

MPTC expressways on full alert this Semana Santa

Metro Pacific Tollways Corporation (MPTC) and its network of expressways—NLEX, SCTEX, NLEX Connector, CAVITEX, CALAX, and CCLEX in Cebu—are rolling out the "Biyaheng Arangkada" motorist assistance program from March 27 to April 6, 2026. The initiative is also implemented in SCTEX and CAVITEX in partnership with the Bases Conversion Development Authority (BCDA) and the Philippine Reclamation Authority (PRA) through PEA Tollway Corporation, respectively.

As part of the program, MPTC has augmented personnel deployment across its network to ensure efficient traffic management, quick incident response, and smooth toll transactions during the Holy Week travel period. The "Biyaheng Arangkada" initiative reflects MPTC's commitment to ensuring a safe Holy Week journey for motorists and the commuting public, enabling travelers to reconnect safely with their families during this season of reflection.

- Motorist assistance includes:
- Strategically located roadside assistance stations
 - Medical teams on standby at select stops
 - Availability of EV charging stations and free wifi at select NLEX and SCTEX Rest and Refuel Stations
 - Free 24/7 basic mechanical services at all NLEX and SCTEX Rest and Refuel Stations

- Free towing to the nearest exit for Class 1 (and Class 1M for CCLEX) from March 27, 6:00 AM to April 6, 6:00 AM
- 24/7 customer service support via hotline (1-35000) and the MPT DriveHub app

During this period, roadworks, lane closures, and maintenance activities will be suspended to help ensure smooth traffic flow across the expressways. Traffic teams are also on standby to activate counterflow schemes when conditions permit.

MPTC urges motorists to plan trips ahead of peak hours. In NLEX, anticipate heavy northbound traffic from

Wednesday afternoon to Thursday afternoon and increased southbound volume during the afternoon and evening hours on Saturday and Sunday. Expect heavy southbound traffic on early Monday morning.

Motorists are also advised to check their RFID account to ensure sufficient balance, inspect their vehicles before traveling, stay well-rested, and follow speed limits and traffic regulations. Updates are available via the official social media pages as well as the MPT DriveHub app, to keep motorists informed on the latest situation on the MPTC expressways. #

SM SUPERMALLS ANNOUNCES New Nationwide Mall Hours Starting March 30

SM Supermalls, the country's leading integrated property developer and retailer, officially announced today a nationwide adjustment to its standard operating hours. In response to the National Energy Emergency, all SM Supermalls across the Philippines will shorten mall operating hours effective Monday, March 30.

This strategic shift is a direct response to the urgent need for nationwide power conservation. By adjusting daily opening times, SM Supermalls aims to significantly reduce demand on the national grid. This measure ensures that the company

effectively manages resources during this time.

"SM is proactively adapting to the current situation by adjusting our operating hours. We remain committed to delivering elevated retail experiences for all Filipinos, supported by our increased use of renewable energy to power our malls," said Steven Tan, President of SM Supermalls. For more information on your preferred SM branch refer to real-time updates on official social media pages and our website.

(KCHT)



Vol. X No.18 MARCH 30-April 5, 2026 P10.00

SM SUPERMALLS

Mall Hours

(Effective March 30, 2026)

11 am – 9 pm
Monday to Friday

10 am – 9 pm
Saturday & Sunday

220 Kababaihan, dumalo sa "Imusenya : Handa sa Pabago-bagong Klima"



Umatob sa 220 kababaihan ang lumahok sa programang "Imusenya: Handa sa Pabago-bagong Klima" na isinagawa noong Marso 18, 2026, sa Imus Youth Center, Imus Pilot Elementary School, sa pangunguna ng Office of the City Environment and Natural Resources Officer (OCENRO) bilang bahagi ng pagdiriwang ng National Women's Month. Dumalo sa naturang aktibidad si City Mayor

Alex "AA" L. Advincula, kasama ang pangunahing tagapagsalita na si Nerea C. Defensor na nagbahagi ng mahahalagang kaalaman hinggil sa Climate Change. Tinalakay ni Defensor ang mga usapin ukol sa kahalagahan ng kababaihan at mga lider ng komunidad sa pagsusulong ng climate action at sustainable development. Kabilang sa mga kalahok ang mga kinatawan

mula sa Civil Society Organization (CSO), people's organization, Non-Governmental Organization (NGO), Local Council for Women, at Imus City Parent-Teacher Association Federation. Layunin ng aktibidad na palakas ang kamalayan sa pagbabago ng klima, paigtingin ang kahandaan sa sakuna, at itaguyod ang katatagan ng komunidad, kung saan ang mga kababaihan ang mas appektado sa mga epektong dulot ng climate change.

SM SUPERMALLS EASTER PARADE

A Parade of Bunnies, Balloons, and Easter Joy!

Easter Sunday (April 5) | 3PM & 5PM

SMCITY SANTA ROSA SMCITY SAN PABLO SMCITY CALAMBA SMCENTER SAN PEDRO

Get ready for a MAX-OUT Easter Sunday experience at your most-loved SM City Calamba! We're bringing you the FIRST-EVER Easter Parade packed with colorful mascots, festive vibes, and non-stop fun for the whole family! Hop into the celebration, strike a pose with your favorite characters, and make this Easter a memorable one!

