HUMANITY NEWS
TOWARDS THE FRIENDSHIP OF CITIZENRY

Congressman Alex "AA" Advincula
3rd District of Cavite, Rep.

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USEC SADAIN TAKES ROLE AS CHIEF IMPLEMENTER OF FLAGSHIP PROJECTS

Department of Public Works and Highways (DPWH) Undersecretary Emil K. Sadain is now the Chief Implementer of the Build, Build, Build (BBB) Program tasked by Office of the President to supervise and oversee the overall implementation of various flagship projects.

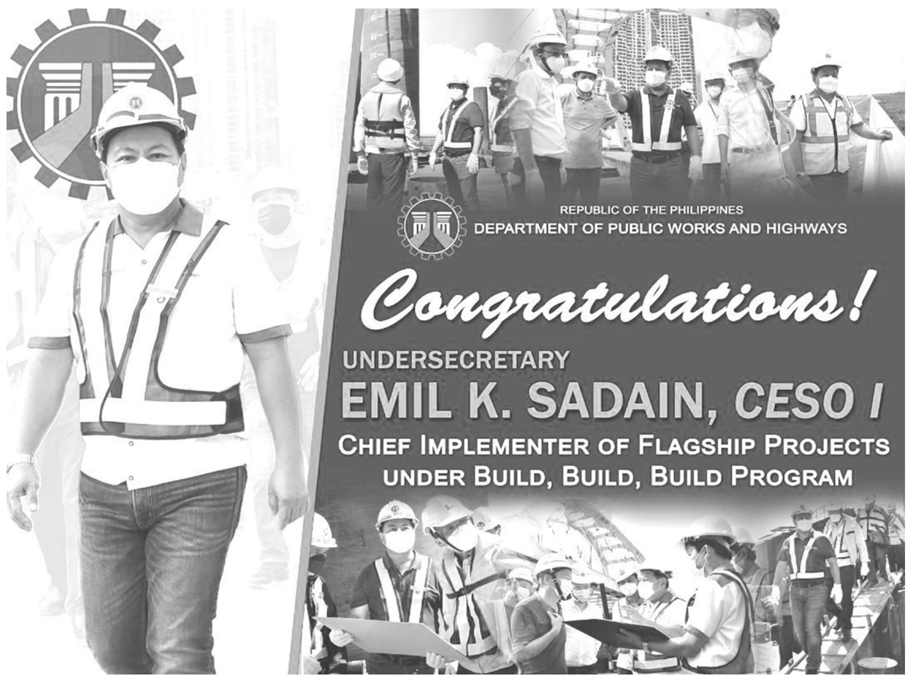
President Rodrigo Roa Duterte thru a recent Memorandum by Executive Secretary Salvador C. Medialdea to DPWH Acting Secretary Roger G. Mercado named Undersecretary Sadain as Chief Implementer of BBB Flagship Projects for the expeditious execution and timely completion of well-planned, sustainable and integrated infrastructure identified as key to accelerating economic growth.

Humbled by the President's trust and confidence, Undersecretary Sadain said that he will pursue all efforts to ensure that the BBB program is implemented to its fullest extent and provide a good foundation for the next generation.

With his new responsibilities, Undersecretary Sadain will be working closely with the NEDA, DOF, DBM, DOTR, BCDA, and other government agencies and private sector concessionaires implementing flagship projects that will raised the Philippine infrastructure to be at par with the world's best.

Although the term of current administration is winding, there will be no

(cont. P.3)



Pagpapatupad ng Group Enrollment ng PhilHealth, Isinusulong ng LHIO Dasmariñas

Personal na ibinigay ni Dasmariñas LHIO Head Ma. Obelia Fontanilla at Mhelba Khan ang mga Certificate of Partnership sa ilalim ng programang Group Enrollment kina Bacoor Mayor Lani Mercado-Revilla, Imus Mayor Emmanuel Maliksi at Dasmariñas Mayor Jennifer Barzaga.

Hindi naging hadlang ang pandemya upang maging aktibo ang Local Health Insurance Office (LHIO)Dasmariñas upang maihatid ang serbisyo sa mga miyembro. Kaugnay nito, patuloy ang pakikipag-ugnayan ng tanggapan sa mga stakeholders para sa pagpapatupad ng Universal Health Care.

Isa sa mga prayoridad ng LHIO Dasmariñas, sa pangunguna ni LHIO Head Ma. Obelia Fontanilla, ang pakikipag-ugnayan sa mga Local Chief Executives sa mga bayan na nasasakupan ng kanilang tanggapan. Hinihikayat ng pamunuan ng LHIO Dasmariñas ang mga lokal na pamahalaan na i-enroll sa Group Enrollment Program ang mga Job Order Contractors at iba pang

(cont. P.7)

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LIVING THE LOUNGE LIFE WITH SURPLUS

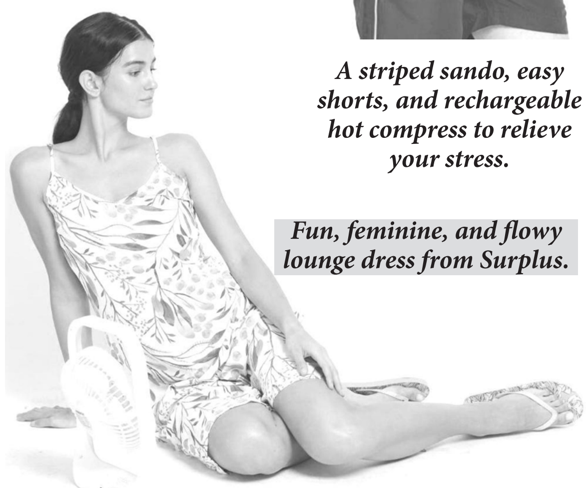
Hoodies are hot in the new Surplus loungewear collection, especially when worn with shorts

Stay cozy with this dark blue monochromatic lounge set.

