

# HUMANITY

# NEWS

TOWARDS THE FRIENDSHIP OF CITIZENRY



**CONG. STRIKE REVILLA**  
Bacoor, 2nd District of Cavite

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## IPOPHL LEVELS UP SERVICE WITH NEW MOBILE APP, PARTNERS WITH DTI TO EXPAND MSME REACH

Aiming to reach out to more creators and innovators and provide them an easier way to secure their intellectual property (IP) assets, the IP Office of the Philippines (IPOPHL) launched Monday, 19 October 2020, its very own mobile application it named "IPOPHL Mobiliz."

Available on Google Play and the App Store, IPOPHL Mobiliz facilitates all IPOPHL services, from filing to registration and raising reports or complaints against infringers.

Users can also get updates on the status of their application and view schedules on IP learning courses.

"Given that many of us spend most of our time on mobile, this development will help IPOPHL reach out to a wider audience and provide a convenient and faster way for securing intellectual property assets and further integrate IP in



(L-R): Deputy Director General Nelson P. Laluces, Deputy Director General Teodoro C. Pascua, IPOPHL Director General Rowel S. Barba, DTI Secretary Ramon M. Lopez, and ARTA Director General Jeremiah B. Belgica.

innovative, creative and entrepreneurial processes," IPOPHL Director General Rowel S. Barba said.

The launch of the app, according to Barba, is also "very timely" amid the recent IPOPHL policy that pushes IP applications to be strictly made online, ensuring the safety of stakeholders and its employees.

The IPOPHL Mobiliz is also seen to unload half of the daily calls the Office receives with regard to basic concerns and questions as the app provides an easy-to-follow, step-by-step guide for users to enjoy IPOPHL's services.

The mobile app is IPOPHL's latest

digital upgrade in a series of efforts in past months to provide a contactless and user-friendly experience to stakeholders amid the pandemic. IPOPHL

Mobiliz is part of the Office's new and broader agenda which will be implemented during Barba's term.

**Raising awareness**  
Anti-Red Tape

Authority Director General Jeremiah Belgica lauded IPOPHL's mobile app and how it can spur innovation and (cont. P.5)

**PLEASE! ALWAYS WEAR YOUR FACE MASK**

A PUBLIC SERVICE REMINDER FROM

**MAYOR TOTIE S. PAREDES**

*Happy Birthday*

**GOVERNOR JONVIC REMULLA**

Province of Cavite

October 23, 2020

Greetings from: Humanity News Management and staff

# CHRISTMAS IN OCTOBER AT SM APPLIANCE CENTER



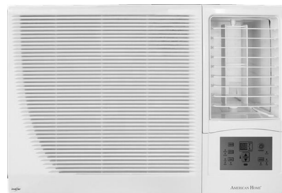
Keep your home cool and energy efficient with this TCL 1.5 HP Inverter Split Type Airconditioner. Original Price: 34,995.00 Christmas In October Price: 20,990.00 Cash/straight payment transaction only



This Samsung 65" Crystal UHD Curved LED TV features a HDR processor for powerful picture quality, remote access which lets you mirror your computer's display on the TV screen wirelessly and Bixby which allows you to control your smart TV using voice commands technology. Original Price: 63,990.00 Christmas In October Price: 47,990.00 Cash/straight payment transaction only.



Watch your favorite movies in super resolution with this Sony 55 inch Triluminos 4K X-Reality Pro LED TV. Original Price: 39,990.00 Christmas In October Price: 31,990.00 Cash/straight payment transaction only.



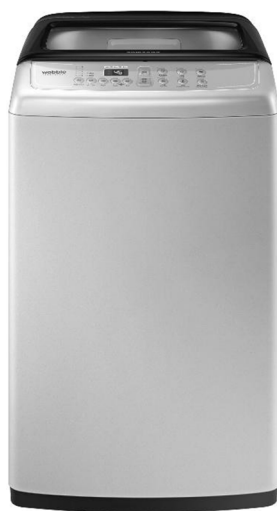
American Home 1HP Inverter Window Aircon. Original Price: 25,995.00 Christmas In October Price: 18,990.00 Cash/straight payment transaction only.



This Samsung Inverter Side by Side 24.7 cubic feet Refrigerator last longer with up to 50% energy savings. Original Price: 76,995.00 Christmas In October Price: 49,990.00 Cash/straight payment transaction only.



Cook your family's favorite meal with this Germania Free-Standing Oven with 3 gas burners and 1 electric hotplate. It also has a gas oven with electric grill. Original Price: 39,550.00 Christmas In October Price: 35,995.00 Cash/straight payment transaction only.



This Samsung 7Kg Top Load Fully Automatic Washing Machine provides ultimate fabric care and washing power with its Wobble Technology. Original Price: 14,495.00 Christmas In October Price: 10,995.00 Cash/straight payment transaction only.



This Samsung Exclusive 340W 3.1 Channel Soundbar with Subwoofer is a perfect addition to your home theater. Original Price: 19,990.00 Christmas In October Price: 12,990.00 Cash/straight payment transaction only.

