

HUMANITY

NEWS

TOWARDS THE FRIENDSHIP OF CITIZENRY

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Mayor Lani M. Revilla
Bacoor, Cavite

HONTIVEROS URGES PH GOV'T TO BACK INT'L CAMPAIGN TO MAKE COVID-19 VACCINE CHEAPER, AVAILABLE FOR EVERYONE

Senator Risa Hontiveros has filed a Senate resolution urging Malacañang to support an international campaign to ease intellectual property (IP) agreements to ensure universal access to affordable and effective COVID-19 vaccine.

"In a global pandemic

of unprecedented proportion, it is inhumane and unjust to let stringent IP regulations stand in the way of a vaccine that can save lives. We must stand in solidarity with other developing countries in this call so everyone, and not people in just the rich and powerful countries,

will have access to COVID-19 vaccines once they become available," she said.

Hontiveros' proposed Senate Resolution No. 560 urges the government through the Department of Foreign Affairs (DFA) to support the proposal of India and South

Africa for the World Trade Organization (WTO) to suspend the implementation, application and enforcement of relevant provisions under the Trade-Related Aspects of Intellectual Property Rights (TRIPS) for the COVID-19 vaccine. TRIPS seeks to protect IP but has in the past made new medicine and medical technology extremely expensive especially for developing countries, she said.

"Commercial prices of medicine and technology have been roadblocks to proper health care many times before. But this is a crisis that has put even the world's economy to a halt, and will continue to do so if an available vaccine isn't distributed immediately and strategically," she said.

Hontiveros added that developing countries are in dire need of funds for social services and essential expenditures for employment, health



and education, "but will also need to realign their national budget to procure a vaccine."

"We have to make sure the trillions we've loaned and the billions

(cont. P.7)



Nanawagan si Cavite Vice Governor Jolo Revilla sa pamunuan ng CAVITEX ukol sa sistema ng distribusyon ng mga RFID stickers nitong Lunes, Oktubre 25, 2020.

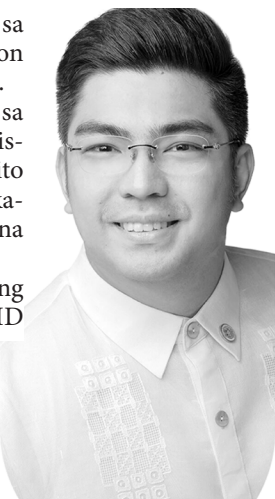
Saad ng bise gobernador, "Nananawagan po tayo sa pamunuan ng CAVITEX na ayusin ang sistema ng distribution ng mga RFID stickers dahil nagiging sanhi ito ng mabigat na daloy ng trapiko para sa ating mga kababayan, lalo na ang hindi maayos na RFID readers na madalas hindi gumagana ng maayos."

Humingi rin siya ng pakiusap na palawigin ang petsa kung hanggang kailan maaaring makabit ng RFID stickers ang mga motorista.

"Nais rin po nating umapela na magkaroon ng extension sa installation ng RFID stickers pagkatapos ng November 2 dahil marami pa sa ating mga kababayan ang hindi nakapagpapalagay nito lalo ngayong nakakaranas tayo ng bagyo," saad ni Revilla.

Ipinaliwanag rin niya ang kahalagahan ng maayos na daloy ng trapiko para sa mga mamamayan kaya't hinihiling niya na mabigyan ng agaran aksyon ang naturang isyu.

"Ang mabigat na daloy ng trapiko ay katumbas ng pagkaantala ng paghahatid ng produkto at serbisyo na siyang "blood line" ng ating ekonomiya. Kaya umaasa po tayo na sa lalong madaling panahon, mabigyan na ang suliraning ito ng agarang solusyon."



MOA signing para sa Cashville Kidz Financial Literacy Program, ginanap sa Lungsod ng Imus



Ibinahagi ni Mayor Emmanuel Maliksi ang ginanap na Memorandum of Agreement sa pagitan ng City Government of Imus, Imus City Schools Division Office (DepEd Imus) at Maybank Philippines Inc para sa Cashville Kidz Financial Literacy Program.

Inaasahan na makatutulong ang naturang programa upang matutunan ng mga "Bidang Imuseño learners" sa importansya ng financial literacy.

Dinaluhan nina Ms. Dulce Bustamante (Local Youth Development Officer), Mr. Ivan Brian L. Inductivo (Asst. Schools Division Superintendent - DepEd Imus City), Ms. Maria Theresa Bawar (Director for Sales and Marketing, Moneytree Asia Pacific/ Maybank Foundation), Ms. Emily Co (Representative Moneytree Asia Pacific/ Maybank Foundation) at Imus City Mayor Emmanuel L. Maliksi ang naturang aktibidad.

LGU Trece Martires goes digital for New Normal government system



TRECE MARTIRES CITY, Cavite -- The City Government here recently signed a Memorandum of Agreement (MOA) with the Multisys Technologies Corporation for a partnership in the development of the Smart City System.

In preparation for the New Normal, the system is a contactless transactions thru digitalized online system that will ensure more efficient, fast and convenient business dealings with the different departments of the city government.

The Smart City System offers services that include processing and pay-

ment of Business Permit, Business Tax, Real Property Tax, Birth Certificate, Cedula, Local Civil Registry, Occupational Rents and Health Certificate, and other payments.

Payments can be made thru over-the-counter via Bayad Centers, banks and online banking with affiliated establishments of BDO, BPI and Metrobank, via digital payments like Paymaya and GCASH, and debit or credit card payments.