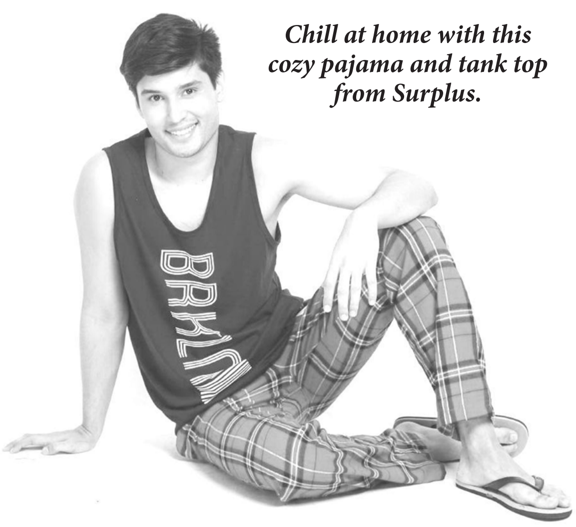
Stay-at-home essentials: muscles tee + pajama and a stainless tumbler.

A striped sando, easy shorts, and rechargeable hot compress to relieve your stress.

Take it easy with Surplus' shirt and pajama set, comfy Japanese tatami chair and telescopic fan.



Fun, feminine, and flowy lounge dress from Surplus.



Chill at home with this cozy pajama and tank top from Surplus.

After a more than a year of living in house clothes –sweats, pajamas, and whatever makes us comfortable –this is the best time to elevate our stay at home style with cozy, chill, and cool loungewear from Surplus!

Here, hoodies are hot. . . track pants are right on the fashion track. . . knits and button down shirts are great top stories . . . and shorts stories are everywhere. There are also flowy lounge dresses in soft fabrics for girls, and tees and muscle shirts for guys.

Living the lounge life also means having wellness essentials that can help you relax and unwind in the comfort of your homes. Surplus has cozy and soft Japanese Tatami Chairs, Wooden Aroma Humidifiers, Rest Easy Massagers, and Rechargeable Hot Compress packs. There are stay-at-home must-haves like foldable laptop tables, telescopic fans, mason jars, and stainless tumblers are also available in different colors.

Lounge in style with the loungewear collection and self-care home essentials from Surplus. These versatile, fashionable pieces and more are available in Surplus stores located in most SM Supermalls nationwide.

For a more convenient shopping experience, you may check out Surplus at Lazada, Shopee, SM Malls Online, and ShopSM. Surplus Order to Deliver is also now available; join their Viber community and follow them on Facebook and Instagram @SurplusPH and @Surplus_ph for more details. **(KCHT)**

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HUMANITY NEWS
TOWARDS THE FRIENDSHIP OF CITIZERY

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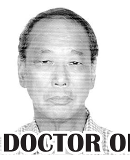


MAKATANG KABITENYO
DLSU-DASMARIÑAS AWARDEE
MAKATANG KABITENYO 1999
F&A.M LINCOLN LODGE # 34
DOCTOR OF HUMANITIES (HONORIS CAUSA)
DR. AURELIO PAREDES BAUTISTA

ANG HUKUMAN

1. Tatlo itong sangay ng Pamahalaan,
Ang Hudikatura: Ang mga Hukuman,
Ang Lehislatura: Senador, Congressman,
At Ehekutibo: Ating Panguluhan.

2. Dahil batas natin kopya sa Kanluran,
Ang ayos din gayon sa ating Hukuman,
Hukom ay iisa sa hatol na gampan,
Nguni't sa Supreme Court, marami ang bilang.

3. Sa lahat ng pangkat, Korte ang naiwan,
Di sila humawak ng kaban ng bayan,
Masdan mo ang office nitong Punongbayan,
Ikumpara ito sa Hukom ng tanan.

4. Masdan mo ang kotse ng isang Congressman,
At ang opisina ng Senador naman,
Masdan mo ang office at saka sasakyan
Nitong Appellate Judge. Pareho bang inam?

5. Bilangin ang kaso sa sa mga Hukuman,
Uriin kung ano ang pinanggalingan,
Ang makikita mo'y putik sa lipunan
Na dalawang sangay yaong pinagmulan.

6. Sapagka't sa dami ng batas ng bansa,
Merong batas dito na mananagasa,
Batas na sasaklaw sa maraming gawa,
Minsan yaong batas susupil sa laya.

7. Sagasa sa kita'y naroon ang buwis,
Sagasa sa laya ay ang mga permit,
Sagasang marami'y galing Legislative.
At meron din namang galing Executive.

8. Pag di ka tumupad sa atas ng batas,
Sagasa ng Hukom iyong malalasap,
Datapwa't isipin, Hukumang malakas,
Nasagasaan din ng dalawang pangkat.

USEC SADAIN TAKES ROLE AS CHIEF IMPLEMENTER... (from p. 1)

let up in the government's commitment to pump-prime economy with investment on more projects to stimulate both short-term growth through employment generation and long-term inclusive development by ensuring that infrastructure is not merely concentrated on urban areas but extends even to the countryside.

We shall closely consult with concerned agencies to reduce the lag time from conceptualization to implementation and shorten start-up periods by compressing the timeline in the review and approval process so as to accelerate priority projects from pre-planning stage of feasibility studies to detailed engineering design (DED), procurement, civil works construction, and completion, added Undersecretary Sadain.

Behind the modest image of the BBB Chief Implementer is more than three (3) decades of government experience, devoting his technical expertise and knowledge in raising the bar of infrastructure development in the country. He started his public service career in 1986 as Senior Civil Engineer at DPWH, then called as the Ministry of Public Works and Highways. Since then, he has held various positions and offices in DPWH as a Career Executive before rising to the rank of Undersecretary in 2016.