(KAREN CHRISTINE H. TIQUI)



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BLESSING NG 4-STOREY, 20 CLASSROOMS SCHOOL BUILDING NG DIHS MAIN SA BARANGAY BUROL I

Matagumpay na naisagawa ngayong araw, Marso 23, 2026, ang Blessing ng 4-storey, 20 classrooms School Building ng DIHS Main sa Barangay Buro I. Dumalo sa kaganapang ito sina Mayor Jenny Austria-Barzaga, Vice Mayor Third Barzaga, mga miyembro ng Sangguniang Panlungsod, Dr. Elias A. Alicaya Jr., mga opisyal ng barangay at pamunuan ng paaralan.

PhilHealth, PSA Strengthen Partnership to Modernize Systems and Protect Member Benefits

from page 1

The Philippine Health Insurance Corporation (PhilHealth) and the Philippine Statistics Authority (PSA) have strengthened their partnership to modernize systems, prevent fraudulent claims, and ensure benefits reach every Filipino, with the signing of a Memorandum of Agreement (MOA) for the Philippine Identification System (PhilSys) co-location and the launch of the PhilHealth Check Utility (PCU) today, March 26.

"Filipinos deserve a health insurance system that is modern, secure, and reliable," said PhilHealth President and CEO Dr. Edwin M. Mercado. "Through our partnership with the PSA, we are strengthening our systems, improving the accuracy of our records, and ensuring that every peso of the health fund supports legitimate claims and reaches every Filipino."

He added that while safeguards are strengthened, access to benefits remains fully protected. "As we clean and modernize our systems, we remain committed to ensuring that no eligible member is

denied service. Our priority is to deliver services that are both secure and accessible for all," he said.

Through the co-location initiative, PhilSys registration is available directly at selected PhilHealth offices, allowing members to register for their National ID while accessing PhilHealth services.

The PCU integrates PhilSys data to verify identities in real time, perform biometric liveness checks, and match records for accuracy, ensuring that only valid claims are processed. The system is fully integrated into key programs, including the Yaman ng Kalusugan Program (YAKAP) and the GAMOT benefit availment process, streamlining the patient journey from consultation to medicine access.

These initiatives mark a significant step in PhilHealth's digital transformation and modernization efforts, aligned with the Universal Health Care Act. By strengthening identity verification, improving data integrity, and streamlining processes, PhilHealth and PSA reaffirm their commitment to a more accountable, efficient, and people-centered health system for all Filipinos.

Cavite Service Caravan kicks off... from page 1

The Provincial Government of Cavite, under the leadership of Governor Abeng Remulla, officially launched the Cavite Service Caravan on March 24, 2026, in Ternate, reinforcing its commitment to making government services more accessible and responsive to the needs of Caviteños.

The launch was attended by key provincial and local officials, including 8th District Board Member Jasmin Angelli Maligaya-Bautista, Ternate Mayor or Lamberto Bambao and the Sangguniang Bayan members headed by Vice Mayor Calvin Kenneth Soberano, who joined Governor Remulla in bringing essential services closer to the people, alongside department heads and partner agencies participating in the initiative.

As a flagship program of the provincial government, the Cavite Service Caravan consolidates various offices in a one-stop setup, delivering frontline services directly to communities, particularly those with limited access to government programs.

Governor Remulla underscored the caravan's mission of bringing provincial government services closer to the people and encouraged citizens to avail themselves of these programs - reflecting the guiding principle, "mula sa bayan, para sa bayan."

Health and medical services were spearheaded by the Office of the Provincial Governor and the Office of the Provincial Health Officer, offering medical consultations, dental and oral health care, laboratory services such as ECG and fasting blood sugar tests, pharmacy assistance, and fluoride varnish application for children. Emergency

medical support was also provided by the Office of the Provincial Disaster Risk Reduction and Management Officer.

Employment and economic opportunities were facilitated through the Office of the Provincial Public Employment Service Manager, featuring a job fair and job matching, employment support services from national agencies like SSS, PhilHealth, BIR, Pag-ibig Fund, TESDA, PSA, and DTI, career coaching sessions on resume writing, interview techniques, and anti-illegal recruitment awareness. The Office of the Provincial Cooperatives Development Officer also extended entrepreneurship and business facilitation services, cooperative assistance, and promoted local Cavite products through a trade fair.

Agricultural support services from the Office of the Provincial Agriculturist included agriculture and fisheries education, as well as the distribution of vegetable seeds, seedlings, and informational materials to assist local farmers and fisherfolk.

Social and community services were delivered by the Office of the Provincial Social Welfare and Development Officer through counseling, referral, and welfare assistance, while the Office of the Provincial Population Officer provided family planning counseling and distributed commodities. Free legal aid and basic legal information were also made available through the Office of the Provincial Legal Officer.

Specialized services for vulnerable sectors were extended by the Office of the Provincial Persons with Disability Affairs Officer, including wheelchair provision, hearing tests, hearing

aids, and assistance with PWD ID applications.

Animal health services were offered by the Office of the Provincial Veterinarian, including free veterinary consultations, anti-rabies vaccination, and deworming and vitamin supplementation for pets.

Information dissemination and public engagement were supported by the Office of the Provincial Information Officer through an information booth and photobooth, while digital inclusion efforts were promoted by the Provincial Information and Communications Technology Office through a free digital literacy program and internet connectivity services.

Meanwhile, the Offices of the Provincial

Engineer, General Services Officer, Provincial Environment and Natural Resources Officer, and the Cavite Office of Public Safety provided logistical, environmental, and security support for the event.

