HUMANITY NEWS

TOWARDS THE FRIENDSHIP OF CITIZENRY

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Mayor Lani M. Revilla

Bacoor, Cavite

DTI, MAGSASAGAWA NG DISKWENTO CARAVAN SA MGA LUGAR NA NAAPEKTUHAN NG BAGYONG ROLLY

Sinabi ni Department of Trade and Industry (DTI) Secretary Ramon Lopez na dadalhin ng kanilang ahensya ang "Diskwento Caravan" sa mga lugar na higit na naapektuhan ng Super Typhoon Rolly.

Sa isinagawang cabinet meeting kasama si Pangulong Rodrigo Duterte nitong Lunes, sinabi ni Lopez na nagsagawa ang kanilang ahensya ng Diskwento Caravan sa may dalawa hanggang tatlong local government units (LGUs) sa mga consumer na naapektuhan ng bagyo upang makabili sila ng mga pangunahing

(cont. P.5)

Bike lane sa Bacoor Blvd, pormal ng binuksan

Noong October 30 ay pormal nang binuksan sa publiko ang Bike Lane aa kahabaan ng Bacoor Boulevard, Bacoor City, Cavite.

Kasabay ng pagpapasinaya sa naturang daanan para sa mga bisikleta ay ang pagsisimula ng selebrasyon ng UKBAS 2020 na nasa ika-apat na taon ng isinasagawa ng lungsod.

Sa parehong araw ay inilunsad rin ang BIKE WITH A HEART project ng Pamahalaang Lungsod ng Bacoor kung saan nasa 165 frontliners at manggagawa ng lungsod ang nakatanggap ng libreng bisikleta. Kabilang sa mga nakatanggap ay mga nurse, construction workers, health workers, fastfood crew at iba pang manggagawa mula sa iba't ibang sektor.

Nov, 4, pinangunahan ni Cong. Alex 'AA' Advincula ang pagpapasinaya at blessing ceremony ng 3-storey Multi Purpose Building sa Tanzang Luma 1 kasama ang buong council sa pamumuno ni Kap. Reynante Dones.

Tuloy tuloy pa rin po ang paghahatid natin ng mga proyektong pang imprastruktura bilang ating suporta sa mga programa ng mga opisyal ng barangay sa kani-kanilang mga komunidad.

Kasama sa larawan sina Kon. Adrian Jay Advincula, Kon. Tito Monzon, Kon. Totie Ropeta at iba pa.

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China wages 'gray zone' war to claim South China Sea thru PH

China is now waging a "gray zone" war to claim a foothold in Philippine territory that can be used to fully control the West Philippine Sea and South China Sea.

Former Armed Forces of the Philippines (AFP) chief during the administration of then-President Benigno Aquino III, Emmanuel Bautista warned that China might be employing "gray zone" tactics to fully claim the disputed waters.

Bautista said at an online forum hosted by the National Youth Movement for the West Philippine Sea that the country is "being affected not just militarily but in other aspects in what we call the gray zone strategy."

The former chief explained gray zone as "the period between peacetime and wartime where you employ not just military means but also economic, information and other instruments of national power, not necessarily kinetic military in nature."

"Even as we speak, war is being fought in the gray zone. In information and propaganda realm, economic and other areas," he said.

Bautista then urged the Philippine government to be wary of Chinese nonmilitary actions because of their security implications.

"Many things are happening in the context of gray zone warfare, not just the influx of foreign nationals but also investments in strategic assets and strategic industries, and other economic means," he pointed out.

Several senators have recently raised security concerns over the influx into the Philippines of at least 28,000 Chinese nationals who had been allowed entry as retirees. Their average age is 35 years old.

Bautista said China is also engaged in other activities aimed at gaining access to the Philippines, such as leasing Fuga Island in the Philippines' northernmost area near Taiwan and building an international airport in Sangley in Cavite on land. **(GOCAVITE)**

ANDANAR SAYS PRESIDENT DUTERTE CLOSELY MONITORING TYPHOON ROLLY

MANILA - Presidential Communications Operations Office (PCOO) Secretary Martin Andanar on Sunday urged the public to regularly monitor updates and relevant information as the country experiences heavy rains and strong winds due to the onslaught of Typhoon "Rolly," with estimated 19.8 million individuals affected.

During a Laging Handa virtual briefing, Secretary Andanar assured that the government is ready to inform and disseminate essential information while concerned government agencies are on standby to ensure safety and to provide preemptive measures for affected areas.

"Sa paghagupit ng bagyong "Rolly," ang ating pamahalaan ay nagsagawa ng mga hakbang pangkaligtasan at preemptive measures upang tiyakin ang seguridad ng bawat isa [As everyone braces for Typhoon "Rolly," we in the government have been undertaking safety and preemptive measures in order to ensure the protection and security of everyone]," he said on Sunday during the Laging Handa Public Briefing.

He noted that President Rodrigo Roa Duterte is closely monitoring the situation along with key officials of various departments.

"Pinatitiyak ng ating Pangulo na agad matutulungan ng national government ang mga pinaka-apektadong local government units. Mahalaga kay Pangulong Duterte na makabalik agad sa normal ang sitwasyon sa mga nasalanta ng bagyo [The President wants to make sure that the national government will provide assistance to the most affected local government units. It is important for President Duterte to get the situation back to normal immediately, especially in areas devastated by the typhoon]," he said.

Today, the Philippine Atmospheric, Geophysical and Astronomical Services Administration (PAGASA) has also confirmed the entry of Tropical Storm "Siony" inside the Philippine Area of Responsibility (PAR), and has slightly intensified.

Secretary Andanar stressed that the information arm of the government has an activated crisis communications platform through the Laging Handa that has been continuously working to deliver news and information related to government policies and initiatives on disasters and calamities that hit the country.

