



Story on p.7

SSS Soars to New Heights: A Trillion-Peso Milestone Secures a Brighter Future for Every Filipino

Story on p.7



Isinagawa ngayong araw sa Tolentino Hall, New City Hall, Tagaytay City ang Incident Command System (ICS) Executive Course sa pamamagitan ng Tagaytay City Disaster Risk Reduction and Management Office (Ocdrmo Tagaytay) sa pamumuno ni

Jose Clyde Amiscaray Yayong kasama ang mga katuwang na kawani at technical personnel, sa pakikipagtulungan ng Office of Civil Defense (OCD).

Kasabay ng pagsasanyay ay ang Turnover at pagpirma ng Memorandum of Agreement (MOA) sa pagitan ng OCD CALABARZON at ng Pamahalaang Lungsod ng Tagaytay para sa repositioning ng Non-Food Items (NFIs) bilang bahagi ng pinalakas na disaster preparedness ng lungsod. Binigyang-diin ni OCD CALABARZON Regional Director Carlos Eduardo Alvarez III na mas mainam ang maagap na paghahanda bago ang sakuna, lalo na sa harap ng malalakas na hangin at mga paparating na bagyo. Dagdag pa niya, bagama't malapit ang lungsod sa Bulkang Taal, nanatiling ligtas ang Tagaytay mula sa anumang massive eruption, batay sa patuloy na monitoring ng mga kinauukulang ahensya.

Nagpaabot naman ng pasasalamat si Mayor Aizack Brent Tolentino at lubos na pinahalagahan ang suporta ng Office of Civil Defense, aniya, isang karangalan at pribilehiyo para sa Pamahalaang Lungsod ng Tagaytay na pagkatiwalaan ng OCD sa repositioning ng Non-Food Items (NFIs) para sa agarang pagtugon sa oras ng sakuna.

Patuloy ang sama-samang pagkilos ng lokal na pamahalaan at mga katuwang na ahensya upang masiguro ang kaligtasan, kahandaan, at katatagan ng komunidad, hindi lamang ng Tagaytay kundi pati ng mga karatig-lungsod.

CONGRATULATIONS TRECE MARTIRES! TOP 10 PESO IN CALABARZON

By Number of Registrants (January 2026)

Out of 147 PESO/JPO in the region

A recognition of PESO Trece Martires City's commitment to effective employment facilitation and responsive public service.

This achievement reflects the dedication of PESO personnel and the continued trust of jobseekers in the employment and livelihood programs of the City Government of Trece Martires.



10 City PESO of Trece Martires, Cavite 610

1. City PESO of Trece Martires	610	6. City of Marikina	110
2. City PESO of Cavite City	510	7. City of Alabang	105
3. City PESO of Marikina City	410	8. City of Alabang	100

CONGRATULATIONS!!

TRECE MARTIRES CITY PUBLIC EMPLOYMENT SERVICE OFFICE

TOP 10 PESO BY NUMBER OF REGISTRANTS
Out of 147 PESO/JPO in CALABARZON

fb.com/MayorGemmaBuendiaLubigan



Dagong Trece, Puso ng Cavite Lungsod ng Pag-asa

PHILHEALTH OPTOMETRY BENEFIT PACKAGE AND YAKAP ORIENTATION FOR PARENTS, GRADE 1, GRADE 6 PUPILS, AND TEACHERS OF BAYANAN ELEMENTARY SCHOOL IN BACCOOR, CAVITE



The Local Health Insurance Office (LHIO) Dasmariñas conducted an orientation at Bayanan Elementary School in Bacoor, Cavite, upon the invitation of the Integrated Philippine Association of Optometrists, Inc.

(IPAO) Cavite Chapter on February 13, 2026.

The activity gathered parents, Grade 1 and Grade 6 pupils, and teachers to raise awareness about PhilHealth's benefit package for optometric services, particularly designed to support children aged 0 to 15



years old in maintaining good vision and overall eye health.

During the session, participants learned about the importance of early eye screening and timely intervention to prevent vision problems that may affect children's learning and daily activities. The orientation highlighted PhilHealth's commitment to providing accessible and affordable healthcare services, including eye care, for children.

The PhilHealth optometric package covers a comprehensive range of services, such as vision assessment with refraction, provision of prescription eyeglasses with complete frames and lenses, and follow-up consultations to ensure proper fitting and comfort. In addition,

the PhilHealth Yaman ng Kalusugan Program (YAKAP) was discussed as an integral part of PhilHealth's primary care benefit package. Through YAKAP, PhilHealth continues to strengthen access to essential healthcare services and expand support for preventive care initiatives, ensuring that Filipino families—especially children—receive the health benefits they deserve.

The orientation also empowered the school community with essential information on member registration, updating of records, and availing of PhilHealth benefits, reinforcing the shared goal of promoting a healthier and brighter future for Filipino learners.



