takda ng madla.

2. Babae'y lumaya sa takda ng tao,
Lipunan nagbigay sa laya niyang gusto,
Maari na sila ngayong makaboto,
Maari na sila ngayong magtrabaho.

3. At sa opisina sila ay dumami,
Maging sa pabrika'y maraming babae,
Sa mga ospital ang nars ay nagsilbi,
At doon nandalang ang mga lalake.

4. Sa mga gawain braso ang kailangan,
Doon ang lalake'y hari sa larangan,
Ang ibang babae'y gusto ring pasukan
Ang larangang itong kay hirap gampanan.

5. At dahil babae'y nilikhang masipag,
Lalake'y tinalo sa trabahong hanap,
Maraming babae sa trabaho'y tanggap
Lalake'y naiwan nadaig sa sikap.

6. Kaya ang nangyari ay biglang nagbago,
Ang takbo ng ating kinilalang mundo,
Asawang lalake'y wala nang trabaho,
At babae ngayon itong pursigido.

7. Marami na tayong makikita ngayon,
Asawang babae'y pagod sa maghapon
Sa pagtatrabaho upang makaipon
At maitaguyod pamilyang naroon.

8. Gustuhin man nitong maraming lalake
Na sila'y tumulong sa gastos at silbi,
Ano ang gagawin kung walang bakante?
Babae'y lumaya, layang naging imbi.

HUMANITY NEWS

BRIGADA ESKUWELA SA MGA PAMPUBLIKONG PAARALAN SA IMUS SINIMULAN' NA

Bilang paghahanda sa darating na pasukan , nagsagawa ang lokal na pamahalaan ng lungsod ng Imus ng Brigada Eskwela, partikular n sa Tinabunan Elementary School , Brgy Pag Asa 1 Imus City,Cavite.

Pinangunahan ni Imus City Mayor Ales AA Advincula, 3rd District Congressman Adrian AJ Advincula katuwang sI Vice Mayor Homer Saquilayan kung saan buong suporta ang inilaan ng Pamahalaang lungsod ng Imus sa City School Division Office sa taunang pagpapatupad bg Brigada Eskwela ng Department of Education (Deped) na may temang "Sama Sama para sa Bayang Bumabasa"

Pangunahing layunin ng Brigada ay upang maihanda at maisaayos ang mga pampublikong paaralan para sa pagbubukas ng klase.

Kasabay nito , inilunsad din ang E - Learning Interactive Display sa Tanzang Luma Elementary School kung saan nagbigay ng tatlong (3) 70 inches TV na Interactive para sa mga guro at estudyante ng nasabing paaralan .

Ang Tanzang Luma Elementary School ang kauna unahang Public school na nabiyaan ng E Learning na mapapakinabangan nga mga mag aaral rito.

MARGIE BAUTISTA

The strength to succeed

Taking every opportunity that comes her way, Ramona Manlangit has dived into different businesses to provide income for her family, even while at home.

Ramona Manlangit from Tayabas, Quezon, finds it extremely challenging to grow up without her parents' guidance. She was only four years old when her mother passed away while giving birth to their youngest sibling. Her father, in a state of depression, died less than a year later. As a result, she and her three siblings were raised separately by their relatives. But even though they are raised apart, their bond remains strong.

After graduating high school, her eldest sibling married a foreigner and worked abroad, supporting their school expenses. With their combined efforts, they all graduated from high school.

When she turned 22, she moved into her husband's house, living with her in-laws. On the other hand, her husband began working as a seaman, though he would return home occasionally.

Building a business from home

Motherhood gave her a new motivation to earn from home while caring for her child. This desire marked the start of her business journey. She became a load agent while selling frozen foods and rice at home. With this kind of business, she eventually started a sari-sari store.

As their store thrived, the couple decided to modify the place to become their home while maintaining the store in front. She obtained PHP 10,000.00 from CARD, Inc. (A Microfinance NGO) to provide additional capital for her business.

In 2023, she invested in a Piso Wi-Fi machine, recognizing that many people were becoming reliant on technology and digital services.

A year later, she established a fried chicken and sisig food stall—street style—which became popular even among students because of its affordable price. She personally marinated the chicken, whereas her brother, who had been a chef at a restaurant for 10 years, prepared the sisig.

In August 2024, she used a loan from CARD, Inc., to buy a coffee vending machine to pair with her Piso-Wifi business. It was a great combination, allowing customers to enjoy a cup of coffee while browsing the internet.

"Always consider the needs and wants of the people around you. In that way, you can tailor your business to meet their needs better," she said when asked how she came up with her business ideas.

Ramona, who has been a client of the institution for more than a year, has reached a loan amount of PHP 100,000.00, a testament to her good repayment record.

"I used to think that microfinance was just lending, but after becoming a client, I learned more than that. In addition to loans, the institution also offers insurance, savings, and other products, which motivated me to join," she said.

Her advice to her fellow clients and those planning to become one is to be responsible. Maintaining a good repayment record makes securing a loan from the institution easier when needed.