In the near future, the city government subsidies like the Birthday Cash Gift, financial assistance, medical assistance



and other services could be directly credited to the residents thru the system and all other possibilities will be explored to maximize the utilization of the system to better serve the people.

Mayor Gemma Lubigan led the virtual signing of the partnership agreement with Mr. Esconili Head Business Development of Multisys, and witnessed by Atty. Kim Moral, Councilor Aldrin Anacan, Acting City Admin Mr. Cabaya, and

Vice Mayor Bobby Montehermoso on October 9, 2020.

"Looking forward po tayo sa launching nito at umaasa po tayo sa mabilis at epektibong serbisyo at kasiguraduhan para sa mamamayan ng Trece. Unti-unti ay makakamit na natin ang pagiging Innovative City at ang paggamit ng mabisang teknolohiya sa ating Lung-sod," said Mayor Lubigan. (Ruel Francisco/Trece Martires City Information Office)

Bagong BPO company sa Bacoor, prayoridad na kumuha ng mga empleyado na mula sa Cavite

Inanunsiyo ng Business process outsourcing firm na Teleperformance Philippines ang pagkakaroon nito ng pinakabagong site sa Bacoor City, Cavite nitong Martes.

Ayon kay Teleperformance Philippines chief

operating officer Mike Lytle, prayoridad ng Molino, Bacoor site na kumuha ng mga magiging empleyado nito mula sa lalawigan ng Cavite.

"What's unique about this site is that not only are we providing a physical location for people to

work in very safely, in an environment where we can practice and keep our employees safe, but we're also opening up more opportunities for people to work from home, including people in Cavite," saad niya sa ginanap na virtual launch

Martes ng gabi.

Sa ngayon ay nasa 47,000 na manggagawa na ang sinusuportahan ng Teleperformance sa buong bansa kung saan mahigit sa 4,000 ang front liner at 50% naman ay support staff na maaaring magtrabaho mula sa kanilang tahanan. (GOCAVITE)



ANG KAWING NG PAGKAIN

1. Pagkain sa lupa't pagkain sa dagat,
Itong akin ngayong gustong ipahayag,
Sa una'y maliit, lumaking paakyat,
At sa dulo'y tao ang nasa itaas.
2. Dahon na nabulok, ilog ang tinunton,
Nagmula ang dahon sa gubat ng nayon,
Inanod patungo sa dagat ng nasyon,
Patabang pagkain sa halama't plankton.
3. Sa dagat marami ang hipon at isda,
Plankton ang pagkain kaya tumataba,
Isang libong kilo ng plankton lilikha
Ng sandaang kilo ng isdang sariwa.
4. Isandaang kilo ng hipon at isda,
Dagit ng malaking isdang maninila,
Sampung kilo nila yaong likhang taba,
Buhay ang pagkain ng buhay sa lupa.
5. Sampung kilo naman ng isdang malaki,
Katumbas ay kilo ng taong nag-ani,
Kawing ng pagkain ay aking sinabi
Upang magabayan ang taong marami.
6. Pagkain sa lupa, kawing ay pareho,
Dahon ay nabulok at pataba ito,
Sa mga halamang madahon, mabuto,
At may mga bungang maraming totoo
7. Dahon ay kinain ng mga insekto,
Bunga ay sa ibon at hayop ng mundo,
Sa dahon at bungang isang libong kilo,
Isandaang kilong taba ang epekto.
8. Isandaang kilo ng ibo't insekto,
Sampung kilong laman yaong dagdag nito
Sa malaking hayop at kanyang katoto,
Isang kilong laman ang dagdag sa tao.
9. Wala pang problema nang tao'y konti lang,
At napakalaki nitong kagubatan,
Ngayon Pilipinas mataas ang bilang,
Isandaang milyon buong kapuluan.
10. Lumiit ang gubat, ang tao'y dumagsa,
Nasira ang food chain sa tubig at lupa,
Nanganib ang hayop, may ibong nawala,
Dahil ang nangyari, balanse'y nasira.

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Noveleta LGU, nagpasalamat sa donasyon ng mga kapatid mula sa INC



Lubos na nagpasalamat si Mayor Dino Reyes-Chua sa mga kasapi at namumuno ng Iglesia ni Cristo (INC) dahil sa kanilang mga donasyon

para sa mga mamamayan ng Noveleta, Cavite. Ang nasabing pamamahagi ay tinawag na "Lingap sa Mamamayan" kung saan saku-sakong

tulong ang inihandog ng INC. "Maraming Salamat po sa Handog Kaarawan ni Ka Eduardo Manalo na pinagkaloob sa atin ng

pamunuan ng IGLESIA NI CRISTO para sa mga kapatid nating kapos palad sa Bayan ng Noveleta! Pagpalain po kayo ng buong maykapal!" saad ni Chua.

KIWANIS ONE DAY PROJECT ISINAGAWA



Namigay ng hygiene at mga school supplies ang grupo ng Kiwanis Club San Pedro Maharlika, sa idinaos na Kiwanis One Day Celebration International sa pamumuno ni Kwn President Atty. Aran Sicut sa Sitio Kubuhan, Dasma Cavite at Sitio Manggahan ng Brgy. Langgam. Kaagapay sa programa, ng Kwn Maharlika sina VP Bernard Herrera, CP Sec Lito Marquez, Kwn. Pastor Felix Agustin Jr, Kwn. JR Obal, Ms. Ana Gacos ng Barangay Langgam, Fernando B. Suyom, at Elizabeth B. Moreno. (ROMMEL MADRIGAL)

Lokal na pamahalaan ng Indang, namahagi ng 20 guya, mga pananim sa magsasaka

Kamakailan lamang ay namahagi ng Lokal na Pamahalaan ng Indang ng nasa may 20 guya (young cow) at mga pananim sa mga magsasakang lubos na naapektuhan ng Bagyong Quinta. Ang 20 guya na ibinahagi ay mayroon ng mga feeds, vitamins at biologics para sa kanilang pagpapalaki.



