HUMANITY NEWS
TOWARDS THE FRIENDSHIP OF CITIZENRY
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VICE-MAYOR HOMER SAQUILAYAN
Imus City, Cavite

Gov't eyes to expand scope of 4PH to health , education facilities

MANILA – The government is targeting to expand the Pambansang Pabahay para sa Pilipino Housing (4PH) Program to include building other facilities in education as well as in healthcare, President Ferdinand R. Marcos Jr. said on Wednesday.

Marcos made the statement following the historic simultaneous (cont. P.5)

Sulong Dunong Program

Mula sa inisyatibo ng Pamahalaang Panglalawigan ng Cavite sa pangunguna ni Governor Jonvic Remulla naisakatuparan ang proyektong pagbibigay ng mga Phone Tablet tulong sa ating mga Benepisyaryo ng Sulong Dunong Program kasama ang mga Student Learners with Disabilities sa Naic para sa kanilang mas maayos pag-aaral.

Pinangunahan ni Mayor Raffy Dualan ang pamamahagi ng mga Phone Tablets kasama sila Mr. Geri Olaes Executive Assistant V kahalili ang ilang Officers mula Provincial Government, Cristina P. Ilagan ating MSWD Officer at mga Presidente ng iba't-ibang PWD Federation mula sa Bayan ng Naic.

Kasabay nito ay ang pagbibigay din ng karagdagang Educational Assistance para sa mga bata upang lubos na makatulong sa kanilang pag-aaral.

Ang Sulong Dunong ay isang programa ng pamahalaan kung saan umaalalay sa mga Person with Disabilities nating kababayan para tulungan silang Mabuhay na kagaya ng isang Normal. **(Municipality of Naic)**

PGC's medical mission team brings healthcare and hope in General Trias City

In ensuring the provision of healthcare services to the constituents in need, the Provincial Government of Cavite, through Office of the (cont. P.2)

Nagpaabot ng tulong pinansyal si Mayor Alex Advincula sa 576 Imuseño mula sa pondo ng Department of Social Welfare and Development (DSWD) at sa pakikipagtulungan ng opisina ni Cong. AJ Advincula.

Sinisiguro ko po na mas tutugunan pa namin ang pangangailangan ng ating mga kababayan sa pamamagitan ng ganitong mga klase ng programa na makatutulong sa pagpapaunlad ng pamumuhay ng bawat Imuseño!

Mayor Jon-Jon Ferrer at kasama sina Cong. Ony, Vice-Mayor Jonas at buong Team GenTri, pinasinayaan ang bagong tayong Covered Court, Sangguniang Kabataan Office at Community Learning Center ng Barangay Pasong Camachile II. Layunin ng mga proyektong ito na bigyang suporta ang ating mga kabataan sa pamamagitan ng paglilinang sa kanilang kakayahan.

Sa pagtutulungan ng mamamayan at Pamahalaang Lungsod, patuloy po tayong magsasagawa ng mga programang kapaki-pakinabang sa ating mga kababayan.

Let's Join Forces in Empowering the Gentriseño youth!

ADVERTISE WITH US! Contact Number: 094075029643 E-mail Address: humanitynews@yahoo.com

BASIC TRAINING : GRAPHIC DESIGN WORKSHOP FOR CITY EMPLOYEES

Inumpisahan na ang 2 Days Workshop para sa Basic training sa Graphic Design na dinaluhan ng 20 empleyado ng City Hall. Pinangunagan ito ng Bacoor Computer Center sa ilalim ng Management Information System (MIS) at E-Governance. Naging katuwang ng MIS ang Human Resources Development Management Department (HRDMD).

Ang kaalamang ito ay makakatulong para sa ating mga empleyado para mapagyaman pa nila ang kanilang kaalaman pagdating sa Graphic Design.

May apat na Batch na aabot sa 80 Employees na sasakbak sa Basic Training na tatagal hanggang Mayo 4, 2023.

Nais ni Mayor Strike B. Revilla na magkaroon ng kaalaman ang ating mga empleyado upang mapagyaman pa nila ang kanilang kakayahan sa maayos na pagbibigay ng inpormasyon sa ating mga kababayang Bacooreño.

As We Strike As One, Dahil sa Bacoor At Home Ka Dito!**(city government of bacoor)**

LIBRENG FLU VACCINE HANDOG NG CARMONA LGU SA MGA SENIOR CITIZEN

Patuloy ang pamahalaang lokal ng Carmona sa pangunguna ng Municipal Health Office nito sa pagbabakuna ng libreng flu vaccines sa mga senior citizens sa iba't ibang barangay.

Ayon sa pamahalaang lungsod, layon ng pagbabakuna na mapanatili ang kaligtasan at kalusugan ng mga residente nito partikular na ang mga senior citizens na kabilang sa vulnerable sector.

Inaabisuhan ang mga residente na maghintay lamang ng opisyal na anunsiyo mula sa mga official Facebook pages ng pamahalaang bayan para sa schedule ng libreng flu immunization.**(PIA CAVITE)**

PGC's medical mission... (from p. 1)

Provincial Governor – Extension, coordinated with Councilor Walter Martinez in the recent conduct of medical mission program at Sunny Brooke II, Brgy. San Francisco, City of General Trias, on April 12, 2023.

The medical mission catered 582 patients and provided much-needed assistance, including medical check-ups and consultations rendered through the joint efforts of Cavite PHO technical team, composed of Dr. Promise Joy Tio, Dr. Raven Joshua Tolentino, nurses and midwives, and General Trias City Health Office, with Dr. Cherry L. Aspuria and Dr. Rubie Iso-Lumbre. Likewise, OPG-Extension staff assisted the patients in the venue proper and distributed free prescribed medicines and vitamin supplements.