MAKATANG KABITENYO
DLSU-DASMARIÑAS AWARDEE
MAKATANG KABITENYO 1999
F&A.M LINCOLN LODGE # 34
DOCTOR OF HUMANITIES (HONORIS CAUSA)
DR. AURELIO PAREDES BAUTISTA

TAO

1. Kapag tinanong mo kung ano ang tao,
Mababaw ang sagot, ang tao ay tao,
Kapag tinanong mo kung tao ay sino,
Malalim ang sagot at babaybayin ko.
2. Sa tanong na ganyan na sino ang tao,
Ang sagot ay tiyak iba-iba tayo,
Sa mga pangalan nagkaiba ng todo,
At sa katauhan lalong nag-ibayo.
3. Tao ay nilikha hindi katawan lang,
Hindi lang emosyon, hindi lang isipan,
Ang Diyos Espiritu na ating lumalang,
Doon tayo buhat, espiritu naman.
4. Tao'y di kumain ng kanyang agahan,
At siya ay nagutom sa katanghalian,
Nakita'y kaaway at kinagalitan,
Nawala ang gutom, di siya ang katawan.
5. Nagalit ang tao na kinagalitan,
Umuwi kumuha ng baril sa bahay,
Takot ang pumalit sa damdaming taglay,
Siya pala'y damdamin, at tama ba iyan?
6. Nag-isip magtago, Aba! Isip pala
At nang di Makita nitong kaaway niya,
Lumabas, at muli ay nagugutom siya,
Pero di katawan, ito'y alam mo na.
7. Tayo'y espiritu mula sa Bathala,
Tao ay hiningang sa Bathala mula,
Tao ay ang sinong may lakas lumikha,
Co-creator tayo sa dulo't simula.
8. Pag nakita natin ang ganyang prinsipyo,
Tayong tao'y lagging dakila sa mundo,
Tao ay magiging mabuti sa tao,
Mabuti sa lahat, alam ang totoo.

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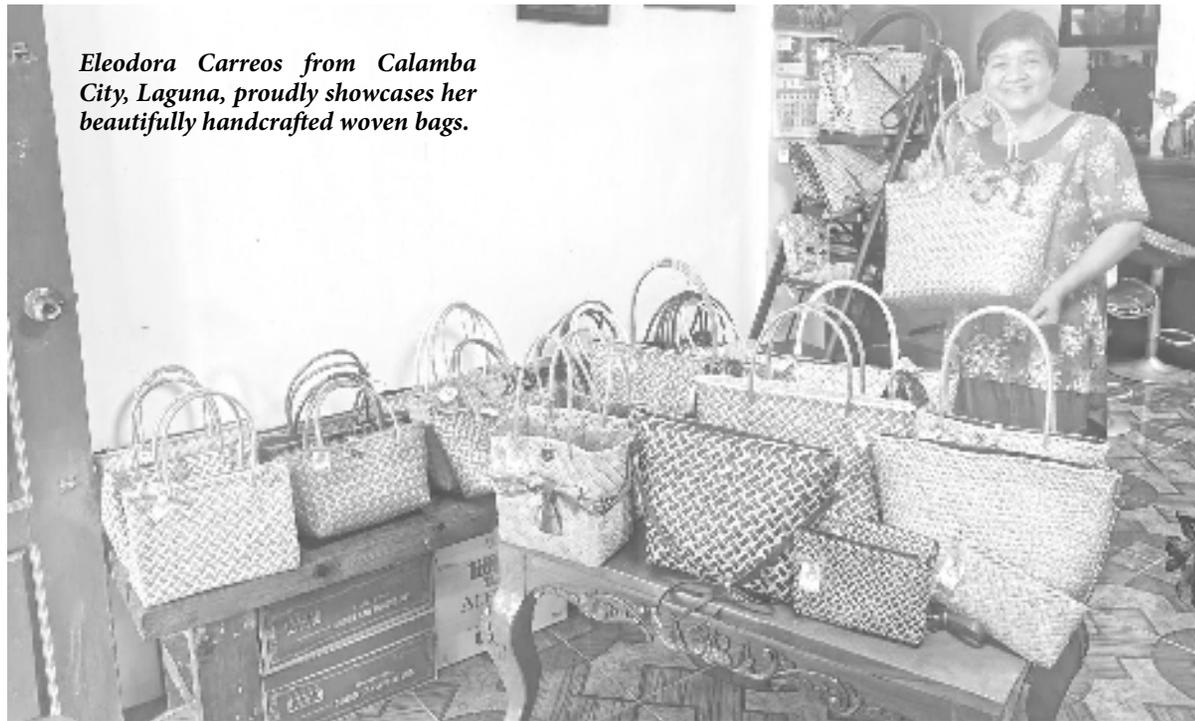
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WEAVING HER WAY BACK



Eleodora Carreos from Calamba City, Laguna, proudly showcases her beautifully handcrafted woven bags.

While some discover their skills later in life, others begin honing theirs from an early age. For Eleodora Carreos, at six years old, her tiny hands knew the rhythm of weaving. Although she pursued a career in teaching, life eventually led her back to the craft that has always been part of her.

Before weaving became her story Eleodora, now 63, from Calamba City, was born and raised in Luisiana, Laguna, where she learned

the art of weaving. After graduating, she initially worked as a teacher in Victoria, Laguna, before transferring to a private school in Calamba in 1991.

In 1993, her teaching career was interrupted after she was diagnosed with laryngitis. This throat condition causes hoarseness or loss of voice and, if left untreated or worsened by continued teaching, could lead to cancer. As a result, she became a librarian.