"Kami sa Presidential Communications Operations Office ay patuloy sa aming operasyon sa Laging Handa na magbigay at magpakalat ng mahahalagang impormasyon at public service announcements [The PCOO continues with its Laging Handa operations, which is activated and at the ready to inform and disseminate essential information and public service announcements to everyone]," he stressed.

"Nakatutok po ang PCOO at mga magiging na mamamahayag at information officers ng aming mga attached agencies tulad ng PTV, PBS-Radyo Pilipinas, IBC, PNA, at PIA na nasa iba't ibang probinsya para maghatid ng pinakabagong impormasyon tungkol sa bagyo [PCOO, along with the journalists and information officers of attached agencies such as the PTV, PBS-Radyo Pilipinas, IBC, PNA, and PIA that are in the provinces, will continue to give the latest update on the typhoon]," he said.

"Hinihiling namin sa lahat na manatiling updated sa pamamagitan ng pag-subscribe sa aming official na mga channel sa radyo at telebisyon, kasama ang aming mga account sa social media, para sa mga tamang impormasyon tungkol sa mga tugon ng gobyerno at kung paano makipag-ugnayan sa ating mga kinauukulan para sa anumang tulong na inyong kailangan," he added.

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TOWARDS THE FRIENDSHIP OF CITIZERY

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MAKATANG KABITENYO 1999
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ANG KAWANGGAWA

1. Itong kawanggawa ay gawang dakila,
Dapat na tulungan ang pulubi't dukha,
Sapagka't ang buhay nila ay kawawa,
Ang may kakayahan dapat mag-adhika.

2. Magbigay sa kapwa ay parang madali,
Datapwa't mahirap pag iyong sinuri,
May taong mahirap, may dangal at puri
Na pag binigyan mo'y pagtanggi ang sukli.

3. Pagka't ang pagtanggap ng tulong sa iba,
Parang ang sarili ay naibaba na,
Hindi tatanggapin sapagka't kaya pa
Kung kanyang suriin ang katayuan niya.

4. Madaling magbigay kapag humihingi,
Alam mong gipit siya't hanap ay kandili,
Hayaan mo lamang na siya ay mamili
Sa hanay ng bagay na kanyang sinuri.

5. Kawanggawang tunay di lang kabanalan,
Ito'y pag-aalay nitong katauhan,
Ang alay na ganyan ay magandang tunay,
Buong-buo itong alay na mainam.

6. Kawanggawa naman ay di lamang tulong,
Kahit pang-unawa'y kawanggawang gayon,
Pagka't kung bayaan ang ibang opinion
Ay kawanggawa din sa taong naroon.

7. Pagka't ang isipan ng ibang nilalang
Kapag sa opinion ito isinilang,
Opinyong ganito ay dapat igalang,
Laluna at di ka naman sinasaktan.

8. Kawanggawa pa rin pag umuunawa,
Sa tila mali mong nakita sa kapwa,
Pag pinayuhan mo't gawa ay tumama,
Ang tulong mong ito'y tulong na dakila.

HUMANITY NEWS
TOWARDS THE FRIENDSHIP OF CITIZENRY

3 Day Major Mall Sale Happening this November

Laguna - The inter-agency task force leading the country's COVID-19 response has allowed sales in malls, Malacañang said Friday, as authorities sought to boost the pandemic-battered economy.

"Ang mga establishments at mga malls may hold activities para magkaroon ng economic o business activity. Ito po 'yong mga sale," said Presidential Spokesperson Harry Roque (Establishments and malls may hold activities to spur economic or business activity. These are the sales.)

"Pero subject po ito sa DTI (Department of Trade and Industry) guideline in the operation of malls and shopping malls," he said in a Laging Handa public briefing. (But this will be subject to the DTI guideline in the operation of malls and shopping malls.)

Holiday season is upon us, and SM Malls in Laguna just announced the dates and details of its Holiday Savings Event that kicks off November 13 to 15 2020. #ShopatSM for great finds at SM City San Pablo, SM City Calamba and SM City Santa Rosa 3 day sale get up to 70% off on great finds.

The IATF also allowed the trade department to adjust the onsite operational capacity of all business establishments and activities in areas that are under general community quarantine or lower, said Roque. The task force urged local governments to exempt workers, authorized persons outside their homes and necessary establishments from curfew hours, he said.

The months of October to December typically see the highest in retail revenues, Roque said Thursday. We expect that we will open up the economy enough and that there will be a maximum opportunity for the markets to recover .We hope that this October, November, December we can somehow catch up so that our economic contraction will not be that big.

Let SM turn your November to a bright shopping month in the midst of a dark 2020. It's the best time to finish your holiday shopping early or splurge a special item for yourself — after all that happened this year, you deserve it!

300 sako ng binhing palay, ipinamahagi ng pamahalaang lungsod ng Imus sa mga magsasaka

Upang patuloy na maitaas ang produksyon ng palay, namahagi ang Imus City Agriculture Office ng 300 sako ng binhing palay sa mga

(cont. P.4)

Republic of the Philippines
Fourth Judicial Region
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
City of Bacoor