The Federation of Citizen Crime Watch – Special Task Force – Trece Martires City Chapter and Barangay Public Safety Officers were also present to help in the organization and smooth operation of the aforementioned program.

In conclusion, Councilor Tey Martinez expressed his heartfelt appreciation to Governor Jonvic Remulla and to the PGC for the continuous effort of bringing healthcare services closer to Gentriseños, as it is a big help to the less fortunate locals.(picad)

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Main Office:
667 Bayan Luma 5 Imus City, Cavite
Contact Number:
09497849109/09075029643
E-mail Address:
humanitynews@yahoo.com

our website:
www.humanitynewsph.com

AURELIO P. BAUTISTA
PUBLISHER/EDITOR-IN-CHIEF

LEXTER LUMAS BAGAPORO
BUSINESS MANAGER

VER C. BAUTISTA
EXECUTIVE OFFICER

MARICAR. LUMAS
LAY-OUT ARTIST

ANTHONY LUMAS
ACCOUNT EXECUTIVE

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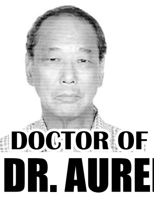
MAKATANG KABITENYO



DLSU-DASMARIÑAS AWARDEE
MAKATANG KABITENYO 1999
F&A.M LINCOLN LODGE # 34
DOCTOR OF HUMANITIES (HONORIS CAUSA)
DR. AURELIO PAREDES BAUTISTA

PAGKA'T ANG PANAHON...

1. Pagka't ang panahon tuloy ang pagsapit,
Ang mga matanda ay maliligalig,
Hihina ang laman , titigas ang litid,
At ang alaala'y muling magbabalik.

2. Parang kahapon lang bahagyang napansin,
Itong mag-asawa ay magkakasupling,
Naglihi, pumintog, naghirap pa mandin,
Isang batang munti ang makakapiling.

3. Pagka't ang panahon tuloy ang pagdaloy,
Itong munting bata ay magpapatuloy,
Kumawag, dumapa na parang lalangoy,
Hanggang makaupo na tulad sa kasoy.

4. Pagka't ang panahon parang hinahabol,
Bata ay tumayo, lumakad, tumurol,
Nang maging binata'y hawak ang asarol
Upang ipakita ang trabaho't tanggol.

5. Pagka't ang panahon ay napakabilis,
Nakapag-asawa't may sanggol nang kilik,
Bata ay lumaki at saka umalis,
Binata na itong asawa ang ibig.

6. Una ay ang anak, ngayon naman apo,
Kaya tuwang-tuwa ang Lola at Lolo,
Subali't panahon laging nagbabago,
Ngayon nga'y kulubot na ang noo't braso.

7. Pagka't ang panahon tuloy ang pagsapit
At pagdating nito'y hatid ang ligalig,
Kung sana ay walang nalasap na tamis,
Sana ay lungkot lang ang palaging kamit.

8. Subali't panahon patuloy ang langoy,
Sa taong maayos, ligaya'y patuloy,
Talo yaong lahat ng paklang susuloy*,
At ani ay bungang masarap ang daloy.
suloy*= pagsibol ng sanga

Residents of Barangay Salitran 3 in Dasmariñas, Cavite received free medical care during a medical mission program organized by the Office of the Provincial Governor - Medical Mission Team in partnership with the Provincial Health Office on April 14, 2023. The health event was attended by several health care volunteers, including staff from General Emilio Aguinaldo Memorial Hospital (GEAMH) and volunteer doctors from private hospitals.

More than 200 patients were checked-up and given free medicine during the program.. The volunteer doctors provided medical care with utmost dedication and care, making sure that the patients received the attention and treatment that they needed.

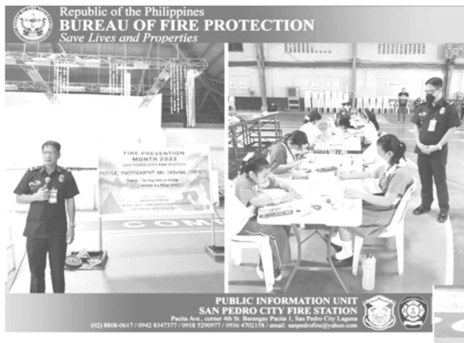
The medical mission was requested by Barangay Captain George E. Del Rosario, who also expressed gratitude for the services offered to his community. He said the event was a great example of how the community can work together to meet health care concerns, and he thanked everyone who helped make it a success.

***The health mission proved that communities can work together to address health care problems and improve the lives of those in need by volunteering their time and efforts.*(picad)**

ONWARD
FORWARD
GEN. TRIAS CITY

CONG. ONY FERRER

BFP SAN PEDRO CITY CONDUCTS DRAWING AND POSTER MAKING CONTEST



The Bureau of Fire Protection San Pedro City Laguna under the supervision of FCINSP FERNANDO C CASTILLO, City Fire Marshal and its Personnel recently conducted the Drawing, Photography and Poster Making Contest held at San Pedro Sports Complex, San Pedro City, Laguna as part of the celebration of Fire Prevention Month 2023 with the theme: " Sa Pag-iwas sa Sunog, Hindi ka Nag-iisa", which aims to raise awareness about the causes and dangers of fire.