There is still a long way to go, but she wanted to expand her sari-sari store into a mini grocery store offering rice products. Ramona shared, "If my husband decided to come home for good and stop working as a seafarer, I want him to come home to something we built together."

Takoyaki Making Training Brings Livelihood Opportunities to Farmers and OFWs

In its continuous effort to promote sustainable livelihood programs, the Office of the Provincial Cooperative Development Officer (OPCDO), through its Livelihood Division, successfully conducted a Takoyaki Making Training on June 3, 2025, at the covered court of Amadeo, Cavite.

More than 30 participants from the province composed of farmers and OFWs took part in the hands-on training facilitated by Ms.Venus Romerosa, OPCDO Outsource Trainor, which aimed to equip residents with skills that could be turned into income-generating ventures. The activity is part of the Provincial Government of Cavite and OPCDO's commitment to empower local communities by providing practical livelihood opportunities.

The training covered the basics of preparing and cooking takoyaki – a popular Japanese street food – as well as tips on sourcing affordable ingredients and managing a small food business. Participants expressed appreciation for the engaging and informative session, which not only enhanced their culinary skills but also opened possibilities for starting their own food stalls or home-based businesses.

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
FOURTH JUDICIAL REGION
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

BDO UNIBANK, INC.,
Mortgagee,

-versus-
FORECLOSURE CASE NO. F-319-25

ANAWEM KYLA S. ISADA,
Debtor/Mortgagor.
x--x

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, BDO UNIBANK, INC., with business address at 33/F BDO Corporate Center Ortigas, #12 ADB Avenue, Mandaluyong City, against the Debtor/Mortgagor, ANAWEM KYLA S. ISADA, of legal age, Filipino and with postal address at (1) Lot 27 Block 4 Phase 4 Westwood, Brgy. Pasong Camachile II, General Trias, Cavite (occupied by the mortgagor); and (2) Lot 6 Blk. 6 Planet St., Delnor Subdivision, Brgy. Talon Singko, Talon Moonwalk, Las Piñas City (occupied by third party), to satisfy the mortgage indebtedness as of February 28, 2025 amounts to **THREE MILLION NINETY-ONE THOUSAND FIFTY-EIGHT PESOS AND 44/100 (Php3,091,058.44)** inclusive of interest and other charges, attorney's fees and expenses of foreclosure, the undersigned Sheriff will set at public auction on **JULY 01 2025 at 10:00 o'clock in the morning** until 12:00 noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE
No. 057-2020036910

LOT NO:27, BLOCK NO:4, PLAN NO:PCS-04-031691
PORTION OF: BLOCK 25, PCS-04-029303; BLOCK 17, PCS-04-030704 & LOT 1940, SFDM ESTATE, DECREED NO. 4270, LRC REC. NO. 5964
LOCATION: BARANGAY OF PASONG CAMACHILE, MUNICIPALITY OF GEN. TRIAS, PROVINCE OF CAVITE, ISLAND OF LUZON

BOUNDARIES:

LINE	DIRECTION	ADJOINING LOT(S)
1-2	SE	ROAD LOT 5, PCS-04-031691
2-3	SW	LOT 28, BLOCK 4, PCS-04-031691
3-4	NW	LOT 1, BLOCK 14, PCS-04-031691
4-1	NE	LOT 26, BLOCK 4, PCS-04-031691

AREA: FIFTY (50) SQUARE METERS, MORE OR LESS

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **JULY 15 2025** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property an encumbrances thereon, if any there be.

Trece Martires City, **JUNE 03, 2025**

ANDRES B. ESPINA
Sheriff IV

Copy Furnished:
BDO UNIBANK, INC.,
CONSUMER BANKING GROUP - CONSUMER REMEDIAL MANAGEMENT
33/F BDO Corporate Center Ortigas, #12 ADB Avenue, Mandaluyong City

ANAWEM KYLA S. ISADA
(1) Lot 27 Block 4 Phase 4 Westwood, Brgy. Pasong Camachile II, General Trias, Cavite (occupied by the mortgagor); and
(2) Lot 6 Blk. 6 Planet St., Delnor Subdivision, Brgy. Talon Singko, Talon Moonwalk, Las Piñas City (occupied by third party)

WARNING: It is absolutely prohibited to remove, deface or destroy this Notice of Extra Judicial Sale on or before the date of sale

HUMANITY NEWS
JUNE 9, 16, & 23, 2025

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
FOURTH JUDICIAL REGION
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

BDO UNIBANK, INC.,
Mortgagee

-versus-
FORECLOSURE CASE NO. F-316-25

JOHN ANTHONY T. ABELEDA AND JESABELLE D. ABELEDA,
Debtors/Mortgagors.
x--x

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, BDO UNIBANK, INC., with business address at 33/F BDO Corporate Center Ortigas, #12 ADB Avenue, Mandaluyong City, against the Debtor/Mortgagor, **JOHN ANTHONY T. ABELEDA AND JESABELLE D. ABEDE** of legal age, Filipino and with postal address at (1) Block 6 Lot 11, Meyland Homes, Phase 3, Brgy. Lawa, Meycauayan, Bulacan (occupied by a third party); and (2) Block 6 Lot 10, Somerset 3, Brgy. Navarro, Gen. Trias, Cavite (abandoned property), to satisfy the mortgage indebtedness as of February 28 2025 amounts to **TWO MILLION TWENTY-NINE THOUSAND EIGHT HUNDRED NINETY-EIGHT PESOS AND 99/100 (Php2,029,898,99)** inclusive of interest and other charges, attorney's fees and expenses of foreclosure, the undersigned Sheriff will set at public auction on **JULY 01, 2025 at 10:00 o'clock in the morning** until 12:00 noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE
No. 057-2017041510

