

# HUMANITY NEWS

TOWARDS THE FRIENDSHIP OF CITIZENRY

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**Mayor Emmanuel Maliksi**  
*Imus City, Cavite*

## CALABARZON MSMES JOIN DTI 4-A'S 1ST OTOPI DIGITAL MARKET SHOWROOM

In celebration of the 2020 Micro, Small, and Medium Enterprises (MSME) Week from July 20-24, the Department of Trade and Industry Region 4-A together with the OTOP Next Gen (ONG) as the lead team are currently conducting PASINAYA: The OTOP Digital Market Showroom and Online Trade Platform. This is performed through various showrooms on Zoom, a web-based video conferencing tool.

Pasinaya, which means debut, is the kickoff for the new normal trade fairs. Through Pasinaya, buyers are able to meet, source, and connect to the best of the OTOP homegrown regional

exhibitors digitally. It is entirely virtual in which meetings and networking can be easily initiated and accessed online through computers and mobile devices.

Pasinaya is open for everyone who wishes to attend. Upon registration, an infopacket, containing all details about Pasinaya, the ways to navigate Zoom rooms, OTOP website, and application forms, will be sent to the buyer/guest. Buyers and guests can use the chat box on which room they want to be transferred, and ushers will guide them and answer their concerns and inquiries. Buyers and sellers can also request for a meeting room for a more in depth discussion.

MSMEs selling non-food products are featured in the morning session, from 10:00 AM to 12:00 PM, while MSMEs selling

(cont. P.2)



## Gov. Remulla tutol sa pagtanggap ng mga tsismosa para tumulong sa contact tracing

Sa isang Facebook post nitong Huwebes, July 23, inihayag ni Governor Jonvic Remulla na sa palagay niya ay hindi makatutulong ang mga tsismosa at tsismosa sa pag-trace ng mga indibidwal na nagkaroon ng pakikisalamuha sa mga pasyente ng coronavirus disease 2019 (COVID-19).

"Mayroon pang 'mga chismosa gagamitin laban sa kapwa o kapitbahay?'" pahayag ni Gov. Remulla.

"I am sure there are

better, more efficient and intelligent ways to make the people cooperate with the government," dagdag pa ng gobernador.

Ito ay patungkol sa pahayag ni Brigadier General Albert Ignatius Ferro, direktor ng Police Regional Office sa Central Visayas (PRO-7), na maaari umanong makatulong ang mga tsismosa bilang contact tracers upang makatulong sa pagpigil ng pagkalat ng virus sa rehiyon.

(cont. P.5)



# CALABARZON MSMEs... (from p. 1)

food products are present in the afternoon session, from 2:00 PM to 4:00 PM. A wide variety of products from 20 CALABARZON companies are exhibited in the Pasinaya such as jacobina, mushroom chicharon, espasol, toasted pastillas, mazapan, banana chips, coated peanuts, gourmet tuyo, cheese pie, red velvet and chocolate crinkles, butter garlic sticks, organic cider vinegar, virgin coconut oil, turmeric, home décor and accessories made from leather and paper, crocheted coasters, shoes, soaps, etc.

The companies who are joining in the food sector are: La Noceda Food Products, Alano Lees Food Manufacturing Corporation, Annie-Nestor Food Products, Blue Macay Food Manufacturing Corporation, Magpantay Home Made Candy, Edna and Rebecca's Banana Chips and Coated Peanuts, Pio's Gourmet Tuyo, Momilo Mio Food Ventures, Greenlife Coconut Products Philippines, Inc., and

Pinagdanlayan Rural Improvement Club Multi-Purpose Cooperative. On the other hand, companies from the non-food sector are: Windel Woodcraft, Enoch Handmade Leather Goods, Jhaz Footwear, Grateful Heart Enterprises, Happy Home Textile, Papel de Lipa Handmade Paper Products, Ma Kime Shoes and Slippers, Obranco Arts and Crafts, Zeep Marketing and Distribution, and Martha's Handicrafts.

"We are very happy that our CALABARZON MSMEs are starting to consider possible and practical ways to maintain and boost revenue by joining virtual trade fairs like Pasinaya. This will not only help them reach their target markets but also promote, sell, and demonstrate their products and services free of charge through the use of technology, as this can also be a potential source for future growth," said DTI CALABARZON Director Marilou Q. Toledo.

DTI 4-A is inviting

everyone to join com/OTOPPasinaya For Visitors: https://tinyurl.com/PASINAYA2020. (MIA CORTEZ) For VIP Guests & Buyers: https://tinyurl.com/OTOPPasinaya



**"Bayan, Mayor Roy Listens" continues in Carmona.** The Municipal Government of Carmona continues to conduct the program "Bayan, Mayor Roy Listens" on July 20, 2020 wherein the queries and concerns of the residents in the community can be answered by Municipal Mayor Roy Loyola through phone calls. The said program will be conducted every Monday afternoon as part of the local government's People's Day schedule.