Winners during the event are as follows:

Drawing Contest:

1st Place: Sophia R Saturnino,2nd Place: Sabina M Abistado,3rd Place: Chloe Lessandra Labutap: Photography Contest: 1st Place: Benjamin Daniel, 2nd Place: Sean Delos Reyes ,3rd Place: Renlie Mae Navarro:Poster Making Contest:1st Place: Chloe Atticus A Calalo, 2nd

(cont. P.4)

Livelihood Program tulong para sa mga kababayan nating Naicqueños

Sa patuloy na pagsasagawa ng mga Livelihood Program tulong para sa mga kababayan nating Naicqueños ay nakakatutuwang isipin na anim sa mga Beneficiaries ng Proyektong ito ay tumanggap ng kanilang Sertipiko mula sa DOLE.

Pormal na iginawad ni Mayor Raffy Dualan at Marivic Martinez isang DOLE Provincial Director ang mga sertipiko ng pagkilala sa larangan ng DISHWASHING LIQUID MAKING, KAKANIN MAKING, STREET FOODS MAKING AT PUTO MAKING sa anim na Naicqueños na nagsumikap sa ilalim ng Livelihood Program ng Pamahalaan.

Ang Livelihood Program ay proyekto ng Pamahalaang Bayan ng Naic para maiangat ang antas ng buhay ng bawat Naicqueños at magamit ang kanilang kasanayan upang maging ganap na entrepreneur na tutulong sa pag unlaD ng Bayan.

Hangad ng Pamahalaang Bayan ng Naic sa Pangunguna ni Mayor Raffy Dualan at Vice Mayor Jun Dualan na mas dumami pa ang mga Naicqueños na maging produkto ng ginagawang Livelihood Program sa ating Bayan.(Municipality of Naic)

Pagbati Mula kina:

Board Member
Ony Cantimbuhan
Imus City, Cavite

Mayor Alex "AA" Advincula
Imus City, Cavite

HUMANITY NEWS
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FAMOUS PERSONALITIES

BY

NICO & NIELSEN BAUTISTA

DAVID BEN-GURION - *Siya ang lider ng mga Israeli na nagtatag ng bansang Israel matapos ang mahabang pakikihamok sa mga Muslim na Palestino at Arabo.*

LET THERE BE LIGHT!

By
ENG'R. VER CAMPAÑA BAUTISTA
F & A.M. Luis Olimpo Ferrer Lodge 366

KANLURAN at SILANGAN - Sila ay mga nayon sa Rosario na indikasyon ng lokasyon mula sa kabayanan.

BFP MUNTINLUPA CTY CONDUCTS FIRE PREVENTION MONTH CULMINATING ACTIVITY 2023

The Bureau Of Fire Protection NCR Muntinlupa City Fire Central Fire Station headed by FSUPT EUGENE M BRIONES, MPA, City Fire Marshal and its Personnel recently conducts Fire Prevention Month Culminating Activity 2023 held in this city.

Briones said, we are always ready to prevent and suppress destructive fires for the safety of the community and their properties.

Life is so precious, needing someone to lean on in case of emergency and untoward events is a relief, We in the fire service are always ready to serve you at all times to ensure a peaceful and safe community to live, he added.

District III Fire Marshal, FSSUPT FLORIAN A GUERRERO imparted his message to the men and women of Muntinlupa City Fire Station thru the supervision of the Deputy City Fire Marshal, FCINSP FRANCIA B EMBALSADO, during the Culminating Activity of the Fire Prevention Month with the theme: "Sa Pag-iwas sa Sunog, Hindi ka Nag-iisa".

Guerrero said, preparedness, knowing and understanding of fire prevention and suppression will save love ones, friends and relatives as well as our property. It is high time that everyone should be aware and knowledgeable on how to deal with fire.

As part of the program, plaques and token of appreciation were awarded to the partner agencies, department heads and barangays who have helped in the success of the Fire Prevention Month activities. **(photobfp/Renante Arjay Jarobel/Marjorie Mahusay)**

CAVITE HIGHLIGHTS

By:
Yna Palparan Bautista

Baldomero Baloy Aguinaldo - Pinsang - buo siya ni Gen. Emilio Aguinaldo at Pangulo ng Magdalo Council ng Katipunan. Itinalaga siya bilang ingat-yaman ng bagong pamahalaang nilikha ng Tejeros Convention.

BFP SAN PEDRO CITY...

(from p. 2)

Place: Reese Anicia T Romero ,3rd Place: Dulce Marie Amion

Castillo said, we would like to extend our sincere gratitude to all the participants, parents, coaches, and most especially to Hon. Art Joseph Francis Mercado for his continuous support to BFP San Pedro City and for making this event successful and congratulations to all the winners. **(Photobfp/ Renante Arjay Jarobel/ Marjorie Mahusay)**

ENGR. VIR CAMPAÑA BAUTISTA
(TWIN BROTHER OF VER)

HUMANITY TRIVIA

(IT TELLS THE DATES OF INVENTION, PLACES OF PLANT ORIGIN AND CURES OF DISEASE)

Metal ship - 1844
Glue - 1850
Chives - Europe
Garlic - Asia
Luya - colds

HANDOG EXTRANG LINGAP PROGRAM PARA SA MGA PWD BIRTHDAY CELEBRANTS NG FEBRUARY

Dinaluhan ni Mayor Dahlia Layola ang distribusyon ng Handog Extrang Lingap Program o HELP ng ating Persons with Disability Affairs Office para sa 186 nating kababayan na PWD na birthday celebrants para sa buwan ng Pebrero.

Ang programang ito ay naglalayong makatulong sa ating mga kababayang PWDs para sa kanilang pang-araw araw na pangangailangan. Patuloy po nating sisiguraduhin na "No One Will Be Left Behind" lalo na sa mga kababayan nating PWD.