Finding her way back

to weaving

For nearly two decades, she dedicated herself to her role as a librarian. In 2020, however, the pandemic prompted the school to implement cost-cutting measures, and she was among those who were laid off. Fortunately, she had established a sari-sari store back in 2005, which became their primary source of income.

Instead of dwelling on the setback, she saw it as an opportunity. Drawing on the weaving

skills she learned as a child, she turned it into a livelihood by creating woven baskets and bags.

Initially, Eleodora used old cartons as raw material, but these proved less durable. She later shifted to pandan leaves and eventually incorporated plastic strips, resulting in sturdier, more durable products.

Her business began to flourish after a friend fell in love with one of her handmade products. Through word of mouth,



Let's grow your business, together.

her customer base slowly expanded. Her dedication to the craft earned her recognition as the Most Outstanding Trainee in a weaving workshop she attended.

From her experience, Eleodora shares her advice for those dreaming of starting their business: "Kailangan ikaw mismo alam mo kung paano gawin yung trabaho, magpokus ka kung saan ka magaling at saka ka lamang kumuha ng tauhan kapag kaya na ng iyong negosyo. (Focus on your strengths, do it yourself, and hire help only when your business is ready)."

Securing her finances

To secure additional capital, she took loans from CARD SME Bank, Inc. (A Thrift Bank) under CARD Mutually Reinforcing Institutions (CARD MRI). Since 2009, the bank has been her trusted partner, supporting both her sari-sari store and weaving products. Some of the bank's staff even became loyal customers of her handmade products. Eleodora also opened

a MyWealth Savings account at CARD SME Bank, a savings product designed for senior citizens, allowing her to manage and grow her hard-earned income effectively.

Through her hard work, she helped her two siblings complete their education and supported three of her nieces and nephews in finishing school. Though they do not have children of their own, she remains deeply grateful for all that life has given her and generously shares her blessings with others.

All the twists and turns in her life came full circle, guiding her back to weaving and turning her childhood passion into a meaningful livelihood. What once began as a simple craft has become one of her sources of income.

For orders and inquiries, those within the area may visit her at Acacia Park Homes, Saimsim, Calamba City, Laguna, or contact her at 0907-206-0570.

(CARD SME BANK PR.)

CONGRATULATIONS TO ALL WINNERS OF 2025 PREMYO MULA SA BUWIS!



Maraming salamat sa lahat ng ating mga Business Taxpayers na nagbayad ng kanilang business taxes sa tamang oras at nakiisa sa ating 2025 Premyo Mula sa Buwis sa pangunguna ng Pamahalaang Lungsod ng Carmona,

sa pangunguna ng Office of the City Treasurer at Business Permit and Licensing Office.

Maaari niyo na pong i-claim ang inyong napanalunan sa Office of the City Treasurer simula ngayong araw. Huwag kalimutang dalhin ang

inyong Business Permit para ma-claim ang inyong premyo.

Congratulations po sa lahat ng nagwagi at muli, salamat sa inyong pakikiisa.

(City Government of Carmona)

REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

BDO UNIBANK, INC.,
Mortgagee,

-versus-

FORECLOSURE CASE NO. F-847-25

SPS. LEONARDO VISTA ROXAS AND JESSMEN OJEDA ROXAS,
Debtors/Mortgagors.

x-----x
NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, **BDO UNIBANK, INC.**, with business address at BDO Corporate Center, 33rd Floor, BDO Corporate Center Ortigas, No. 12 ADB Avenue, Mandaluyong City against the Debtors/Mortgagors, **SPS. LEONARDO VISTA ROXAS and JESSMEN OJEDA ROXAS**, with residence and postal addresses at (1) No. 2151 San Andres Ext., Sta. Ana, Manila (occupied by Third Party) and (2) Block 15, Lot 102, Phase 6, Kensington, Brgy. Navarro, General Trias, Cavite (abandoned property), to satisfy the mortgage indebtedness which as of November 14, 2025 amounts to **ONE MILLION NINE HUNDRED EIGHTY TWO THOUSAND EIGHT HUNDRED SIXTY SIX PESOS and 48/100 (Php1,982,866.48)**, Philippine Currency, including interest, penalties and other charges as of said date but exclusive of all other expenses incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on **MARCH 04, 2026 at 10:00 o'clock in the morning** until 12:00 o'clock noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency, the following described property with all the improvements thereon, to wit:

**TRANSFER CERTIFICATE OF TITLE
No. 057-2016015437**

Lot No. 102 Block: 15 Plan No. Pcs-04-027966
Portion of: Lot 1666 San Francisco de Malabon Estate (RS-04-002133) & Lot 1667-A, Psd-04-224902;
Location: Barangay of Navarro, Municipality of General Trias, Province of Cavite, Island of Luzon

Boundaries:

LINE	DIRECTION	ADJOINING LOT(S)
1-2	SE	Road Lot 19, Pcs-04-027966
2-3	SW	Lot 103, Block 15, Pcs-04-027966
3-4	NW	Lot 139, Block 15, Pcs-04-027966
4-1	NE	Lot 101, Block 15, Pcs-04-027966