## PAGGALANG

1. Ang galang sa kapwa'y lubhang mahalaga,  
Akala ng iba mayaman ang bida,  
At ang mga dukha, galang ay wala na,  
Akalang ganito ay masama't lisyá.
2. Ang bansang mayaman bigay ay ayuda,  
At may taling pisi ang iaalay niya,  
May mga kondisyon na tali sa iba,  
Kaya naisulong ang kapakanan niya.
3. Sa bigay na tulong na may taling pisi,  
Nawala ang galang sa bansang pinili,  
Subali't talamak ang ganitong gawi,  
Di agad makita kung di nagsusuri.
4. Ang bigay na tulong kung talagang tulong,  
Ibibigay ito sa tulong na layon,  
Kung makamahirap bansang may donasyon,  
Magbigay sa salat, wala nang kondisyon.
5. Pagka't pag ang dukha ay nakahalata,  
Na ang tulong pala ay pakitang-kapwa,  
Alam niyang ang galang doon ay nawala,  
At relasyon nila ay puwedeng masira.
6. Ang isang kaibigan dapat na igalang,  
At hindi estado ng buhay batayan,  
Kung kunwari'y galang at turing basahan,  
Magiging masama itong palagayan.
7. Paggalang ay dapat manggaling sa puso,  
Dapat ito'y tapat sa magandang turo,  
Dapat ito'y pantay sa nais magkuro,  
Dapat ay totoo, tunay, hindi biro.
8. Merong galang ngayon na pakitang-tao,  
Sa madla pakita'y totoong totoo,  
Nguni't lisyá ito sa tunay na mundo,  
Paggalang ay dapat na laging iwasto

## Celebrate the 25 magical years of Enchanted Kingdom

Nothing can stop Enchanted Kingdom from bringing magic to everyone right in the comforts of their homes! In celebration of its 25th Anniversary, the country's first and only world-class theme park will hold its virtual 25th Anniversary kick-off this July 25, 2020!

Although we can't go out just yet, Enchanted Kingdom still finds a way to reconnect with everyone and provide magical experiences and entertainment they all long for. The 25 Magical Years virtual celebration will be hosted by Josh Colet with performances from EK's homegrown talents—Victoria's Way and Kingsmen, plus one of It's Showtime's TNT Divas Gidget Dela Llana. Catch this magical show on July 25, 2020, Saturday, 6PM-7PM simulcast at Pinoy Box Office Channel (PBO) and EK's Facebook account (www.facebook.com/enchanted-kingdom.ph). For more information, visit Enchanted Kingdom's official website and Facebook page at www.enchantedkingdom.ph and www.facebook.com/enchantedkingdom.ph. (PAUL HERNANDEZ)



*A Virtual Celebration*

JULY 25, 2020, SATURDAY at 6:00-7:00PM

• LIVE at [f https://www.facebook.com/enchantedkingdom.ph](https://www.facebook.com/enchantedkingdom.ph)

**pbo**  
SIGNAL - CH 41 SKY CABLE - CH 60 CABLE LINK - CH 52  
GSAT - CH 12 DESTINY CABLE - CH 60

#25YearsOfEKMagic

[www.enchantedkingdom.ph](http://www.enchantedkingdom.ph) @ek\_philippines

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**Papi**

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# RECOVERY AND REHABILITATION PROGRAM FOR AFRICAN SWINE FEVER AFFECTED FARMERS



The Department of Agriculture Region IV-A, in coordination with the Provincial Veterinary Office headed by Dr. May Magno distributed chicks and veterinary medicines as part of the Recovery and Rehabilitation Pro-

gram for African Swine Fever Affected Farmers on July 20, 2020 at the DA Cavite Research and Experiment Station (DA-CARES) in Naic, Cavite. Ms. Vilma Dimaculangan, DA IV-A Regional Livestock Program Coordinator, led the turnover of commodities intended for beneficiary farmers from the cities of Dasmariñas, General Trias, Tagaytay and Trece Martires, as

well as farmers from the municipalities of Indang, General Mariano Alvarez, Carmona, Ternate, Magallanes, Maragondon, and Noveleta. They received chicks, feeds, housing, vitamins and medicines as DA's support to regain the losses of livestock raisers affected by ASF. Recovery and rehabilitation plans were laid out to enable farmers to rise up through a differ-

ent form of livelihood that will serve as their source of income. A total of two hundred thirty-seven farmer beneficiaries were recorded during the event. On July 23, 2020, DA and PVO will again distribute the same commodities to farmers in the municipalities of Silang, General Emilio Aguinaldo, Amadeo, Naic, Tanza, Alfonso and Mendez. --(PICAD)



Courtesy Call to Ternate Cavite Mayor Lamberto D. Bambao (center) with PTAP Director for Livelihood International (right photo) and Mr. Fernando Uy of MAQQO Synergy recently. (Sonny Anarna)

Metro Manila Development Authority (MMDA) Chairman, Retired Brigadier General Danilo 'Danny' Lim receives the donations of Alcohol, Disinfectant Spray, Hygiene Kit and Probaton from Filipino Inventors Society Producers Cooperative (FISPC) Chairman Francisco 'Popoy' Pagayon, Publishers Association of the Philippines, Inc. (PAPI) President/FISPC Treasurer Nelson Santos and National Press Club (NPC) President/ FISPC Director Rolando Gonzalo.