NATIONAL HOME MORTGAGE FINANCE CORP.,
Mortgagee,

Foreclosure No. 2020-53
For: Extra-judicial Foreclosure of Real Estate Mortgage

-versus-

SPS. CHRISTOPHER C. MUNSAYAC and SERENA G. MUNSAYAC,
Mortgagors.
x---x

NOTICE OF EXTRA-JUDICIAL FORECLOSURE

Upon Extra-judicial for Sale under Act 3135 as Amended by Act 4118 filed by the mortgagee-assignee, **NATIONAL HOME MORTGAGE FINANCE CORP.,** of 104 Amorsolo St., Legaspi Village, Makati City, and against the mortgagors, **SPS. CHRISTOPHER C. MUNSAYAC and SERENA G. MUNSAYAC**, of Molino Homes Lot 44 Blk. 21 Bacoor, Cavite, to satisfy the mortgage indebtedness which as of December 31, 2019, amounts to **ONE MILLION SIX THOUSAND SEVEN HUNDRED NINETY FOUR PESOS & 74/100 (P1,006,794.74)** Philippine Currency, exclusive of penalty charges, the undersigned or her duly authorized representative will sell at the public auction on **December 11, 2020 at 10:00 o'clock** in the morning or soon thereafter, at the main entrance of the Hall of Justice of Bacoor City, Cavite, to the highest bidder for CASH and In Philippine Currency, the following described property with all the improvements thereon, to wit;

TRANSFER CERTIFICATE OF TITLE No. T-353521

"A parcel of Land (Lot 44, Blk. 21 of the cons. subd. plan. Pcs-04-005853, being a portion of the cons. of Lots 6506 & 6507, Imus Estate, L.R.C. Rec. No.), situated in the Bo. of Molino, Mun. of Bacoor, Prov. of Cavite x x x containing an area of **SEVENTY FIVE (75) SQUARE METERS."**

"All sealed bid must submitted to the undersigned on the above stated time and date."

"In the event the public auction should not take place on the said date, it shall be held on **December 18, 2020,** without further notice."

Prospective buyers or bidders are hereby enjoined to investigate for themselves the title to the said property and encumbrances, if any there be.

City of Bacoor, October 12, 2020.

(SGD) LIZA D. VICTA
Clerk of Court VI

By:

(SGD) DEMETRIO T. VILLANUEVA, JR.
Sheriff IV

Copy furnished:

ATTY. DANTE Q. RIZADA
5th Floor Filomena Bldg., 104 Amorsolo St., Legaspi Village, Makati City

Mr. & Mrs. CHRISTOPHER C. MUNSAYAC and SERENA G. MUNSAYAC
-Molino Homes Lot 44 Blk. 21 Bacoor, Cavite
-1837 Velasquez St., Tondo Manila

WARNING: It is absolutely prohibited to remove, deface or destroy this notice of Extra-judicial Sale on or before the date of sale.

HUMANITY NEWS
OCTOBER 26, NOVEMBER 2 & 9, 2020

Pagbati Mula kina:

Vice Mayor Ony Cantimbuhan
Imus City, Cavite

Coun. Vince Amposta
Imus City, Cavite

Mayor Nonong Ricafrente
Rosario, Cavite

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BAYANG TAHIMIK, MASAYA AT MAUNLAD

LET THERE BE LIGHT!

By
ENG'R. VER CAMPAÑA BAUTISTA
F & A.M. Luis Olimpo Ferrer Lodge 366

SALAWAG - Ang Salawag, Dasmariñas ay tinawag nang gayon dahil sa ugali na ang sinumang maghawan ng mataas na damo ay sinasabing kanya ang "Lawag" na iyon at siya lang ang puwedeng magtanim sa lugar na ginamasan.

Kandidata ng Cavite sa Binibining Pilipinas, ipinamalas ang kaniyang National costume

Napamangha ang mga netizen at parte ng pageant community sa national costume ng kandidata ng Cavite para Binibining Pilipinas, matapos itong opisyal na ibahagi ng Binibining Pilipinas Charities, Inc. sa social media.

Sa larawang inilabas noong Oktubre 30, 2020, makikita ang kinatawan ng Cavite, na si Samantha Panlilio, na nakasuot ng isang mabalahibong Filipiniana costume na may mga detalyeng hango sa kasaysayan ng lalawigang kanyang pinagmulan.

"My national costume was designed by Klevin Bartolaba and symbolizes Cavite's national heroes, the thirteen martyrs who led the Philippine revolution against Spain in 1896 as seen on the faces sculpted in the crown," saad ni Panlilio sa ABS-CBN News.

"The gown is made of local Filipino fabric. The wings are made of real feathers and tainted with gold to symbolize our kalayaan. The belt colors represent our victory," dagdag pa niya.

Samantala, ang kaniyang suot na korona ay inspired sa kaniyang tiyahing si Myrna Panlilio na siyang representate ng Pilipinas sa Miss Universe 1964 pageant.

Inaabangan naman ang mas marami pang national costumes photos na ilalabas ng Binibining Pilipinas sa susunod na mga araw. Tiniyak nila na ipapamalas ng mga kandidata ang ganda ng kultura at kasaysayan ng Pilipinas.

BAGUIO CITY SHARES EFFECTIVE CONTACT TRACING STRATEGY IN LAGING HANDA DOKYU 6TH EPISODE

The Presidential Communications Operations Office (PCOO), through the Office of the Global Media and Public Affairs (OGMPA), will walk viewers through the extensive contact tracing process of Baguio City that enabled them to contain the spread of COVID-19 and safely reopen their tourism industry, in the 6th episode of the Laging Handa Dokyu series entitled: "Baguio: Contact Tracing."

"Baguio is considered as a model city for its extensive COVID-19 response. The city's tourism industry is greatly stricken by the pandemic, as well as the livelihoods that depend on it," said Presidential Communications Secretary Martin M. Andanar.

"There is no doubt that the city has an effective contact tracing strategy. That's why, Mayor Benjamin Magalong was designated as the National Task Force (NTF) Against COVID-19 Tracing Czar. As Baguio City's response against COVID-19 stood out among the local government units in the country, they were able to reopen their economy in order to recover from the pandemic," he added.