Through the Cavite Service Caravan, the provincial government strengthens its commitment to inclusive and people-centered governance by bringing a comprehensive range of services directly to the grassroots.

The Ternate launch marks the beginning of a series of service caravans to be conducted across the province, further expanding the reach of government programs and uplifting the lives of Caviteños.--- OPIO

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Fourth Judicial Region
Regional Trial Court of Cavite
Office of the Clerk of Court & Ex-Officio
Sheriff New Justice Hall, J.P. Rizal Avenue,
Kaybagal South, Tagaytay City

BDO UNIBANK, INC.,
Mortgageec,

-versus- EIJF NO. TG-25-130
FOR: Application for Extra- Judicial
Foreclosure of Mortgage Under Act
No. 3135, As Amended]

JUVANE D. ANGGOLING,
Debtor/Mortgagor,

AMENDED NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial foreclosure sale under Act 3135, as amended by Act. No. 4118, filed by Mortgagee, **BDO UNIBANK, INC.**, a universal banking corporation duly organized and existing under the laws of the Republic of the Philippines, with principal office and place of business at 33rd Floor BDO Corporate Center Ortigas, No. 12 ADB Avenue, Mandaluyong City, pursuant to the terms and conditions of the Uniform Loan and Mortgage Agreement (Real Estate) executed and notarized on June 7, 2021, by Debtor/Mortgagor, **JUVANE DIGAN ANGGOLING**, of legal age, Filipinos, with residence and postal address/es at: (1) Lot 10 B Block 6 Camia Street Almar Subdivision Camarin Caloocan City 1423, and (2) Lot 13 & Lot 14 Block 23 along Road lot 19 corner Road Lot 20 (now Rhone corner Metz Street) Chateaux de Paris at South Forbes Villas, Brgy. Inchican, Municipality of Silang, Cavite 4118, in favor of the Mortgagee, over a real estate property including improvements thereon, described in and covered by **TRANSFER CERTIFICATE OF TITLE NOS. 076-2020001778 and 076-2020001779** of the Registry of Deeds for Tagaytay City, in order to satisfy the outstanding loan obligation of the Debtor/Mortgagor in the amount of EIGHTEEN MILLION NINE HUNDRED THIRTY FOUR THOUSAND THREE HUNDRED SEVENTY AND 72/100 (PHP 18, 934,370.72) as of September 26, 2025 the undersigned Clerk of Court & Ex-Officio Sheriff of the Regional Trial Court of Cavite thru her deputy, Baby Leem B. Maristela, will sell at public auction on **MAY 4, 2026 at 10:00 o'clock in the morning** or soon thereafter, at the New Hall of Justice of Tagaytay City, to the highest bidder, for Cash or Manager's Check and in Philippine Currency, the following property with all its improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. 076-2020001778
Registry of Deeds for Tagaytay City

IT IS CERTIFIED that certain land situated in BRGY. OF INCHICAN, MUN. OF SILANG, PROV. OF CAVITE, IS. OF LUZON, bounded and described as follows:

A PARCEL OF LAND (LOT 13, BLK. 23, OF THE SUBD. PLAN, PSD-04-189132, BEING A PORTION OF LOT 1, BLK. 30, PSD-04-180338, LRC REC. NO.), SITUATED IN THE BRGY. OF INCHICAN, MUN. OF SILANG, PROV. OF CAVITE, IS. OF LUZON, BOUNDED ON THE NW., & NE., ALONG LINE 1-2-3-4-5-6 BY RD. LOT 20, ALONG LINE 6-7 BY RD. LOT 19, ON THE SE., ALONG LINE 7-8-9 BY LOT 12, BLK. 23, ALONG LINE 9-10 BY LOT 11, BLK. 23, AND ON THE SW. ALONG LINE 10-1 BY LOT 14, BLK. 23, ALL OF THE SUBD. PLAN. BEGINNING AT A PT. MARKED "1" ON PLAN BEING BEING N. 77 DEG. 54'E., 8013.26 M. FROM BLLM NO. 1, SILANG, CAVITE, THENCE N. 75 DEG. 06'E., 12.76 M. TO PT. 2; THENCE N. 87 DEG. 20'E., 1.28 M. TO PT. 3; THENCE S. 74 DEG. 10'E., 1.20 M. TO PT. 4; THENCE S. 55 DEG 41'E., 1.28M. TO PT. 5; THENCE S. 37 DEG. 12'E., 1.28 M. TO PT. 6; THENCE S. 28 DEG. 09'E., 12.49 M. TO PT. 7; THENCE S. 76 DEG. 55'W., 5.62 M. TO PT. 8, THENCE S. 78 DEG. 06'W., 9.11 M. TO PT. 9; THENCE S. 78 DEG. 06'W., 5.36 M. TO PT. 10; THENCE N. 11 DEG. 53'W., 15.00 M. TO THE PT. OF BEGINNING, CONTAINING AN AREA OF TWO HUNDRED SIXTY SEVEN (267) SQ. M. ALL PTS. REFERRED TO ARE INDICATED ON THE PLAN AND ARE MARKED ON THE GROUND BY PS CYL. CONC. MONS. 15 X 40 CM., BEARING TRUE; DATE OF ORIG.