He obtained his Bachelor of Science in Civil Engineering Degree from the Western Mindanao State University in 1985 and passed the Civil Engineers Licensure Examination of the same year. He further studied and completed his Bachelor of Science in Sanitary Engineering at the National University in 1991 and placed 2nd in the Sanitary Engineers Licensure Board Examination in 1992. He completed his Masters in Construction Management at the University of the East in 1995. As former Professor/ Faculty Member of National University - Manila from 1992–1994, he taught graduating civil and geodetic engineering students the fields of Project Construction Management, Wastewater Engineering and Laws, Water Supply Engineering, and Laws/ Ethics and Contracts.

More than his proven competence and credentials that speak volumes, he was conferred on September 2017 by President Duterte with the prestigious Presidential Gawad Career Executive Service (CES) Award. He is also a Regional Awardee for the National Capital Region in the Civil Service Commission's 2020 Search for Outstanding Government Worker - Presidential Lingkod Bayan Award category.

Hailed as the Father of Reform Agenda in DPWH-Autonomous Region in Muslim Mindanao (ARMM), Undersecretary Sadain who was appointed on secondment status as Regional Cabinet Secretary for DPWH ARMM from January 2012 to June 2015 was also a recipient of a Plaque of Recognition as CES Outstanding CEO (Cost Effective Officer) for the 3rd Quarter of 2015 for his strategic leadership by way of improved policies, programs and fiscal management that led to the maximum utilization of resources and increased agency savings which boosted morale within the organization and the development of more infrastructures in the Region.

Aside from being a multi–awarded civil servant, he is also a very devoted Muslim family man. His family was awarded in 1999 the "Huwarang Pamilyang Filipino for Mindanao".

Flagship Projects to Help Philippine Recover from Pandemic

The government thru DPWH is committed to help jump start the Philippine economy after being disrupted by Covid-19 pandemic.

In his report to Secretary Mercado, Undersecretary Sadain said that a number of flagship infrastructure projects implemented by the DPWH Unified Project Management Office (UPMO) Operations are steadily moving forward.

Under the auspices of Undersecretary Sadain, UPMO Operations – the office that handles large-scale infrastructure projects of the Department under Official Development Assistance (ODA) – construction works are going for the iconic 680-meter Binondo-Intramuros Bridge in Manila funded by a grant from the Government of China and will be completed this 1st Quarter of 2022; 11.60-kilometer (km) Samar Pacific Coastal Road Project envisioned to link the so called "Pacific Towns" and eventually establish a circumferential road loop of Samar Island in Eastern Visayas; 3.169-km Panguil Bay Bridge that will cut travel time between Tubod, Lanao Del Norte and Tangub City, Misamis Occidental from 2.5 hours to just 7 minutes; 230-km Improving Growth Corridors in Mindanao Road Sector Project in Western Mindanao; Davao City Bypass Road Project featuring 2.3-km twin mountain tunnel in Davao City; and Integrated Disaster Risk Reduction and Climate Change Adaptation Measures (IDRR-CCA) in Low-Lying Areas of Pampanga and Flood Risk Management Project for Cagayan De Oro River in Misamis Oriental to boost disaster resilience.

Game-changing projects to facilitate inter-island connectivity in the pre-construction stage with on-going financing arrangement with DOF and international lending institutions include the 3.9-km Samal Island-Davao City Bridge and 32-km Panay-Guimaras-Negros Island Bridges while the 32.15-km Bataan-Cavite Inter-Link Bridge and 3.3-km Cebu-Mactan 4th Bridge are on detailed engineering design stage.

Despite the more than a year of lockdown and quarantine measures, fervent resolve enables DPWH UPMO to complete some of the flagship infrastructure projects to steer and drive economic recovery from pandemic.

These include the 1.481-km BGC-Ortigas Center Link Road Project and 506-meter Estrella-Pantaleon Bridge under the Metro Manila Logistics Improvement Program; 9.9 km of river bank improvement, 1.8 km embankment, and 5.4 km dredging works to improve Pasig River in Manila, Makati, Mandaluyong and Lower Marikina River (from Napindan Channel to downstream of Mangahan Floodway) in Pasig that has mitigated flood damages, facilitated urban development, and enhanced favorable environment along the river; and flood risk management project for Cagayan, Tagoloan, and Imus Rivers.

The partial opening of 30-km toll-free Central Luzon Link Expressway Project (CLLEX) in July 2021 from Subic-Clark-Tarlac Expressway (SCTEX)/Tarlac-Pangasinan-La Union Expressway (TPLEX) connection in Tarlac City up to the intersection of Aliaga-Guimba Road in Aliaga for a distance of 18-km has improved connectivity betweeen the provinces of Tarlac and Nueva Ecija. In the Province of Bulacan, the 24.61-km Arterial (Plaridel) Bypass Road Project was completed in May 2018 and is presently undergoing widening works from two (2) to four (4) lanes under project phase 3 towards sustaining development momentum in the area.

As DPWH Focal Person for Bangsamoro Autonomous Region for Muslim Mindanao (BARMM) Infra Projects and the alternate representative in the Inter-Agency Task Force Bangon Marawi, Undersecretary Sadain spearheaded the preparation of holistic and comprehensive plan of national road projects for the rehabilitation and development of Greater Marawi.

Completed was the design and build of an 18.97-km Marawi Transcentral Road under the 2 Billion Japanese yen or approximately 970 million pesos donation/ grant by Government of Japan for Programme for the Support to Rehabilitation and Reconstruction of Marawi City and Its surrounding Areas.