**MAKATANG KABITENYO**  
DLSU-DASMARINAS AWARDEE  
MAKATANG KABITENYO 1999  
F&M LINCOLN LODGE # 34  
DOCTOR OF HUMANITIES (HONORIS CAUSA)  
**DR. AURELIO PAREDES BAUTISTA**

## ANG LEHISLATURA

1. Ang Lehislatura'y Kongreso't Senado, Sila yaong sangay, sa batas eksperto, Ang ating Hukuman at Ehekutibo, Kapantay na sangay sa ating gobyerno.
2. Sa Lehislatura doon kinukuha Ang mga nagiging Pangulo ng masa, Bhirang mangyari na ito'y maiba, Ang Lehislatura'y hagdan at pag-asa.
3. Ang Lehislatura'y gagawa ng badyet, Mag-aaprubang rin sa gagawing project, Ang mga tratado'y sinuri sa higpit, Bago pinayagang angkop na magamit.
4. Sa Lehislatura'y maraming mayaman, Lahi ng may lupa yaong pinagmulan, Batas na gagawin naimpluwensiyahan, Ang vested-interest laging nakalamang.
5. At ang mga project na para sa bayan, Sang-ayon sa ulat, saklaw ng Congressman, Saklaw ng Senador. Nagsasalimbayan Mga karatulang sila daw nag-alay.
6. Sila daw pumili nitong kontratista, Tao ng Ahensya'y wala doong pasya, Kaya mga tao'y tumatahimik na, Inayos na lamang yaong buhay nila.
7. Datapwa't sa likod ng maraming bintang, Marami din naman doong kabanalan, May mga Senador at saka Congressman, Tunay naman sila na tapat sa bayan.
8. Kung ang nais natin bayan ay umayos, Ang boto'y ibigay sa dapat maluklok, Ito ang marapat na gawing mataos, Sa gayon ang bayan naman malulugod.



LG 10.5 / 7kg Frontload Inverter Fully Automatic Combi Washer Dryer. An all in one washer and dryer combo inverter washing machine which you can remotely operate your laundry, download additional cycles and interact with it with its Smart ThinQ features. Original Price: 66,995.00 Christmas In October Price: 43,995.00 Cash/straight payment transaction only.

Christmas comes early to SM Appliance Center as it brings holiday cheer with its Christmas In October Sale.

You can get as much as up to a 60% discount on selected items, as well as Buy 1 Get 1 select offers until November 3, 2020 for cash/straight payment, installment offers with 0% interest and pay up to 3 months later with BDO and other major credit cards.

There are family entertainment centers that will bring the cinema-experience to your home, energy saving inverter air conditioners to refresh the air in your room and high performance washing machines to help make all your laundry chores a breeze.

(cont. P.4)

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Main Office:  
667 Bayan Luma 5 Imus City, Cavite  
Contact Number:  
09497849109/09075029643  
E-mail Address:  
humanitynews@yahoo.com

**AURELIO P. BAUTISTA**  
PUBLISHER/EDITOR-IN-CHIEF

**LEXTER LUMAS BAGAPORO**  
BUSINESS MANAGER

**DR. SONNY ANARNA**  
MANAGING EDITOR

**VER C. BAUTISTA**  
EXECUTIVE OFFICER

**MARICAR D. LUMAS**  
LAY-OUT ARTIST

**GRETHSEL B. LUMAS**  
ACCOUNT EXECUTIVE

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# PILIPINAS IN ACTION GRANTS BIKES TO CAVITEÑOS



Ten bicycles with complete safety gear were received by the Provincial Government of Cavite through Provincial Administrator Alvin S. Mojica from Sen. Pia Cayetano's Pilipinas in Action – Buy a Bike Program in partnership with the Filipino Indian Commerce and Welfare Society, Inc. (FICWSI) on October 16, 2020 at the Provincial Capitol Building, Trece Martires City. Beneficiaries were members of the United Solo Parent

Association of Cavite, Inc. and students from Cavite State University and Emilio Aguinaldo College. On behalf of Gov. Jonvic Remulla, PA Mojica welcomed and expressed his appreciation to the representatives of Pilipinas in Action for choosing Caviteños as among the beneficiaries of their program. Pilipinas in Action is a social movement which aims to mobilize response and cooperation during COVID -19 pandemic.---PICAD



Ang launching ng ONY sa SMART (System Monitoring, Announcement and Response Tracking), isang proyektong pinasimulan ni Vice Mayor Ony Cantimbuhan sa pakikipagtulungan ng Smart Communications, na naglalayong mapabilis ang ugnayan ng mga paaralan, mag-aaral at mga magulang sa pamamagitan ng teknolohiya. Ito ay inilunsad sa Imus National High School sa panguguna ni punong guro Arturo Rosaroso kasama si City Mayor Emmanuel Maliksi.