Samantala, 700 calamansi seedlings, 1,000 guyabano seedlings at mga abono ang sunod na ipinamahagi ng naturang LGU sa mga lokal na magsasaka sa kanilang bayan.

Republic of the Philippines
Fourth Judicial Region
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
City of Bacoor

NATIONAL HOME MORTGAGE FINANCE CORP.,
Mortgagee,

Foreclosure No. 2020-53
For: Extra-judicial Foreclosure of
Real Estate Mortgage

-versus-

SPS. CHRISTOPHER C. MUNSAYAC and
SERENA G. MUNSAYAC,
Mortgagors.

x-----x
NOTICE OF EXTRA-JUDICIAL FORECLOSURE

Upon Extra-judicial for Sale under Act 3135 as Amended by Act 4118 filed by the mortgagee-assignee, NATIONAL HOME MORTGAGE FINANCE CORP., of 104 Amorsolo St., Legaspi Village, Makati City, and against the mortgagors, SPS. CHRISTOPHER C. MUNSAYAC and SERENA G. MUNSAYAC, of Molino Homes Lot 44 Blk. 21 Bacoor, Cavite, to satisfy the mortgage indebtedness which as of December 31, 2019, amounts to ONE MILLION SIX THOUSAND SEVEN HUNDRED NINETY FOUR PESOS & 74/100 (P1,006,794.74) Philippine Currency, exclusive of penalty charges, the undersigned or her duly authorized representative will sell at the public auction on **December 11, 2020 at 10:00 o'clock** in the morning or soon thereafter, at the main entrance of the Hall of Justice of Bacoor City, Cavite, to the highest bidder for CASH and In Philippine Currency, the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE No. T-353521

"A parcel of Land (Lot 44, Blk. 21 of the cons. subd. plan. Pcs-04-005853, being a portion of the cons. of Lots 6506 & 6507, Imus Estate, L.R.C. Rec. No.), situated in the Bo. of Molino, Mun. of Bacoor, Prov. of Cavite x x x containing an area of SEVENTY FIVE (75) SQUARE METERS:"

"All sealed bid must submitted to the undersigned on the above stated time and date."

"In the event the public auction should not take place on the said date, it shall be held on **December 18, 2020**, without further notice."

Prospective buyers or bidders are hereby enjoined to investigate for themselves the title to the said property and encumbrances, if any there be.

City of Bacoor, October 12, 2020.

(SGD) LIZA D. VICTA
Clerk of Court VI

By:
(SGD) DEMETRIO T. VILLANUEVA, JR.
Sheriff IV

Copy furnished:

ATTY. DANTE Q. RIZADA
5th Floor Filomena Bldg., 104 Amorsolo St., Legaspi Village, Makati City

Mr. & Mrs. CHRISTOPHER C. MUNSAYAC and SERENA G. MUNSAYAC
-Molino Homes Lot 44 Blk. 21 Bacoor, Cavite
-1837 Velasquez St., Tondo Manila

WARNING: It is absolutely prohibited to remove, deface or destroy this notice of Extra-judicial Sale on or before the date of sale.

HUMANITY NEWS
OCTOBER 26, NOVEMBER 2 & 9, 2020

Pagbati Mula kina:



Vice Mayor Ony Cantimbuhan
Imus City, Cavite



Coun. Adrian Jay 'AJ' Advincula
Imus City, Cavite



Mayor Nonong Ricafrente
Rosario, Cavite

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BAYANG
TAHIMIK,
MASAYAAT
MAUNLAD**



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BE LIGHT!**

By
ENG'R. VER CAMPAÑA BAUTISTA
F & A.M. Luis Olimpo Ferrer Lodge 366

BACAO - Ang nayon ng Bacao, Gen. Trias ay isinunod sa ngalan ng ibon na nasa damuhan at di makalipad nang malayo.

DENR CALABARZON to Assess Mangrove Area in Noveleta, Cavite for Establishment as Science-based Conservation and Management Site



Aerial view of a portion of the mangrove area in Brgy. San Rafael IV, Noveleta, Cavite

The Department of Environment and Natural Resources (DENR) CALABARZON through the Conservation and Development Division together with the DENR-Provincial Environment and Natural Resources Office (PENRO) of Cavite commenced with the assessment of the mangrove area in Brgy. San Rafael

IV, Noveleta, Cavite on October 12, 2020.

The said activity is part of the partnership project between the DENR Calabarzon, Forest Foundation Philippines, and Zoological Society of London regarding the establishment of the said area as a science-based mangrove conservation and management site.

DENR Calabarzon Conservation and Development Division Chief, Ramil J. Gutierrez said “(the) mangrove assessment in Noveleta, Cavite has the objective of determining its biodiversity components within its ecosystem in order to facilitate the science based approach in management protection and conservation of said area. This will be participated in by different stakeholders vis- a- vis POs, NGOs, NGAs/OGAs, academe, private sector etc. Subject mangrove ecosystem can be devoted for rehabilitation, research and even for eco-tourism agenda to benefit the present and future generations.”

The project site will cover the 30-hectare mangrove forest in the municipality plus approximately 649.6-hectare adjoining

area for future rehabilitation and management.

The assessment aims to identify areas of conservation and management including areas of expansion, evaluate the established nursery site and species diversity, and determine possible threats to mangroves and site-potential livelihood for the community.