Area: SIXTY FIVE SQUARE METERS (65), more or less

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on MAR 18 2029 without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, FEBRUARY 04 2026

RICARDO A. TOLEDO
Sheriff IV

Copy Furnished:

BDO UNIBANK, INC.
CONSUMER REMEDIAL MANAGEMENT
33rd Floor, BDO Corporate Center Ortigas
No. 12, ADB Avenue, Mandaluyong City

SPS. LEONARDO V. ROXAS & JESSMEN O. ROXAS

(1) No. 2151 San Andres Ext., Sta. Ana, Manila (2) Block 15, Lot 102, Phase 6, Kensington, Brgy. Navarro, Gen. Trias, Cavite

WARNING: It is absolutely prohibited to remove deface or destroy this Notice of Extra-Judicial Sale on or before the date of sale.

**HUMANITY NEWS
FEBRUARY 9,16, & 23, 2026**

Republic of the Philippines
Fourth Judicial Region
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT AND
EX-OFFICIO SHERIFF
Dasmariñas City, Cavite

BANGKO SENTRAL NG PILIPINAS,
Petitioner / Mortgagee,

-versus-

File No. FC-DC-2026-26
For: Extra-Judicial Foreclosure of
Real Estate Mortgage under Act No.
3135 as amended by Act No. 4118

MARITES H. REGIDOR,
Respondent / Mortgagor.

x-----x
NOTICE OF SHERIFF'S SALE

Upon extra-judicial petition for sale under Act No.3135, as amended by Act No. 4118 filed by the petitioner/mortgagee, **BANGKO SENTRAL NG PILIPINAS**, a government financial institution duly organized and existing under and by virtue of Republic Act. No. 9679, with postal address at BSP Building, A. Mabini corner P. Ocampo Streets, Malate, Manila, in favor of the Prime Savings Bank, Inc. (PSBI), a corporation duly organized and existing under and by virtue of the laws of the Republic of the Philippines with principal place of business at No. 17 Annapolis Street, Greenhills, San Juan City, Metro Manila against the respondent / mortgagor, **MARITES H. REGIDOR**, with postal address at Blk. 22 Lot 78, Phase II, Area I, Dagat-Dagatan, Navotas, Metro Manila; Lot 7, Blk. 20, Dexterville Classic, Brgy. Sabang, Dasmariñas City, Cavite and for the satisfaction of the mortgaged debt which as of 15 January 2026 amounts to **NINE HUNDRED TWENTY FIVE THOUSAND SEVEN HUNDRED FIFTEEN PESOS & 09/100 (Php 925,715.09)**, exclusive of legal fees and expenses incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on **March 20, 2026 at 10:00 o'clock in the morning** or soon thereafter in the Ground Floor Lobby, Dasmariñas Community Affairs (DASCA) Building, Congressional Road, Buro 1, Dasmariñas City, Province of Cavite to the highest bidder and for **CASH or CERTIFIED CHECK**, in Philippine Currency, the following described real property together with all the buildings and other improvements existing thereon, to wit:

**TRANSFER CERTIFICATE OF TITLE
No. T-831473**

IT IS HEREBY CERTIFIED that certain land situated in Municipality of Dasmariñas, Province of Cavite, bounded and described as follows:

A parcel of land (Lot 7 Block 20 of the cons./ subd. plan PCS-04-011646, being a portion of the cons. of Lot 3187, Imus Estate & Lot 3185-E & 3185-D, PSD-66049, LRC Rec. No.), situated in the Brgy. Sabang, Municipality of Dasmariñas, Province of Cavite. Bounded on the W., along line 1-2 by Lot 5, Blk. 20; on the N., along line 2-3 by Alley 3; on the E., along line 3-4 by Lot 9, Blk. 20; on the S., along line 4-1 by Lot 8, Blk. 20, all of the cons./ subd. plan. Beginning at a point marked "1" on plan being S. 72 Deg. 17'E., 314.38 m. from Mon. 139, Imus Estate, Thence N. 1 Deg. 16'W., 7.50 m. to point 2; thence N. 88 Deg. 44'E., 4.26 m. to point 3; thence S. 1 Deg. 16'E., 7.50 m. to point 4; thence S. 88 Deg. 44'W., 4.26 m. to the point of beginning, containing an area of THIRTY TWO (32) SQUARE METERS. All points referred to are indicated on the plan and are marked on the ground by P.S Cyl. Conc. Mons. 15x40 cms; bearings true; date of original survey, July 27, 1905 - June 11, 1908 and that of the cons.-subd. survey, April 27-May 10, 1996 and was approved on July 30, 1996.

Prospective buyers and/or bidders are hereby enjoined to investigate for themselves the title of the said real property and the encumbrance thereon, if there be any.

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the publication auction should not take place on the said date and time, it shall be held on April 10, 2026 at the same time and place without further notice.

Medical and Dental Mission goes to Anuling Cerca 2, Mendez



On February 11, the Provincial Government of Cavite successfully conducted a Medical and Dental Mission in Brgy. Anuling Cerca II, Mendez, Cavite.