Mayor Magalong said that their proactive measures in response to COVID-19 are ready, as Baguio reopened its doors to tourists from select regions in Luzon last October 22, 2020.

"I can assure you that your local government unit is on top of the situation. We have the best contact tracing in the entire country. We also have an adequate number of isolation facilities. We will never compromise the safety and health of our residents and, at the same time, our visitors," said Mayor Magalong.

The city government also urges tourists to follow the national health protocols to safely enjoy Baguio City and its cool climate under the new normal.

"We created this informative short documentary to provide first-hand experience of Baguio City's processes to monitor and control the spread of COVID-19 from the entry to the city, up until the tracing of close contacts. This is to show how the public, and the national and local government can collectively learn how to live with the virus in the new normal, while we wait for a vaccine," said PCOO Assistant Secretary JV Arcena, who is the production head and executive producer of the Laging Handa Dokyu series.

The succeeding episodes of the Laging Handa Dokyu series will include the operation inside the Philippine Red Cross' vaccine and clinical trials, as well as the country's various studies on local herbal medicines and supplements to find the possible cure for COVID-19, the story of our indigenous peoples amid the pandemic, the best practices of local government units, and the experiences of some government officials hit by COVID-19.

Catch "Baguio: Contact Tracing" this Sunday at 9:30 PM on PTV-4 and IBC-13. It will also be livestreamed on the Presidential Communications Office, NTF COVID-19, and DOH Facebook pages, as well as other government-affiliated social media pages.

Media outlets are free to share and use our video materials and short documentaries. For inquiries, please e-mail us at pcooglobalmedia@pco.gov.ph.

300 sako ng binhing palay... (from p. 3)

magsasaka ng kanilang lungsod.

Ang naturang pamamahagi ay parte ng pagtugon ng lungsod sa mga magsasakang naapektuhan ng kalamidad at para sa seguridad ng pagkain.

Dagdag pa rito, may 200 sako ng binhi pa ang paparating upang masigurado ng pamahalaang lungsod na sapat ang kanilang pagtugon sa mga pangangailangan ng kanilang mga mamamayan at magsasaka. (GOCAVITE)

HUMANITY TRIVIA

ENGR. VIR CAMPAÑA BAUTISTA (TWIN BROTHER OF VER)

(IT TELLS THE DATES OF INVENTION, PLACES OF PLANT ORIGIN AND CURES OF DISEASE)

Vulcanized rubber - 1939
Hemodialysis - 1945
Potato - South America
Squash - South America
Apple - rheumatism

Pamahalaang Lungsod ng General Trias, nagbigay ng tulong sa sektor ng edukasyon sa kanilang bayan

Ibinahagi ng Pamahalaang Lungsod ng General Trias ang mga kagamitan na kanilang ibinigay sa sektor ng edukasyon sa kanilang bayan.

Inaasahan na mahigit-kumulang 73,000 na mag-aaral na pumapasok sa mga pampublikong paaralang emelentarya at sekondarya sa lungsod ang mabibigyang suporta sa pamamagitan ng mga kagamitang ibinahagi.

Kabilang sa mga ipinagkaloob sa Schools Division of Gen. Trias City ang tatlong (3) units ng Riso Comcolor with offset stapling (1 unit) high speed inkjet printer, na may kakayahang mag-imprenta ng 120 pages per minute.

Bukod dito ay nagbigay rin ang naturang LGU ng nasa mahigit tatlong daang desktop computers na may kasamang computer tables.

Samantala, patuloy pa rin umano ang pamamahagi ng mga bond papers at printer inks sa mga paaralan upang magamit ng mga guro sa kanilang paggawa ng Weekly Home Learning Plan (WHLP).

Vitamins, face masks, face shields, ipinamahagi ng General Trias sa mga miyembro ng retired teachers association

Ibinahagi ng Pamahalaang Lungsod ng General Trias, ang pagbibigay ng mga Vitamin C, face masks, at face shield sa mga miyembro ng Retired Teachers Association of General Trias.

Ang pamamahagi ng dalawang buwan suplay ng mga nabanggit ay bahagi ng selebrasyon ng Teachers' Month at Retired Teachers' Day.

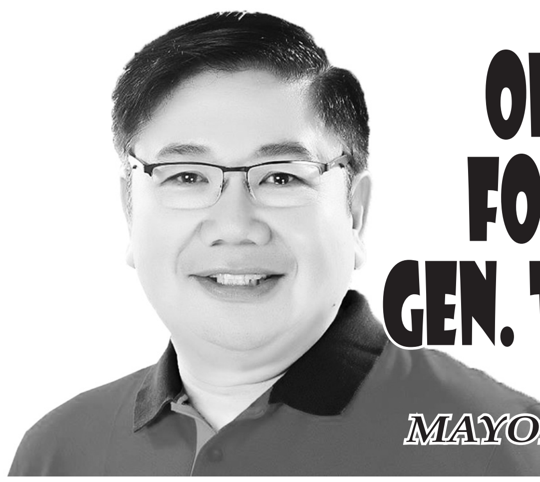
Dagdag pa rito, tumanggap din ang mga retiradong guro at principals ng food packs mula Maxim Integrated, at Lola Remedios food supplement mula sa Kino Consumer Philippines, Inc.

Ang naturang pamamahagi ay pinangunahan nina Mayor Ony Ferrer, Vice-Mayor Morit Sison, mga Sangguniang Panlungsod Members, at sa suporta ni Cong. Jon-Jon Ferrer.

EDITORIAL

Ang mga kalakal sa malalayong kanayunan ay nailuluwas matapos ang mahabang hirap gamit ang pasan at kabayo. Marami sa mga magsasaka ay hindi makapagtanim nang marami dahil ang mga kalsada ay hindi maayos.