Republic of the Philippines  
Fourth Judicial Region  
REGIONAL TRIAL COURT  
OFFICE OF THE CLERK OF COURT  
City of Bacoor

NATIONAL HOME MORTGAGE FINANCE CORP.,  
Mortgagee,

Foreclosure No. 2020-53  
For: Extra-judicial Foreclosure of  
Real Estate Mortgage

-versus-

SPS. CHRISTOPHER C. MUNSAYAC and  
SERENA G. MUNSAYAC,  
Mortgagors.

x-----x  
NOTICE OF EXTRA-JUDICIAL FORECLOSURE

Upon Extra-judicial for Sale under Act 3135 as Amended by Act 4118 filed by the mortgagee-assignee, NATIONAL HOME MORTGAGE FINANCE CORP., of 104 Amorsolo St., Legaspi Village, Makati City, and against the mortgagors, SPS. CHRISTOPHER C. MUNSAYAC and SERENA G. MUNSAYAC, of Molino Homes Lot 44 Blk. 21 Bacoor, Cavite, to satisfy the mortgage indebtedness which as of December 31, 2019, amounts to ONE MILLION SIX THOUSAND SEVEN HUNDRED NINETY FOUR PESOS & 74/100 (P1,006,794.74) Philippine Currency, exclusive of penalty charges, the undersigned or her duly authorized representative will sell at the public auction on **December 11, 2020 at 10:00 o'clock** in the morning or soon thereafter, at the main entrance of the Hall of Justice of Bacoor City, Cavite, to the highest bidder for CASH and In Philippine Currency, the following described property with all the improvements thereon, to wit:

**TRANSFER CERTIFICATE OF TITLE No. T-353521**

“A parcel of Land (Lot 44, Blk. 21 of the cons. subd. plan. Pcs-04-005853, being a portion of the cons. of Lots 6506 & 6507, Imus Estate, L.R.C. Rec. No. ), situated in the Bo. of Molino, Mun. of Bacoor, Prov. of Cavite x x x containing an area of SEVENTY FIVE (75) SQUARE METERS.”

“All sealed bid must submitted to the undersigned on the above stated time and date.”

“In the event the public auction should not take place on the said date, it shall be held on **December 18, 2020**, without further notice.”

Prospective buyers or bidders are hereby enjoined to investigate for themselves the title to the said property and encumbrances, if any there be.

City of Bacoor, October 12, 2020.

(SGD) LIZA D. VICTA  
Clerk of Court VI

By:  
(SGD) DEMETRIO T. VILLANUEVA, JR.  
Sheriff IV

Copy furnished:

ATTY. DANTE Q. RIZADA  
5th Floor Filomena Bldg., 104 Amorsolo St., Legaspi Village, Makati City

Mr. & Mrs. CHRISTOPHER C. MUNSAYAC and SERENA G. MUNSAYAC  
-Molino Homes Lot 44 Blk. 21 Bacoor, Cavite  
-1837 Velasquez St., Tondo Manila

WARNING: It is absolutely prohibited to remove, deface or destroy this notice of Extra-judicial Sale on or before the date of sale.

HUMANITY NEWS  
OCTOBER 26, NOVEMBER 2 & 9, 2020

## Pagbati Mula kina:



**Vice Mayor Ony Cantimbuhan**  
Imus City, Cavite



**Coun. Tito V. Monzon**  
Imus City, Cavite



**Mayor Nonong Ricafrente**  
*Rosario, Cavite*

**ROSARIO,  
BAYANG  
TAHIMIK,  
MASAYAAT  
MAUNLAD**



**LET THERE  
BE LIGHT!**

By  
**ENG'R. VER CAMPAÑA BAUTISTA**  
*F & A.M. Luis Olimpo Ferrer Lodge 366*

**TEJEROS** - Ang Tejeros, Gen.Trias at Rosario ay galing sa Espanyol na "Tejer" o maghabi ng lambat dahil sa ang lugar sa malapit sa dagat.

**Carmona Mayor Roy Loyola inspects public and private cemeteries.** Municipal Mayor Roy Loyola visited public and private cemeteries on October 22, 2020, to ensure that health and security protocols are strictly being implemented by the Undas Team 2020. According to the said team, there were no any untoward incidences reported since the opening of the cemeteries to the public. The team expects this to continue until the last day of visitation this Sunday, October 25, 2020.



**Christmas...**

(from p. 2)

SM Appliance Center's stylish inverter refrigerators which not only keep your ingredients fresh and odor free but also make your home energy efficient and elegant looking. Durable and versatile ovens are also best kitchen partners for family dinners.



Check out other items on sale and view our complete catalogue at <http://bit.ly/ChristmasInOctoberCatalogue>. You can shop and order these items at all SM Appliance branches nationwide (except Boracay), or via Order To Deliver service / Concierge in your area. You may also join SM Appliance Center's Viber community at <https://bit.ly/SMApp-Viber>. With our easy & secure home delivery service, you can Stay Home and Stay Safe.

You may also shop online at [www.smappliance.com](http://www.smappliance.com). For more updates, you may also want to like us at [facebook.com/smappliance](https://facebook.com/smappliance) or follow us at [instagram](https://instagram.com/smappliance)

*This LG 15.4 cubic feet Platinum Silver Refrigerator features include moist balance crisper, hygiene fresh and multi air flow to keep your foods fresher, longer and odor free. Original Price: 39,495.00 Christmas In October Price: 24,995.00 Cash/straight payment transaction only.*

[account/smappliance](https://facebook.com/smappliance). (KCHT)



**Carmona LGU distributes financial assistance to tricycle drivers.** On October 22, 2020, the Municipal Government of Carmona, along with the Office of the Representative of the Fifth District of Cavite and Department of Social Welfare and Development IV-A, distributed financial assistance to 531 tricycle drivers from five Tricycle Operators and Driver's Association (TODA) in Carmona. More tricycle drivers are scheduled to receive cash aid in the following days.