A total of 455 patients benefited from the activity, which offered comprehensive healthcare services from medical and dental consultations to diagnostic support

such as Random Blood Sugar testing, ECG, and X-ray services to detect and monitor their health conditions.

To ensure continued care after the check-ups, free prescribed medicines were also provided to patients, making the mission a meaningful step towards a healthier and more resilient family in the community.

Dasmariñas City, Province of Cavite, February 6, 2026.

GERALD A. FARGAS
Sheriff IV

ATTY. MARCELA BAYBAY
Clerk of Court & Ex-Officio Sheriff

Copy furnished:

BANGKO SENTRAL NG PILIPINAS
BSP Building, A. Mabini corner P. Ocampo Streets, Malate, Manila
Atty. Carlo A. Tagayuna / Atty. Antonio E. Escobar

TAGAYUNA PANOPIO ESCOBER LAW FIRM
2nd Flr., AZPHI Bldg., 2840 Ma. Aurora cor E. Zobel Sts., Poblacion, Makati City

MARITES H. REGIDOR
Blk. 22 Lot 78, Phase II, Area I, Dagat-Dagatan, Navotas, Metro Manila
Lot 7, Blk. 20, Dexterville Classic, Brgy. Sabang, Dasmariñas City, Cavite

Notice Posted at:

1. The Bulletin Board of Regional Trial Court Dasmariñas City, Cavite
2. The Bulletin Board of Dasmariñas City Hall
3. The Bulletin Board of Dasmariñas City Post Office
4. The Bulletin Board of Dasmariñas City Public Market

**HUMANITY NEWS
FEBRUARY 16, 23, & MARCH 2, 2026**

SiningSinta – Likha ng Pusong Imuseño On-the-Spot Painting Contest



26 na Imuseñong pintor ang kasalukuyang nagtatagisan ng husay at talento sa On-the-Spot Painting Contest sa 4/F Function Hall ng New Imus Government

Center. In a n y a h a n ang lahat na saksihan ang kanilang mga malikhaing obra!
(City Government of Imus)

Gentriseños benefit from medical and dental mission in Javalera



A total of 436 residents benefitted from free health services during the Medical and Dental Mission conducted by the Provincial Government of Cavite on February 18, at Javalera Elementary School in Brgy. Javalera, City of General Trias.

The outreach program was organized by the Provincial Government

of Cavite through the Office of the Provincial Governor, in coordination with the Office of the Provincial Health Officer. The GEAMH Team led the medical services, while the General Trias Dental Team provided dental care. The activity was supported by the AMIGA District Hospital, Barangay Health Workers,

and Punong Barangay Teodulo Romero.

Of the total beneficiaries, 337 residents received medical consultations, while 39 availed of dental services. Fifty-two individuals underwent Fasting Blood Sugar (FBS) testing, and four patients each received X-ray and ECG procedures. Free

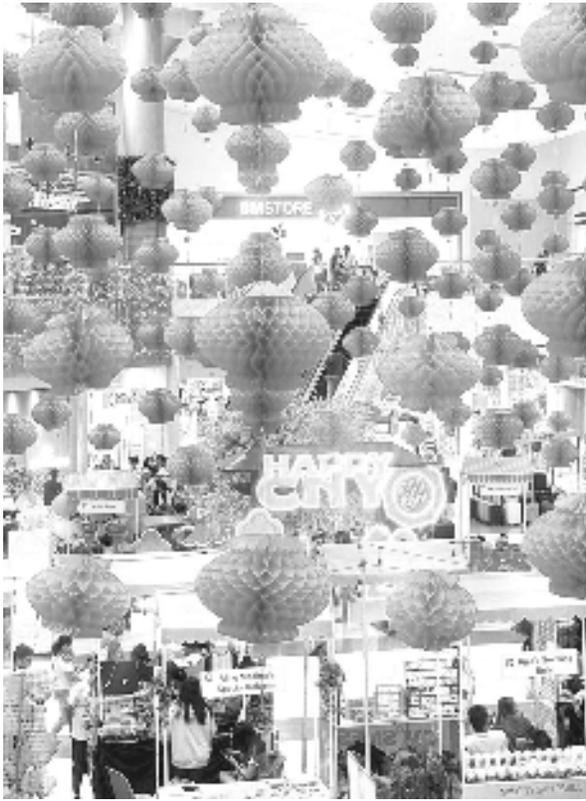
medicines were likewise distributed to all qualified beneficiaries.

The activity forms part of the provincial government's continuing efforts to bring essential health services closer to communities and to ensure that every Caviteño has access to timely and quality medical care.--- OPIO



SEE YOU AT GEN. E. TOPACIO ST. NEAR THE TOPACIO COMPOUND IMUS, CITY

Manifest Good Fortune at SM City San Pablo this Chinese New Year



Manifest abundance. Welcome prosperity. At SM City San Pablo

Celebrate Chinese New Year in full festive spirit at SM City San Pablo as the mall welcomes the Year with vibrant traditions, lucky vibes, and must-see attractions for the whole family.

At the heart of the celebration stands the grand Prosperity Tree Centerpiece — a stunning symbol of prosperity, abundance, and new beginnings. Adorned with auspicious ornaments and radiant red and gold details, the installation invites shoppers to snap photos, make wishes, and manifest wealth and success for the year ahead.