Flu Immunization para sa ating mga kababayang Senior Citizens mula sa Barangay Bancal

Nagsagawa ang Municipal Health Office (MHO Carmona) ngayong araw, Abril 14, ng Libreng Flu Immunization para sa ating mga kababayang Senior Citizens mula sa Barangay Bancal at para sa mga kawani ng Lokal na Pamahalaan ng Carmona.

Ito ay isa sa mga hakbangin ng Pamahalaang Bayan para mapanatili ang kaligtasan at kalusugan ng ating mga kababayan lalo na ng mga nasa vulnerable sectors. Para sa iba pang schedule ng libreng flu immunization sa inyong mga lugar, maghintay lamang ng mga susunod anunsiyo sa ating Official Facebook Pages o kaya ay tumawag sa Municipal Health Office sa (046) 430-3072 at (046) 443-5397.**(MUNICIPALITY OF CARMONA)**

Gov't eyes to expand scope of 4PH... (from p. 1)

launch of six housing projects in six cities and municipalities in Bulacan province.

A total of 12,563 housing units will be constructed at the initial phase of these Bulacan housing projects, and it could reach around 30,000 shelter units when expanded into additional phases.

Marcos said the scope of the flagship housing program could be expanded to include the construction of health and education facilities.

He said the administration's goal is to build 1 million housing units annually until 2028 to address the housing backlog in the country pegged at more than 6.5 million units.

"Sa pamamagitan po ng proyektong ito, maisasakatuparan [ng] libu-libong Bulakenyo ang pangarap nila na magkaroon ng maayos at abot-kayang bahay na matatawag nilang sariling tahanan (Through this project, thousands of Bulakenyos could attain their dreams of having nice and affordable houses that they could call home)," Marcos said during groundbreaking of the 4PH Program.

Marcos and Department of Human Settlements and Urban Development (DHSUD) Secretary Jose Rizalino Acuzar led the groundbreaking ceremonies in San Jose Del Monte City, Pulilan and San Rafael, while DHSUD key officials along with local government units (LGUs) executives presided over the activities in Pandi, Guiguinto and Malolos City. Around 3,920 residential condominium units will be initially constructed for the seven-hectare San Rafael Heights Township Development Project in San Rafael.

To date, the DHSUD has signed more than 130 memoranda of understanding with various LGUs from Luzon, Visayas and Mindanao since the launching of 4PH last September. (PNA)

Health Benefits...

Kaalaman tungkol sa Pakwan bilang halamang gamot

Scientific name: Curcubita citrullus Linn.; Citrullus edulis Spach; Citrullus vulgaris Schrad. Common name: Pakwan (Tagalog), Watermelon (Ingles)

Ang pakwan ay kilalang prutas sa Pilipinas na paborito ng marami. Ang halaman ay gumagapang, may malapad na dahon at may madilaw na mga bulaklak. Nag malaki at bilugang bunga ay kulay berde sa labas, habang ang makatas na laman ay kulay pula. Puno rin ang loob ng bunga ng maliliit na buto na karaniwang kulay itim. Madaling tumubo ang halamang ito sa iba't ibang lugar sa bansa.

Ano ang mga sustansya at kemikal na maaaring makuha sa Pakwan?

Ang iba't ibang bahagi ng halamang pakwan ay maaaring makuhanan ng maraming uri ng kemikal at sustansya na maaaring may benepisyo sa kalusugan:

Ang katas ng bunga ng pakwan ay makukuhanan ng carbohydrates, proteins, amino acids, steroids, glycosides, flavonoids, tannins at polyphenols.

Ang balat ng bunga ay may taglay na langis, arachidic acid, at kaunting copper

Ang mga buto ay may taglay din na langis na mayroong linoleic acid, oleic acid, palmitic at stearic acids. May taglay din na cucurbocitrin at urease ang mga buto.

Ang halaman ng pakwan ay makukuhanan nanam ng pentadecanoic acid, monopentadecanoin, 2, 3-dihydroxypropyl nonadecoate, lignoceric acid-2, 3-dihydroxy-propanenyl ester, lancerebroside 5, salicylic acid, 4-hydroxybenzoic acid, hydroquinone, succinic acid at vanillic acid

Anong bahagi ng halaman ang ginagamit bilang gamot, at paano ginagamit ang mga ito?

Maaaring gamitin bilang gamot ang ilang bahagi ng halaman tulad ng:

Bunga. Ang bunga ng pakwan ay karaniwang kinakain o kinakatasan upang mainom ang sabaw.

Balat ngbunga. Maaari ding gamitin sa ilang mga kondisyon sa katawan ang balat ng bunga ng pakwan sa pamamagitan ng pagpapatuyo dito at ihahalo sa inumi.

Ano ang mga sakit at kondisyon na maaaring matulungan ng Pakwan?

Hirap sa pag-ihi. Makatutulong sa kondisyon ng problema sa pag-ihi ang madalas na pagkain o pag-inom sa katas ng bunga ng pakwan.

Uhaw. Ang matinding uhaw ay maaaring matulungan ng pagkain sa bunga ng pakwan.

Pagtatae. Ang pinatuyong balat ng bunga ng pakwan ay makatutulong sa kondisyon ng pagtatae. Ito ay karaniwang pinatutuyo, dinudurog at hinahalo sa inumin.

Diabetes. Ayon sa ilang mga pag-aaral, ang pagkain sa bunga ng pakwan ay epektibong pangkontrol sa asukal sa dugo lalo na kung mayroong diabetes.