**Carmona LGU attends a series of webinar, holds virtual games in celebration of National ADHD Awareness Week 2020.** The Municipal Government of Carmona, through the Persons with Disability Affairs Office, attended a series of webinar with the National Council on Disability Affairs and ADHD Society Philippines this week in celebration of the National ADHD Awareness Week. On October 21, 2020, the PDAO conducted virtual fun games wherein 49 patients with Attention-Deficit/Hyperactivity Disorder (ADHD) joined. The said patients also received hygiene kits last week.



**HUMANITY TRIVIA**

(IT TELLS THE DATES OF INVENTION, PLACES OF PLANT ORIGIN AND CURES OF DISEASE)

- Tank - 1916
- Latex rubber - 1929
- Zucchini - South America
- Lettuce - Middle East
- Atis - anemia

# IPOPHL levels up service.. (from p. 1)

creativity amid the pandemic.

"IPOPHL is not only protecting the dreamers, it is making it more accessible to them and telling them that challenging times like this, it is not only sufficient to survive but also to thrive. My sincerest hope is that with this mobile application, it will open the floodgates of Filipino creativity and the creative mindset...to challenge the pandemic and the many other challenges to come as well as to continue toward a digital economy," the ARTA chief added.

He also encouraged others to follow in IPOPHL's success in streamlining services for a smoother transition to automation.

"Gayahin po natin ang IPOPHL in that they see the point, the compassion and the direction, of our President in pushing for more streamlined services," DG Belgica said.

Department of Trade and Industry

(DTI) Secretary Ramon M. Lopez said that IPOPHL's digitalization efforts are aligned with DTI's priority agenda, noting this will create greater awareness on the importance of registering intellectual properties with IPOPHL.

He added: "This is where business value is generated, benefitting Micro, Small, and Medium Enterprises (MSMEs) in the future. Moreover, making this digital makes the process a lot easier. Going digital is the ultimate form of Ease of Doing Business."

"IPOPHL's efforts in digitalization will make government transactions more accessible and more convenient for all Filipinos. This will be a great gift to the Filipino people, aligned with the vision of the President to make lives more comfortable for our fellow Filipinos," the trade chief further explained.

At the Monday event, IPOPHL and DTI signed a Memorandum

of Understanding (MOU) to widen the use of IP among MSMEs.

Primarily, the MOU aims to mainstream IPOPHL's services and initiatives across DTI services, programs, projects, and activities where relevant. This provides more MSMEs the opportunity to leverage IPOPHL services, protect their IP assets, and build competitiveness.

The MOU also gives way for intelligence sharing on consumer complaints which concern counterfeit or pirated goods, thus boosting enforcement action.

"We hope that through this MOU we sign today, DTI can help bridge us to more MSMEs and give us the opportunity to contribute not only in their recovery but in helping them secure a competitive position in their fields so they can generate employment, help more Filipinos earn a living to feed and support their families," Barba added.

[dti.gov.ph](http://dti.gov.ph)



## Proyektong Real Smart Alfonso, malapit ng maisakatuparan



Ibinahagi ni Alfonso Mayor Randy Salamat, ang nalalapit na paglulunsad ng Real Smart Alfonso matapos na maisagawa ang pagpirma ng kontrata kasama ang ITBS Corporation nitong Oktubre 15, 2020.

Ang Real Smart Alfonso ay isang mobile application na kung saan ito ay magsisilbing virtual ID ng bawat Alfonseño.

Dagdag pa rito, makakatulong rin umano ito sa contact tracing, online selling and buying, pagbabayad ng bills, local Transport Network Vehicle Service (TNVS) at iba pa ng mga mamamayan.

Saad ni Salamat, "Hindi po pahuhuli ang ating bayan sa teknolohiya. We will launch this application soon!" (GOCAVITE)

**\* Enjoy what you are doing. The money will follow.**

## DIY bike repair stations: GenTri SK project from the heart

GENERAL TRIAS, Cavite Oct. 19 (PIA) -- The Sangguniang Kabataan (SK) council of Barangay Bacao II here thought long and hard on

what project they need to develop that will make a big impact to people not just within their barangay but to all those who would need their service.

As the quarantine protocols loosened and the city as well as the province's economy started to reopen, workers return to their livelihood particularly those employed in the Cavite Export Processing Zone (CEPZ) and in Rosario town.

Hundreds of workers travel each day using bicycles as their means of transportation, since public transportation were allowed to operate with limited passenger capacity and to save what little they earn with the reduced working hours, effect of the ongoing pandemic.

"Nung nagsimula ang lockdown at nagbalik ang trabaho sa aming lugar ay naging pangunahing transportasyon ang bisikleta. Nag-isip ako kung ano ang pwede kong itulong sa aking mga kabataan na nagwo-work. Nakita ko ang mga nagba-bike na tulak-tulak at flat ang gulong at sira ang kadena, every day ganun ang nakikita ko. Kaya umisip ako ng paraan upang makatulong sa ating mga nagtatrabaho at yung mga namamalengke gamit ang bisikleta," shared SK Chairman Carlo dela Cruz.