Sa Amerika sa panahon ni Pres. Eisenhower ay ginawa ang maraming kalsadang naglagos sa maraming mga bukid. Ito ay nagbigay ng insentibo upang magtanim ang mga magsasaka. Ngayon ay maunlad na ang sakahan ng Amerika dahil sa mga lansangang nilikha sa panahong yaon.



ONWARD
FORWARD
GEN. TRIAS CITY

MAYOR ONY FERRER

Noveleta tiniyak na sapat ang pondo para sa mga bakwit sa kanilang bayan

Inamin ni Noveleta Mayor Dino Reyes-Chua na nahirapan ang kanilang pamahalaang bayan sa paglilikas ng mga residente nito dahil sa pandemyang dulot ng coronavirus disease (COVID-19).

Aniya sa interbyu ng Radyo Agila, hindi maaaring punuin ang bawat evacuation centers dahil kailangang masunod pa rin ang mga alintutuning pangkalusugan.

Bagaman mahirap ang sitwasyon, nagpapasalamat siya na nagging maayos naman ang paglilipat sa mga bakwit sa limang lugar na binuksan para sa mga ito.

Siniguro rin umano ng kanilang pamahalaang bayan na sapat ang kanilang Calamity Fund upang mabigyan ng tulong at pagkain ang bawat pamilyang kinailangan lumikas.

"Nanawagan po ako sa aking mga kababayan lalo na sa mga nakatira sa tabing-dagat na unahin ang kaligatasan lalo na ang mga bata at senior citizen. May nakahandang programa para sa kanila at may mga nakabantay sa mga evacuation centers na mag-aasikaso ng mga pagkain," pahayag ni Chua.

DTI... (from p. 1)

pangangailangan sa mas murang halaga.

"Generally, prices are stable because the flow of goods and services was resumed immediately," saad ni Lopez.

Nabanggit din niya na ang supply ng mga kalakal sa pangkalahatan ay "stable" sa mga lugar na tinamaan ng bagyo. Idinagdag niya na ang imbentaryo ng mga groseri sa mga lugar na ito ay karaniwang dalawa hanggang apat na araw.

Paalala naman ng opisyal sa mga nagtitinda, mayroong price freeze sa mga lugar na inilagay sa ilalim ng state of calamity. Hindi dapat magkaroon ng paggalaw sa mga presyo ng pangunahing bilihin sa mga lugar na ito.

Samantala, sinabi ni Lopez na handa ang DTI na magbigay ng mga livelihood kits para sa mga negosyanteng naapektuhan ng bagyo.

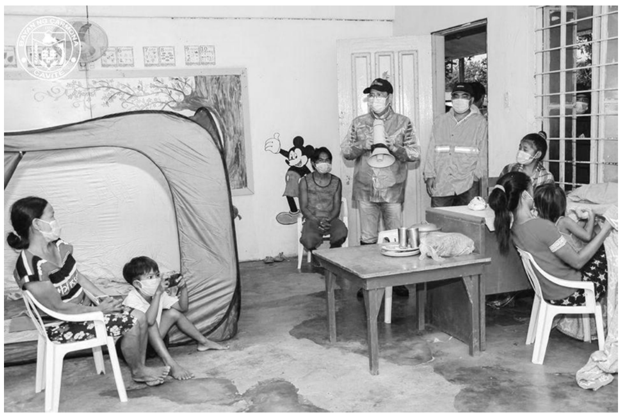
Ang mga Microfinancing facility ay maaari rin umanong mapakinabangan ng mga apektadong negosyante.

CAVITE HIGHLIGHTS

By:
Yna Palparan Bautista

Felife Calderon was appointed delegate to Malolos Congress to draft the Malolos Constitution. His proposed Constitution was approved over those of Apolinario Mabini's andPedro Paterno's. He founded Liceo De Manila. He died in 1908.

Municipal Mayor Loyola leads inspection of evacuation centers housing 940 evacuees



Municipal Mayor Roy Loyola, the chairperson of the Municipal Disaster Risk Reduction and Management Council (MDRRMC), alongside barangay officials, uniformed personnel, and other members of Carmona's emergency response teams, led the inspection of evacuation centers to ensure the welfare of the residents there.

As of 8:00 p.m. of November 1, 2020, the Municipal Government of Carmona, through the Municipal Social Welfare and Development Office, reports that 234 families composed of 940 individuals are housed in seven evacuation centers in the municipality.

Inspection, response, and evacuation efforts areongoing as of writing, which means that the number of evacuees are highly likely to increase in the coming hours.

"The heavy winds and rains did not stop me from inspecting evacuation centers. I want to make sure that our residents are well taken care of in our temporary shelters and that they have everything they need there. Moreover, I want to see for myself that the minimum public health standards are in place because the threats of COVID-19 persist," Mayor Loyola said.

At press time, the province of Cavite is under Public Storm Warning No. 2, according to the 8:00p.m. severe weather bulletin of PAGASA. A State of Calamity has also been declared in the province today.