LOT NO: 10 BLOCK NO: 6 PLAN NO: PCS-04-028038
PORTION OF: LOT 1708, SAN FRANCISCO DE MALABON ESTATE; LOT 1706-K, BSD-04-002033 (OLT); BLOCK 10, PCS-04-028018 & BLOCK 13, PCS-04-027806, DECREED NO. 4270, LRC REC. NO. 5964
LOCATION: BARANGAY OF NAVARRO, MUNICIPALITY OF GEN. TRIAS, PROVINCE OF CAVITE, ISLAND OF LUZON

BOUNDARIES:

LINE	DIRECTION	ADJOINING LOT(S)
1-2	NW	ROAD LOT 7, PCS-04-028038
2-3	NE	LOT 8, BLOCK 6, PCS-04-028038
3-4	SE	LOT 21, BLOCK 6, PCS-04-028038
4-1	SW	LOT 12, BLOCK 6, PCS-04-028038

AREA: EIGHTY SQUARE METERS (80), MORE OR LESS

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **JULY 15 2025** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property an encumbrances thereon, if any there be.

Trece Martires City, **JUNE 03, 2025**

JOANNAH AVIGAIL C. TIMKANG
Sheriff IV

Copy Furnished:
BDO UNIBANK, INC.,
CONSUMER BANKING GROUP-CONSUMER REMEDIAL MANAGEMENT
33/F BDO Corporate Center Ortigas, #12 ADB Avenue, Mandaluyong City

JOHN ANTHONY T. ABELEDA AND JESABELLE D. ABELEDA
(1) Block 6 Lot 11, Meyland Homes, Phase 3. Brgy. Lawa, Meycauayan, Bulacan (occupied by a third party); and
(2) Block 6 Lot 10 Somerset 3, Brgy. Navarro, Gen. Trias, Cavite (abandoned property)

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HUMANITY NEWS
JUNE 9, 16, & 23, 2025

ERRATUM

This is to correct the error made by this publication dated **JUNE 9-15, 2025** in **NOTICE OF EXTRA-JUDICIAL SALE** filed by **BDO UNIBANK, INC., versus JOHN ANTHONY T. ABELEDA AND JESABELLE D. ABELEDA, in the part of TCT** it should be BLOCK NO: 6 and **NOT** BLOCK NO: 16 as published.

HUMANITY NEWS
June 16-22, 2025

SEE YOU AT GEN. E. TOPACIO ST. NEAR THE TOPACIO COMPOUND IMUS, CITY

ENGR. VIR CAMPAÑA BAUTISTA
(TWIN BROTHER OF VER)

HUMANITY TRIVIA

(IT TELLS THE DATES OF INVENTION, PLACES OF PLANT ORIGIN AND CURES OF DISEASE)

Tranquilizer - 1952
Silk - 2640 BC
Horseradish - Europe
Mustard - Europe, Asia
Kalabasa - arthritis

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
FOURTH JUDICIAL REGION
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

HAMILTON FINANCING CORPORATION, represented by its Senior Paralegal Officer, ANGELICA MARIE V. AQUINO
Mortgagee-Petitioner,

-versus- **FORECLOSURE CASE NO. F-335-25**

SPS. AMELIA SAN JUAN HAMATANI AND JUNICHI HAMATANI,
Mortgagors-Respondents.
x---x

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee-Petitioner **HAMILTON FINANCING CORPORATION, represented by its Senior Paralegal Officer, ANGELICA MARIE V. AQUINO** with business address at Durawood Bldg., 177 Sumulong Highway, corner B. Soliven Ave., Brgy. Mayamot, Antipolo City, against the Mortgagors-Respondents, **SPS. AMELIA SAN JUAN HAMATANI AND JUNICHI HAMATANI,** with residence and postal address at Block 31, Lot 39, Phase 7B, Elliston Place, Pasong Camachile 2, General Trias City, Cavite and 15086 San Martin St., San Agustin Village, Moonwalk, Parañaque City to satisfy the mortgage indebtedness as of March 30, 2025 amounts to **THREE MILLION THIRTY SIX PESOS EIGHT HUNDRED NINETY SEVEN PESOS AND SIXTY CENTAVOS (P3,036,897.65)** inclusive of interest, penalties and other charges of foreclosure, the undersigned Sheriff will set at public auction on **JULY 01, 2025 at 10:00 o'clock in the morning** until 12:00 noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE No. 057-2023057964