By May 2022, DPWH UPMO targets to complete the rehabilitation of another 18.78-km Marawi Transcentral Road Project Phase 3 implemented in four (4) contract packages of Road Network Development Project in Conflict-Affected Areas in Mindanao (RNDP-CAAM) funded by Japan International Cooperation Agency (JICA). Other projects such as 21.87-km ring road and 1.6-km Malabang Viaduct listed under the Bangon Marawi Comprehensive Rehabilitation and Recovery Plan will soon start under Asian Development Bank (ADB) financing.

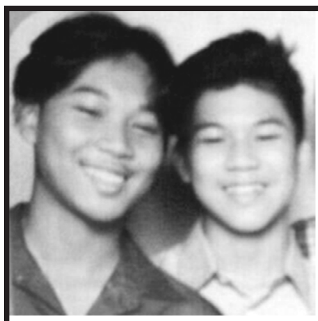
At the height of national emergency brought by the surging contagion of the COVID-19, Undersecretary Sadain headed the DPWH Task Force on Augmentation of Local and National Health Facilities which facilitated the immediate construction of much-needed health facilities nationwide.

To date, no less than 768 healthcare facilities with a total bed capacity of 28,599 were completed that augments health service nationwide. Facilities completed consists of quarantine/ isolation facilities, modular hospitals, and off-site dormitories for medical personnel and other frontliners. **(DPWHPIO)**

Pagbati Mula kina:

Vice Mayor Ony Cantimbuhan
Imus City, Cavite

Cong. Jonjon Ferrer
Gen. Trias, 6th Dist. of Cavite



FAMOUS PERSONALITIES

BY

NICO & NIELSEN BAUTISTA

CHIANG K'AI-SHEK - *Siya ay isang Nationalist Chinese na Pangulo ng China matapos ang Second World War na lumikas sa Taiwan matapos itaboy ng mga Komunista sa Mainland China. Naitatag niya ang Isang bagong simula sa pulo at ito ay lumago. Namatay siya noong 1975.*

LET THERE BE LIGHT!

By

ENG'R. VER CAMPAÑA BAUTISTA

F & A.M. Luis Olimpo Ferrer Lodge 366

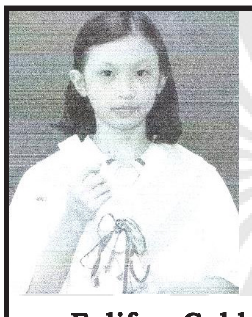
CABANGAAN - Ang Cabangaan, Silang ay lugar kung saan nahukay ang maraming banga na nakabaon bilang artifacts.

PTCAO JOINS ALITAPTAP ARTISTS COMMUNITY'S 3RD ANNIVERSARY

On October 30, 2021, the Provincial Government of Cavite (PGC) through the Provincial Tourism and Cultural Affairs Office (PTCAO) joined the 3rd anniversary celebration of Alitaptap Artist Community in Amadeo, Cavite. The activity aims to strengthen and cultivate art by creating a platform for artists and art educators to create, teach, and learn about art while interacting with the local community.

Carrying the theme "Sulong Sining – Ikatlong Taon ng Sining at Kultura," participants showcased their talent and creativity in painting competitions and musical and arts workshops. Meanwhile,

(cont. P.7)



CAVITE HIGHLIGHTS

By:
Yna Palparan Bautista

Felife Calderon was appointed delegate to Malolos Congress to draft the Malolos Constitution. His proposed Constitution was approved over those of Apolinario Mabini's andPedro Paterno's. He founded Liceo De Manila. He died in 1908.

DENR CALABARZON sinimulan nang baklasin ang 32 na sapra sa Cavite City

Cavite City- Ika-4 ng Nobyembre, sinimulan nang tanggalin ang mga ilegal na sapra sa Cavite City na bahagi ng look ng Maynila o Manila Bay. Ito ay sa pangunguna ng DENR CALABARZON sa pamamagitan ng Manila Bay Site Coordinating and Management Office No. 4 (MBSCMO4), at Provincial Environment and Natural Resources Office (PENRO) Cavite. Kasama ang Cavite City Environment and Natural Office (CENRO) at City Agriculture Office, Philippine Coast Guard (PCG), Philippine National Police Maritime Group, local PNP, DSWD, BFAR, DPWH, Provincial Government, PG-COPS - Provincial Government-Cavite Office for Public Safety at mga katuwang na mangingisda.

Ang aktibidad ay pinasayanahan nina Pangalawang Kalihim sa Pamamahala ng mga Solidong Basura at mga Usapin ng Lokal na Yunit ng Pamahalaan Benny D. Antiporda. "Hindi tayo naririto upang sikilin o sirain ang pamumuhay ng ating mga kababayan" sambit ni Antiporda. Dagdag pa niya "ang ating gagawin ay pagbibigay ng parehas na oportunidad sa ating mga maliliit na mangingisda na makapangisda sa malapit na pangpang."

Binigyang diin ni USEC Antiporda na kapag nalinis ang Manila Bay, ang unang makikinabang ay ang mga maliliit na

(cont. P.5)

DENR CALABARZON...

(from p. 4)

mangingisda, aniya "hindi iyang mga kapitalista na sinasamantala ang yamang dagat habang sinasakripisyo ang buhay ng mga maliliit nating mga mangingisda."