SURVEY, JULY 19, 2005 & THAT OF THE SUBD. SURVEY, AUG. 07-17, 2006 & WAS APPROVED ON JAN. 24, 2007.
Is registered in accordance with the provisions of the Property Registration Decree in the name of
Owner: JUVANE D. ANGGOLING, SINGLE, OF LEGAL AGE, FILIPINO
Address: BLOCK 6 LOT 10 CAMIA STREET, ALMAR SUBDIVISION, CAMARIN, CALOOCAN CITY

TRANSFER CERTIFICATE OF TITLE NO. 076-2020001779
Registry of Deeds for Tagaytay City

IT IS CERTIFIED that certain land situated in BRGY. OF INCHICAN, MUN. OF SILANG, PROV. OF CAVITE, IS. OF LUZON, bounded and described as follows:

A PARCEL OF LAND (LOT 14, BLK. 23, OF THE SUBD. PLAN, PSD-04-189132, BEING A PORTION OF LOT 1, BLK. 30, PSD-04-180338, LRC REC NO.), SITUATED IN THE BRGY. OF INCHICAN, MUN. OF SILANG, PROV. OF CAVITE, IS. OF LUZON, BOUNDED ON THE NE... ALONG LINE 1-2 BY LOT 13, BLK. 23 ON THE SE, ALONG LINE 2-3 BY LOT 11, BLK. 23, ON THE SW., ALONG LINE 3-4-5 BY LOT 10, BLK. 23, ON THE SW., ALONG LINE 5-6 BY LOT 15, BLK. 23, AND ON THE NW., ALONG LINE 6-7-1 BY RD. LOT 20, ALL OF THE SUBD. PLAN BEGINNING AT A PT. MARKED "1" ON PLAN BEING N. 77 DEG. 54'E., 8013.26 M. FROM BLLM NO. 1, SILANG, CAVITE, THENCE S. 11DEG 53'E., 15.00 M. TO PT. 2; THENCE S. 78 DEG. 06'W., 9.63 M. TO PT. 3; THENCE S. 78 DEG. 06'W., 4.78 M. TO PT. 4; THENCE S. 5 DEG. 43'W., 0.57 M. TO PT. 5; THENCE N. 14 DEG. 16'W., 15.00 M TO pt. 6; THENCE N. 75 DEG. 43'E., 0.80 M. TO PT. 7; THENCE N 78 DEG. 06'E 14.73 M. TO THE PT. OF BEGINNING. CONTAINING AN AREA OF TWO HUNDRED TWENTY-NINE (229) SQ. M. ALL PTS. REFERRED TO ARE INDICATED ON THE PLAN AND ARE MARKED ON THE GROUND BY PS, CYL CONC. MONS 15 X 40 CM., BEARINGS TRUE; DATE OF ORIG. SURVEY, JULY 19, 2005 & THAT OF THE SUBD. SURVEY, AUG. 07-17, 2006 & WAS APPROVED ON JAN. 24, 2007.

Is registered in accordance with the provisions of the Property Registration Decree in the name of
Owner: JUVANE D. ANGGOLING, SINGLE, OF LEGAL AGE, FILIPINO
Address: BLOCK 6 LOT 10 CAMIA STREET, ALMAR SUBDIVISION, CAMARIN CALOOCAN CITY

In the event the public auction should not take place on the said date, it shall be held on **MAY 11, 2026**, without further notice. Prospective bidders or buyers are hereby enjoined to investigate and verify for themselves the TRANSFER CERTIFICATE OF TITLE NOS. 076-2020001778 and 076-2020001779 the encumbrances thereon, if any there be.
All sealed bids must be submitted to the undersigned on the above stated time and date.
Tagaytay City, Philippines, February 23, 2026.

ATTY. VARBRA ANN A. VARIAS-DIMAYUGA
Clerk of Court VI & Ex-Officio Sheriff

BABY LEEM B. MARISTELA
Sheriff-In-Charge

WARNING: IT IS ABSOLUTELY PROHIBITED TO REMOVE, DEFACE OR DESTROY THIS NOTICE OF SHERIFF'S SALE ON OR BEFORE THE DATE OF THE AUCTION SALE UNDER THE PENALTY OF LAW

HUMANITY NEWS
MARCH 16, 23, & 30, 2026

BLESSING AND INAUGURATION OF ARCHIVE BUILDING... from page 3

City Archives for storing and preserving government documents, historical records, and public service files. The opening of the Archive Building marks a major step in strengthening institutional efficiency, historical preservation, and public service delivery in Bacoor. It reflects the city's commitment to building modern facilities that serve both present and future generations.
City Government of Bacoor

Health Benefits...

Kaalaman tungkol sa Balbas Pusa bilang halamang gamot

Ang balbas pusa ay isang halamang ornamental na may katamtamang taas lamang. Pinaka kilala ito dahil sa bulaklak na mabababang lugar sa Luzon at Palawan, pati na rin sa bansang India, Malaysia at Australia. Ang dahon nito ay karaniwang ginagawang tsaa sa maraming lugar. Ano ang mga sustansya at kemikal na maaaring makuha sa Balbas Pusa?



Scientific name: *Orthosiphon aristatus* (Blume) Miq.; *Orthosiphon stamineus* Benth.
Common name: *Balbas Pusa* (Tagalog); *Cat's Whisker*, *Java Tea* (Ingles)

Ang iba't ibang bahagi ng halamang balbas pusa ay maaaring makuhanan ng maraming uri ng kemikal at sustansya na maaaring may benepisyo sa kalusugan:

Ang dahon ng balbas pusa ay may mataas na lebel ng potassium salts. Ang pinatuyong dahon naman ay may langis at orthosiphonin na isang alkaloid.