(Since the start of the lockdown and work resumed in our area, bicycles became the primary means of transportation. I pondered on how I could be of help to my fellow

youth who are working. Then I saw people pushing their bicycles with flat tires and broken chains. I saw the same scenario every day. So I thought of how I could be able to help these workers including those people

(cont. P.7)



Ang mga Pilipino ay malikhain. Mag-ing sa larangan ng pagkukumpuni ay mahusay din ang Pilipino, subali't ang ating magagandang katangiang ito ay hindi nagagamit sa pagbuo ng isang bansang patungo sa mabilis na industriyalisasyon.

Ang mga kumpanyang dumating sa atin sa mga Export Processing Zone ay ginagamit ang ating labor force upang magawa ang mga produktong iluluwas na muli.

Dapat pagtuunan natin ng pansin ang mga hakbang patungo sa industriyalisasyon ng bansa kahit pansariling gamit muna. Saka na isipin ang pagluwas.

### CAVITE HIGHLIGHTS

By: **Yna Palparan Bautista**

**Placido Campos was born in Dasmariñas, Cavite. He was the Captain Municipal who liberated the town from the Spaniards. He also fought against the Americans but found it futile because they had superior firepower so he decided to participate in their Government. He had Francisco Barzaga as his constant companion and together they ran the affairs of Dasmariñas, restoring peace and order and promoting the well-being of the people. Campos died at age 70 in December 1937.**

# THE BODY SHOP IS NOW ONLINE



Cleanse and cool off with the richly lathering Cool Cucumber Shower Gel made with juice from wonky cucumbers and organic sugar.



Cool things down with hydrating Cool Cucumber Body Yogurt made with Community Fair Trade organic almond milk that smooths skin and absorbs instantly for 48 hours.



Skin will feel softer, smoother and instantly cooler with light and non-greasy Cool Cucumber Body Butter and Cool Cucumber Hand Cream.



Buff that beautiful body with the invigorating Zesty Lemon Body Scrub and hydrate your skin with ridiculously refreshing zingy Zesty Lemon Body Yogurt.



The Zesty Lemon Shower Gel that richly lathers to leave skin smelling refreshingly zingy and squeaky clean.



The new Ginger Scalp Serum is the root to healthier-feeling hair. Made with ginger essential oil from Sri Lanka, white willow, and birch bark, helps rebalance scalp from excess oils and sebum to leave it feeling intensely nourished.



The intensely hydrating Vanilla Pumpkin Body Butter is made with Community Fair Trade shea butter from Ghana, Brazilian babbasu oil and sesame seed oil from Nicaragua.



Cute and colorful feel-good hair and body mist spritzes: in Lime and Matcha for a refreshing citrusy boost, Coconut and Yuzu for a tropical scent that feels like holidays, and Apricot and Agave when you need a little on-the-go sweetener.



Keep things in balance with The Body Shop's Tea Tree In-Control Hydrator a light and purifying moisturizer that sinks effortlessly into skin for a shine-free hydration.



Have an indulgent shower with Vanilla Pumpkin Shower Gel, richly infused with vanilla extract from Madagascar, notes of pumpkin, hazelnut caramel and maple syrup.



Add the Skin Defence Multi-Protection Lotion SPF 50+ PA++++ to your morning mantra and protect your skin against UVA and UVB rays and pollution.

Shopping for your favorite cruelty-free essentials is just a few clicks

away as the Body Shop goes on-line at [www.thebodyshop.com.ph](http://www.thebodyshop.com.ph). Add to your cart The Body Shop's

new products your skin will absolutely thank you for.

• Autumn is coming, and The Body Shop has brewed up the cosiest scent with Special Edition

Vanilla Pumpkin collection. Like sugar, spice and everything nice, these body care treats are sure to keep you feeling toasty warmed with notes of pumpkin, hazelnut car-

mel, maple syrup and almond milk.

• Refresh your body care and bath time routine with The Body Shop's instantly cooling new collections. The Spe-

cial Edition Cool Cucumber range feels instantly cooling on skin and smells unbelievably refreshing;

(cont. P.7)