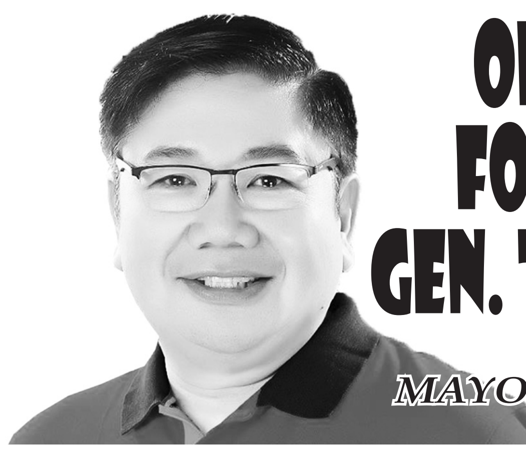
Ibinahagi ng Punong Direktor ng Rehiyon na si Nilo B. Tamoria "isa lamang po ito (pagbabaklas) sa maraming inisyatiba ng pamahalaan." Dagdag pa niya "Nabigyan po natin ng mahabang pagkakataon ang ating mga kababayan na mga may-ari ng mga ilegal na istruktura na magsagawa ng self-demolish. At ngayon ipapakita po natin ang pagkakaisa ng buong pamahalaan para po matugunan ang atas sa atin."

Matatandaan na naglabas ng abiso sa publiko ang DENR CALABARZON sa nakatakdang "clearing operations" at hinikayat ang mga may-ari magsagawa ng self-clearing o kusang pagtatanggal ng kani-kanilang istruktura bago dumating ang ika-4 ng Nobyembre.

Ipinaabot ni RED Tamoria ang kanyang pasasalamat sa lahat ng sangay o ahensya ng pamahalaan na dumalo upang matugunan ang atas ng Kataastaasang Hukuman o Supreme Court upang manumbalik ang kalidad ng tubig ng Manila Bay.

Pagbabalik tanaw, ang pagbabaklas ay alinsunod sa direktiba ni Kalihim Roy A. Cimatu noong nakaraang Hulyo ng kasalukuyang taon. Ang nasabing pagbabaklas ay tatagal hanggang Nobyembre 6, 2021 o hanggang matapos ang operasyon.

Kung may katanungan, maaaring tumawag o magbigay ng mensahe sa 8888 hotline numero 09561825774/ 09198744369 at Trunkline No. (049) 540-DENR (3367) / (049) 554-9840 - 48 local - 121. Maaaring magpadala ng sulatroniko sa r4a@denr.gov.ph. Sundan ang opisyal na Facebook page ng DENR CALABARZON: https://www.facebook.com/DENR4AOfficial/ para sa iba pang updates. ###



ONWARD FORWARD GEN. TRIAS CITY

MAYOR ONY FERRER

Christmas launched at SM City Calamba

SM City Calamba opened the holiday season by filling the mall atrium with Yuletide cheers and carols as they launched the Christmas fantasy centerpiece. The extravagant centerpiece is a 30-foot tall Christmas tree that twinkled with strings of colorful lights. The said Christmas display complimented the holiday ambiance of the mall together with the Christmas dining pods to make your dining experience special and selfie worthy.

SM CITY CALAMBA

The event was graced by Calamba City Cultural affairs, Tourism and Sports Development Head Ms Concepcion Herrera together with SM Supermalls AVP for Operations Angel Toreja, Mall Manager Rae Anne Maranan, Assistant Mall Manager Elmundo Olazo, and Assistant Branch Manager – The SM Store Denise Fara Javier.

Spread the love and gift giving this Christmas by purchasing a pair of Bears of Joy. Customers get to keep one bear and the other one will be donated to Calamba's DSWD and the Calamba City Health Nutrition Office. Just drop by at the Bears of Joy booth at the Mall Atrium from Nov. 12 until December 25 and purchase a pair for only P250.

So what are you waiting for have a #ChrismaSaya at SM City Calamba – your happy place where everything's here for a fun filled experience for the whole family. **(KCHT)**

EDITORIAL

Sinasalanta tayo ng mga kalamidad na tulad ng bagyo. Dahil alam na natin ang kalimitang daan ng bagyo at kung ano ang lakas ay puwede na nating buuin ang mga planong sentralisado sa bawa't rehiyon ng bansa. Ang mga gusali ng pamahalaan ay dapat na kongkreto sa mga lugar na laging dinadaanan ng bagyo, mga kongkretong evacuation center sa bawa't lalawigan na alam nating di kayang sirain ng hangin. Sa ganito ay makakatipid tayo sa gastos taon-taon at magiging madali ang pangangalaga sa taong-bayan.

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
FOURTH JUDICIAL REGION
BRANCH 121
CITY OF IMUS, CAVITE

PHILIPPINE SAVINGS BANK,
Mortgagee,

EXTRA-JUDICIAL FORECLOSURE OF REAL ESTATE MORTGAGE UNDER ACT 3135 AS AMENDED BY ACT 4118

F.C. No. 17148-21

-versus-

MELANIE T. POSTRERO for herself and as Atty.-in-Fact of her husband JOEL L. POSTRERO
Mortgagors.
x--x

NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial petition for sale under Act 3135 as amended by Act 4118 filed by **PHILIPPINE SAVINGS BANK**, mortgagee, with principal place of business at PSBank Center, 777 Paseo de Roxas corner Sedeño Street, Makati City, against **MELANIE T. POSTRERO for herself and as Atty.-in-Fact of her husband JOEL L. POSTRERO**, mortgagors, with residence and postal address at Blk. 2 Lot 17 Ph2, Castroville St., Covina, Buhay na Tubig, Imus, Cavite, to satisfy the mortgage indebtedness which as of June 09, 2021 amounts to **TWO MILLION THREE HUNDRED FIFTY-FIVE THOUSAND THIRTY ONE PESOS & 79/100 (Php 2,355,031.79),** Philippine Currency, including interest and penalties, but excluding attorney's fees, sheriff's fees and all other charges incidental to this foreclosure and sale, the undersigned will sell at public auction on **December 7, 2021 at 10:00** o'clock in the morning or soon thereafter at the main entrance of the Office of the Clerk of Court, Imus Hall of Justice, Imus City, Cavite to the highest bidder, for CASH and in Philippine Currency, the following property with all improvements therein, to wit:

TRANSFER CERTIFICATE OF TITLE No. T-1226290

"A parcel of land (Lot 17 Blk. 2 of the cons-subd. plan, Pcs-04-016221, being a portion of Lot 6274 & 6275, Imus Estate, LRC Rec. No. 8843) situated in the Brgy. of Tanzang Luma, Mun. of Imus, Prov. of Cavite, Island of Luzon. Bounded on the SE., along line 1-2 by Lot 19, Blk. 2; on the SW., along line 2-3 by Rd. Lot 2; on the NW., along line 3-4 by Lot 15, and on the NE., along line 4-1 by Lot 18, both of Blk. 2, all of the cons-subd. plan x x x containing an area of SEVENTY (70) SQUARE METERS. x x x"

All sealed bids must be submitted to the undersigned on the above stated time and date.