The festivities continue on February 17

with the much-awaited Lion and Dragon Dance, bringing energy, luck, and positive vibrations throughout the mall. Shoppers can also catch the appearance of the God of Wealth, spreading blessings and good fortune to everyone ready to receive them. ☒

From festive activities to lucky finds and hearty feasts, there's no better place to go all out this Chinese New Year. Gather the fam, bring the barkada, and max out the gala vibes at your most-loved mall. Celebrate tradition. Manifest abundance. Welcome prosperity.

See you at SM City San Pablo.

Nina P. Wong

MGA BABAENG PDL NAGTAPOS SA IKA-8 BATCH NG KKDK SA BJMP GENERAL TRIAS



tagapagsalita, binigyang-diin nito ang kahalagahan ng personal na pananagutan, patuloy na pagbabago ng pananaw, at suporta ng komunidad sa pagpapanatili ng positibong direksyon sa buhay matapos ang pagkakakulong. Nakiusa din sa

GENERAL TRIAS CITY, Cavite — Matagumpay na nagtapos ng Ika-8 Batch ng Katapatan at Kalinisan sa Diwa at Katauhan (KKDK) ang mga babaeng Persons Deprived of Liberty (PDLs) ngayong araw.

Ipinagdiwang ng Bureau of Jail Management and Penology (BJMP) General Trias City Jail-Female Dormitory ang matagumpay na pagtatapos ng mga nasabing PDL's, isang programang nakatuon sa moral na paghubog at positibong pagbabago ng mga ito.

Pinangunahan ni SJO4 Eveangelina A. Ruiz, Acting City Jail Warden, Female Dormitory ang programa katuwang sina SJO3 Lyn O. Malate, Deputy

Warden na masusing gumabay sa mga kalahok sa mga aralin hinggil sa disiplina, pananagutan, at pagpapahalagang moral bilang bahagi ng kanilang rehabilitasyon.

Mas naging masaya at makabuluhan ang nasabing okasyon dahil sa pagdalo ng mga mahal sa buhay at kapamilya ng mga nagsipagtapos kung saan naging emosyonal ang mga ito dahil sa mga suporta at nagpatibay sa kahalagahan ng ugnayan ng pamilya sa proseso ng pagbabago at muling pagbangon ng mga babaeng PDL.

Sa pahayag ni Mr. Xian Lerry G. Lozares, Focal Person ng City Anti-Drug Abuse Council (CADAC) at Division Chief ng Community Affairs Office at Urban Poor Affairs Section na siyang panauhing

programa ang mga kasapi ng Holy Family Parish-Lancaster Imus, na patuloy ang suporya sa mga programang rehabilitasyon ng BJMP. Bilang bahagi ng kanilang malasakit, namahagi sila ng food packs at hygiene kits sa mga babaeng PDL, na sumasalamín sa matibay na ugnayan ng BJMP, simbahan, at komunidad.

Ang pagtatapos ng Ika-8 Batch ng KKDK ay patunay ng patuloy na adhikain ng BJMP General Trias City Jail-Female Dormitory na isulong ang holistikong rehabilitasyon, palakasin ang moral na pagpapahalaga, at ihanda ang mga PDL sa kanilang muling pagharap sa lipunan bilang responsableng at produktibong mamamayan.

Environmental Forum I Pawikan Festival 2026



Bilang bahagi ng pagdiriwang ng Pawikan Festival 2026, matagumpay na naisagawa ang Environmental Forum nitong February 13, 2026 sa Naic Covered Court. Layunin ng programa na palawakin ang kaalaman at kamalayan ng bawat Naicqueño tungkol sa pangangalaga ng kalikasan at sa kahalagahan ng aktibong pakikilahok sa mga programang pangkapaligiran ng Bayan ng Naic.

Sa pamumuno ni Mayor Rommel Magbitang at sa suporta ni Congresswoman Aniela Tolentino, patuloy na pinagtatibay ng Bayan ng Naic ang mga inisyatibang nagtataguyod ng pangangalaga sa kalikasan at responsableng pagkilos ng komunidad. Sa pagkakaisa ng mga Naicqueño, mas napapalakas ang ating sama-samang adhikain para sa mas malinis, mas luntian, at mas matatag na Bayan ng Naic para sa susunod na henerasyon.

Municipality of Naic

SSS Soars to New Heights... from p. 1

In a resounding testament to robust leadership and unwavering commitment, the Social Security System (SSS) has not just achieved, but surpassed, an unprecedented milestone, securing the financial future of millions of Filipinos. Finance Secretary and Social Security Commission (SSC) Chair Frederick D. Go proudly declared what every member longs to hear: "Your pensions are secure; your benefits sustained." This isn't just a promise; it's a statement backed by the agency's strongest financial performance in history, solidifying the bedrock of stability, reliability, and long-term sustainability for generations to come.

The year 2025 marked a period of extraordinary growth for the SSS, with a phenomenal net income of PHP 142.97 billion – a staggering 58.4% increase from the previous year. This remarkable surge propelled total assets to an impressive PHP 1.26 trillion, growing by 22.1% from PHP 1.03 trillion in 2024.