Prior to the Typhoon Rolly's landfall in the country, the local government of Carmona has been quick in activating its MDRRMC and BDRRMC for preventive measures and (cont. P.7)

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Giant Hakao	P195.00
Asado Siopao	P 79.00
Bola Bola Siopao	P 89.00
Chicken Feet	P 95.00
Pork Siomai	P 85.00
Japanese Siomai	P 89.00
Baencurd Roll	P 89.00
Shark's Fin Dumpling	P 80.00
Spring Roll	P 95.00
Kutchay Dumpling	P 85.00
Chicken Pao	P 85.00

MAMI

Wanton	P 90.00
Soy Chicken	P 95.00
Pork Asado	P105.00
Beef Brisket	P105.00
Beef Brisket w/ Wanton	P110.00

CONGEE

Bola - Bola	P 85.00
Fish Fillet	P 85.00
Pork Asado	P 95.00
Chicken	P 95.00
Pork & Century Egg	P 95.00
Special	P100.00

ADD ONS

Century Egg	P 60.00
Prawn Chips	P 70.00
Lechon Con Tofu	P 55.00

NOODLES

	SOLO	Good for 2 to 3 persons
Lomi	P135.00	
Pancit Bihon	P110.00	P195.00
Miki Bihon	P110.00	P195.00
Pancit Canton	P115.00	P205.00
Crispy Fried Noodles (All Meat)	P130.00	P220.00
Crispy Fried Noodles (Seafood)	P130.00	P220.00
Birthday Noodles	P135.00	P225.00
Hofan Noodles	P150.00	P255.00

RICE

	SOLO	REGULAR
Yangchow Fried Rice	P80.00	P160.00
HK Golden Fried Rice	P100.00	P190.00
Salted-Fish Fried Rice	P105.00	P195.00
Pineapple Fried Rice	P115.00	P225.00

HOUSE SPECIAL
(Good for 2 to 3 persons)

Seaweed & Century Egg	P220.00
Pork Asado Roastin	P320.00
Assorted Cold Cuts	P320.00
Soy Chicken (whole)	P490.00
Soy Chicken (half)	P270.00
HK Fried Chicken (whole)	P430.00
HK Fried Chicken (half)	P220.00
Salt & Pepper Fried Chicken (whole)	P490.00
Salt & Pepper Fried Chicken (half)	P260.00
Patatim	P490.00
Steam White Chicken (whole)	P530.00
Steam White Chicken (half)	P260.00

ALA CARTE
(Good for 2 to 3 persons)

Salt & Pepper Squid	P220.00
Fish Fillet Tausi & Beancurd	P240.00
Chopsuey	P190.00
Lohan Vegetables	P190.00
Sweet & Sour Fish Fillet	P240.00
Sweet & Sour Pork	P220.00
Beef w/ Ampalaya	P230.00
Beef Brisket Hot Pot	P320.00
Beef w/ Broccoli	P320.00
Lechon Macau	P300.00
Canton Special	P275.00

RICE TOPPINGS

Squid Tausi	P105.00
Sze Chuan Squid	P105.00
Fish Fillet Tausi & Beancurd	P150.00
Pork Asado Rice	P150.00
Chopsuey	P145.00
Soy Chicken	P195.00
Sweet & Sour Fish Fillet	P135.00
Pork Asado & Soy Chicken	P145.00
Sweet & Sour Pork	P145.00
Beef Brisket	P155.00
Spareribs Tausi	P140.00
Chicken Feet & Spareribs	P145.00
Salt & Pepper Squid w/ Egg Rice	P160.00
HK Fried Chicken w/ Egg rice	P160.00
Lechon Macau w/ Egg Rice	P160.00
Steamed White Chicken w/ Egg Rice	P195.00

SOUP

Spinach Seafood Soup	P135.00
Pumpkin Soup	P125.00
Crab Meat Corn Soup	P160.00
Hot & Sour Soup	P135.00
Solo Serving	P60.00

COMBO MEAL

Sweet & Sour Fish Fillet	P229.00
Pork Asado	P229.00
Spring Roll	P229.00
Sweet & Sour Pork	P229.00
Salt & Pepper Squid	P249.00
HK Emperor Chicken	P309.00
Macau	P309.00

DESSERT

Black Gulaman	P 50.00
Black Gulaman w/ Lychee	P 55.00
Almond Jelly w/ Lychee	P 55.00
Halo Halo	P 65.00
Halo Halo w/ Ice Cream	P 79.00
Egg Yolk Pao	P 85.00
Almond Jelly Ala Dode	P 70.00
Leche Plan	P 29.00

BEVERAGE

Instant Coffee	P 40.00
Brewed Coffee	P 45.00
Iced Tea	P 45.00
Pineapple	P 45.00
Red Tea	P 45.00
Mango Smoothie	P 85.00
Milk Tea	P 69.00
Banana Smoothie	P 75.00
Mineral Water	P 25.00
Soda in Can	P 70.00
Bottomless Iced Tea	P 90.00

*Price are subjected to change without prior notice
Price INCLUSIVE of 12% VAT.

Online application for the SM Scholarship program starts on January 1, 2021

SM FOUNDATION

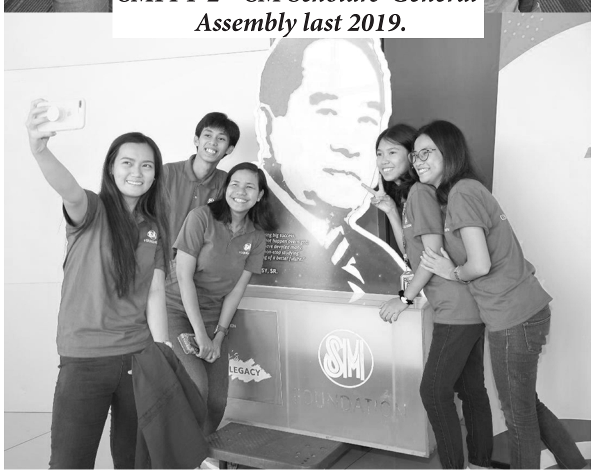
SM Foundation (SMFI) announced the start of the online application period for the SM College Scholarship program for School Year 2021-2022 which will open on January 1 and end on February 28, 2021.

The SM College Scholarship Program started from the vision of the late SM patriarch, Henry "Tatang" Sy, Sr. He believed that if you send one child from an economically challenged family to college, that child would have more opportunities to have gainful employment and later on uplift the economic status of his/her family.