LOT NO:39, BLOCK NO:31, PLAN NO: PCS-04-032221
PORTION OF: LOT 2513 & LOT 2 BLOCK 12 PCS-04-024827 LRC RECORD NO. 5964
LOCATION: BARANGAY PASONG CAMACHILE II, CITY OF GENERAL TRIAS, PROVINCE OF CAVITE, ISLAND OF LUZON

BOUNDARIES:

LINE	DIRECTION	ADJOINING LOT(S)
1-2	NW	ROAD LOT 9, PCS-04-032221
2-3	NE	LOT 40, BLOCK 31, PCS-04-032221
3-4	SE	LOT 1, BLOCK 12, PCS-04-024827
4-1	SW	LOT 38, BLOCK 31, PCS-04-032221

AREA: FORTY EIGHT (48) SQUARE METERS, MORE OR LESS

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **JULY 15, 2025** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property an encumbrances thereon, if any there be.

Trece Martires City, **JUNE 03, 2025**

RICARDO A. TOLEDO
Sheriff IV

Copy Furnished:
HAMILTON FINANCING CORPORATION, represented by its Senior Paralegal Officer, ANGELICA MARIE V. AQUINO
Durawood Bldg., 177 Sumulong Highway, corner B. Soliven Ave., Brgy. Mayamot, Antipolo City

RENE ANTONIO R. CIRIO
Counsel for Petitioner-Mortgagee Hamilton Financing Corporation 2nd Flr., Sen. L. Sumulong Memorial Circle Antipolo City
Email Address: cirioandco@gmail.com

SPS. AMELIA SAN JUAN HAMATANI AND JUNICHI HAMATANI
Block 31, Lot 39, Phase 7B, Elliston Place, Pasong Camachile 2, General Trias City, Cavite and 15086 San Martin St., San Agustin Village, Moonwalk, Parañaque City

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HUMANITY NEWS
JUNE 9, 16, & 23, 2025

Groundbreaking Ceremony of... (from p. 1)

Isang makasaysayang araw ang pinagsaluhan sa ginanap na Groundbreaking Ceremony ng bagong City Hall ng Trece Martires City. Sa wakas, nagsimula na ang isa sa mga matagal na nating pinapangarap para sa ating lungsod—isang bago, mas maayos, mas matibay at modernong gusali para sa serbisyong tunay na may malasakit.

Nagpapasalamat si Mayor Gemma Lubigan sa lahat ng nakiisa at naging bahagi ng selebrasyon. Sa ating mga bisita—kay Congressman Ping Remulla, Arch. William Ti Jr. ng WTA, at Mr. Lamberto Lee ng CAVDEAL, maraming maraming salamat po sa suporta at oras na ibinigay ninyo. Ganun din kay Vice Mayor Bobby Montehermoso, sa ating buong Sangguniang Panlungsod at sa lahat ng mga Department Heads at Division Heads.

Ang proyektong ito ay hindi lang tungkol sa pagtayo ng isang bagong gusali. Isa po itong simbolo ng tuloy-tuloy na pag-unlad ng Trece Martires. Gusto po natin ng isang City Hall na hindi lang maganda sa paningin, kundi talagang maaasahan pagdating sa serbisyo para sa publiko.

Maraming salamat pong muli sa inyong suporta. Ang lahat ng aming pagsusumikap ay para po sa inyo mahal naming Treceño.

Maraming salamat po taxpayers!

Be blessed,
Be a blessing!
Bagong Trece,
Puso ng Cavite,
Lungsod ng Pag Asa!

FAMOUS PERSONALITIES

BY

NICO & NIELSEN BAUTISTA

ADOF HITLER- Siya ang nagtatag ng NAZI Party sa Germany at naging Chancellor ng bansang ito. Ang kanyang mga patakaran ang nagsimula sa Second World War na naging naging dahilan ng pagbagsak ng Germany. Nagpakamatay siya upang di madakip ng mga kalabang Allies.

LET THERE BE LIGHT!

By
ENG'R. VER CAMPAÑA BAUTISTA
F & A.M. Luis Olimpo Ferrer Lodge 366

WAWA - Ang Wawa, Rosario ay nayon sa bunganga ng ilog na katabi ng dagat. Ang "Delta" ay Wawa sa tagalog

AAkap Para Kay Juana, mabisang idinaos ng CICLEDO SA 21 kababaihan

Pinangunahan ng Office of the City Cooperatives Development Officer (OCCDO) ang pagdaos ng "AAkap Para Kay Juana" nitong Huwebes, Hunyo 5, 2025, sa HR Training Room ng New Imus City Government Center.

Aktibong nakilahok ang 21 kababaihang mula sa limang kooperatiba at limang MSME ng Imus sa talakayan ni Development Management Officer III Sheeba Ikan mula sa Office of the Provincial Cooperatives Development Officer patungkol sa mga pamamaraan para mapahusay ang kanilang kasanayan sa pagbabalot at paglalagay ng pagkakakilanlan sa mga produkto.