Taglay ng ilan pang bahagi ng halaman ang flavonoids, carbohydrates, tannins, saponins, phenols, at terpenoids.

Ang bahagi ng halaman ang ginagamit bilang gamot, at paano ginagamit ang mga ito? Maaaring gamitin bilang gamot ang ilang bahagi ng halaman tulad ng:

Dahon. Ang dahon ng balbas pusa ang pangunahing bahagi ng halaman na ginagamit bilang halamang gamot. Maaari itong ilaga at inumin na parang tsaa, o kaya'y ipantapal sa bahagi ng katawan. Ito rin ay pinatutuyo at ihinahalo sa tubig upang mainom na parang tsaa.

Ano ang mga sakit na maaaring magamot ng Balbas Pusa?

- Gout. Ang gout at rayuma ay maaaring malunasan ng pag-inom sa tsaa na nagmumula sa dahon ng balbas pusa.
- Hirap sa pag-ih. Pinaiinom din ng tsaa ng balbas pusa ang taong dumadanas ng hirap sa pag-ih.
- Pananakit ng ngipin. Maaaring ipanguya ang sariwang dahon ng balbas pusa sa taong nakararanas ng pananakit ng ngipin. Makatutulong kung isisiksik sa butas ng ngipin ang nginuyang dahon.
- Sakit sa bato. Ang mga kondisyon at karamdaman na may kaugnayan sa mgg bato (kidney) ay maaaring matulungan ng pag-inom sa tsaa ng dahon ng balbas pusa.
- Problema sa pantog. Pinaiinom din ng tsaa ng dahon ng balbas pusa ang taong may karamdaman as pantog.

MOA SIGNING CEREMONY FOR THE E-LIBRARY SUBSCRIPTION...from page 1

Pinangunahan ni Trece Martires City Mayor Gemma Lubigan kasama si Vice Mayor Bobby Montehermoso ang seremonya sa paglagda ng Memorandum of Agreement sa pagitan ng Pamahalaang Lung-sod ng Trece Martires at Cavite State University - Trece Martires City Campus (CvSU-Trece) para sa implementasyon

ng e-Library subscription at pagbuo ng GAD Database System. Ang inisyatibong ito ay mahalagang hakbang para mas mapalawak pa ang akses sa kaalaman ng ating mga mag-aaral at mga programang inklusibo at nakaangkla sa mas maayos na pagkalap na tamang impormasyon, lalo na sa pagsusulong ng gender-responsive

governance sa ating lungsod. Lubos akong nagpapasalamat sa pamunuan ng CvSU, kay Dr. Cristina M. Signo, Vice President for Academic Affairs na dumalo sa ngalan ni Dr. Ma. Agnes P. Nuestro, CvSU President at sa pakikiisa sa proyektong ito. Gayundin, maraming salamat kila Prof.

Noel A. Sedigo (Campus Administrator), Dr. Khenilyn P. Lewis (Head, Research and Development Unit at Associate Professor, Information Technology Department), Ms. Lorán Camille V. Sara (Campus Librarian) at iba pang mga kasama mula sa CvSU Trece Martires Campus para sa mahalagang proyektong ito.

Naic Cavite Mayor Rommel Magbitang, nagdiwang ng kaarawan kasama ang mga residente sa tabing dagat

Nagdiwang ng kanyang kaarawan si Naic, Cavite Mayor Rommel Magbitang ngayong araw sa pamamagitan ng pagbisita sa mga residenteng naninirahan sa tabing dagat.

Labac, Brgy. Mabulo, Brgy. Bancaan, at Brgy. Bagong Kalsada. Mainit naman ang naging pagtanggap sa alkalde, na sinalubong ng ngiti, kaway, at pagbati mula sa mga residente bilang pasalamat sa kanyang pagdalaw.



Personal na nilibot ni Mayor Magbitang ang ilang coastal barangay kung saan kanyang nakasama at nakumusta ang mga mamamayan. Bilang bahagi ng selebrasyon, namahagi rin siya ng munting handog na canton at t-shirt sa mga residente ng Brgy.

"Sa simpleng paraan na ito, naipapakita natin ang tunay na diwa ng malasakit at pagtutulungan bilang isang komunidad. Maraming salamat, mga Naicqueño, sa patuloy na suporta at tiwala," pahayag ni Mayor Magbitang.

CAVITE HIGHLIGHTS By: Yna Palparan Bautista

Mariano Alvarez-Siya ang pangulo ng Magdiwang Council ng Katipunan at kamag-anak ni Gregoria De Jesus na asawa ni Andress Bonifacio. Hindi na siya lumahok sa rebolusyon matapos patayin si Bonifacio.

Halos 600 cyclists mula 16 bansa, sumabak sa acc track championships sa tagaytay.