Pagayon said it's their way of helping MMDA's frontliners to fight off Covid-19 with the health essentials the FISPC shared. The Probaton can likewise be used by frontliners in warding off stubborn individuals, who refuse to strictly observe physical distancing.

## Pagbati Mula kina:



**Vice Mayor Ony Cantimbuhan**  
Imus City, Cavite



**Cong. Jonjon Ferrer**  
Gen. Trias, 6th Dist. of Cavite



**Mayor Nonong Ricafrente**  
*Rosario, Cavite*

**ROSARIO,  
BAYANG  
TAHIMIK,  
MASAYAAT  
MAUNLAD**



**LET THERE  
BE LIGHT!**

By  
**ENG'R. VER CAMPAÑA BAUTISTA**  
*F & A.M. Luis Olimpo Ferrer Lodge 366*

**PALIGAWAN** - Ang Paligawan, Tanza ay dating paligawan ng hayop, Ang "Tanza" ay maling bigkas sa Estancia na ang kahulugan ay rancho.

REPUBLIC OF THE PHILIPPINES  
FOURTH JUDICIAL REGION  
REGIONAL TRIAL COURT  
BRANCH 15, NAIC, CAVITE

HOME DEVELOPMENT MUTUAL FUND  
(Pag-Ibig Fund)  
Mortgagee/Petitioner,

FNC-2020-60  
For : Extra-Judicial Foreclosure of Real Estate Mortgage under Act 3135, as Amended by Act No. 4118

-versus-

ELIZA ALONZO RIVERO,  
Mortgagor/Respondent.

**AMENDED NOTICE OF EXTRA-JUDICIAL SALE**

Upon Extra-Judicial petition for sale under Act 3135, as amended by Act 4118 filed by HOME DEVELOPMENT MUTUAL FUND (Pag-Ibig Fund) mortgagee/petitioner, a government financial institution duly organized and existing under and by virtue of Republic Act No. 9679 with principal office at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City, which mortgage against ELIZA ALONZO RIVERO, with postal address at #0036, Pasong Camachile Uno Subdivision, Gen. Trias, Cavite, to satisfy the mortgage indebtedness which as of December 20, 2019 amounts to **FOUR HUNDRED FIFTY THOUSAND SIX HUNDRED SEVENTY FOUR PESOS & 78/100 (P450,674.78)** Philippine currency, inclusive of interest and other charges, the undersigned Sheriff will sell at public auction on **September 8, 2020 at 10:00 o'clock** in the morning or soon thereafter at the main entrance of the Office of the Ex-Officio Sheriff at the Hall of Justice formerly Mayor Macario B. Pena Memorial Hall, Naic, Cavite, to the highest bidder, for cash and in Philippine currency, the following described property with all the improvements existing thereon, to wit:

**TRANSFER CERTIFICATE OF TITLE NO. T-057-2018032837**

A CERTAIN LAND SITUATED IN BARANGAY OF SABANG (FORMERLY TIMALAN) MUNICIPALITY OF NAIC, PROVINCE OF CAVITE. ISLAND OF LUZON, bounded and described as follows: LOT NO: 23. BLOCK NO: 34 PLAN NO: PSD-04-246094 PORTION OF SUBD. OF BLOCK 32, PCS-04-030597 LRC RECORD NO. 8340 LOCATION: BARANGAY OF SABANG ( FORMERLY TIMALAN ) MUNICIPALITY OF NAIC, PROVINCE OF CAVITE, ISLAND OF LUZON TECHNICAL DESCRIPTION BOUNDARIES : LINE DIRECTION, ADJOINING LOT (S) 1-2 NE LOT 9, BLOCK 34, PSD-04 246094, 2-3, SE LOT 24, BLOCK 34, PSD-04 246094 3-4 SW ALLEY LOT 20, PSD-04-24609 NW LOT 22, BLOCK 34, PSD-04 246094.

TIE POINT : MON. NO. 17, NAIC ESTATE, PROVINCE OF CAVITE LINE, BEARING DISTANCE TO CORNER, 1 S. 40 34' E 2562. .43 M. 1-2 s. 29. 26. E 3. 50 M 2 - 3 8. 00 M. 3 - 4 N. 29 ° 26 ' 3. 50 M 4 - 1 60 °. 34 8. 00 M. AREA : TWENTY EIGHT SQUARE METERS (28) . x x x x x

All sealed bids must be submitted to the undersigned on the above-stated time and date.

Prospective bidders or buyers are hereby enjoined to investigate for themselves, the title herein above-described and the encumbrances thereon, if any there be.

In case of the absence of any participating bidder on the above-scheduled date, said auction sale will be reset and finally held on September 15, 2020 at the same place and time above-mentioned.

Naic, Cavite, July 7, 2020.