The regional department will adopt the methods set under the Biodiversity Management Bureau (BMB) Technical Bulletin No. 2019-04 in the conduct of the assessment. The fieldwork activities are expected to be completed in 13 days.

Covering more than 80 hectares of saline swamp and mudflats, the mangrove forest of Noveleta, Cavite is home to various coastal flora and fauna. Per records

of the Municipal Environment and Natural Resources Office and the Municipal Fisheries and Aquatic Resources Management Council, there are 18 types of mangrove species identified in the areas such as Miyapi or Api-api (*Avicennia alba*), Kulasi (*Lumnitzera racemosa*), Bakawang Lalaki (*Rhizophora apiculata*), Bakawang Babae (*Rhizophora mucronata*), Bakawang Bato (*Rhizophora stylosa*), Banalo (*Thespesia populnea*), Dampol (*Glochidion littorale*), Batikabra (*Ipomoea pescaprae*), Talisay (*Terminalia catappa*), Aroma (*Acacia farnesiana*), Pagatpat (*Sonneratia alba*), Tangal (*Ceriops tagal*), Buta-buta (*Excoecaria agallocha*), Ipil-ip-

il (Instiabijuga), Nipa (*Nypa fruticans*), Palaypay (*Acrostichum aureum*), Lagiwliw (*Acanthus ilicifolius*), and Maragomon (*Brownlowia tersa*).

Migratory birds such as Black-winged stilt (*Himantopus himantopus*), Little egret (*Egretta garzetta*), Black-naped tern (*Sterna sumatrana*), Moorhen (*Rallidae sp.*), Grey heron (*Ardea cinerea*), Great egret (*Ardea alba*), Black-crowned Night Heron (*Nycticorax nycticorax*), Philippine Duck (*Anas luzonica*), Greenshank (*Tringanebularia*), and Lesser sandplover (*Charadrius mongolus*) were sighted in Brgy. San Rafael IV, Noveleta, Cavite, per 2016 report of the DENR-PENRO Cavite.###

HUMANITY TRIVIA
(IT TELLS THE DATES OF INVENTION, PLACES OF PLANT ORIGIN AND CURES OF DISEASE)

ENGR. VIR CAMPAÑA BAUTISTA
(TWIN BROTHER OF VER)

Scotch tape 1930
Launderette - 1931
Mushroom - Worldwide
Okra - Africa
Kasoy - dysentery

Mag-ingat sa mga kumakalat na fixer online na nag-aalok ng serbisyo ng PhilHealth.

Walang bayad ang pagkuha ng PhilHealth ID at Member Data Record (MDR). Mahigpit na ipinagbabawal ang fixing sa ilalim ng Ease of Doing Business and Efficient Government Service Delivery Act of 2018. Ang sinumang mahuhuling gumagawa nito ay maaaring magmula ng hanggang Php2,000,000 o makulong hanggang anim (6) na taon.

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BARANGAY HEALTH EMERGENCY RESPONSE TEAM (BHERT) TUMANGGAP NG MGA BAGONG PPE JACKETS AT VITAMINS MULA SA CITY GOVERNMENT AT MGA DONASYON GALING SA PRIBADONG SEKTOR

Upang masiguro ang kalusugan ng mga miyembro ng BHERT na katuwang ng ating lungsod sa pag-monitor ng mga COVID-19 cases, namahagi ng mga bagong PPE Jackets at vitamins ang City Government sa 249 BHERT members. Ito'y simpleng pasasalamat narin sa kanilang patuloy na serbisyo ngayong pandemya. Bukod dito, tumanggap din sila ng food packs mula Maxim Integrated, Lola Remedios Food Supplement mula sa Kino Consumer Corporation, at face shield galing sa mga private donors.



Mahigit 1000 gatas, natanggap ng Kawit LGU



Muling nagbigay pasalamat ang Lokal na Pamahalaan ng Kawit sa Rotary Club of Congressional at Rotary Club of Cavite East dahil sa panibagong donasyon na gatas ng mga ito.

Nasa may 1,040 kahon ng gatas ang ipinagkaloob ng dalawang organisasyon bilang parte ng kanilang kampanyang "Healthy Mothers, Healthy Children". Pinangunahan ni

Atty. Ariel Jawid ang paghahatid nito munisipyo, at pinangunahan naman ni Municipal Administrator Engr. Rey Santos at MSWD Administrator Novie Baylen ang pagtanggap sa mga donasyon.

ANDANAR RALLIES PUBLIC PARTICIPATION IN GOV'T POLICY CRAFTING

MANILA (PCOO) Secretary Martin Andanar on Friday joined the public and government stakeholders

to proactively participate in the crafting and monitoring implementations of programs and projects.

Secretary Andanar was one of the guests of the third episode of the regional dialogue for Dayyaw 2020 Virtual Town Hall Meetings, this time tackling policy concerns and recommendations with the business sector.

In his message, the Cabinet Officer for Regional Development and Security for Region 10 (CORDS X) remarked that the unity of Filipinos was the primary basis which created Dayyaw as a feedback mechanism for open government partnership.

"Tumong sa Dayyaw 2020's Virtual Town Hall Meetings ang masiguro nga kitang tanan nakighilabot. Pinaagi

niini dunay oportunidad ang mga Pilipino nga masayran ang mga lakang sa kagamhanan sa mga isyu nga giatubang nato, sama aning COVID-19 ug ang atong ekonomiya [The essence of Dayyaw 2020's Virtual Town Hall Meetings is to ensure that we are all engaged with the government. It allows Filipinos to be well aware and informed of the government's actions on pressing issues, such as the COVID-19 pandemic and our economy], he said.