But the real headline-grabber is the SSS Reserve Fund, which, for the very first time, has magnificently soared past the PHP 1 trillion mark! This isn't merely a number; it's a monumental achievement that fortifies the institution's resilience against any economic headwinds, dramatically enhances its capacity to navigate demographic shifts, and, most importantly, guarantees its unwavering ability to fulfill every future benefit obligation to its dedicated members.

"This record performance and over 1 trillion-peso reserve fund level send a clear message to SSS members: your pensions are secure; your benefits sustained," reiterated a confident SSC Chair Go. He added, "Guided by President Ferdinand R. Marcos, Jr.'s visionary directive to enhance benefits and strengthen governance, we are meticulously building a social security

system that is not only financially resilient but profoundly more responsive to the evolving needs of every Filipino."

SSS President and Chief Executive Officer Jay de Claro illuminated the driving forces behind this stellar performance, citing sustained fiscal discipline, the fortification of fund governance, and forward-thinking, long-term reforms. These strategic initiatives are meticulously designed to safeguard members' invaluable contributions and preserve the fund's actuarial soundness for perpetuity.

"Surpassing the 1 trillion peso mark in our Reserve Fund is not just a historic milestone; it's a powerful affirmation of our sacred duty to every Filipino worker and pensioner who places their trust in the SSS," beamed De Claro. "This unparalleled performance is a direct reflection of our prudent stewardship of members' contributions, significantly strengthened governance, and our enduring commitment to deliver secure and sustainable benefits—not just today, but for countless generations yet to come."

Beyond these monumental financial gains, the SSS has demonstrated its profound dedication to its members through tangible enhancements. In 2025, it proudly rolled out its first-ever annual pension increase, granting a substantial 10% yearly increase for retirement and disability pensions, and a comforting 5% for survivor pensions, spanning from 2025 to 2027. This progressive pension reform is poised to provide a significant boost to household consumption among pensioners, injecting vitality into local economies and contributing positively to overall national economic growth.

Service delivery has also seen remarkable modernization with the innovative rollout of the MySSS Card. This

fully functional debit card, seamlessly linked to a savings account, revolutionizes how members receive their benefits and loans, making transactions effortlessly convenient and accessible.

In 2025 alone, the SSS disbursed a colossal PHP 304.94 billion in pensions and benefits to a staggering 5.66 million members nationwide, providing vital financial lifelines. Loan releases, offering timely assistance, reached PHP 61.11 billion, demonstrating the SSS's commitment to supporting workers and their families when they need it most.

Further easing the financial burden, the SSS proactively reduced interest rates on key loan facilities from 10% to a more accessible 8%. The Pension Loan Program, a beacon of support, was also expanded to compassionately cover

survivor pensioners, extending its crucial benefits to an additional 1.2 million members.

The SSS continues its tireless mission to provide accessible credit support through essential programs such as the Calamity Loan, Emergency Loan, and the highly anticipated Micro Loan Program. "Patuloy na maghahatid ang SSS ng mga programang tulad ng Micro Loan at Calamity Loan upang makapagbigay ng sapat, abot-kaya at mas mabilis na suporta sa aming mga miyembro," affirmed SSC Chair Go, underscoring the SSS's ongoing promise to deliver sufficient, affordable, and swift support to its cherished members.

This era of unprecedented growth and unwavering commitment from the SSS paints a truly hopeful picture for the financial well-being of all Filipinos.

PUBLIC HEARING ON PROPOSED ORDINANCES... from p. 1

The City of Dasmariñas held a public hearing today at the Socio-Economic Building on ordinances relating to Kolehiyo ng Lungsod ng Dasmariñas and Gawad Karangalan. Spearheaded by City Vice Mayor Elpidio A. Barzaga III, together with the Sangguniang Panlungsod Members, the session was graced

by City Administrator Engr. Madelaine Lara, KLD President/College Administrator Dr. Juanito O. Cabanias, Jr., HOA Affairs OIC Mr. Daniel Jake Padar, and DepEd Schools Division Superintendent Dr. Elias Alicaya, Jr. A collaborative effort towards strengthening education and recognition in the city.



CAVITE HIGHLIGHTS

By: **Yna Palparan Bautista**

Santiago Alvarez

- Siya ay anak ni Mariano Alvarez at kabilang sa grupong bumihag sa mga Kastila noong agawin nila ang pamahalaan sa Noveleta. Siya ay matalik na kaibigan ni Gen. Aguinaldo nguni't lumayo siya matapos patayin si Andres Bonifacio.

Health Benefits...

Kaalaman tungkol sa Balimbing bilang halamang gamot

Ang balimbing ay isang karaniwang halaman na tumutubo sa mga bansang nasa rehiyong topiko. Tumutubo ang maliit nitong puto sa buong kapuluan ng Pilipinas. Pinaka kilala ang bunga nito na may mala-bituing hugis at kakaibang lasa.

Ano ang mga sustansya at kemikal na maaaring makuha sa Balimbing?

Ang iba't ibang bahagi ng halamang balimbing ay maaaring makuhanan ng maraming uri ng kemikal at sustansya na maaaring may benepisyo sa kalusugan:

Ang mga dahon at bunga ng balimbing ay may taglay na saponins, alkaloids, flavonoids at tannins. Ang buto naman ng balimbing ay makukuhanan ng alkaloid, harmaline, at C13H14N2O.