(SGD) JANELLE V. LAGADON, MBA  
Sheriff IV

HOME DEVELOPMENT MUTUAL FUND  
(Pag-Ibig Fund)  
The Petron Mega Plaza Building, No. 358  
Sen. Gil Puyat Avenue, Makati City

MARIA VICTORIA D. CAPIRAL  
c/o POMPEYO MAYNIGO  
Attorney-In-Fact, Vision Credit and  
Collection Services Inc., JRDC Building  
117 Sen. Gil Puyat, Pasay City

ELIZA ALONZO RIVERO  
#0036, Pasong Camachile Uno  
Subdivision, Gen. Trias, Cavite/Lot 23,  
Block 34, Phase 2 Pasinaya  
Homes, Sabang, Naic Cavite

HUMANITY NEWS  
JULY 20, 27 & AUGUST 3, 2020

**MSMEs All Geared to Bounce Back Stronger with SM** (PAMELA JANE BAUN)



**KASAMA NG SM**

*It's also a joy na marami tayong nabibigyan ng work sa mga kamag-anak at ibang tao doon sa community.*

Desiree Macaraeg  
Farmer Entrepreneur  
SM Farmers Produce



SM puts the spotlight on its thousands of micro, small and medium enterprise (MSME)-partners through its campaign "Kasama ng SM," a collective effort across the company to provide immediate and long-term solutions to help businesses bounce back better.

"The Covid-19 pandemic impacted businesses, especially our MSME partners and the livelihood of many people throughout our network of services," said Steven Tan, President of SM Supermalls. "Indeed, these extraordinary circumstances need practical solutions to ensure business continuity for everyone."

SM Supermalls kicked off "Kasama ng SM" with Farmers Produce, which helps farmers sell directly to SM customers, local food producers and to the 180 restaurant members of Resto PH.

"Because of the pandemic, the livelihood of farmers has been affected," explained Agriculture Secretary William Dar. "This will help farmers sell their produce to the consuming public and give shoppers the chance

to buy fresh and nutritious items.

Desiree Macaraeg, one of the farmer entrepreneurs said, "I'm very happy, several restaurant owners came by." She is excited and grateful for the opportunity to bounce back.

Farmers Produce started its caravan last July 3 at SM Aura and will continue to go around SM Malls in Metro Manila until December 2020.

SM Supermalls also launched Wheels-On-The-Go and SM Riders Program, a program with the LGUs that taps job-seeking construction workers, repatriated Overseas Filipinos, tricycle and jeepney drivers as partner personal shoppers and delivery riders. Now throughout Luzon, about 1,000 riders have enlisted for Wheels-On-The-Go and as SM Riders.

Daniel Lavendia, a construction worker with 2 young children, rented a bicycle from a neighbor for P30 a day so he could join the SM Riders Program. When his story went viral, the communities he served donated a bike to him, which he now

uses for his livelihood.

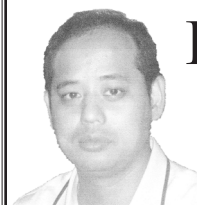
SM Supermalls also opened its doors to launch "BUYanihan," a rallying campaign in partnership with the Department of Trade and Industry (DTI) and the Association of the Filipino Franchisers, Inc. (AFFI) to encourage everyone to buy local.

"BUYanihan is very much aligned to SM's mission to support and promote MSMEs," Tan said. "SM traces its humble beginnings as a small shoe store and has grown in partnership with MSMEs for over 60 years now. As SM grew so did many of its MSME partners, providing jobs and livelihood to many Filipinos across the country." To date, SM has over 89,000 direct MSME partners.

SM Supermalls also helps MSMEs bounce back after any disaster by helping build their resilience through its efforts as a lead convener of ARISE Philippines (Private Sector Alliance for Disaster Resilient Societies). SM also has a Resilience Center which serves as data storage and back-up facility for MSMEs and mall tenants.

From their years of partnership, SM and MSMEs once again stand together hand in hand to build back stronger and better.

"Lahat tayo - our MSMEs, our customers, our employees - "Kasama ng SM" in our journey to bounce back stronger and bigger," Tan said. "We can all do our share. Let's begin to build back together."



ENGR. VIR CAMPAÑA BAUTISTA  
(TWIN BROTHER OF VER)

**HUMANITY TRIVIA**

(IT TELLS THE DATES OF INVENTION, PLACES OF PLANT ORIGIN AND CURES OF DISEASE)

- Washing Machine - 1907
- Crossword - 1913
- Cayenne - America
- Cinnamon - India
- Okra - pneumonia

# FOREVER 21 IS NOW AVAILABLE ON SHOPEE



Over 1,000 styles to choose from as Forever 21 officially launches its online store on Shopee <https://shopee.ph/forever21>



Pretty women's top with sheer puff sleeves paired with distressed skinny jeans



Your go-to brand for the latest trends, must-have styles, and hottest deals is now on Shopee

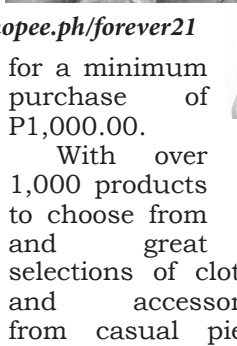


Comfy cropped tank-top meets high-rise denim skinny jeans

Shop for your favorite Forever 21 items at the comforts of your home from Shopee. Visit <https://shopee.ph/forever21>



styles, and hottest deals officially launches its online shop on Shopee. Simply log in to the Shopee website or app and head on to the Forever 21 store <https://shopee.ph/forever21>.