Secretary Andanar said that annual open government dialogue assures that everyone participates for the collective development and progress of the country.

"This is how the participatory government under the President works. Your grievances,

your insights, your concerns, and your suggestions are heard and will serve as guide for the government as it plans, provides allocation, implements the programs and projects, and eventually monitors these,

with you involved every step of the way," he said.

While the country battles to strengthen all its resources against COVID-19, the PCOO chief assured that the Duterte administration

(cont. P.7)

EDITORIAL

Tayo ay isang bansang binubuo ng li-bo-libong pulo. Ang dagat ay nag-uugnay sa atin kung marami tayong mga barko na magdadala ng kagamitan at kalakal sa isa't-isa. Isang larangan na di natin pinagtutuunan ng pansin ay ang paggawa ng mga barkong likhang Pilipino na ugma sa pansariling kalakalang dagat. Tayo ang isa sa mga pinakamahusay na supplier ng mga marino sa buong daigdig, subali't sumasakay tayo sa mga barkong hindi naman atin.

Marapat na ang Gobyerno ay pag-isipan ang sistemang magpapaunlad sa mga sasakyang dagat na atin at gagamitin sa kalakalang panloob.

CAVITE HIGHLIGHTS
By: Yna Palparan Bautista

Jose Basa was a lawyer and a delegate to the Malolos Congress. He was exiled to Guam for complicity in the Cavite Mutiny of 1872. He was brought home to be exiled again in 1892 to Mindanao together with Jose Rizal. Born in San Roque where he taught Emilio Aguinaldo in high school, he was selected by the President as a delegate to the Malolos Congress in 1898. The Americans selected him as Judge of the Court of First Instance in Manila after the Philippine-American War. He died of old age in 1912.

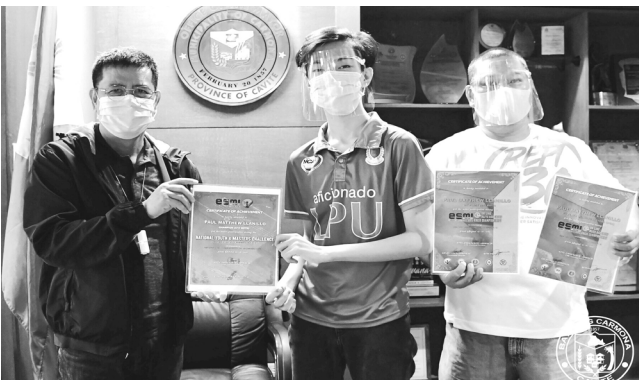


COVID-19 UPDATES & MEASURES
by the Municipal Government of *Carmona*

Iglesia ni Cristo visits Carmona Mayor Roy Loyola. On October 27, 2020, members of the Iglesia ni Cristo led by Mr. Winfred Liwanag visited Carmona Municipal Mayor Roy Loyola. The visit aims to strengthen the partnership between the two institutions and their commitments to the community.



Carmona LGU recognizes young national chess champion. National Youth and Master Challenge Online Chess Champion Paul Matthew Llanilo was recognized by Mayor Roy Loyola on October 27, 2020 for his achievement that brought pride to the Municipality of Carmona. The said competition was held on October 18 to 22, 2020. He also won second place and fourth place during the Online Blitz Age Group Chess Championship held on August 19 to 22, 2020.



Carmona Mayor Roy Loyola conducts Civil Wedding ceremonies. Municipal Mayor Roy Loyola officiated a civil wedding on October 26, 2020 at the Municipal Penthouse for couples in Carmona who have marriage licenses that are about to expire. The ceremony followed the minimum public health standards.



Carmona MDRRMC and BDRRMC on full alert due to Typhoon Quinta. On October 26 and 27, 2020, the Carmona Municipal and Barangay Disaster Risk Reduction and Management Councils headed by Mayor Roy Loyola held response efforts to areas and families affected by Typhoon Quinta. These efforts include fixing damages and providing assistance to evacuees and other residents. The councils' members, who also make up the municipal's emergency response teams, were on full alert since the declaration of Public Storm Warning Signal No. 1 in the Province of Cavite on October 25.