Sobrang timbang. Epektibong paraan din sa pagkokontrol ng tamang timbang ang pagkain ng sa bunga ng pakwan sapagkat madali itong makabusog.

Free radicals. Kaya ding malabanan ng antioxidants na taglay ng bunga ng pakwan ang mga free radicals na nakakapagpabilis ng pagtanda ng katawan ng tao.

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Backyard Gardening Mom Transitions into an Agri-preneur

Christina Pabor, a trainee-alumna of SM Foundation's KSK-SAP, joins the SM Sunday Market at SM City Calamba

Christina (sixth from left), SM City Calamba employees, and other KSK scholars proudly show the products at the SM Sunday Market.

Christina and her fellow farmers prepare to sell their tomato harvest

For many, farming is a way of life. They gain a profound sense of purpose when they cultivate the land, plant seeds, and harvest fruits and vegetables that will nourish not just their families but an entire community.

It has also since emerged as a viable social enterprise. Through trainings, farmers have learned business principles and saw livelihood and entrepreneurial growth opportunities while also becoming aware of the impact of their choices on the environment.

Cristina Lumor-Pabro, a Kabalik at sa Kabuhayan on Sustainable Agriculture Program (KSK-SAP) farmer, knows just this. After becoming a KSK-SAP farmer, she felt that a career in farming offered her a sense of purpose, community, and fulfillment.

Pathway to a fulfilling life

As the family matriarch, Christina chose to get a job with a consistent monthly salary, entering a casual position in a local government despite her passion for planting.

"Akopo'y nagta-trabaho bilang empleyado, ngunit hindi po sa patang kinikita ko para saaming pamilya. Sakabila ng mga pagsubok at lungkot, nakahiligan ko pong magtanim saaming likodba hay. Lumiligaya po ako tuwing nagtatanim ako," Christina said.

In 2019, she learned about SM Foundation's KSK-SAP and was part of the program's batch 188–an opportunity that would soon be her pathway to a fulfilling life.

From a humble backyard planter, she became an agri-preneur equipped with farming and marketing know-how and was empowered to cultivate the small plot of land they owned using her knowledge from the training.

"Mula sa simpleng backyard gardening, nagkaroon ako ng dagdag kaalaman tungkol sa tamang proseso at pamamaraan ng pagtatanim. Dito ko rin mas na-appreciate ang pagpapahalaga sa kalikasan na nagbibigay buhay sa atin kaya't sinisikap ko po ang pagco-compost upang makagawa ng organic na fertilizer," she shared.

KSK-SAP opened more doors for her. It was her pathway to becoming a member of farmers' associations–groups that later became her family where she shared her farming knowledge. To further support her farming endeavors years after KSK, she also registered with the Department of Trade and Industry (DTI) to become a Barangay Micro Business Enterprise (BMBE).

"Nagkaroon ako ng community na lagi kong na ka kasalamuha. Masaya kami tuwing aani na kami ng pananim dahil na sa puso ko po talagaang pagtatanim. Kaya't simula noong sumali ako sa KSK, nagiging masaya ako sa kabila ng bawat pagsubok ng buhay," she said.

Aside from allowing her to do what her heart desires, the opportunity paved by KSK-SAP provided her a reliable, additional income. She now actively joins local trade fairs and SM's farmer's market initiatives, including the SM Sunday Market. The money she earns from selling fruits and vegetables goes beyond sustaining the needs of her family–she utilizes it to support and improve her farm.

"Malaking tulong saaming mga KSK farmers ang SM Sunday Market. Dito namin naipakikita na quality ang aming pananim. Fresh o bagong pitas ang mga ito kaya naibebenta namin saaming mga customers sa patas na halaga. Dahil sa maayos nakita, nakakatulong ito para mapalago ang aming farm at maisaayos ang buhay ng mga kapwa kong magtatanim," she said.

Today, the program continues to serve as her inspiration: "Kaya't naging inspirasyon ko ang KSK. Isinapuso ko ang programa dahil alam kong makakatulong ito para umunlad ang aking buhay. Sa pagtatanim ko rin natutunan na kayang maging matataganum ang pagsubok ang dumating sa buhay."

Since 2007, the KSK-SAP has fueled the farming and entrepreneurial capabilities of over 28,000 marginalized rural and urban farmers nationwide. Some of the farmers' training graduates have become seasonal suppliers within the SM group and other local markets.

SM Foundation's KSK-SAP is conducted in partnership with SM Supermalls, TESDA, DA, DSWD, DOST, DTI, and partner farm schools. **(kcht)**

Republic of the Philippines
Fourth Judicial Region
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
City of Bacoor
Email: rtcbcrocc@judiciary.gov.ph.
Telephone No. 09273707489

BDO UNIBANK, INC.,
Mortgagee.