In the event the public auction should not take place on the said date, it shall be held on **December 14, 2021 at 10:00** o'clock in the morning without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said properties and encumbrance therein if any there be.

Imus, Cavite, Philippines, July 9, 2021.

(Sgd.) DWIGHT ALDWIN S. GERONIMO
Sheriff IV

APPROVED

(Sgd.) ARMIE A. FRANCISCO
Clerk of Court VI

COPY FURNISHED:

PHILIPPINE SAVINGS BANK
PSBank Center, 777 Paseo de Roxas cor Sedeño St.,
Makati City

MELANIE T. POSTRERO and JOEL L. POSTRERO
Blk. 2 Lot 17 Ph2, Castroville St., Covina, Buhay na Tubig,
Imus, Cavite

CHUANICO SALGADO CABRERA & ASSOCIATES
In-House Counsels for Philippine Savings Bank (PSBank)
4th Floor PSBank Center, 777 Paseo de Roxas cor Sedeño St., Makati City

Humanity News
November 15, 22 & 29, 2021

Ginanap ang Kick-off Activity para sa PEDIA VAX para sa pag uumpisa ng pagbabakuna sa ating kabataan. Layunin nitong bigyan ng proteksyon ang mga kabataan edad 12 to 17 years old para labanan ang banta ng Covid-19. Pinangunahan ito ng ating Lokal na Pamahalan sa pamumuno ni Mayor Voltaire Ricafrente at katuwang ang DOH at SM City Rosario. Patuloy na hinihikayat ng ating Pamahalaan ang lahat na magpabakuna laban sa Covid-19.

Sa mga nagnanais na magpabakuna para sa kanilang mga anak edad 12 to 17 years old, mangyari po lamang na magtungo sa inyong Barangay Health Center at dalhin ang Birth Certificate ng batang magpapabakuna. Patuloy po tayong nakikiusap sa lahat na palagiang magsuot ng facemask at faceshield lalo na sa matataong lugar. Panatilihin ang social distancing at iwasan ang mga umpukan. Tandaan sa wastong pag iingat, ang virus ay di kakalat.

DENR Prohibits Transport of Bamboo to Cavite for Aquaculture Purposes

The Department of Environment and Natural Resources (DENR) indefinitely suspends the processing and issuance of transport permits for the entry and movement of bamboo for aquaculture purposes within the municipal waters of Bacoor City, Cavite City, Kawit, and Noveleta in the province of Cavite, per memorandum issued by DENR Undersecretary for Field Operations and Environment, Atty. Juan Miguel T. Cuna on November 8, 2021.

Cuna said the suspension is in lightof the need to continuously rehabilitate and restore the marine and coastal ecosystems in Manila Bay pursuant to Section 3 of Administrative Order No. 16 signed by Executive Secretary Salvador Medialdea, under the authority of President Rodrigo Roa Duterte on February 19, 2019.

"The entry and movement of bamboo for other purposes, including but not limited to construction materials for houses, scaffolding, bridges, fences, and buildings and for furniture shall be allowed," Cuna said in his memorandum.

Per initial data given by the respective local government units, there are a total of 370 illegal aquaculture structures in Cavite waters: 271 in Cavite City, 97 in Kawit, and 2 in Noveleta. However, per data gathered during the actual marking conducted from September 15-22, 2021, a total of 949 structures had been marked: 789 in Cavite City and 160 in Kawit. Most of these structures are bamboo-made.

On November 4, 2021, Manila Bay Inter Agency Task Force - Cavite Cluster started the clearing/dismantling of 32 sapras in Cavite City. DENR CALABARZON Regional Executive Director Nilo Tamoria said that the said demolition is part of the Manila Bay Rehabilitation Program of the DENR. "'Yun lang naman po ang ating

(cont. P.7)

ENGR. VIR CAMPAÑA BAUTISTA
(TWIN BROTHER OF VER)

HUMANITY TRIVIA

(IT TELLS THE DATES OF INVENTION, PLACES OF PLANT ORIGIN AND CURES OF DISEASE)

Motion Picture Camera - 1888
Motion Picture Projector - 1888
Sunflower -North America
Water lily - worldwide
Pineapple - arthritis
Chico - dysentery
Papaya - diptheria

Curfew, inalis na sa Cavite; mga menor de edad, bawal parin sa loob ng mall

Pansamantalang sinuspinde ng pamahalaang panlalawigan ng Cavite ang curfew hours, batay kay Vice Governor Jolo Revilla noong Lunes, Nobyembre 8.

Ayon sa post ni Revilla sa Facebook, ang naturang kautusan ay mula kay Cavite Governor Jonvic Remulla.

"Pansamantala munang sinuspinde ang Provincial Ordinance No. 268-2020 "Curfew hours in the province of Cavite due to Covid-19". Ito po ay sinuspende dahil sa request ng ating Gobernador Jonvic Remull," saad sa post ni Revilla.