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HK Longanisa w/ Garlic Rice	P200.00	Pancit Bihon	P110.00	Fish Fillet Tausi & Beancurd	P240.00	Pumpkin Soup	P125.00
HK Beef Tapa w/ Garlic Rice	P220.00	Miki Bihon	P110.00	Chopsuey	P190.00	Crab Meat Corn Soup	P160.00
HK Smoked Bangus w/ Garlic Rice	P155.00	Pancit Canton	P115.00	Lohan Vegetables	P190.00	Hot & Sour Soup	P135.00
HK Gong Hiong w/ Garlic Rice	P130.00	Crispy Fried Noodles (All Meat)	P130.00	Sweet & Sour Fish Fillet	P240.00	Solo Serving	P60.00
DIMSUM		Crispy Fried Noodles (Seafood)	P130.00	Sweet & Sour Pork	P220.00	COMBO MEAL	
Mantao	P 30.00	Birthday Noodles	P135.00	Beef w/ Ampalaya	P230.00	Sweet & Sour Fish Fillet	P229.00
Buchi	P 69.00	Hofan Noodles	P150.00	Beef Brisket Hot Pot	P320.00	Pork Asado	P229.00
Giant Pork Siomai	P175.00	RICE		Beef w/ Broccoli	P320.00	Spring Roll	P229.00
Giant Hakao	P195.00	SOLO	REGULAR	Lechon Macau	P300.00	Sweet & Sour Pork	P229.00
Asado Siopao	P 79.00	Yangchow Fried Rice	P80.00	Canton Special	P275.00	Salt & Pepper Squid	P249.00
Bola Bola Siopao	P 89.00	HK Golden Fried Rice	P100.00	RICE TOPPINGS		HK Emperor Chicken	P309.00
Chicken Feet	P 95.00	Salted-Fish Fried Rice	P105.00	Squid Tausi	P105.00	Macau	P309.00
Pork Siomai	P 85.00	Pineapple Fried Rice	P115.00	Sze Chuan Squid	P105.00	DESSERT	
Japanese Siomai	P 89.00	HOUSE SPECIAL		Fish Fillet Tausi & Beancurd	P150.00	Black Gulaman	P 50.00
Baencurd Roll	P 89.00	(Good for 2 to 3 persons)		Pork Asado Rice	P150.00	Black Gulaman w/ Lychee	P 55.00
Shark's Fin Dumpling	P 80.00	Seaweed & Century Egg	P220.00	Chopsuey	P145.00	Almond Jelly w/ Lychee	P 55.00
Spring Roll	P 95.00	Pork Asado Roastin	P320.00	Soy Chicken	P195.00	Halo Halo	P 65.00
Kutchay Dumpling	P 85.00	Assorted Cold Cuts	P320.00	Sweet & Sour Fish Fillet	P135.00	Halo Halo w/ Ice Cream	P 79.00
Chicken Pao	P 85.00	Soy Chicken (whole)	P490.00	Pork Asado & Soy Chicken	P145.00	Egg Yolk Pao	P 85.00
MAMI		Soy Chicken (half)	P270.00	Sweet & Sour Pork	P145.00	Almond Jelly Ala Dode	P 70.00
Wanton	P 90.00	HK Fried Chicken (whole)	P430.00	Beef Brisket	P155.00	Leche Plan	P 29.00
Soy Chicken	P 95.00	HK Fried Chicken (half)	P220.00	Spareribs Tausi	P140.00	BEVERAGE	
Pork Asado	P105.00	Salt & Pepper Fried Chicken (whole)	P490.00	Chicken Feet & Spareribs	P145.00	Instant Coffee	P 40.00
Beef Brisket	P105.00	Salt & Pepper Fried Chicken (half)	P260.00	Salt & Pepper Squid w/ Egg Rice	P160.00	Brewed Coffee	P 45.00
Beef Brisket w/ Wanton	P110.00	Patatim	P490.00	HK Fried Chicken w/ Egg rice	P160.00	Iced Tea	P 45.00
CONGEE		Steam White Chicken (whole)	P530.00	Lechon Macau w/ Egg Rice	P160.00	Pineapple	P 45.00
Bola - Bola	P 85.00	Steam White Chicken (half)	P260.00	Steamed White Chicken w/ Egg Rice	P195.00	Red Tea	P 45.00
Fish Fillet	P 85.00					Mango Smoothie	P 85.00
Pork Asado	P 95.00					Milk Tea	P 69.00
Chicken	P 95.00					Banana Smoothie	P 75.00
Pork & Century Egg	P 95.00					Mineral Water	P 25.00
Special	P100.00					Soda in Can	P 70.00
ADD ONS						Bottomless Iced Tea	P 90.00
Century Egg	P 60.00					*Price are subjected to change without prior notice	
Prawn Chips	P 70.00					Price INCLUSIVE of 12% VAT.	
Lechon Con Tofu	P 55.00						

ANDANAR RALLIES PUBLIC PARTICIPATION... (from p. 5)

is ceaselessly working to safely revive the economy

“Walay puas nga gatrabaho ug gamugna og mga lakang ang administrasyon Duterte arun siguraduhon nga makabawi ang atong ekonomiya gikan ani nga health crisis nga grabe nga naapektuhan dili lang atong ekonomiya sa nasud kun dili ang ekonomiya sa tibook kalibutan. Kini gani nagresulta sa usa ka technical recession [The Duterte administration has been tirelessly

ensuring our economic recovery from this health crisis that have truly affected and led not only our national economy, but also the global economy to a technical recession],” he said.

He also encouraged participants to support and engage with the government as an expression of the spirit of bayanihan impressed in the term Dayyaw.

“Among gidasig ang tanan nga makiglambigit uban sa gobyerno pinaagi sa pagpakabana ug

mutabang nga maresolba ang mga nag-unang problema sa atong katilingban [With these, we are encouraging everyone to engage and work with the government by having the initiative and the drive to address these social ills],” he said.

“Nanghinaot kami nga pinaagi aning Virtual Town Hall Meeting, maipakita nato ang spirit of Dayyaw, samtang kita gapadayon sa paglambo, ug pag-recover isip usa ka nasud [We expect that through this Virtual Town

Hall Meeting, we all exude the spirit of Dayyaw as we

continue to remain on track in our development,

progress, and recovery as one country],” he added.

Hontiveros urges PH... (from p. 1)

we’ve put aside from our budget for this vaccine are worth it. Sana masusulit natin ang bawat piso para karamihan kung hindi lahat ng mahihirap natin ay mabibigyan ng bakuna,” she said. “It is crucial that we join this call to seek the support of the international community so even the poorest of the poor will get the protection that we all deserve.”

Hontiveros, who also authored the Cheaper Medicines Act of 2008 (RA 9502), noted that in the Philippines especially, there is a growing movement to limit patent

protections for essential medicines and reduce the “virtual monopolies” of large pharmaceutical companies over access to life-saving and life-changing medicine. She added that Akbayan Party, which she chairs, continues to spearhead the movement especially during the pandemic in which the dire need for affordability has been even more defined.