Layon ng AAkap Para Kay Juana na mabigyang-kapangyarihan ang mga kababaihan sa pamamagitan ng pagbibigay ng kasanayan, kaalaman, at access sa pamilihan para maging matagumpay ang kanilang pagnenegosyo.

City Government of Imus

CAVITE HIGHLIGHTS

By:
Yna Palparan Bautista

Hugo Perez - Isa siyang Doktor na ipinanganak sa Binondo, Manila at lumaki sa Cavite. Nadawit siya sa tangkang pag-aalsa dahil isa siyang Freemason . Siya ay pinahirapan upang isigaw ang mga kasama at dito nabuo ang listahan ng mga naging 13 Martyrs of Cavite.

Health Benefits...

Kaalaman tungkol sa Alugbati bilang halamang gamot

Ang alugbati ay isang halamang gumagapang na kalimitang nakikitang tumutubo sa kahit saan. Ito ay may mapupulang baging o sanga at hugis puso na dahon. Ang bunga ay maliliit na bilog na parang paminta na kulay lila. Nagkukulay ang bunga nito na mapula o kulay lila kung kaya't madalas itong ginagamit bilang kolorete sa mukha.

Scientific name: Basella rubra Linn.; Basella lucida Linn.; Basella cordifolia Linn. Common name: Alugbati, Libato (Tagalog); Malabar nightshage o Spinach vine (Ingles)

Ano ang mga sustansya at kemikal na maaaring makuha sa Alugbati?

Ang iba't ibang bahagi ng halamang alugbati ay maaaring makuhanan ng maraming uri ng kemikal at sustansya na maaaring may benepisyo sa kalusugan:

Taglay ng dahon ng alugbati ang ilang mga sustansya tulad ng saponin, vitamin A and B. Mayroon din itong glycosides, saponins, tannins, flavonoids, terpenoids, at carbohydrates.

Ang maliliit na bunga naman ay may taglay na mucilage at iron

May ilang pag-aaral din na nagsasabing taglay ng halamang ito ang carotene, vitamin C, at nitrate.

Anong bahagi ng halaman ang ginagamit bilang gamot, at paano ginagamit ang mga ito?

Maaaring gamitin bilang gamot ang ilang bahagi ng halaman tulad ng:

Ugat. Ang katas ng ugat ay kinukuha sa pamamagitan ng pagdikdik dito o kaya at sa paglalaga nito.

Dahon. Ang mga dahon ay karaniwang nilalaga o kaya ay kinakatasan upang makuha ang malapot na dagta.

Baging o sanga. Kinukuha rin ang malapot na dagta mula sa mga baging at sanga ng halaman sa pamamagitan ng pagdikdik dito.

Ano ang mga sakit na maaaring magamot ng Alugbati?

Ayon sa mga pag-aaral at nakagawian ng ilan, ang ilan sa mga sakit na maaaring malunasan sa pamamagitan ng paggamit sa halamang alugbati ay ang sumusunod:

1. Buni. Ang pagpapahid ng malapot na dagta ng dahon at mga sanga ng alugbati ay makatutulong sa masmabilis na pagpapagaling sa buni sa balat.

2. Pagtatae o disinterya. Ang pag-inom sa malapot na dagta mula sa dahon at mga sanga ng alugbati ay makagagamot daw sa pagtatae o disinterya.

3. Altapresyon. Maaaring ipainom ang pinaglagaan ng dahon ng alugbati sa taong dumaranas ng pagtaas ng presyon ng dugo.

4. Pagsusugat. Makatutulong ang katas ng dahon ng alugbati na hinalo sa mantikilya sa mabilis na paggaling ng mga sugat sa balat. Maari ring itapal ang mga tinadtad na dahon sa apektadong balat.

5. Pagtatagihawat. Ang dagta ng alugbati ay mainam para hndi lumaki ang mga tagihawat sa katawan.

6. Ulcer. Ang pagkakaroon ng ulcer sa sikmura ay maaaring mabilis na mapagaling ng pag-inom ng pinaglagaan ng dahon ng alugbati.

7. Pananakit ng sikmura. Ang pinaglagaan ng ugat at mga sanga ng alugbati ay mainam para sa pananakit ng sikmura.

8. Pananakit ng ulo. Ang malagkit na dagta na mula sa mga dahon at sanga ay pinapahid sa ulo para mawala ang pananakit na nararanasan.

HUMANITY NEWS

BACOOR CITY HOSTS PRE-INDEPENDENCE DAY JOB FAIR

(from p. 1)

Bacoor City, June 11, 2025 – Bacoor City successfully hosted a pre-Independence Day job fair at the SM Molino Activity Center today. The event, a collaborative effort between the City Government under Mayor Strike B. Revilla, the Public Employment Service Office (PESO) Bacoor, and the Department of Labor and Employment (DOLE), aimed to connect Bacooreño job seekers with numerous employment opportunities. Key figures present included Doc Abraham "Bob" de Castro, Head of PESO Bacoor, and Ms. Khei Javier Sanchez, representing Mayor Strike B. Revilla and the Local Economic Development and Investment Promotions Office (LEDIPO). Several educational institutions and government agencies also partnered to support the event, including St. Dominic College of Asia, CSWD, the Sustainable Livelihood Program, the University of Perpetual Help System Dalta-Molino Campus, SSS, Bacoor City Jail, Pag-IBIG Fund, and PhilHealth.