To make your Shopee shopping spree exciting, the brand has awesome promos in store for you! Shop from July 13 - 17, 2020, and enjoy up to 50% discount on selected styles and free shipping nationwide



Wide selection of casual tops and pants from Forever 21 +



Fun plaid rolled up long-sleeves button down top matched with a pink skirt for girls

Fashion is even more fun as Forever 21, your go-to brand for the latest trends, must-have styles, and hottest deals officially launches its online shop on Shopee. Simply log in to the Shopee website or app and head on to the Forever 21 store <https://shopee.ph/forever21>.

To make your Shopee shopping spree exciting, the brand has awesome promos in store for you! Shop from July 13 - 17, 2020, and enjoy up to 50% discount on selected styles and free shipping nationwide

Get connected with Forever 21

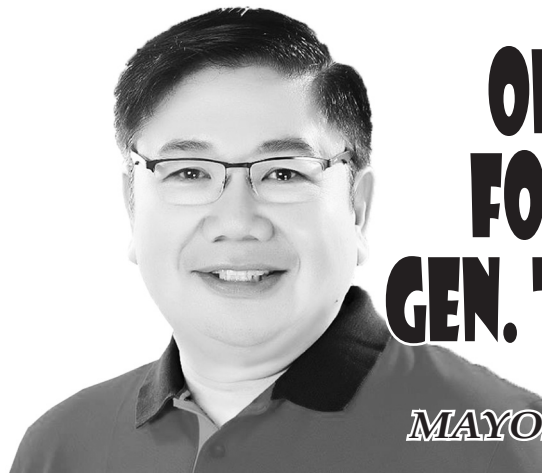
through facebook.com/Forever21PH and via Twitter: @Forever21PH and Instagram: @f21philippines. #ForeverTogether

### ABOUT FOREVER 21

Forever 21, Inc., headquartered in Los Angeles, California, is a fashion retailer of women's, men's and kids clothing and accessories and is known for offering the hottest, most current fashion trends at a great value to consumers.

This model operates by keeping the store exciting with new merchandise brought in daily. Founded in 1984, Forever 21 operates more than 800 stores in 56 countries with retailers in the United States, Australia, Brazil, Canada, China, France, Germany, Hong Kong, India, Israel, Japan, Korea, Latin America, Mexico, Philippines and United Kingdom. (KCHT)

# ONWARD FORWARD GEN. TRIAS CITY



MAYOR ONY FERRER

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don't forget to book an appointment on [sunniespecs.com](http://sunniespecs.com)



Sunnies Specs Optical is now open in SM City Calamba. Book an in-store appointment for your next eye exam on [sunniespecs.com](http://sunniespecs.com). (KCHT)

# EDITORIAL

Lahat ng mga bansang maunlad ay may mga mamamayang may taglay na edukasyon na kalimitan ay tapos ng high school at may mataas ding porsiyento na tapos sa kolehiyo. Tayo sana ay nasa ganito nang kalagayan nguni't ang populasyon natin ay napakalaki kung ikukumpara sa maliit nating kalupaan. Ang ating impok ay di gaanong mataas na bahagdan kaya ang lokal na puhunan na makukuha sa bangko ay maliit.

Kailangang patibayin natin ang ating edukasyon at ang ugali sa pag-iimpok kung nais nating makasunod tayo sa ibang mga bansang umuunlad.

# Gov. Remulla... (from p. 1)

Ipinaliwang ni Ferro na ang mga tsismosa ay maaaring magmistulang tagapagbigay ng mga impormasyon na kadalasang nakaalam ng mga nangyayari sa kanilang lugar, na maaari umanong makatulong sa gobyerno upang makakalap ng mga kapaki-pakinabang na impormasyon.

Sa kaniyang Facebook post, sinabi rin ni Remulla na ang dapat umanong bigyang prayoridad ng pamahalaan ay ang COVID-19 testing, pagsasagawa ng mas maayos na contact tracing at isolation, at pagpopokus sa paggamot sa mga may sakit at pag-iisa sa mga mamamayan patungo sa pagbangon ng ekonomiya ng bansa.

"Dapat, wala tayo

ibang unahin na kung ano ano. Pagtuunan sana natin ng singular na atensyon ang paglaban at pagsugpo

sa pandemya at aksyunan lahat ng problema na dulot nito," dagdag ni Remulla. (GoCavite)



## CAVITE HIGHLIGHTS

By: Yna Palparan Bautista

Julian Felipe was a revolutionist who did not carry a gun. He was once a Filipino musician in HongKong and Aguinaldo was so impressed with his work that he asked Julian to compose the music to be played during the Proclamation of Independence on June 12, 1898. He was arrested previously in connection with an uprising which involved also the 13 Martyrs. He was not shot but he suffered from torture in Fort Santiago. He died in Manila in 1941 but his body was buried in his native town of San Roque, Cavite.