Halos 600 riders mula sa 16 bansa ang lumahok sa Asian Cycling Confederation Track and Para Track Championships na ginanap sa Tagaytay City Track Velodrome noong Miyerkules. May kabuuang 44 ginto ang nakataya sa pangunahing laban, habang 30 naman sa para track events, na kinabibilangan ng iba't ibang karera tulad ng sprint, keirin, at team

events. Ayon kay Abraham "Bambol" Tolentino, nagsisimula pa lamang ang track cycling program ng bansa kaya hindi pa inaasahan ang medalya, ngunit mahalaga ang karanasang makukuha ng mga atletang Pilipino. Dagdag pa niya, iang "dream come true" ang muling pagho-host ng Pilipinas ng nasabing torneo matapos ang 31 taon.

SSS assures OFW members in the Middle East of uninterrupted digital access to benefits

QUEZON CITY (26 March 2026) - The Social Security System (SSS) today assured its members in the Middle East that they can access benefits and services via digital platforms despite escalating regional conflicts.

SSS President Robert Joseph M. de Claro highlighted the My.SSS Portal's reliability, enabling Overseas Filipino Workers (OFWs) to file benefit claims and loan applications without interruption, provided they meet qualifying conditions.

For example, OFWs who were involuntarily separated can avail of unemployment benefit provided they meet the qualifying conditions and certified by the Department of Migrant Workers (DMW).

"Even in these challenging times, our digital infrastructure ensures seamless service delivery," de Claro said. "Members in the Middle East need not worry; they can manage their accounts safely from anywhere with internet access."

He noted that SSS pensioners in the region can comply with the Annual Confirmation of Pensioners (ACOP) using the recently launched Facial Authentication feature on the SSS website, www.sss.gov.ph.

"A standout innovation is the ACOP Facial Authentication with Liveness Check, enabling secure identity verification from smartphones anywhere," de Claro explained. "It reduces fraud risks and eliminates the need for travel amid the current security situation in the Middle East. These tools were purpose-built to empower OFWs, allowing transactions 'whenever, wherever' even in crisis zones."

As of December 2025, there are 1,476,645 OFWs covered with the SSS with 540,018 as active paying members.

"We remain committed to supporting our OFWs through innovation and resilience, no matter the circumstances," de Claro concluded.



SEE YOU AT GEN. E. TOPACIO ST. NEAR THE TOPACIO COMPOUND IMUS, CITY



Groundbreaking Ceremony of SSS Wellness Facility Multipurpose Gym

from page 1



The SSS formally held a groundbreaking ceremony today for its Wellness Facility Multipurpose Gym at the East Triangle Property in Diliman, Quezon City. The 1,067-square-meter facility is envisioned as a multi-functional space that will support employee wellness, capacity-building programs,

and official institutional activities. Designed to include a FIBA-compliant basketball court with bleachers, the venue may also be used to host corporate social initiatives and other large-scale official events.

The project maximizes the use of existing SSS property assets and incorporates access-

sibility features such as PWD-compliant ramps and sensor-type glass doors, consistent with inclusive and safety standards.

Implemented in accordance with applicable government budgeting, procurement, and audit regulations, the development forms part of SSS's continuing efforts

to strengthen workplace support systems and enhance its capacity to serve stakeholders effectively.

SSS President and Chief Executive Officer Robert Joseph Montes De Claro, together with senior officials, led the capsule-laying and groundbreaking ceremony marking the start of construction.

BLESSING AND INAUGURATION OF ARCHIVE BUILDING: 6-STOREY FACILITY OPENS AT BACoor GOVERNMENT CENTER



Bacoor Government Center, March 25, 2026 - The City Government of Bacoor, led by Mayor Strike B. Revilla, through the City Engineering Office headed by Engr. Jicky Jutba, successfully held the blessing and inaugu-

ration of the city's new six-storey Archive Building. The facility is designed to enhance public services while preserving Bacoor's important records and history.

The ceremony was led by Mayor Strike to-

gether with Vice Mayor Rowena Bautista Mendiola, along with members of the Sangguniang Panlungsod including Councilors Rey Palabrica, Noly Galvez, Simplicio Dominguez, Ariel Gawan, Rey Fabian, Hora-

cio Brillantes, Roberto Advincula, and Levy Tela. Also present were Board Member Alde Pagulayan, LNB Vice President Randy Francisco, and Ericson Santos, who officiated the blessing, along with department heads, barangay officials, and members of the Unity Band.

The newly inaugurated building features a multi-purpose design across its six floors:

- 1st Floor - Parking Area
• 2nd Floor - Dug-out for athletes
• 3rd Floor - Fitness Gym and Office of the City Sports Services
• 4th Floor - Future regional office of the Human Settlements Adjudication Commission (HSAC), which handles disputes involving homeowners' associations
• 5th & 6th Floors -

con.on p.7

MAKATANG KABITENYO DLSU-DASMARIÑAS AWARDEE MAKATANG KABITENYO 1999 F&A.M LINCOLN LODGE # 34 DOCTOR OF HUMANITIES (HONORIS CAUSA) DR. AURELIO PAREDES BAUTISTA