The job fair attracted a wide range of participating companies, offering diverse employment opportunities across various sectors. Major participants included SM Appliance Center, SM Store Home, SM Hypermarket, SM Home For All Things Home, SM Fashion, Access Local Manpower Management Inc., Rice in a Box, The Medical City Clinic, Synergy Experts Labor Service Cooperative, Metro South Medical Center/SouthHill Medical Specialists Inc., Hydrosphere Environmental Corporation, Bridges Manpower Corporation, Generation One Resource Service and Multi-Purpose Cooperative, Alorica, Bossjob, Hi-Precision Diagnostics, PAREF Southridge School, Inc., Jobsite General Services Inc., Abri Commercial Inc., and Ace Hardware, among many others. The large turnout of participating companies underscored the strong commitment of the private sector in supporting the city's employment initiatives.

This pre-Independence Day job fair demonstrated a significant step towards boosting Bacoor City's economic growth by providing residents with access to a wide array of employment opportunities. The collaborative effort between the city government, national agencies, educational institutions, and private companies showcased a strong commitment to improving the lives of Bacooreños and strengthening the local economy.

Group Enrollment Program...

(from p. 1)

Isinagawa ng PhilHealth Regional Office IVA ang serye ng oryentasyon ukol sa group enrollment na dinaluhan ng mga HR practitioners at kinatawan ng mga LGUs, National Government Agencies at iba pang pribadong institusyon.

Ang Group Enrollment Program o GEP ng PhilHealth ay isang alternatibong paraan para sa mga organisadong grupo, National Government Agencies na mapadali ang pagbibigay ng PhilHealth coverage sa mga Job Order Contract Workers, seasonal employees o ang mga walang tinatawag na employer-employee relationship sa ilalim ng batas.

Batay sa PhilHealth Circular 2017-0008, mandatory ang coverage ng mga indibidwal na directly hired Job Orders (JOs) at Project Based Contractors (PBCs) sa gobyerno bilang miyembro ng PhilHealth sa ilalim ng Informal Economy. Sa ilalim din nito, binibigyan ng kapangyarihan ang mga employers na magbawas at mag-remit ng premium contributions nga mga naturang empleyado bilang Individually Paying Members o Self Earning Individuals sa ilalim ng Group Enrollment Scheme.

Ang mga Local Government Agencies, National Government Agencies at pribadong institusyon na nagpakita ng intensyon na sumali sa implementasyon ng Group Enrollment Program ay kinakailangan na magsumite ng mga sumusunod na dokumento:

1. Pirmadong Memorandum of Agreement or Letter of Commitment at
2. Non-Disclosure Agreement

Matapos, makapagpa-rehistro, magi-isyu ng PhilHealth Organized Group Number (POGN) na magsisilbing pagkakakilanlan ng kanilang grupo. Ang POGN din ang gagamitin sa pagpaparehistro o renewal ng mga taong nakalista sa programa at pagbabayad ng kanilang premium contributions.

Lahat ng Pilipinong indibidwal na hindi kasapi ng National Health Insurance Program ay maaaring mai- enroll sa Group Enrollment Program na hindi limitado sa mga sumusunod:

1. Contract of Service (COS), Job order and Project-based personnel
2. Miyembro ng mga microfinance institutions at iba pang organisadong grupo
3. Self-earning individuals
4. Professional practitioners
5. LGU constituents na nabibilang sa may mababang sahod, barangay health workers, nutrition scholars at iba pang mga nagtatrabaho ng boluntaryo sa barangay
6. Estudyante na edad na 21 at pataas

Sa pagpaparehistro, ang mga group partners ay kinakailangang magsumite sa PhilHealth ng listahan ng kanilang nais isali sa programa kalakip ang napunan na PhilHealth Member Registration Form (PMRF) at mga kaukulang dokumento.

Sa mga kaso na may mga indibidwal na may intensyon na mag withdraw ng kanilang pagiging miyembro, ang mga group partners ay dapat agarang ipahayag ang kanilang pag withdraw at magpasa ng Group Enrollment Withdrawal Form.

Ang premium contribution sa ilalim ng Group Enrollment Program ay naaayon sa PhilHealth Circular 2020-0005 na base sa idineklarang kita ng miyembro sa pamamagitan ng group partner.

Ang mga group partners ay regular na ebi-bill sa pamamagitan ng pagbibigay ng Statement of Premium Account (SPA) na maaaring monthly, quarterly, semi-annually at annually. Ito ay maaaring bayaran sa mga Local Health Insurance Offices o Accredited Collecting Agents na awtomatikong papasok sa indibidwal account ng mga miyembro.

Ang mga indibidwal na gagamit ng benepisyo ng PhilHealth ay bibigyan ng Certificate of Premium Payment na maaaring maging batayan kung updated ang kanyang kontribusyon sa PhilHealth.