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w/ Free Brewed Coffee		SOLO	Good for 2 to 3 persons	(Good for 2 to 3 persons)			
HK Hotdog w/ Garlic Rice	P145.00	Lomi	P135.00	Salt & Pepper Squid	P220.00	Spinach Seafood Soup	P135.00
HK Longanisa w/ Garlic Rice	P200.00	Pancit Bihon	P110.00	Fish Fillet Tausi & Beancurd	P240.00	Pumpkin Soup	P125.00
HK Beef Tapa w/ Garlic Rice	P220.00	Miki Bihon	P110.00	Chopsuey	P190.00	Crab Meat Corn Soup	P160.00
HK Smoked Bangus w/ Garlic Rice	P155.00	Pancit Canton	P115.00	Lohan Vegetables	P190.00	Hot & Sour Soup	P135.00
HK Gong Hiong w/ Garlic Rice	P130.00	Crispy Fried Noodles (All Meat)	P130.00	Sweet & Sour Fish Fillet	P240.00	Solo Serving	P60.00
<b>DIMSUM</b>		Crispy Fried Noodles (Seafood)	P130.00	Sweet & Sour Pork	P220.00	<b>COMBO MEAL</b>	
Mantao	P 30.00	Birthday Noodles	P135.00	Beef w/ Ampalaya	P230.00	Sweet & Sour Fish Fillet	P229.00
Buchi	P 69.00	Hofan Noodles	P150.00	Beef Brisket Hot Pot	P320.00	Pork Asado	P229.00
Giant Pork Siomai	P175.00	<b>RICE</b>		Beef w/ Broccoli	P320.00	Spring Roll	P229.00
Giant Hakao	P195.00	SOLO	REGULAR	Lechon Macau	P300.00	Sweet & Sour Pork	P229.00
Asado Siopao	P 79.00	Yangchow Fried Rice	P80.00	Canton Special	P275.00	Salt & Pepper Squid	P249.00
Bola Bola Siopao	P 89.00	HK Golden Fried Rice	P100.00	<b>RICE TOPPINGS</b>		HK Emperor Chicken	P309.00
Chicken Feet	P 95.00	Salted-Fish Fried Rice	P105.00	Squid Tausi	P105.00	Macau	P309.00
Pork Siomai	P 85.00	Pineapple Fried Rice	P115.00	Sze Chuan Squid	P105.00	<b>DESSERT</b>	
Japanese Siomai	P 89.00	<b>HOUSE SPECIAL</b>		Fish Fillet Tausi & Beancurd	P150.00	Black Gulaman	P 50.00
Baencurd Roll	P 89.00	(Good for 2 to 3 persons)		Pork Asado Rice	P150.00	Black Gulaman w/ Lychee	P 55.00
Shark's Fin Dumpling	P 80.00	Seaweed & Century Egg	P220.00	Chopsuey	P145.00	Almond Jelly w/ Lychee	P 55.00
Spring Roll	P 95.00	Pork Asado Roastin	P320.00	Soy Chicken	P195.00	Halo Halo	P 65.00
Kutchay Dumpling	P 85.00	Assorted Cold Cuts	P320.00	Sweet & Sour Fish Fillet	P135.00	Halo Halo w/ Ice Cream	P 79.00
Chicken Pao	P 85.00	Soy Chicken (whole)	P490.00	Pork Asado & Soy Chicken	P145.00	Egg Yolk Pao	P 85.00
<b>MAMI</b>		Soy Chicken (half)	P270.00	Beef Brisket	P155.00	Almond Jelly Ala Dode	P 70.00
Wanton	P 90.00	HK Fried Chicken (whole)	P430.00	Beef Brisket	P155.00	Leche Plan	P 29.00
Soy Chicken	P 95.00	HK Fried Chicken (half)	P220.00	Spareribs Tausi	P140.00	<b>BEVERAGE</b>	
Pork Asado	P105.00	Salt & Pepper Fried Chicken (whole)	P490.00	Chicken Feet & Spareribs	P145.00	Instant Coffee	P 40.00
Beef Brisket	P105.00	Salt & Pepper Fried Chicken (half)	P260.00	Salt & Pepper Squid w/ Egg Rice	P160.00	Brewed Coffee	P 45.00
Beef Brisket w/ Wanton	P110.00	Patatim	P490.00	Rice		Iced Tea	P 45.00
<b>CONGEE</b>		Steam White Chicken (whole)	P530.00	HK Fried Chicken w/ Egg Rice	P160.00	Pineapple	P 45.00
Bola - Bola	P 85.00	Steam White Chicken (half)	P260.00	Lechon Macau w/ Egg Rice	P160.00	Red Tea	P 45.00
Fish Fillet	P 85.00	<b>ADD ONS</b>		Steamed White Chicken w/ Egg Rice	P195.00	Mango Smoothie	P 85.00
Pork Asado	P 95.00	Century Egg	P 60.00			Milk Tea	P 69.00
Chicken	P 95.00	Prawn Chips	P 70.00			Banana Smoothie	P 75.00
Pork & Century Egg Special	P100.00	Lechon Con Tofu	P 55.00			Mineral Water	P 25.00

\*Price are subjected to change without prior notice  
Price INCLUSIVE of 12% VAT.

## The body shop... (from p. 6)



Lightweight and non-greasy Vanilla Pumpkin Hand Cream absorbs fast into the skin, helping to protect and hydrate on the go.

while the zingy Special Edition Zesty Lemon range keeps things fresh and is the perfect way to kickstart your morning.

Inspired by superfood ingredients from around the world, the new The Body Shop Hair & Body Mist collection are cute and colorful feel-good spritzes for that gives instant 'ahhh' feeling.

The new Ginger Scalp Serum is the latest addition to the Ginger Haircare collection. A few drops of this potent formula will help rebalance, nourish and soothe dryness of the scalp giving you the confidence to come close, let loose and

free your hair.

Your skin will be ready to take on the day with round-the-clock protection against UVA and UVB rays, and pollution with the new and improved The Body Shop Skin Defence Multi-Protection Lotion SPF 50+ PA++++. This lightweight triple threat facial lotion contains red algae extract and the antioxidant vitamin C leaving your complexion looking healthy and radiant.

Give your skin some love and hydration with the new Tea Tree In-Control Hydrator. This new addition to the Tea Tree range is perfect for giving hydration to

those with oily and blemish-prone skin. Made with Community Fair Trade tea tree oil from Kenya and natural salicylic acid from wintergreen.