TAGUMPAY NG BANSA

- 1. Maraming dahilan tagumpay ng bansa, Una ay mataas na antas sa gawa, Ikalawa naman ang produktong likha, Marami ang benta sa malayong lupa.
2. Ikatlo'y mataas na impok sa bangko, Ang impok ng tao, gamit sa negosyo, Ikaapat naman ayos na gobyerno, Ikalima'y laki nitong bansang ito.
3. Ikaanim nito ay ang edukasyon, Nitong mamamayang masikap sa gayon, Ikapito nito'y likas-yamang ampon, Ikawalo naman ay ang populasyon.
4. Unang pinapansin ay kayang ibigay Nitong isang lupang bansa ang palagay, Kung ilan ang taong mabibigyang suhay, Dapat sa una pa malinaw nang tunay.
5. Sabi ni Han Fei Tzu kung ang populasyon Ay hindi mapigil sa paglago niyon, Darating ang antas tayo'y magtutuo, Ng higit na lakas na ani'y paurong.
6. Kaya kahit anong sikap at pag-impok, Kung sobra ang tao sa kayang makupkop, Ang ugat ng Puno bagaman masinop, Ang epekto'y kulang sa tao niyang sakop.
7. Itong bansa natin kayang magpakain Ang lahat ng tao sa ating lupain, Kung ang digma natin ay ating alisin, Magkasundo tayo sa tamang layunin,
8. Lupang Pilipinas may sapat pang lupa, Magsikap lang tayo sa pag-aalaga, Magsinop lang tayo, magtipid, gumawa May tagumpay tayong tulad sa pasasa.

REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

RIZAL COMMERCIAL BANKING CORPORATION
Petitioner/Mortgagee,

-versus- FORECLOSURE CASE NO. F-006-26

MEL RIE MAY A. QUISMORIO & ALYSIA MAE A. QUISMORIO,
Respondents/Mortgagors.

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, RIZAL COMMERCIAL BANKING CORPORATION with business address at A.T. Yuchengco Centre, 25th & 26th Streets, Taguig City, M.M. against the Respondents/Mortgagors, MEL RIE MAY A. QUISMORIO & ALYSIA MAE A. QUISMORIO., with postal address at 1917 Obeses St., Brgy. 844, Pandacan Manila, Metro Manila and collateral address at Block 37 Lot 7 Sabella Village Ph IV Panunyanan, General Trias, Cavite, to satisfy the mortgage indebtedness which as of January 09, 2026 amounts to THREE MILLION SIX HUNDRED FORTY SEVEN THOUSAND FIFTY TWO PESOS AND 93/100 (PhP3,647,052.93), Philippine Currency, inclusive of interest and penalty charges but without prejudice to costs, expenses of litigation, notarial fees and all other charges incidental to this foreclosure sale, the undersigned Sheriff will sell at public auction on MARCH 25, 2026 at 10:00 o'clock in the morning until 12:00 o'clock noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency, the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. 057-2024024276

LOT NO. 7 BLOCK NO. 37 PLAN NO. PCS-04-031221
PORTION OF: CONS-SUBD OF LOTS 2973-A, 2973-B AND 2973-J, ALL OF PSD-04-245160
LOCATION: BARANGAY OF PANUNYANAN, MUNICIPALITY OF GENERAL TRIAS, PROVINCE OF CAVITE, ISLAND OF LUZON

Table with 3 columns: LINE, DIRECTION, ADJOINING LOT(S). Rows 1-2 NE LOT 8, BLOCK 37, PCS-04-031221; 2-3 SE ROAD LOT 37, PCS-04-031221; 3-4 SW LOT 6, BLOCK 37, PCS-04-031221; 4-1 NW LOT 27, BLOCK 37, PCS-04-031221

AREA: ONE HUNDRED SQUARE METERS (100), more or less

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date, it shall be held on APRIL 08, 2026 without further notice.

Prospective bidders/buyers are enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, FEBRUARY 27, 2026.

JOANNAH AVIGAIL C. TIMKANG
Sheriff IV

Copy furnished:

RIZAL COMMERCIAL BANKING CORPORATION
Legal Services and Documentation Department
A.T. Yuchengco Centre, 25th & 26th Streets, Taguig City,

M.M.

MEL RIE MAY A. QUISMORIO & ALYSIA MAE A. QUISMORIO,
844, Pandacan Manila, Metro Manila 1917 Obeses St., Brgy. Block 37 Lot 7 Sabella Village Ph IV Panunyanan, General Trias, Cavite

WARNING: It is absolutely prohibited to remove, Deface or destroy this Notice of Extra-Judicial Sale on or before the date of sale

HUMANITY NEWS
March 30-April 5, 2026

ERRATUM

This is to correct the error made by this publication dated MARCH 2-8, 2026 in NOTICE OF EXTRA-JUDICIAL SALE filed by RIZAL COMMERCIAL BANKING CORPORATION versus MEL RIE MAY A. QUISMORIO & ALYSIA MAE A. QUISMORIO, it should be MEL RIE MAY A. QUISMORIO & ALYSIA MAE A. QUISMORIO and NOT MEL RIE MAY A. QUISMORO & ALYSSA MAR A. QUISMORO, as published.

HUMANITY NEWS
March 30-April 5, 2026

Advertisement for Uncle Jeff Brick Oven Pizza. Features a cartoon chef and text: 'See us at General Juan Castafieda street near the Imus Plaza'.