Sa kasalukuyan, mayroon nang 42 group partners at 1,210 miyembro sa ilalim ng Group Enrollment Program.

Sa mga grupo or organisasyon na nais mapabilang sa GEP, maaaring makipag-ugnayan sa alingmang tanggapan ng PhilHealth sa inyong lugar.

Murang Bigas Mabibili na...

(from p. 1)

and Employment (DOLE) IV-A ang paglulunsad ng inisyatibo at pag-turnover ng 300 sako ng bigas o katumbas na 15,000 kilo ng bigas na maaaring mabili ng mga empleyado ng URC sa halagang P20 kada kilo.

Ayon kay DOLE IV-A Regional Director Atty. Erwin N. Aquino, mahalaga ang pagbibigay ng karampatang suporta sa mga manggagawang minimum wage earners sa Calabarzon upang makabili ng mas murang bilihin, makatulong sa kanilang araw-araw na gastusin, at bilang pag-protekta sa kapakanan ng mga manggagawa.

Nauna nang maging benepisyaryo ng programa ang mga senior citizen, solo parents, PWDs, at mga miyembro ng 4Ps.

Ang Benteng Bigas Meron Na program ay isa sa mga prayoridad na programa ng administrasyon ni Pangulong Ferdinand R. Marcos Jr. upang tugunan ang tumataas na presyo ng pangunahing bilihin at makatulong na maabot ang mithiing food security para sa lahat ng Pilipino.

(PIA CAVITE)

HUMANITY NEWS
TOWARDS THE FRIENDSHIP OF CITIZENRY
Vol. IX No.29 June 16-22 2025 P10.00

DO YOU KNOW ?

James I was the first English monarch to use the fork.

(Shared by Fellowship with Humanity)

FELLOWSHIP WITH HUMANITY
Province of Cavite

PRESIDENT: AURELIO PAREDES BAUTISTA

Fellowship with Humanity is a Family-Based Masonic Charity Group registered in Cavite to help in a small way alleviate the conditions of the poor. The funds come from the family income of the Bautista Family members.

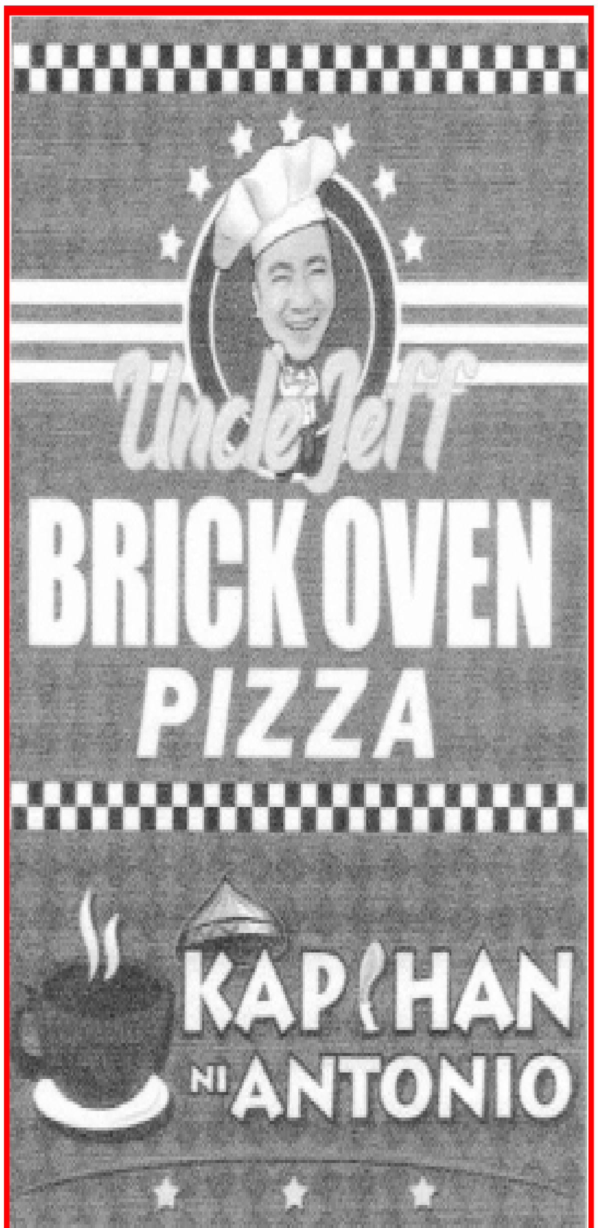
IKA 127 ANIBERSARYO NG KALAYAAN GINUNITA SA IMUS

Isang mapagpalang KALAYAAN ang Sambit ni Imus City Mayor ALEX 'AA' ADVINCULA sa paggunita ng Ika 127 taon ng Kalayaan na idinaos sa Dambana ng Battle of Alapan noong nakaraang June 12, 2025 sa Brgy Alapan 1C ng nasabing lungsod.