Ang bunga ng balimbing ay kilala ring mapagkukunan ng iron at Vitamin B at C. Mayaman din ito sa oxalate at potassium.

Anong bahagi ng halaman ang ginagamit bilang gamot, at paano ginagamit ang mga ito?

Maaaring gamitin bilang gamot ang ilang bahagi ng halaman tulad ng:

Dahon. Ang dahon ng balimbing ay kadalasang pinapakuluan at pinapainom sa pasyente. Maaari din itong dikdikin at ipantapal sa balat para sa ilang mga kondisyon.

Bulaklak. Ang bulaklak ay pinapakuluan din at iniinom ang pinaglagaan para sa ilang mga kondisyon sa katawan.

Bunga. Ang bunga ng balimbing ay maaaring kainin mismo, o katasan upang mainom ang juice. Maaari rin itong pakuluan at ipa-inom sa pasyente.

Buto. Ang buto naman ay dinudurog at pinupulbos at inihahalo sa inumin upang ipanggamot sa ilang mga karamdaman.

Ano ang mga sakit na maaaring magamot ng Balimbing?

1. Lagnat. Nakatutulong sa pagpapababa ng lagnat ang pag-inom ng pinaglagaan ng dahon ng balimbing. Maaari ring ipantapal ang dinikdik na dahon sa ilang bahagi ng katawan upang mapababa ang lagnat.

2. Pananakit ng dibdib (angina). Pinapainom din ng pinaglagaan ng dahon ng balimbing ang mga taong dumaranas ng pananakit ng dibdib o angina.

3. Bulate sa tiyan. Ang pag-inom sa pinakuluan ng bulaklak ng balimbing ay epektibo sa pag-aalis ng bulate sa tiyan.

4. Pananakit ng ulo. Inilalagay sa ulo ang dinikdik na dahon ng balimbing upang mabawasan ang pananakit.

5. Pagsusuka. Ang pinaglagaan ng dahon at bunga ng balimbing ay makatutulong sa pagtigil ng tuloy-tuloy na pagsusuka.

6. Iritasyon sa mata. Ang katas ng bunga ng balimbing ay ipinapatak sa mata kung dumaranas ng iritasyon dito.

7. Pagkokombulsyon. Tumutulong sa pagtigil ng pangiginig ng kalamnan dulot ng pagkokombulsyon ang pag-inom sa katas ng bunga ng balimbing.

8. Hika. Ginagamit sa paggamot ng sakit na hika ang pag-inom sa dinurog na buto ng balimbing na hinalo sa inumin.

9. Kakulangan ng potassium sa katawan. Ang bunga ng balimbing ay may mataas na lebel ng potassium, kung kaya, maaari itong gamitin bilang supplement sa kakulangan ng potassium sa katawan.



Scientific name: *Averrhoa caribaea* Linn.; *Averrhoa pentandra* Blanco

Common name: *Balimbing* (Tagalog); *Carambola* (Espanyol); *Star Fruit* (Ingles)

MOA Signing and **GROUNDBREAKING** Ceremony.

GoodNews ni Mayor Jon-Jon Ferrer para sa GenTri! Successful na ginanap ang groundbreaking at MOA signing sa pagitan ng SM Foundation, Inc., LGU General Trias, at DepEd SDO General Trias para sa four-storey, eight-classroom school building na itatayo sa Tejero Elementary School!

Isa po itong malaking karangalan dahil unang beses na ganitong kalaking gusali ang ipagkakaloob nila sa isang lungsod.

Maraming maraming salamat po sa tiwala at suporta!

(via **JONJON FERRER FB PAGE**)



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MAYOR STRIKE REVILLA PROVIDES FINANCIAL ASSISTANCE TO KASAMBAHAYS AND RETIRED TEACHERS

S T R I K E Gymnasium | February 16, 2026 – Mayor Strike Revilla spearheaded the distribution of

financial assistance to 733 Kasambahays and 98 retired teachers in Bacoor City. The initiative was organized

by the City Government of Bacoor through the Public Employment Services Office (PESO)



SM STORE SM FOUNDATION

FREE College Scholarship

for the 10 Outstanding STEM Students

Dreaming of a future in STEM?

Mastercard, SM Foundation, and SM Store are giving 10 outstanding STEM students the chance to receive a FREE college scholarship and take a step closer to their goals. Applications are open from February 1–28, 2026! Apply here: <https://bit.ly/4bTxHyS>



Bacoor, led by Dr. Abraham De Castro, with the Kasambahay focal person also in attendance.

Beyond financial assistance, Mayor

Strike directed the City Livelihood Department to conduct housekeeping training sessions for Kasambahays who wish to enhance their skills and expand their

knowledge in their field of work. This program aims to provide additional expertise, promote professional growth, and open more opportunities for sustainable employment.

The City Government of Bacoor remains committed to supporting hardworking individuals and honoring the invaluable contributions of retired educators who helped shape the future of our community.

Serbisyong malasakit, para sa bawat Bacooreño