Trabaho, Edukasyon at Turismo sa Cavite City, Cavite



Sa pakikipagpu- long ni Cavite City Mayor Denver Chua kay Huang Wei-che, Mayor ng Tainan, at sa pagbisita sa iba't ibang pagbisita sa Taiwan, napag-usapan ang posibilidad ng pagtatayo ng mga manufacturing facilities sa Cavite City na makapagbibigay ng mas maraming trabaho at hanapbuhay para sa ating mga Caviteño. Napag usapan din

ang mga oportunidad sa edukasyon, kabilang ang pagkakaroon ng exchange student programs at scholarships sa mga top universities sa Taiwan para sa ating mga kabataan. Ibinida rin natin ang kagandahan at kaysaysayan ng ating lungsod upang mas makahikayat ng mga turista mula Taiwan na bumisita sa Cavite City, lalo na sa ating ipinagmamalaking Corregidor Island na isa sa pangunahing tourist destination sa ating lungsod. Ilan lamang ito sa mga hakbang na ginagawa natin upang patuloy na mapaunlad ang Cavite City sa larangan ng trabaho, edukasyon, at turismo. Maraming salamat kay Mayor Huang Wei-che, sa buong Tainan City Government, at kay Mr. George Wu sa

napakainit na pagtanggap at maayos na pag aayos ng aming pagbisita sa Taiwan. Special mention din kay Fiscal Jun Gaña sa pagsama sa ating delegation. At higit sa lahat, ang byaheng ito ay ZERO COST sa ating gobyerno, ngunit napakalaki ng potensyal na pakinabang para sa kinabukasan ng ating lungsod.

CARD Bank logo and tagline: 'Bukas, para sa lahat'.

Patuloy na pinalalawak ng CARD Bank, Inc., isang microfinance-oriented rural bank, ang mga hakbang nito upang maging mas bukas at madaling maabot ang mga serbisyong pinansyal para sa lahat, lalo na para sa mga kliyenteng may kapansanan sa pandinig o deaf clients. Sa iba't ibang tanggapan ng bangko sa buong bansa, ipinatutupad ang mga programa at inisyatibo na naglalayong gawing mas malinaw, maginhawa, at may dignidad ang pakikipag-transaksiyon ng mga deaf na kliyente.

Maraming transaksiyon sa bangko ang nakasalalay sa pasalitang komunikasyon. Dahil dito, nagsagawa ang CARD Bank ng mga hakbang upang matiyak na may maayos at malinaw na paraan ng pakikipag-ugnayan para sa mga kliyenteng deaf. Layunin ng bangko na tiyakin na ang bawat kliyente ay may pantay na pagkakaroon ng mga hakbang upang matiyak na may maayos at malinaw na paraan ng pakikipag-ugnayan para sa mga kliyenteng deaf. Layunin ng bangko na tiyakin na ang bawat kliyente ay may pantay na pagkakaroon ng mga hakbang upang matiyak na may maayos at malinaw na paraan ng pakikipag-ugnayan para sa mga kliyenteng deaf. Layunin ng bangko na tiyakin na ang bawat kliyente ay may pantay na pagkakaroon ng mga hakbang upang matiyak na may maayos at malinaw na paraan ng pakikipag-ugnayan para sa mga kliyenteng deaf.

CARD Bank, Inc. pinalalakas ang serbisyong pinansyal para sa mga deaf na kliyente



Si Dr. Dolores M. Torres, Senior Adviser ng CARD MRI (unang hanay, pangalawa mula sa kanan), kasama ang mga staff ng CARD Bank at mga Deaf na kliyente (unang hanay), na nagpapakita ng hand sign na "CARD Bank" sa Barleta Branch, Laguna.

Pagbabago ng pananaw para sa inklusyon Hindi lamang sa pisikal na pasilidad at proseso nakatuon ang inklusyon sa CARD Bank. Nagsisimula rin ito sa pagpapalawak ng kaalaman at pag-unawa ng mga empleyado tungkol sa deaf community. Noong Hunyo 15, 2024, nagsagawa ang bangko ng isang buong araw na Deaf Awareness Seminar sa CARD-MRI Development Institute (CMDI) sa Bay, Laguna. Dumalo sa seminar ang 60 staff at faculty members na pinangunahan ng Inclusion Consultant na si Bayani Generoso Jr., kasama ang anim na Deaf teachers. Sa seminar, tinalakay ang deaf culture, ang mga pangunahing kaalaman sa Filipino Sign Language, at ang papel ng mga hearing individuals sa pagsusulong ng inklusiyong serbisyo. Ipinakita rin ang mga paraan ng visual-gestural communication, mga gabay sa paggamit ng FSL, at mga praktikal na hakbang upang gawing mas madaling maabot ang mga serbisyong pinansyal.

ang ang La Union, Pangasinan, Benguet, Ilocos Norte, Laguna, Quezon, Oriental Mindoro, Occidental Mindoro, Tarlac, Batangas, Camarines Sur, Camarines Norte, Albay, Iloilo, Leyte, Samar, Eastern Samar, Marinduque, Bohol, Antique, Capiz, Masbate, Davao del Sur, Davao Oriental, at Cotabato, pati na rin sa Metro Manila. Kasabay nito, patuloy na nagpapalawak ang bangko ng mga deaf-friendly at inklusiyong hakbang upang higit pang mapabuti ang aksesibilidad sa pagbabangko. Hanggang Enero 2026, ang CARD Bank ay may kabuuang 367 deaf clients na may aktibong account. Sa pamamagitan ng mas madaling maabot na mga serbisyo, mas handang mga empleyado, at aktibong pakikipag-ugnayan sa komunidad, ipinakilala ang CARD Bank na ang kapangyarihang pinansyal ay hindi dapat nakasalalay sa pisikal na kakayahan. Sa halip, ito ay isang karapatang dapat bukas para sa lahat.