“The COVID-19 vaccine should not be treated as a product to be sold to the highest bidder. Billions of lives are at stake here,” she said. “Only universal access

to COVID-19 vaccine will save the global community from illness and economic paralysis. Only a global solution will allow us to collectively come out of the darkness.”

“Every country wants to rise from this pandemic. Waiving IP-based restrictions and increasing global collaboration for the development of a COVID-19 vaccine will allow us to come closer as a global community and fight this disease with the shared belief that every life, no matter where, is worth protecting,” she concluded. #####

PAMUNUAN NG SAN PEDRO CITY TINUTUKAN SI QUINTA

Naging handa at patuloy na monitoring ang isinagawa ng City Disaster Risk Reduction Office, kasama ang CSWD, POSO, na isinupervise ng 1st konsehal Aaron Cataquiz at Konsehal Kent Lagasca. Itoy para kung sakali at magkaroon ng mga kaganapang hindi inaasahang insidente ay agad na makakagawa ng aksyon. Pinayuhan din na mag ingat ang mga tao at wag ng lumabas ng bahay kung hindi naman importante ang kanilang gagawin. (MYRA ANTIOQUIA/RMM)



Health Benefits...

Kaalaman tungkol sa Duhat bilang halamang gamot

Kilala ang duhat dahil sa bunga nito na maitim ang balat at kulay lila na laman. Ito ay may mataas na puno at tumutubo sa maraming lugar sa buong kapuluan ng Pilipinas. May dahon ito na pahabang bilugan at bulaklak na maputi at kumpol-kumpol.

Ano ang mga sustansya at kemikal na maaaring makuha sa Duhat?

Ang iba’t ibang bahagi ng halamang duhat ay maaaring makuhanan ng maraming uri ng kemikal at sustansya na maaaring may benepisyo sa kalusugan:

Ang buto ng duhat ay may taglay na glycosides, madilaw na essential oil, fat, resin, albumin, chlorophyll2, alkaloid na jambosine3, gallic acid, ellagic acid, corilagin at tannin,3,6-hexahydroxydiphenoylglucose at isomer nito na 4,6-hexahydroxydiphenoylglucose, 1-galloylglucose, 3-galloylglucose, quercetin. Mayroon pa itong zinc, chromium, vanadium, potassium at sodium. Makukuhanan pa ito ng protina at amino acids, flavonoids, phenols, glycosides, saponins, tannins, steroids, at triterpenoids.

Anong bahagi ng halaman ang ginagamit bilang gamot, at paano ginagamit ang mga ito?

Maaaring gamitin bilang gamot ang ilang bahagi ng halaman tulad ng:

Dahon. Ang katas ng dahon ay ginagamit na pampahid sa ilang mga kondisyon sa balat. Dinidikdik din ito at ipinangtatapal sa akpektadong bahagi ng katawan.

Bunga. Ginagamit din ang katas ng bunga bilang gamot sa ilang mga kondisyon sa katawan.

Buto. Maaaring patuyuin at durugin ang mga buto upang magamit bilang gamot.

Balat ng kahoy. Maaaring ilaga ang balat ng kahoy at ipainom sa may sakit.

Ano ang mga sakit na maaaring magamot ng Duhat?

Pagtatae o disinterya. Nakagagamot ang pag-inom sa pinaglagaan ng balat ng kahoy ng puno ng duhat, gayun din ang pagkain ng mismong bunga nito sa kondisyon ng pagtatae. Ihinahalo din ang pinaglagaan ng balat ng kahoy sa sa gatas upang ipanggamot sa pagtatae sa bata. Mahusay din ang katas ng dahon para mapigilan ang kondisyong ito.

Pagsusugat ng gilagid o gingivitis. Ipinangmumog ang pinaglagaan ng balat ng kahoy ng puno ng duhat upang maibsan ang pagsusugat ng gilagid.

Sugat. Maaaring ipanghugas sa sugat ang pinaglagaan ng balat ng kahoy ng duhat upang mas mabilis na gumaling.

Diabetes. Makatutulong din ang pagkain sa hinog na bunga ng duhat upang makontrol ang sakit na diabetes. Maaari ding inumin ang pinaglagaan ng dahon at balat ng kahoy para sa kondisyong ito, pati na rin ang pinulbos na buto ng duhat.

Sore throat. Maaaring ipangmumog ang katas ng bunga ng duhat upang bumuti ang pakiramdam ng lalamunan.