-versus- Foreclosure No. 2023-62
For: Extra-Judicial Foreclosure of Real Estate Mortgage

RACHEL MADELLAINE BENIPAYO TULOD, rep.by Attorney-in-Fact, Ron Martin Benipayo Tuhod,
Mortgagors.
x---x

NOTICE OF EXTRA JUDICIAL FORECLOSURE

Upon Extra-judicial Petetition for Sale under Act 3135 as Amended by Act 4118 filed by the mortgagee, **BDO UNIBANK, INC.**, at BDO Corporate Center, 7899 Makati Ave., Makati City, and against the mortgagors, **RACHEL MADELLAINE BENIPAYO TULOD**, rep. by Attorney-in-Fact, Ron Martin Benipayo Luhod at Blk. 7 Lot 7 Phase 3, Soldiers Hills. Subd., Molino, Bacoor, Cavite and Lot 6 Blk. 8, Molino 3, Bacoor, Cavite, to satisfy the mortgagee indebtedness which as of February 28, 2023, amounts to **NINE MILLION THIRTY NINE THOUSAND SEVEN HUNDRED NINETY PESOS & 96/100 (P9,039,790.96)**, Philippine Currency, inclusive of interest, and penalty charges but exclusive of other fees incident to this foreclosure, the undedsigned or her duly authorized representative will sell at the public auction on **May 18, 2023 at 10:00 o'clock** in the morning or soon thereafter, at the main entrance of the Hall of Justice of Bacoor City, Cavite, to the highest bidder for CASH and In Philippine Currency, the following described property with all the improvements thereon, to wit;

TRANSFER CERTIFICATE OF TITLE NO. 167-2021002940

LOT NO: 6 **BLOCK NO:** 8 **PLAN NO:** PCS-04-030629
PORTION OF: LOT 7157, FLS-2288 & LOT 7161-A, SWO-7754 (BOTH OF IMUS ESTATE), LRC RECORD NO. 8843
LOCATION: BARANGAY OF MOLINO 3, CITY OF BACOOR, PROVINCE OF CAVITE, ISLAND OF LUZON.
AREA: ONE HUNDRED FORTY THREE SQUARE METERS (143), MORE OR LESS.

"All sealed bid must be submitted to the undersigned on the above stated time and date.'

"In the event the public auction should not take place on the said date, it shall be held on **May 25, 2023**, without further notice.".

Prospective buyers or bidders are hereby enjoined to investigate for themselves the title to the said property and encumbrances, if any there be.

City of Bacoor, April 17, 2023.

MELY C. HERMOSURA-VISTA
OIC-Clerk of Court V

By:

DEMETRIO T. VILLANUEVA, JR.
Sheriff IV

Copy Furnished:

BDO UNIBANK, INC.
RISK MANAGEMENT GROUP-REMEDIAL MANAGEMENT UNIT
11th Floor, BDO Towers Valero, (formerly Citibank lower)
8741 Paseo de Roxas, Makati City

Ms. RACHEL MADELLAINE BENIPAYO TULOD
-Blk. 7 Lot 7 Phase 3, Soldiers Hills Subd, Molino, Bacoor, Cavite
-Lot 6 Blk. 8, Molino 3, Bacoor, Cavite

WARNING: It is absolutely prohibited to remove, deface or destroy this notice of Extra-judicial Sale on or before the date of sale.

HUMANITY NEWS
April 24, May 1, & 8, 2023

Republic of the Philippines
Fourth Judicial Region
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
City of Bacoor
Email: rtcbcrocc@judiciary.gov.ph.
Telephone No. 09273707489

HOME DEVELOPMENT MUTUAL FUND (otherwise known as Pag-IBIG Fund),
Mortgagee.

-versus- Foreclosure No. 2023-69
For: Extra-Judicial Foreclosure of Real Estate Mortgage

JOSEPHINE E. CASTILLO married to NILO V. CASTILLO
Mortgagors.
x---x

NOTICE OF EXTRA JUDICIAL FORECLOSURE

Upon Extra-judicial Petetition for Sale under Act 3135 as Amended by Act 4118 filed by the mortgagee, **HOME DEVELOPMENT MUTUAL FUND (otherwise known as Pag-IBIG Fund)**, at The Petron Mega Plaza Bldg., No. 358 Sen Gil Puyat Avenue, Makati City, and against the mortgagors, **JOSEPHINE E. CASTILLO married to NILO V. CASTILLO**, at #17 Aventine Hill BF Resorts, Las Piñas City, to satisfy the mortgagee indebtedness which as of March 15, 2023, amounts to **FIVE HUNDRED NINETY ONE THOUSAND TWO HUNDRED FIFTY ONE PESOS & 97/100 (P591,251.97),** Philippine Currency, inclusive of inclusive of interest, and penalty charges but exclusive of other fee incident to this foreclosure, the undedsigned or her duly authorized representative will sell at the public auction on **May 18, 2023** at 10:00 o'clock in the morning or soon thereafter, at the main entrance of the Hall of Justice of Bacoor City, Cavite, to the highest bidder for CASH and In Philippine Currency, the following described property with all the improvements thereon, to wit;

CONDOMINIUM CERTIFICATE OF TITLE NO. 057-2013000092

IT IS HEREBY CERTIFIED *that the unit identified and described as:*
UNIT 8 4F 32.40 SQ. METERS.
in the diagramatic floor plan appended to the enabling or master deed of the condominium project annotated on which embraces and describes the land located at with an area of () Description not available, is registered in the name of:
Owner: JOSEPHINE E. CASTILLO, OF LEGAL AGE, FILIPINO, MARRIED TO NILO V. CASTILLO

"All sealed bid must be submitted to the undersigned on the above stated time and date."

"In the event the public auction should not take place on the said date, it shall be held on **May 25, 2023**, without further notice.

Prospective buyers or bidders are hereby enjoined to investigate for themselves the title to the said property and encumbrances, it any there be.

City of Bacoor, April 17, 2023.