"Pinapaala parin po natin na palagi pong mag-ingat at sumunod sa mga patakaran ng gobyerno. Ang pag luwag ng mga tuntunin ay hindi po nangangahulugan na wala na po ang Covid-19," pagpapaalala naman niya sa publiko.

Samantala, bagaman wala ng curfew sa buong lalawigan ay hindi pa rin maaaring pumasok sa loob ng malls ang mga menor de edad at senior citizen na nasa 65-anyos pataas.

Ito ay batay sa Executive Order No. 53, Series of 2021 na nilagdaan ni Remulla noong Nobyembre 5.

Ang Cavite ay kasalukuyang isinailalim sa Alert Level 3 hanggang Nobyembre 14, ayon sa pinakahuling anunsyo ng Malacañang.**(GOCAVITE)**

Cholera outbreak, naitala sa Bayan ng Tanza

Kinumpirma ng Tanza Rural Health Unit (RHU) nitong Biyernes ang pagkakaroon ng cholera outbreak sa kanilang bayan matapos na makapagtala ng mga kaso ng diarrhea at pagsusuka sa tatlong barangay nito.

Ayon kay Dr. Ruth Punzalan, head ng Tanza RHU, ang naturang sakit ay naitala sa mga Barangay ng Punta Uno, Sahud-Ulan at Calibuyo.

Ayon kay Punzalan, ang nga specimen na ipinadala sa Research Institute for Tropical Medicine sa Filinvest City na matatagpuan Alabang, Muntinlupa City ay nagpakita ng resulta ng naturang sakit.

Dagdag niya, maraming residente na ang nagbahagi ng kanilang mga nararanasang pagsusuka at diarrhea, kabilang na ang isang taong gulang at walong buwang sanggol na binawian ng buhay noong nakaraang linggo.

"Agarang tulong po ay ating ibibigay sa mga naapektuhan ng nasabing outbreak. Pagbibigay ng malinis na tubig para sa kanilang inumin at magpapalagay po tayo ng maayos na deep well water pump in the respective areas," pahayag naman ni Tanza Mayor Yuri Pacumio sa isang interbyu.

Sa kasalukuyan ay iniimbestigahan na ang posibleng pinagmulan ng cholera sa tatlong barangay. (GOCAVITE)

Pagpapatupad ng Group Enrollment ng PhilHealth, Isinusulong...

(from p. 1)

mamamayan na walang kakayahang magbayad ng sariling kontribusyon sa PhilHealth.

Sa kasalukuyan, tatlong Pamahalaang Lungsod ang nabigyan na ng Certificate of Partnership bilang pagkilala sa commitment na ibinigay nila sa Group Enrollment Program ng PhilHealth. Ito ay ang LGU Dasmarinas na may 2,151 na ang nai-enroll sa programa, LGU Imus at ang LGU Bacoor na may inaasahang mahigit 2,600 na pamilya ang mai-rehistro sa programa.

Patuloy pa din ang pakikipag-ugnayan ng LHIO Dasmariñas sa iba pang bayan na kanilang nasasakupan upang mapaigting ang kampanya sa pagpapatupad ng UHC.###

DENR Prohibits Transport...

(from p. 6)

intensyon, isaayos, bilang bahagi ng rehabilitasyon ng ating Manila Bay dahil 2008 pa tayo inutusan ng kataas-taasang hukuman ng ating bansa na ibalik ang kalidad ng tubig sa Manila Bay sa Class SB. Ang gagawin natin ngayon ay isa sa mga hakbang upang matulungan nating maibalik sa ganung kalidad", he explained.

Early in July 2021, Environment Secretary Roy A. Cimatu ordered DENR CALABARZON to regulate illegal aquaculture structures in Manila Bay.###

PTCAO JOINS ALITAPTAP...

(from p. 4)

free eye checkup was also offered to guests as part of the group's community service.

On behalf of the art community, Alitaptap Artist President Henry Ancanan expressed his appreciation to PGC and PTCAO for their annual support, which contributed to the success of the event. (Cavite Tourism)

Health Benefits...

Kaalaman tungkol sa Kakaw (Cacao) bilang halamang gamot

Ang kakaw ay kilala sa buong mundo bilang sangkap ng tsokolate na paborito ng marami. Ang tsokolate ay nagmumula sa buto ng bunga ng kakaw na napipitas mula sa puno na may katamtamang taas lamang. Ito ay orihinal na nagmula sa Timog Amerika ngunit tumutubo na rin sa maraming lugar sa rehiyong tropiko gaya ng Pilipinas.

Scientific name: Theobroma cacao L.; Cacao sativa Aubl.
Common name: Kakaw (Tagalog); Cacao Tree (Ingless)

Ano ang mga sustansya at kemikal na maaaring makuha sa Kakaw (Cacao)?

Ang iba't ibang bahagi ng halamang kakaw ay maaaring makuhanan ng maraming uri ng kemikal at sustansya na maaaring may benepisyo sa kalusugan:

Ang buto ng kakaw ay may taglay na fixed oil; theobromine; glucose, saccharose; vitamin A; cellulose; water, ash; starch at cacarine. Meron din itong theobromine at caffeine

Ang laman ng bunga ay makukuhanan ng arabinose and galactose. May mataas din itong lebel ng mga enyme na protease, invertase, raffinase, cesease at oxydase. May laman din itong mineral na magnesium

Anong bahagi ng halaman ang ginagamit bilang gamot, at paano ginagamit ang mga ito?

Maaaring gamitin bilang gamot ang ilang bahagi ng halaman tulad ng:

Buto. Ginagamit ang buto sa paggawa ng tsokolate, langis at iba pang produkto na maaaring gamitin sa paggagamot. Maaari ring patuyun ang buto at dikdikin upang magamit na pantapal sa ilang kondisyon sa balat.

Ugat. Ang ugat ay kadalasang pinapakuluan upang mainom ng may sakit.