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HK Beef Tapa w/ Garlic Rice	P220.00	Miki Bihon	P110.00	Chopsuey	P190.00	Crab Meat Corn Soup	P160.00
HK Smoked Bangus w/ Garlic Rice	P155.00	Pancit Canton	P115.00	Lohan Vegetables	P190.00	Hot & Sour Soup	P135.00
HK Gong Hiong w/ Garlic Rice	P130.00	Crispy Fried Noodles (All Meat)	P130.00	Sweet & Sour Fish Fillet	P240.00	Solo Serving	P60.00
<b>DIMSUM</b>		Crispy Fried Noodles (Seafood)	P130.00	Sweet & Sour Pork	P220.00	<b>COMBO MEAL</b>	
Mantao	P 30.00	Birthday Noodles	P135.00	Beef w/ Ampalaya	P230.00	Sweet & Sour Fish Fillet	P229.00
Buchi	P 69.00	Hofan Noodles	P150.00	Beef Brisket Hot Pot	P320.00	Pork Asado	P229.00
Giant Pork Siomai	P175.00	<b>RICE</b>		Beef w/ Broccoli	P320.00	Spring Roll	P229.00
Giant Hakao	P195.00	SOLO	REGULAR	Lechon Macau	P300.00	Sweet & Sour Pork	P229.00
Asado Siopao	P 79.00	Yangchow Fried Rice	P80.00	Canton Special	P275.00	Salt & Pepper Squid	P249.00
Bola Bola Siopao	P 89.00	HK Golden Fried Rice	P100.00	<b>RICE TOPPINGS</b>			
Chicken Feet	P 95.00	Salted-Fish Fried Rice	P105.00	Squid Tausi	P105.00	Black Gulaman	P 50.00
Pork Siomai	P 85.00	Pineapple Fried Rice	P115.00	Sze Chuan Squid	P105.00	Black Gulaman w/ Lychee	P 55.00
Japanese Siomai	P 89.00	<b>HOUSE SPECIAL</b>		Fish Fillet Tausi & Beancurd	P150.00	Almond Jelly w/ Lychee	P 55.00
Baencurd Roll	P 89.00	(Good for 2 to 3 persons)		Pork Asado Rice	P150.00	Halo Halo	P 65.00
Shark's Fin Dumpling	P 80.00	Seaweed & Century Egg	P220.00	Chopsuey	P145.00	Halo Halo w/ Ice Cream	P 79.00
Spring Roll	P 95.00	Pork Asado Roastin	P320.00	Soy Chicken	P195.00	Egg Yolk Pao	P 85.00
Kutchay Dumpling	P 85.00	Assorted Cold Cuts	P320.00	Sweet & Sour Fish Fillet	P135.00	Almond Jelly Ala Dode	P 70.00
Chicken Pao	P 85.00	Soy Chicken (whole)	P490.00	Pork Asado & Soy Chicken	P145.00	Leche Plan	P 29.00
<b>MAMI</b>		Soy Chicken (half)	P270.00	Sweet & Sour Pork	P145.00	<b>BEVERAGE</b>	
Wanton	P 90.00	HK Fried Chicken (whole)	P430.00	Beef Brisket	P155.00	Instant Coffee	P 40.00
Soy Chicken	P 95.00	HK Fried Chicken (half)	P220.00	Spareribs Tausi	P140.00	Brewed Coffee	P 45.00
Pork Asado	P105.00	Salt & Pepper Fried Chicken (whole)	P490.00	Chicken Feet & Spareribs	P145.00	Iced Tea	P 45.00
Beef Brisket	P105.00	Salt & Pepper Fried Chicken (half)	P260.00	Salt & Pepper Squid w/ Egg Rice	P160.00	Pineapple	P 45.00
Beef Brisket w/ Wanton	P110.00	Patatim	P490.00	Rice		Red Tea	P 45.00
<b>CONGEE</b>		Steam White Chicken (whole)	P530.00	HK Fried Chicken w/ Egg Rice	P160.00	Mango Smoothie	P 85.00
Bola - Bola	P 85.00	Steam White Chicken (half)	P260.00	Lechon Macau w/ Egg Rice	P160.00	Milk Tea	P 69.00
Fish Fillet	P 85.00			Steamed White Chicken w/ Egg Rice	P195.00	Banana Smoothie	P 75.00
Pork Asado	P 95.00						
Chicken	P 95.00						
Pork & Century Egg Special	P 95.00						
<b>ADD ONS</b>							
Century Egg	P 60.00						
Prawn Chips	P 70.00						
Lechon Con Tofu	P 55.00						

\*Price are subjected to change without prior notice  
Price INCLUSIVE of 12% VAT.