Visit our online store at [www.thebodyshop.com](http://www.thebodyshop.com). ph 24/7, add to cart, and check out anytime of the day. Also get offers and deals that are exclusively online. The Body Shop's cruelty-free and vegan products are also available

in The Body Shop stores, Call & Deliver, Lazada, Shopee and ShopSM. The Body Shop now accepts SM Advantage Card for points earning and redemption, SM and Sodexo premium pass in all The Body Shop stores nationwide.

### About The Body Shop

The Body Shop was founded in 1976 by Dame Anita Roddick in Little Hampton, England. The beauty brand pioneered corporate activism and was built on a philosophy that business can be a force for good. With its brand expression, Beauty with Heart, the company continues to be focused on five core values: Against Animal Testing, Support Community Fair Trade, Activate Self Esteem, Defend Human Rights and Protect The Planet.

All products are created using the finest ingredients sourced from the four corners of the globe, which are not tested on animals and are 100% vegetarian. The Body Shop has been in the Philippine market for eighteen years with over 55 strategically located stores nationwide. (KCHT)

## Proyektong E-library ng SK Poblacion 5 sa GMA, pinasinayaan na



Bilang pagtugon sa mga pangangailangan ng kabataan ngayong sumasailalim ang karamihan sa distance learning, naglunsad ang Sangguniang Kabataan Poblacion 5 ng General Mariano Alvarez ng E-LIBRARY para sa mga estudyante ng kanilang barangay. Ang naturang

E-LIBRARY ay mayroong 13 sets ng computer na maaring gamitin ng mga mag-aaral, may internet access para sa research at libreng printing.

6 sa naturang mga computer ay nakapwesto sa 2nd Floor ng RHU building sa Poblacion 5 Proper, samantalang ang 7 ay nasa 2nd Floor RHU building sa may covered court ng FVR.

Umaasa ang naturang SK na malaki ang maitutulong ng kanilang proyekto sa mga kabataang nag-aaral lalo na sa mga walang sariling gadgets.

Magbibigay umano sila ng mga alituntunin sa loob ng naturang E-LIBRARY upang mapanatiling ligtas sa sakit na COVID-19 ang mga gamit nito. (GOCAVITE)

## DIY bike repair stations... (from p. 5)

who ride their bikes in going to the market.)

This inspired SK Chairman dela Cruz to put up DIY (Do-It-Yourself) bicycle repair stations along the stretch of the Centennial road which are equipped with air pumps and tools.

Dela Cruz revealed that, "This project did not

use any amount from the SK funds. This was funded from my three months' salary."

The youth group plans to put up 8 repair stations but initially set up 4 which are now being used by bikers and cyclists for troubleshooting. All 8 repair stations will be completed by November

said the SK chair.

Aside from this, the SK members also distributed anti-radiation glasses to online class learners to protect the students' vision from long hours of exposure to laptops, and other gadgets during online classes. (Ruel Francisco/Dennis Abrina/PNA)

## Health Benefits...

### Kaalaman tungkol sa Langka bilang halamang gamot

Ang langka ay isang halamang tropiko na karaniwan sa mga bansa ng Timog Silangang Asya kung saan kabilang ang Pilipinas. Ito ay may mataas na puno na may bilogan at makinis na dahon. Kilala naman ang bunga nito na may berde at tusok-tusok na balat na may madilaw na laman na paborito ng marami. Ang mga buto ay maaari ding kainin kung ilalaga o tutustahin.

#### Ano ang mga sustansya at kemikal na maaaring makuha sa Langka?

Ang iba't ibang bahagi ng halamang langka ay maaaring makuhanan ng maraming uri ng kemikal at sustansya na maaaring may benepisyo sa kalusugan:

Ang langka ay may taglay na morin at cyanomaclurin.

Ang halaman ay mayroong alkaloids, tannins, phenolic compounds, flavonoids, at saponins.

Mayroon namang saccharose, fructose, glucose, fixed oil, essential oil, other extracts, protein, cellulose.

May mataas din itong lebel ng Vitamin C, at provitamin A carotenoid

#### Anong bahagi ng halaman ang ginagamit bilang gamot, at paano ginagamit ang mga ito?

Maaaring gamitin bilang gamot ang ilang bahagi ng halaman tulad ng:

**Dahon.** Ang dahon ng langka ay maaaring gamitin sa panggagamot sa pamamagitan paggamit sa abo nito matapos sunugin. Maaari din itong ilaga at inumin.

**Ugat.** Karaniwan namang inilalaga ang ugat at pinaiinom ang pinaglagaan sa may sakit.

**Bunga.** Maaaring kainin ang matamis nitong bunga kung hinog o kaya'y gulayin kung hilaw.

**Dagta.** Ang malapot at maputing dagta ng halaman na makukuha sa mga sanga ay maaari ding gamitin sa panggagamot na kadalsang pinapahid sa apektadong bahagi ng katawan.

#### Ano ang mga sakit at kondisyon na maaaring magamot ng Langka?

**1. Pagtatae.** Pinaiinom ng pinaglagaan ng tinadtad na ugat ng langka ang taong dumadanas ng pagdudumi.

**2. Sugat.** Ang abo mula sa sinunog na dahon ng langka ay hinahalo sa langis ng niyog at ginagamit bilang ointment para sa mga sugat na naimpeksyon.