Ano ang mga sakit at kondisyon na maaaring magamot ng Kakaw (Cacao)?

1. **Panunuyo ng balat.** Epektibo ang langis na nakukuha sa buto ng kakaw bilang pampahid sa nanunuyong balat ng katawan. Maaari ding dikdikin ang buto at ipampahid sa balat na nanunuyo at nagbibitak-bitak
2. **Eczema**. Ang namamagang balat dulot ng ilang karamdaman ay maaring malunasan ng pagtatapal ng dinurog na buto ng kakaw na tinusta at hinalo sa maligamgam na tubig.
3. **Panganganak**. Ginagamit sa mas madaling panganganak ang pag-inom sa pinaglagaan ng ugat ng kakaw. Makatutulong ito na i-stimulate ang mga kalamnan ng uterus sa panganganak.
4. **Buwanang dalaw**. Nakatutulong din sa mas mabilis na pagbuhos ng dugo sa panahon ng buwanang dalaw sa mga kababaihan. Iniinom lamang ang pinaglagaan ng ugat ng kakaw.
5. **Mahinang resistensya**. May ilang pag-aaral na nagsasabing nakapagpapalakas ng mahinang resistensya ang flavonoids nanakukuha mula sa buto ng kakaw.
6. **Colon Cancer**. May mabuting epekto daw sa taong dumaranas ng kanser sa bituka ang pagkain ng dark chocolate.
7. **Sakit sa atay**. Ilang pag-aaral din sa mga kemikal ng tsokolate ang nagresulta sa pagbuti ng kondisyon ng atay na nanghihina dahil sa sobrang gamot na iniinom.
8. **Altapresyon**. Ang mga flavonoids na nakukuha mula sa dark chocolate ay mahusay na pampababa ng presyon ng dugo.

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HUMANITY NEWS
TOWARDS THE FRIENDSHIP OF CITIZENRY

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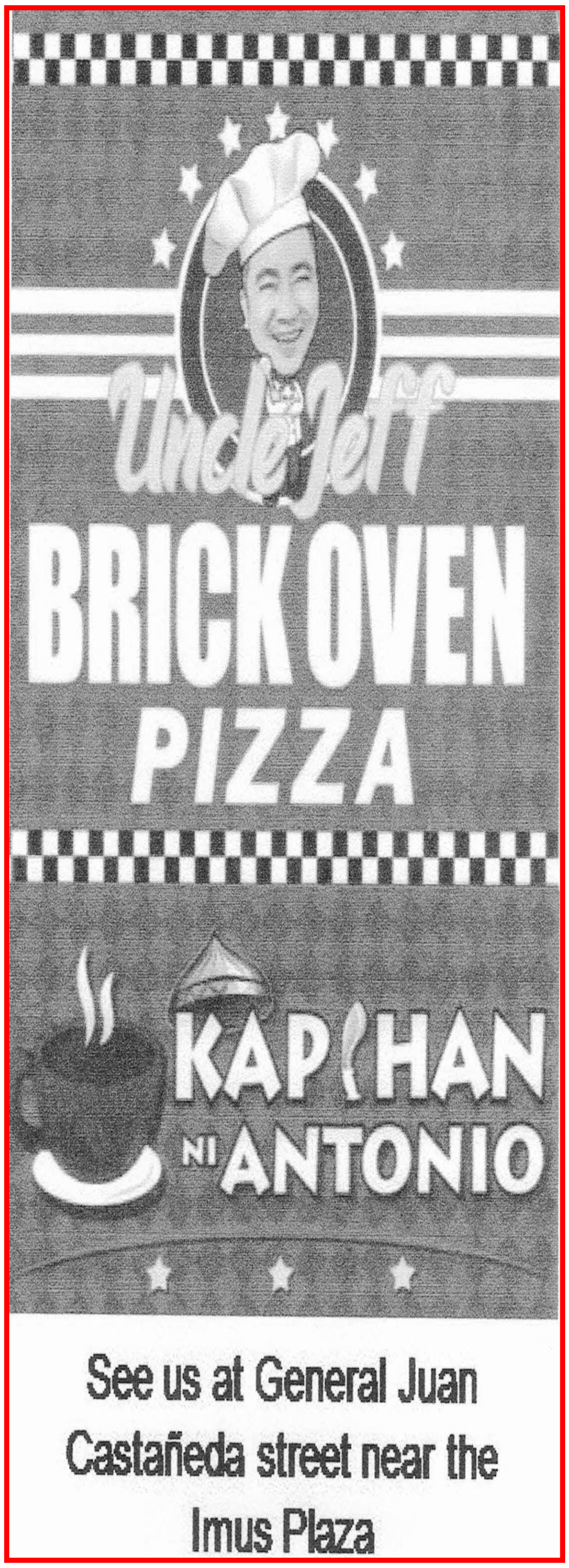
Muling biyaya ang naibigay sa lungsod ng Trece Martires mula sa tanggapan ni Cong. Boying Remulla para sa ating mga kababayan mula sa hanay ng mga magtitinda at mga samahan ng kababaihan.

Kasama ang buong TEAM LUBIGAN sa pangunguna ni Mayor Gemma Lubigan at Vice Mayor Bobby Montehermoso sa nasabing distribution kasama din ang mga kinatawan ni BM Munding Del Rosario at BM Ping Remulla.



DO YOU KNOW ?

The fungi growing on old wooden post of fences in rural areas indicate that there is almost no air pollution in the area.

(Shared by Fellowship with Humanity)

FELLOWSHIP WITH HUMANITY

Province of Cavite

PRESIDENT: AURELIO PAREDES BAUTISTA

Fellowship with Humanity is a Family-Based Masonic Charity Group registered in Cavite to help in a small way alleviate the conditions of the poor. The funds come from the family income of the Bautista Family members.