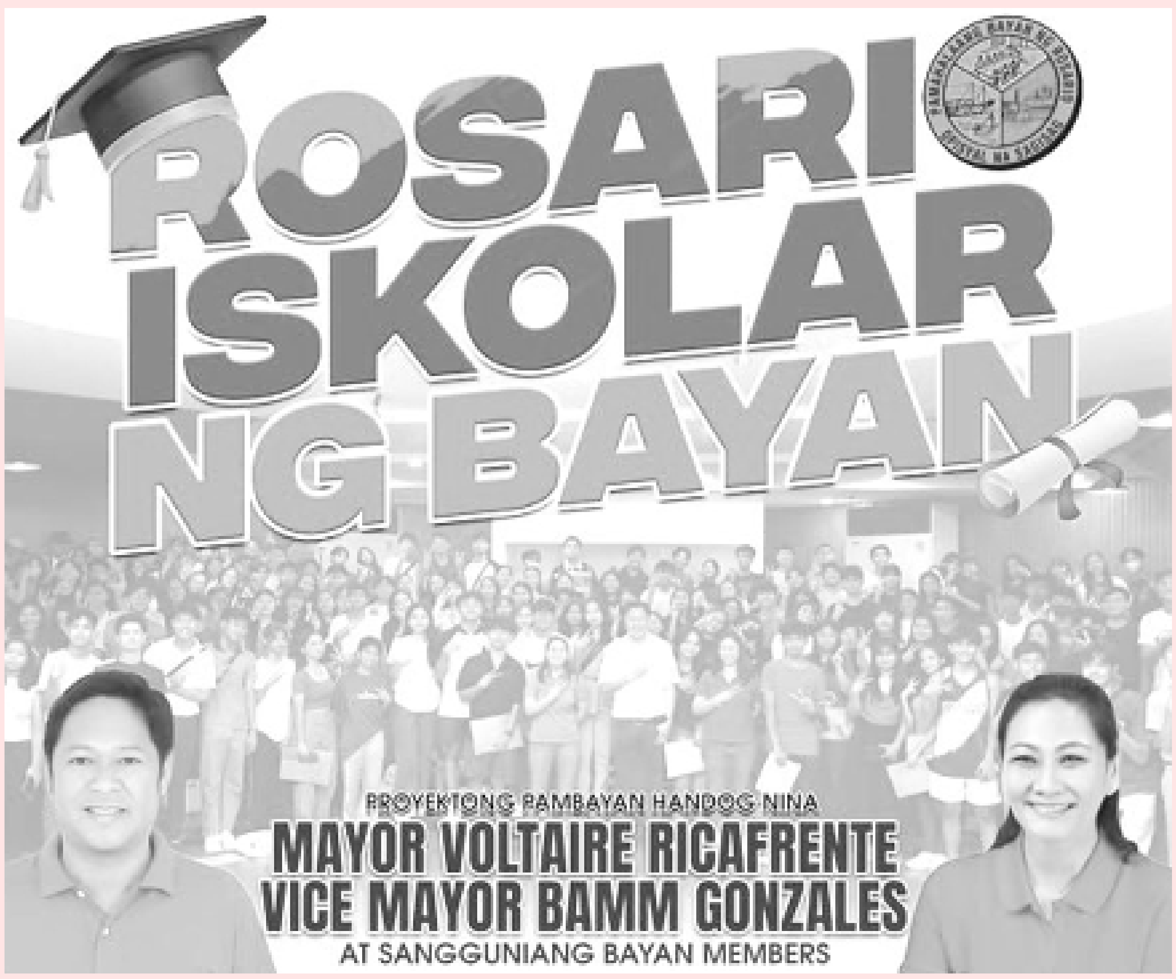
Katuwang na Dumalo sa naturang programa SI Vice Mayor HOMER SAKI SAQUILAYAN,City Councilors, mga kawani ng Lungsod, PNP, FIRE, BJMP, DEPed at iba pa.

Masuwerte ang lungsod ng Imus at dito unang iwinagayaay ang ating Bandila na sagisag ng ating kalayaan,at sa mensahe ni Mayor Advincula, Sana "ipagpatuloy natin ang pagkakaisa, pagmamahal at.malasakit sa ating bansa iniwan ng ating ninuno,at sana matigil na ang pulitika at harapin ng samasama. ang problemang kinahaharap ng ating bansa para sa pagkakaisa ng bawat mamayang Pilipino".

MARGIE BAUTISTA



See us at General Juan Castañeda street near the Imus Plaza



Para sa mga Incoming 1st Year College Students na residente ng Rosario na nagnanais mapabilang sa mga iskolar ng ating Lokal na Pamahalaan mangyaring magtungo lamang po sa Admin Office 2nd Floor Municipal Building, at hanapin lamang po si Lea Villanueva upang magpalista para sa gaganaping qualifying exams.

Ito ay programa ng Pamahalaang Bayan ng Rosario sa pangunguna ng ating butihing Mayor Voltaire Ricafrente, Vice Mayor Bamm Gonzales at Sangguniang Bayan Members.

Magsisimulang ang pagpapalista sa June 11, 2025 hanggang June 18, 2025