# SO MANY MARKDOWNS AT THE SM STORE

After being home-bound for some time, this is the best time to re-visit The SM Store and enjoy its So Many Markdowns.

You'll love our great bargains and finds. Get as much as 50% OFF on selected items from July 1

to 31, 2020, whether it be fashion must-haves, baby needs, home essentials and so much more.

Rediscover how much fun it is to shop for the home and for the kids, for whom there are Mickey Medium Foldable Trikes and PicoloPink-stripe Strollers. You can also make distance learning fun for tweens with SM Stationery Unicorn Sequins Notebooks and SM Accessories Ear-phones.

And for yourself, run errands in style without selection of comfy sneakers and fashion must-haves, and pack your own drinks with the Aqua Vacuum Flask.

And since your safety is our priority, The SM Store has everything to make shopping safe

and secure for everyone -conducting temperature checks at entrances, regular disinfection of counters and other in-store areas, and implementation of social distancing protocols.

Put your face mask and get your list ready! Catch the best of So Many Markdowns at The SM Store today!

Check out other

marked down items which you can have delivered straight to your doorstep at TheSMStore.com, and join The SM Store group on Viber today so you're up-to-date on the latest promos at The SM Store!

About: The SM Store is the Philippines' largest

department store chain with 64 branches nationwide. Since our first store opened in 1958, The SM Store has been a long-time favorite one-stop-shop with the best product variety, shopping convenience, and value for money. We offer a great

selection of menswear, womenswear, childrenswear, all kinds of beauty products, and things for the home. You can also find stationery, electronic gadgets, snacks, toys, hardware, and fun Philippine souvenirs here. (KCHT)



Whether it's for organizing the home or planning for a future trip this Samsonite Popsoda Suitcase is a great bargain. **Original Price: 14,250.00** **Markdown Price: 8,550.00**



Have all the little one's needs in one place for every important trip with this OllinTaryn Sling Diaper Bag. **Original Price 899.75** **Markdown Price: 719.80**



Take your little one for short morning walks in your place safely and securely with this PicoloPinkstripe Stroller.

**Original Price 2,999.75** **Markdown Price: 2,100.00**



Neutralize noise with this noise-cancelling, Wireless Headset by SM Accessories. **Original Price: 499.75** **Markdown Price: 249.00**



Add a pop of color to your kitchen with this retro Gene Elijah Bar Stool. **Original Price: 2,495.00** **Markdown Price: 1,746.50**

Express your ideas and feelings in a notebook that is just as fabulous - Unicorn Sequins Notebook. **Original Price: 249.75** **Markdown Price: 169.00**

Keep your kids active with this Mickey Foldable Trike. **Original Price: 2,299.75** **Markdown Price: 1,999.75**



Get organized with this set of 3 tropical Mini Box. **Original Price: 399.00** **Markdown Price: 280.00**



Make your kids' days more upbeat with these cute, printed SM Accessories Kids' Earphones. \*Sold separately. **Original Price: 149.75** **Markdown Price: 74.00**



Bring your own coffee, juice or tea with this double wall Aqua Vacuum Flask that will help keep your drinks hot or cold from sunrise to sundown. **Original Price: 299.75** **Markdown Price: 149.87**

## Health Benefits...

### Kaalaman tungkol sa Siling Labuyo bilang halamang gamot

Ang siling labuyo ay karaniwang halaman na makikita sa maraming lugar sa Pilipinas. Ito ay maliit lamang na halaman na bahagyang malakahoy ang katawan at sanga. Ang dahon ay maliit lamang, bilugan sa ibaba na patalim sa dulo. Ang bunga naman ay pahaba at patulis na may mapulang kulay kung hinog. Karaniwang

**Scientific name:** *Capsicum frutescens* Linn.; *Capsicum fastigiatum* Blume; *Capsicum minimum* Roxb.  
**Common name:** Siling labuyo (Tagalog); Chilli, Cayenne (Ingles)



sangkap sa maraming lutuing Pilipino dahil sa taglay nitong anghang.

#### Ano ang mga sustansya at kemikal na maaaring makuha sa Siling Labuyo?

Ang iba't ibang bahagi ng halamang siling labuyo ay maaaring makuhanan ng maraming uri ng kemikal at sustansya na maaaring may benepisyo sa kalusugan:

Taglay ng bunga ng siling labuyo ang kemikal na capsaicin na siyang nagpapaanghang sa lasa nito.

Makukuha sa halaman ang ester, terpenoids, noncarotenoids, lipoxygenase derivatives, carbonyls, alcohols, hydrocarbons, capsaicin, dihydrocapsaicin, capsiconinoid, at capsinoid.

Mayaman ang bunga sa mineral na calcium, phosphorus, at iron, gayundin sa vitamin A at B.

#### Anong bahagi ng halamang ginagamit bilang gamot, at paano ginagamit ang mga ito?

Maaaring gamitin bilang gamot ang ilang bahagi ng halaman tulad ng:

**Dahon.** Ang dahon ng siling labuyo ay karaniwang dinidikdik at pinangtatapal sa ilang kondisyon sa balat. Madalas din itong ihalo sa tubig upang inumin.