The SM scholarship program is open to the following:

- Grade 12 public high school graduates from schools in the areas covered; or
- Grade 12 graduates from private schools in the areas covered (given that they have Department of Education (DepEd) voucher and finished Junior High from a public school)

SMFI 1-2 – SM Scholars' General Assembly last 2019.



- General Weighted Average grade of at least 88% or its equivalent for Grade 12 – 1st semester
- Total household income of at most P150,000 per year.

The program covers the following field of studies: Computer Science, Information Technology, Engineering (Civil, Electrical, Mechanical, Computer, and Electronics), Education (Elementary and Secondary); Accountancy, and Financial Management, among others.

For more information about the SM College Scholarship program, visit www.sm-foundation.org and follow its social media accounts @SMFoundationInc (Facebook, Instagram, Twitter, and YouTube).

SM Foundation, through its Scholarship program, provides deserving and qualified students with access to college education and technical-vocational studies since 1993. To date, SMFI has supported almost 5,500 scholars nationwide.###**(KCHT)**

Narito ang mga larawan ng proyektong makakapagpaganda ng daloy ng tubig sa Brgy. Bilo, Alfonso.Nagpapasalamat si Mayoe Randy Salamat sa lahat ng tumulong upang maisakatuparan ang naturang proyekto na makakatulong ng lubos sa kaniyang mga nasasakupan.Randy Salamat (Facebook)

Municipal Mayor Loyola... (from p. 6)

preemptive evacuation.

"Carmona has always been proactive in terms of disaster risk reduction. As soon as we are informed of an upcoming calamity, the local government immediately convenes the members of our Municipal and Barangay Disaster Risk Reduction Management Councils for briefing and preparations,"the local chief executive said.

"Our emergency response teams composed of different departments of the local government, barangays, uniformed personnel, security units, health workers, and many others, are always in full alert during calamities. This means, we immediately respond to infrastructure and environmental damages, attend to health-related emergencies, and assist individuals or families in danger," he added.

"We take advantage of technology and discuss via teleconference. Our social media chat groups are also activated for faster communication resulting in swift response."

Health Benefits...

Kaalaman tungkol sa Mabolo bilang halamang gamot

Scientific name: Diospyros blancoi A. DC.; Diospyros discolor Wild.; Diospyros malacapalA.DC. Common name: Mabolo (Tagalog); Velvet Apple (Ingles)

Ang mabolo ay isang kilalang halaman na karaniwang nakikita sa Pilipinas. Ang puno nito ay may katamtamang taas, may makapal at makinis na dahon, at bulaklak na kulay puti. Ang bunga nito na maaaring kainin ay bilugan ang hugis at nababalot ng maliliit na buhok. Karaniwan itong nakikita sa mababababang lugar at mga kagubatan.

Ano ang mga sustansya at kemikal na maaaring makuha sa Mabolo?

Ang iba't ibang bahagi ng mabolo ay maaaring makuhanan ng ilang uri ng kemikal at sustansya na maaaring may benepisyo sa kalusugan:

Ang dahon ay makukuhanan ng alkaloids, reducing sugar, gum, flavonoids, at tannins

Ang bunga ay mayaman sa tannin

Makukuhanan din ng rosmarinic acid, luteolin at hispidulin

Ang bunga ay may taglay din na mahahalagang sustansya kabilang ang carbohydrates, fiber, fat, calcium, protein, phosphorus, iron, vitamin A, thiamine, riboflavin, niacin, at vitamin C

Anong bahagi ng halaman ang ginagamit bilang gamot, at paano ginagamit ang mga ito?

Maaaring gamitin bilang gamot ang ilang bahagi ng halaman tulad ng:

Balat ng kahoy. Ang balat ng kahoy mula sa puno ng mabolo ay mabisang panggamot ilang uri ng sakit. Karaniwan itong nilalaga at iniinom.

Dahon. Ang dahon ay karaniwan ding nilalaga at hinahalo pa sa balat ng kahoy upang ipanggamot.

Ano ang mga sakit na maaaring magamot ng Mabolo?

Pangangati ng balat. Maaaring ipanghugas sa apektadong balat ang pinaglagaan ang balat ng kahoy at dahon ng mabolo upang maibsan ang pangangati.

Ubo. Mabisang panlunas sa ubo ang pag-inom sa pinaglagaan ng balat ng kahoy ng mabolo.

Lagnat. Makatutulong naman na pababain ang lagnat kung iinom din ng pinaglagaan ng balat ng kahoy.

Sugat. Maaaring ipanghugas naman sa sugat ang katas ng bunga para madali itong maghilom.

Pagtatae. Ang pag-inom sa pinaglagaan ng balat ng kahoy ay mabisa ring panlunas sa kondisyon ng pagtatae.

Hika. Pinaniniwalaan din na makatutulong para sa sintomas ng hika ang pag-inom sa pinaglagaan ng balat ng kahoy ng mabolo.

Free radical. Taglay ng pinaglagaan ng dahon at balat ng kahoy ang malalakas na uri ng antioxidant na kayang labanan ang free radical sa katawan.