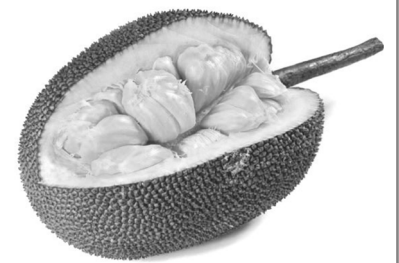
**3. Lagnat.** Pinaiinom din ng pinaglagaan ng ugat ng langka ang taong may mataas na lagnat.

**4. Kagat ng ahas.** Makatutulong naman ang dagta ng langka sa sugat na dulot ng kagat ng ahas.

**5. Pagnanana.** Ang mga sugat na may nana ay matutulungan din ng pagpapahid ng dagta ng langka. Minsan pa, inihahalo pa ang dagta sa suka upang mas maging epektibo.

**6. Hirap sa pagdumi.** Ang pagkain naman sa bunga ng langka ay mabisang gamot para sa hirap sa pagdumi.

**7. Hika.** Nagagamit din ang pinaglagaan ng ugat ng langka sa pagpapahupa ng mga sintomas na dulot ng hika.



**Scientific name:** *Artocarpus heterophyllus* Lam.; *Artocarpus philippensis* Lam.; *Artocarpus maxima* Blanco;

**Common name:** Langka, Nangka (Tagalog); Jack Fruit (Ingles)

# Contactless transaction system, ilulunsad sa Trece Martires City

Masayang ibinalita ni Mayor Gemma Lubigan nitong Linggo, October 18, ang planong pagkakaroon ng Smart City System ng Trece Martires.

Layon ng naturang proyekto na magkaroon ng contactless transaction system sa lahat ng tanggapan ng kanilang lungsod para sa mas mabilis at epektibong pakikipagtransaksyon sa kanilang lokal na pamahalaan.

Ayon kay Lubigan, "Ito ay isang software design na magiging katulong ng ating pamahalaan para sa araw araw na transaksyon dito sa CITYHALL."

"Ito po ang mga offered services na makikita ninyo sa website na may different portals." dagdag pa niya.

Sa inisyal na phase ng naturang sistema, maaari umanong gawin o magbayad ng mga sumusunod:

- Business Permits
- Business Tax
- Real Property Tax
- Birth Certificate
- Cedula
- Local Civil Registry
- Occupational Rents and Health Certificate
- And Other

Payments thru Paymaya 3. Via Digital and GCASH Card Payments 4. Debit and Credit Sa mga susunod

Ito ay sa pamamagitan umano ng mga:

1. Over The Counter via Bayad Center
2. Banks and Online Banking like BDO, BPI and Metrobank

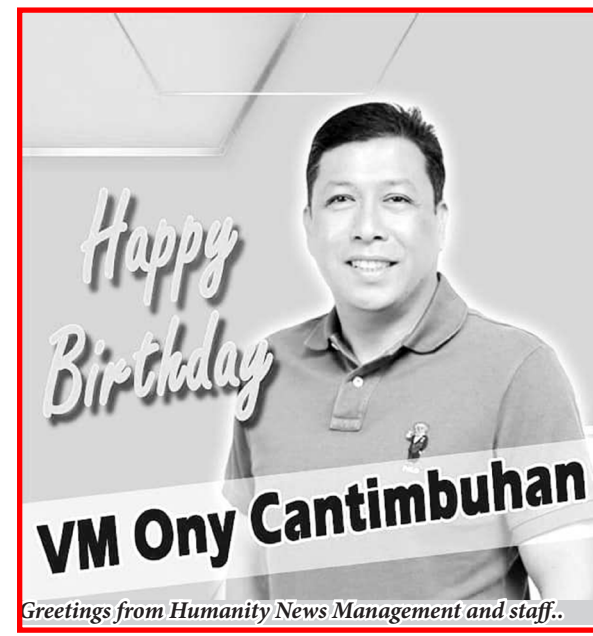


3. Via Digital and GCASH Card Payments thru Paymaya 4. Debit and Credit Sa mga susunod

na panahon naman ay pinaplano nilang isama ang pagtanggap ng Birthday Cash Gift, Financial Assistance, Medical Assistance at mga iba pang serbisyo. (GOCAVITE)



*Silang Mayor Corie POblete Memorandum of Agreement Signing for Eco-Gardening Program of Department of Environment and Natural Resources-Cavite (PENRO) for Barangay Biga 2, Kapitana Josie Revilla and Barangay Pulong Bunga, Kap. Maximo Atlas together with our Municipal Environment and Natural Resources Office (MENRO) headed by Ms. Lyn Cabrera.*



Greetings from Humanity News Management and staff..

October is Breast Cancer Awareness Month

Early detection and treatment can save lives

**Strike B. Revilla**  
Representative, 2nd Legislative District  
Province of Cavite

## DO YOU KNOW ?

The shark can sense blood from a wounded animal from afar and swim towards it at 25 miles per hour.

(Shared by Fellowship with Humanity)



Province of Cavite  
**PRESIDENT: AURELIO PAREDES BAUTISTA**

Fellowship with Humanity is a Family-Based Masonic Charity Group registered in Cavite to help in a small way alleviate the conditions of the poor. The funds come from the family income of the Bautista Family members.