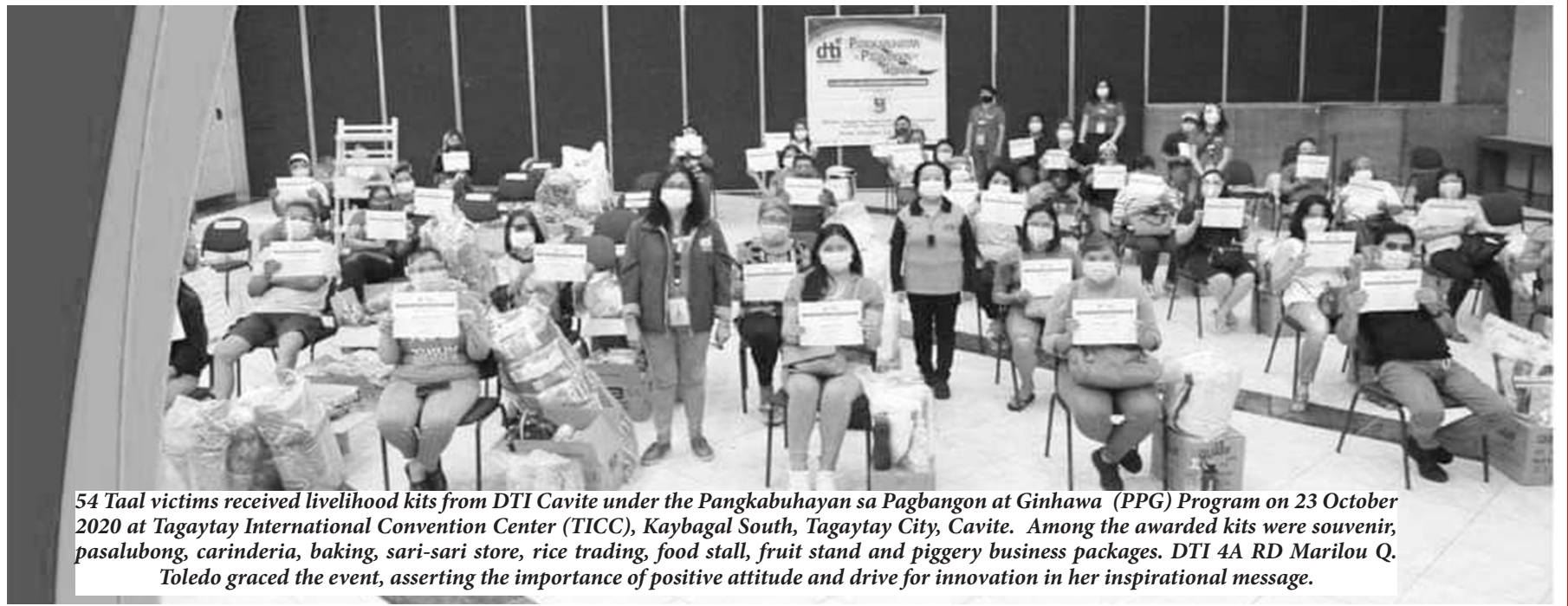
Impatso o hindi natunawan. Ang pag-inom sa pinaglagaan ng balat ng kahoy ay makatutulong para gamutin ang kondisyon ng impatso.

Ulcer sa sikmura. Makatutulong ang pag-inom sa pinaglagaan ng balat ng kahoy ng duhat sa mas mabilis na paggaling ng ulcer sa sikmura.

Pamamaga at implamasyon. Maaaring ipanggamot ang katas ng dahon o dinurog na buto ng duhat sa kondisyon ng implamasyon o pamamaga sa katawan.



Scientific name: *Myrtus cumini* Linn.; *Syzygium cumini* Skeels; *Eugenia djouat* Perr.
Common name: Duhat (Tagalog); Java Plum, Black Plum, Jambolan (Ingles)



54 Taal victims received livelihood kits from DTI Cavite under the Pangkabuhayan sa Pagbangon at Ginhawa (PPG) Program on 23 October 2020 at Tagaytay International Convention Center (TICC), Kaybagal South, Tagaytay City, Cavite. Among the awarded kits were souvenir, pasalubong, carinderia, baking, sari-sari store, rice trading, food stall, fruit stand and piggery business packages. DTI 4A RD Marilou Q. Toledo graced the event, asserting the importance of positive attitude and drive for innovation in her inspirational message.

18,000 na bigas para sa mga senior, ipapamahagi ng Silang LGU ngayong senior citizens month



Kasabay ng pagbati ni Mayor Corie Poblete sa mga nakatatanda ngayong paparating na Senior Citizens Month, ipinabatid din niya ang planong pamamahagi ng bigas para sa mga ito na mula sa Lokal na Pamahalaan ng Silang.

Nasa 18,000 na bigas ang ipapamahagi ng Silang LGU sa mga senior citizens ng kanilang bayan na nagmula sa 64 na ,ga barangay nito.

“Hangad po namin ang inyong magandang

kalusugan at malakas na pangangatawan. Maging kami po ay pangarap nam-ing umabot sa ganyang edad. Patnubayan po kayo ng Poong Maykapal.

Mag-iingat po kayo palagi,” saad ni Poblete. “Lahat po ng ating mga seniors sa buong 64 Barangays ay mabibigyan. Hintayin po ang aming pagbisita sa inyong Barangay,” dagdag pa niya. (SONNY ANARNA)

Proyektong tupad ng DOLE, sinimulan sa mga kabataan sa Bacoor City, Cavite

Ipinabatid ng Pama-halaang Lungsod ng Baco-or ang pagsisimula ng Proyektong Tulong Pang-hanapbuhay para sa Ating Displaced/Disadvantage workers (TUPAD) para sa mga kabataan ng kanilang lungsod.

Nagmula ang naturang pondo sa Department of Labor and Employment (DOLE) at inaasahang makapagbigay suporta sa mga kabataan na makapagsimulang makahanap ng trabaho o makapagbigay ng tulong sa pang araw-araw na gastos ng kanilang pamilya.

Nanguna sa naturang pamamahagi ay si Bacoor Mayor Lani Mercado at kaniyang panganay na anak.



DO YOU KNOW?

The bird automatically closes its feet and hold on to branch as it sits.

(Shared by Fellowship with Humanity)

FELLOWSHIP WITH HUMANITY

Province of Cavite

PRESIDENT: AURELIO PAREDES BAUTISTA

Fellowship with Humanity is a Family-Based Masonic Charity Group registered in Cavite to help in a small way alleviate the conditions of the poor. The funds come from the family income of the Bautista Family members.