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HUMANITY NEWS
TOWARDS THE FRIENDSHIP OF CITIZENRY

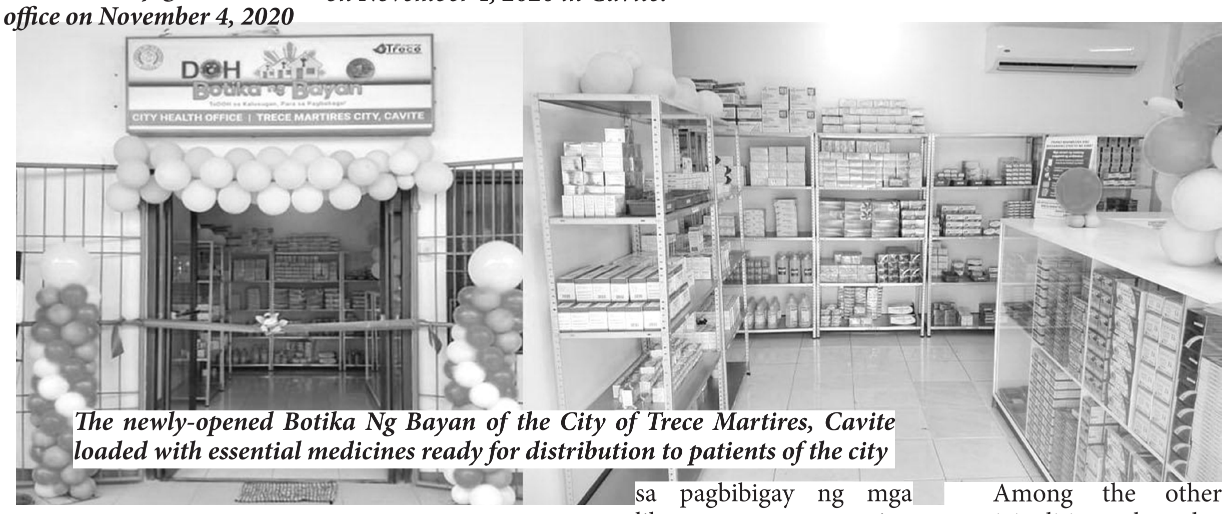
Annex Office: 24 Sayas St. Sabutan, Silang, Cavite

VOL.IV NO. 49

DOH-CALABARZON INAUGURATES FOURTH BOTIKA NG BAYAN IN TRECE MARTIREZ, CAVITE

(L-R) DOH-CALABARZON Regional Director Eduardo C. Janairo, City of Trece Martires Mayor Gemma Bunedia-Lubigan, City Health Officer Lorelei R. Escario and Cavite Provincial Health Team Leader Lorenza C. Serafica signs the Memorandum of Agreement between the regional office and the city government for the Botika Ng Bayan Program held at the city health office on November 4, 2020

DOH-CALABARZON Regional Director Eduardo C., Janairo together with City of Trece Martires Mayor Gemma Buendia-Lubigan prepares to cut the ribbon for the formal opening of the Botika Ng Bayan outlet located at the city health office held on November 4, 2020 in Cavite.



The newly-opened Botika Ng Bayan of the City of Trece Martires, Cavite loaded with essential medicines ready for distribution to patients of the city

DOH-CALABARZON (Cavite, Laguna, Batangas, Rizal, Quezon) today inaugurated the fourth Botika ng Bayan (BnB) in the region located at the City of Trece Martires, Cavite.

"Sa tulong ng ating lokal na pamahalaan ay pananatilihin natin ito at bibigyan ng wastong pangangalaga upang hindi mapabayaan at ito ay ating palalakasin sa pamamagitan ng pakikipag-ugnayan sa mga pribadong pharmaceutical companies upang sila ay makapaglagay ng mga gamot na dito sa BNB upang ang mga pasyente ay hindi na maghanap kung-saan-saan pa para sa kailangan nilang gamot at ito rin ay makukuha ng libre," Regional Director Eduardo C. Janairo stated in his message during the opening of the BnB at the city health office.

He added that the collaboration with private multinational companies will provide the needed essential medicines and will ensure an adequate supply for all BnB outlets.

Among the essential medicines that are available includes paracetamol, antibiotics, topical ointments, anti-thrombotic, anti-inflammatory, antihyperlipidemic, anthelmintic, oral hypoglycemic, vitamins, micronutrients, antacids and other essential drugs for asthma, hypertension, diabetes and dyslipidemia even for family planning.

The Trece Martires BnB was made possible through the effort and cooperation of the city government. The outlet will provide quality outpatient pharmacy services to the residents of the city, especially the underprivileged patients.

The three other BNBs are located in Sta. Maria, Laguna, Mauban, Quezon and in Magallanes, Cavite.

"Sa tulong ng ating mga lokal na pamahalaan sa CALABARZON, gagawin nating primary care pharmacy ang mga BNB na syang magbibigay ng pangunahing serbisyo sa pagbibigay ng mga libreng gamot sa ating mga mamamayan," Janairo reiterated.

Director Janairo reminded that healthy living including proper diet and regular exercise is still the best way to prevent illness.

Among the other municipalities who also applied for a BNB license to operate with the Food and Drug Administration namely San Luis and Tingloy in Batangas, Montalban in Rizal, San Narciso and Quezon in the province of Quezon.

Site inspection sa Pasipit Bridge sa Silang, isinagawa na

Ibinahagi ni Mayor Corie Poblete, ang isinagawang site inspection ng Lokal na Pamahalaan ng Silang sa Concrete Deck Girder Bridge sa Brgy Tubuan III (Pasipit Bridge) kasama ang kanilang Municipal Engineering Office.

Binisita rin nila ang pagsasaayos sa mga isinasagawa sa Silang Public Market at planong pagdadagdag ng comfort rooms sa naturang pamilihan.

DO YOU KNOW ?

The nerves that sense the pain are located close to the skin. Fatal wounds that harm vital organs are not felt right away.

(Shared by Fellowship with Humanity)

FELLOWSHIP WITH HUMANITY

Province of Cavite

PRESIDENT: AURELIO PAREDES BAUTISTA

Fellowship with Humanity is a Family-Based Masonic Charity Group registered in Cavite to help in a small way alleviate the conditions of the poor. The funds come from the family income of the Bautista Family members.