**Bunga.** Ang bunga ay maaaring kainin, o kaya naman ay ihalo sa tubig at ipangmumog upang makagamot. Minsan ay dinidikdik, hinahalo sa langis, at ipinantatapal din sa ilang kondisyon sa balat.

#### Ano ang mga sakit na maaaring magamot ng Siling Labuyo?

**1. Sore throat.** Upang malunasan ang kondisyon ng sore throat, maaaring ipangmumog ang tubig na hinaluan ng dinidikdik na bunga ng siling labuyo.

**2. Rayuma.** Ang bunga ng sili ay maaaring dikdikin at ihalo sa langis at ipampahid sa bahagi ng katawan na dumaaan sa pananakit dahil sa rayuma at arthritis. Mas mainam kung ang pampahid na gamot ay hahaluan pa ng dinidikdik na dahon ng sili.

**3. Kabag.** Makatutulong sa kondisyon ng kabag ang pag-inom sa mainit na tubig na pinagbabaran ng hiniwang bunga ng sili. Maaari din namang ihalo ang sili sa anumang pagkain upang matulungan ang kondisyon.

**4. Pananakit ng ngipin.** Maaaring ilagay ang katas ng sili sa butas ng ngipin na nananakit.

**5. Sugat.** Matutulungan din ng paglalagay ng dinidikdik na dahon ng sili ang mas mabilis na paghilom ng sugat.

**6. Buni.** Maaaring ipang hugas sa balat na apektado ng buni ang pinagbabaran ng siling labuyo.

# BOTIKA ON WHEELS CONTINUES IN KAWIT



Amidst the COVID-19 pandemic, the provincial government of Cavite continue to provide basic health services to the elderlies and children of the province through the Botika On Wheels program by delivering free

maintenance medicines and vitamins to target beneficiaries. On July 13 - 17, 2020, the Botika on Wheels team roamed the municipality of Kawit where they distributed maintenance medicines and vitamins to almost 2,000 senior citizens.

Likewise, more than 1,000 children also received vitamins to help strengthen their immune system. First District Representative Francis Gerald A. Abaya supported the program and joined the team together with Vice Mayor

Arman Bernal, some Sangguniang Bayan members and barangay officials in distributing the medicines to 23 barangays. The program prioritized elderlies and children as they are more vulnerable to COVID -19.--**PICAD**

**PLEASE!  
 ALWAYS  
 WEAR YOUR  
 FACE  
 MASK**

A PUBLIC SERVICE REMINDER FROM

**MAYOR TOTIE S. PAREDES**



*Nag courtesy call sa opisina ni Cong. Alex AA Advincula sina PCG Commander Commodore Allan Victor Dela Vega, LTJG. Michael Encina, Commodore Joey Velarde at ang ilang miyembro ng Philippine Coast Guard.*

*Isa rin po sa mga naging panauhin ay si Marlon Tanael na na kinilala sa pagsasauli ng manager's check na kaniyang napulot sa kahabaan ng Aguinaldo Highway sa Talaba 2. Ang nasabi pong tseke na nagkakahalaga ng milyong piso ay pagmamay-ari ng Property Company of Friends, Inc.*

*Si Marlon po ay isang tindero ng tahong at talaba sa umaga at bantay bayan volunteer naman sa gabi sa Barangay Talaba 2, Bacoor City. Naging posible po ang pakikipag ugnayan nila sa opisina ni Cong. AA sa pamamagitan nila Konsi Tito Monzon at Kap. Perpetua Figueras ng Poblacion 4A.*

*Congratulations*

**MA. KAY CATHRINE ALMARIO**

MAGNA CUM LAUDE  
 BA COMMUNICATION RESEARCH  
 UNIVERSITY OF THE PHILIPPINES-DILIMAN

*The pride of her mother Tina Almario and family of Brgy Malabag Silang Cavite and the Silangueno. Courtesy of Silang Cavite Vice Mayor Aidel Paul G. Belamide*

**DO YOU KNOW ?**

*The liquid inside young coconut is substitute for blood plasma. The liquid inside a mature coconut is bad for the kidney.*

(Shared by Fellowship with Humanity)

**FELLOWSHIP WITH HUMANITY**

Province of Cavite  
**PRESIDENT: AURELIO PAREDES BAUTISTA**

**Fellowship with Humanity is a Family-Based Masonic Charity Group registered in Cavite to help in a small way alleviate the conditions of the poor. The funds come from the family income of the Bautista Family members.**

**CLI TUTORIAL SERVICES**

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 Facebook page: Craft Leaders Institute  
 Tel. No. (046) 460 4061 CPNo. 09486835347/09974057840

**COURSES OFFERED:**

Baking	English Proficiency	Writing 101
Hotel and Restaurant Services	Basic Japanese Language	Mathematics Tutorial
Microsoft Office Specialist	Basic Accounting	Mathematics Olympiad Training