MELY C. HERMOSURA-VISTA
OIC-Clerk of Court V

By:
ARTHUR 1. SAN MIGUEL
Sherift IV

Copy Furnished:
HOME DEVELOPMENT MUTUAL FUND (otherwise known as Pag-IBIG Fund)
The Petron Mega Plaza Bldg., No. 358 Sen Gil Puyat Avenue, Makati City

JEFFREY A. RAMIENTAS, C.P.A.
2546 A. Bonifacio St., Bangkal Makati City

JOSEPHINE E. CASTILLO married to NILO V. CASTILLO
#17 Aventine Hill BF Resorts, Las Piñas City
Unit 8, 4-F Casa Jessica Condominium, Molino, Bacoor, Cavite

WARNING: It is absolutely prohibited to remove, deface or destroy this notice of Extrajudicial Sale on or before the date of sale.

HUMANITY NEWS
April 24, May 1, & 8, 2023

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
FOURTH JUDICIAL REGION BRANCH 21
CITY OF IMUS, CAVITE

HOME DEVELOPMENT MUTUAL FUND (otherwise known as Pag-IBIG Fund),
Mortgagee,

EXTRA-JUDICIAL FORECLOSURE OF REAL ESTATE MORTGAGE UNDER ACT 3135 AS AMENDED BY ACT 4118

FC Case No. 17713 - 22

MA. DAISYLYN D. TABARANGAO for herself and as Atty-in-Fact of her husband REGIE D. TABARANGAO,
Mortgagors.
x---x

NOTICE OF EXTRA JUDICIAL SALE

Upon extra-judicial petition for sale under Act 3135 as amended by Act 4118 filed by **HOME DEVELOPMENT MUTUAL FUND (Pag-IBIG Fund)**,mortgagee, with office address at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City, against **MA. DAISYLYN D. TABARANGAO for herself and as Atty-in-Fact of her husband REGIE. D. TABARANGAO,** mortgagors, with residence and postal address at 4760 Bucal 1 Brgy. Maragondon, Cavite and/ or Lot 35 Blk. 12. Woodlane 1-C Subd., Malagasang 1st Imus, Cavite, to satisfy the mortgage indebtedness which as of November 14, 2022 amounts to **TWO HUNDRED TEN THOUSAND TWO HUNDRED SEVENTY FIVE PESOS & 36/100 (Php210,275.36),** Philippine Currency, including interest and penalties, but excluding attorney's fees, sheriff's fees and all other charges incidental to this foreclosure and sale, the undersigned will sell at public auction on **May 2, 2023** at 10:00 o'clock in the morning or soon thereafter at the main entrance of the Office of the Clerk of Court, RTC- Imus Hall of Justice, Aguinaldo Highway, Imus City, Cavite to the highest bidder, for CASH and in Philippine Currency, the following property with all improvements therein, to wit:

TRANSFER CERTIFICATE OF TITLE No. T - 1258216

"A parcel of land Lot 33, Block 12 of the consolidation-subdivision plan Pcs-04-020760, being a portion of the consolidation of Lots 41 to 46, Block 12, Pos-04-016011, and Lot 2394, RS-04-004022, LRC Record No. 8843), situated in the Barangay ofMalagasang 1, Municipality of Imus, Province of Cavite, Island of Luzon. Bounded on the SE, along lines 1-2-3 by Road Lot 3, Pcs- 04-016011; on the SW., along line 3-4 by Lot 36, on the NW., along line 4-5 by Lot 16 and on the NE, along line 5-1 by Lot 34 all of Block 12, of the cons.-subd. plan. x x x containing an area of FIFTY ONE (51) SQUARE METERS X X X

All sealed bids must he submitted to the undersigned on the above stated time and date.

In the event the public auction should not take place on the said date, it shall be held on May 9, 2023 at 10:00 o'clock in the morning without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said properties. and encumbrance therein if any there be.

Imus, Cavite, Philippines, February, 6, 2023

(SGD)DWIGHT ALDWIN S. GERONIMO, JD
Sheriff IV

APPROVED:
(SGD) ARMIE A. FRANCISCO
Clerk of Court VI

COPY FURNISHED:

HOME DEVELOPMENT MUTUAL, FUND (Pag-IBIG Fund)
The Petron Mega Plaza Building, No. 358
Sen, Gil Puyat Avenue, Makati City.

ATTY, CAESAR S. EUROPA
24K ACCOUNTS COSULTANT, INC
3F Fass Inteli College Bldg. No.11, Pittsburgh St
Brgy, Silangan, Cubao, Quezon City

MA. DAISYLYN D. TABARANGAO and REGIE D. TABARANGAO
4760 Bucal 1. Brey. Maragondon, Cavite and/or
Lot 35 Blkc 12 Woodlane 1-C Subd. Malagasang 1st, Imus, Cavite

HUMANITY NEWS
April 10, 17, & 24, 2023

Main Office: 667 Bayan Luma 5 Imus City, Cavite
Contact Number: 09497849109/09127800960
E-mail Address:
humanitynews@yahoo.com

HUMANITY NEWS
TOWARDS THE FRIENDSHIP OF CITIZENRY

Annex Office: 24 Sayas St. Sabutan, Silang, Cavite

VOL.VII NO. 21

DPWH OPENS NEWLY RECONSTRUCTED LAZATIN STEEL FLYOVER IN PAMPANGA

PAMPANGA—busy modular steel flyover at the intersection of Lazatin Avenue and Jose Abad Santos Avenue (formerly Gapan-San Fernando-Olongapo Road) in San Fernando City, Pampanga has reopened to traffic once again after it was closed for total rehabilitation for over two (2) months.

Department of Public Works and Highways (DPWH) Senior Undersecretary Emil K. Sadain on recently conducted final safety checking of the reconstructed Lazatin Steel Flyover before allowing light vehicle traffic movement.

In the presence of Senior Undersecretary Sadain, Project Director Rodrigo Delos Reyes, DPWH Regional Office III Assistant Director Denise Maria Ayag, Project Managers Nina Maniaul and Samuel Bayot, Pampanga 1st District Engineer Almer Miranda, Bataan 2nd District Engineer Ulysses Llado and others, light vehicles not exceeding 20 tons and 2.75 meters in vertical clearance started to utilize the modular Lazatin Flyover.

Buses and trucks, and other heavy vehicles are prohibited to use the flyover in order to prolong the service life of the structure.

An overhead gantry with solar lighting was installed on both approaches of the flyover to strictly implement the exclusive use of light vehicle.

The flyover has been closed to traffic since February 11, 2023 and was dismantled to undergo replacement of the 45 pieces of prefabricated segmental slabs that has deteriorated due to passage of overloaded vehicles.

"It is high time the law against overloading is strictly implemented as it prematurely deteriorate our roads and bridge including flyovers and put the safety of other motorists in jeopardy", added Senior Undersecretary Sadain.

In his report to Secretary Manuel M. Bonoan, Senior Undersecretary Sadain said that extensive repair works was completed much sooner ahead of the schedule. Composite girder with asphalt or prefabricated segmental slabs were utilized in order to re-build the flyover faster.

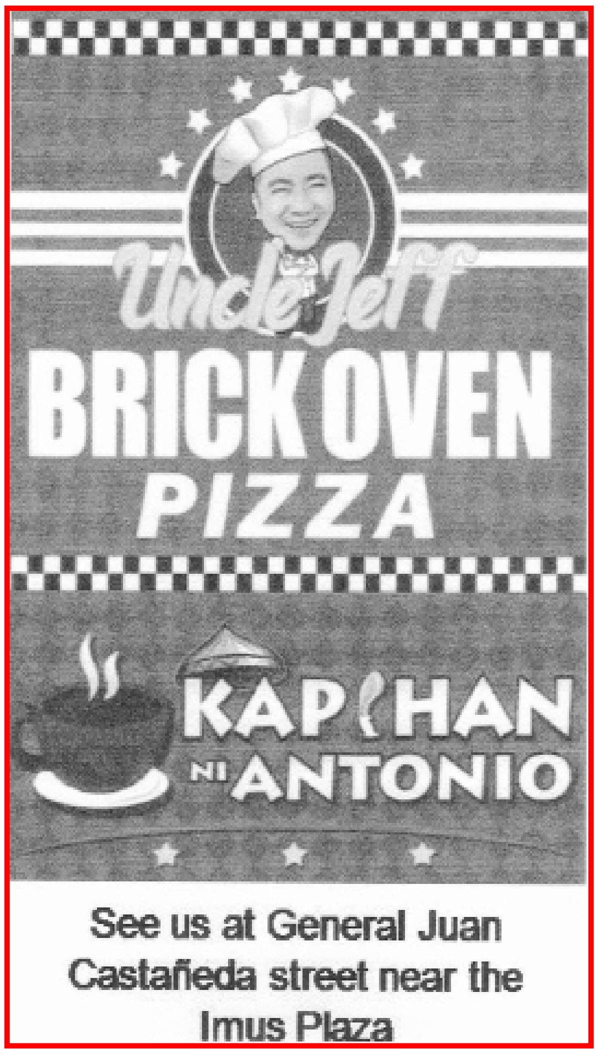
Lazatin Flyover is a two (2) lane, 7.5 meter wide and 195 linear meters long-modular steel flyover that will ease the traffic congestion along Lazatin Avenue and Jose Abad Santos Avenue intersection there by providing through traffic from San Fernando City to Bataan, Zambales, and vice versa. **(Dpwhpiophoto/ Renante Arjay Jarobel)**

100 NA BATANG BACOOREÑO ANG NABIGYAN NG LIBRENG BAKUNA

Matagumpay na inilunsad ang MR-POV (Measles Rubella and Oral Polio Vaccine) Supplemental Immunization Activity o kilala sa programang "Chikiting Ligtas sa Dagdag Bakuna Kontra Polio, Rubella at Tigdas" noong April 12, 2023 sa Zapote 1, Covered Court. Sa pagtutulungan ng City Government of Bacoor na pinangunahan ni Mayor Strike B. Revilla katuwang ang City Health Officer 1, sa pangunguna ni Dr. Ivy Marie Yrastorza kasama ang Department of Health (DOH) CALABARZON layunin nitong makapagbigay bakuna sa mga batang edad 0-59 months old.

Dumalo rin si Councilor Alde Pagulayan - Chairman ng Health sa Sangguniang Panlungsod, mga naging guest Dr. Ariel I. Valencia, MPH, CESO III, DOH Director CALABARZON, Dr. Maria Elena G. Castillo-Gonzales, FPDS, LHSD Chief, Dr. Mark Nicolas O. Santos, RN, Child Care Medical Coordinator, Jenica S. Querido, RN, NIP Outcome Manager, at Barangay Captain Vivian Gawaran and Council.

Strike as One para maprotektahan ang mga batang Bacooreño! Dahil dito sa Bacoor, At Home Ka Dito! **(City Government of Bacoor)**



DO YOU KNOW ?

Benjamin Franklin invented the Bifocal eyeglasses, Rocking Chair and Lightning Rod.

(Shared by Fellowship with Humanity)

FELLOWSHIP WITH HUMANITY

Province of Cavite

PRESIDENT: AURELIO PAREDES BAUTISTA

Fellowship with Humanity is a Family-Based Masonic Charity Group registered in Cavite to help in a small way alleviate the conditions of the poor. The funds come from the family income of the Bautista Family members.