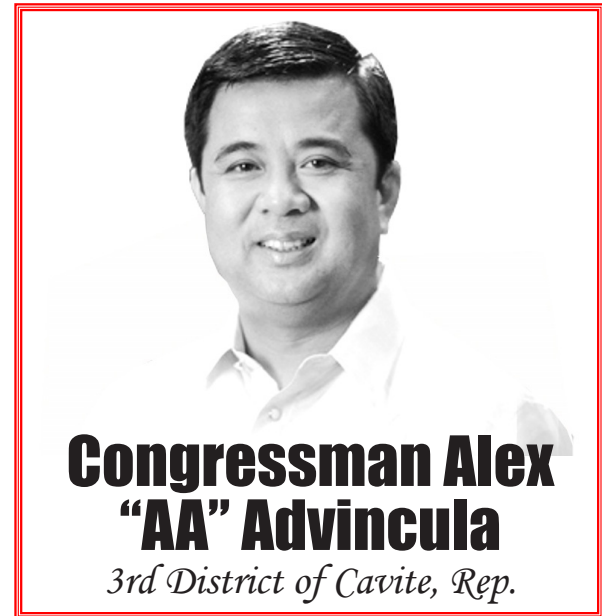


# HUMANITY NEWS

TOWARDS THE FRIENDSHIP OF CITIZENRY



Vol. IV No. 31 July 6-12, 2020 P 10.00 ISSN No.: 2672-3034

## MANILA RANKS AMONG WORLD'S TOP EMERGING ECOSYSTEMS

The Philippine startup ecosystem is once again featured in the annual Global Startup Ecosystem Report (GSER) by Startup Genome. In its inaugural ranking of the world's top 100 emerging ecosystems, Manila is ranked 36th globally.

The GSER 2020 puts the value of Manila's startup ecosystem at USD1.6 billion, with a total early stage funding of USD102 million over the last two and a half years. It is among the

startup ecosystems in their activation phase, together with Busan in Korea, Calgary in Canada, Frankfurt in Germany, and Taipei in Taiwan.

Department of Trade and Industry (DTI) Secretary Ramon Lopez remarked, "The DTI is committed to sustaining the growth of our thriving startup ecosystem in Manila and the whole country during this pandemic and beyond. We continue to implement enabling policies and strategic support

programs for enterprises, particularly as we aggressively promote the digitalization of business operations and the digital transformation of our MSMEs and large enterprises."

Among Manila's strengths as a top emerging ecosystem are its market reach (or the early-stage startup access to customers allowing them to scale and go global), as well as talent and experience (or the access to talent by early-stage startups). These place Manila among the top 20 ecosystems for Bang for Buck and among

(cont. P.3)

## STARTUP



“

The DTI is committed to sustaining the growth of our thriving startup ecosystem in Manila and the whole country during this pandemic and beyond. We continue to implement enabling policies and strategic support programs for enterprises, particularly as we aggressively promote the digitalization of business operations and the digital transformation of our MSMEs and large enterprises.

Secretary Ramon M. Lopez  
Department of Trade and Industry



Startup Genome

## Lalawigan ng Cavite mananatili sa ilalim ng GCQ



“

Upon concurrence with the IATF, I have chosen NOT to recommend that Cavite be put under a MODIFIED GENERAL COMMUNITY QUARANTINE or MGCCQ. Pataas ang numero ng mga kaso natin. From below 300 during ECQ ngayon ay lagpas 600 na.

Ayon kay Dr. Connie Ang, ang strain na lumalabas ngayon sa ating mga testing machines ay yung "high viral load" na kung makuha ng mahina ang naturalesa ay VERY HIGH CHANCES of mortality.

”

**Governor Jonvic Remulla**  
Province of Cavite

TRECE MARTIRES CITY, Cavite -- Inirekomenda ni Governor Jonvic Remulla sa Inter-Agency Task Force on Emerging and Infectious Diseases (IATF-EID) ang pananatili ng lalawigan sa ilalim ng General Community Quarantine (GCQ).

Ito ay sa kadahilanan nang patuloy na pagtaas ng bilang ng kaso ng COVID-19 sa Cavite na ngayon ay lagpas sa 600 na.

Sinabi ni Dr. Connie Ang, isa sa mga miyembro ng medical team ng De La Salle Medical-Health Science Institute (DLSM-HSI) na ang strain na lumalabas ngayon sa mga testing machines ay yung "high viral load" na kung makukuhan ng mahina ang naturalesa ay napakataas ng tsansa ng mortalidad.

Ngunit nagbigay ng katiyakan ang gobernador na hindi ibabalik sa Enhanced Community Quarantine (ECQ) ang lalawigan sapagkat may kakayanan ang mga pasilidad at ospital

dito para sa COVID-19.

Muling nagpaalala si Gov. Jonvic para sa mas higit na pag-iingat lalo pa at malakas ang katawan dahil pwedeng asymptomatic o walang sintomas ng sakit. Ito ay lalong mas malakas na makahawa o 'super spreader' kung kaya't mas delikado para sa mga kasambahay na senior citizens.

"Wala pa ring bakuna para sa COVID-19 at ang tanging panangga lamang ay ang ating pagsunod sa mga patakaran," ani Gov. Jonvic.

Dagdag pa nang gobernador, "By now you know what to do and avoid. The guidelines are clear. We are all competent enough to understand. Disiplina at dobleng ingat na lang ang kailangan natin."

(Sa ngayon ay alam na natin ang dapat nating gawin at ang dapat iwasan. Tayong lahat ay may kakayanan na umunawa.)

Samantala, ibinahagi nang gobernador na patuloy pa rin ang targeted testing para sa frontliners at wala pa ring pagpapasya ang IATF para sa 'Tandem Pass' o angkas.

Ang mga hotels, motels, bars, at ano mang lugar na gimikan ay mananatiling sarado sapagkat dito sa mga lugar na ito kumalat ang virus sa ibang bansa. (PIA)



# DPWH TO TURN-OVER OFF-SITE DORMITORIES FOR HEALTH WORKERS TO QUEZON CITY GOVERNMENT ON JULY 6



Four (4) 'We Heal As One' off-site dormitories purpose-built by the Department of Public Works and Highways (DPWH) for hospital workers will be turned-over on Monday, July 6 to the Quezon City government.

"With these facilities

at Quezon Memorial Circle, our modern-day heroes will have a safer and more comfortable space to rest", said Secretary Mark A. Villar.

In his report to Secretary Villar, DPWH Undersecretary Emil K. Sadain and head of DPWH Task Force for Augmentation of Health Facilities said that the temporary shelter will exempt some 128 healthcare workers dealing with Covid-19 patients from daily travel from hospital to home.

"These dormitories is fully furnished that it can be utilized immediately to temporarily house medical doctors and staff of major Quezon City-based hospitals", said Undersecretary Sadain.

Undersecretary Sadain in his project inspection together with members of the Task Force from DPWH technical bureaus said that two (2) more dorms will be completed at Quezon Memorial Circle by July 9 that can accommodate 64 frontliners working at medical facilities in Quezon City.



**MAKATANG KABITENYO**  
DLSU-DASMARINAS AWARDEE  
MAKATANG KABITENYO 1999  
F&M LINCOLN LODGE # 34  
DOCTOR OF HUMANITIES (HONORIS CAUSA)  
**DR. AURELIO PAREDES BAUTISTA**

## PAGHIHINTAY

1. Maghintay mahirap sa isang nilalang,  
Pagka't kaakibat itong agam-agam,  
Na hindi matupad yaong inaasam,  
Mabigo'y kay sakit ang mararamdaman.
2. Sa buntong -hininga huhugot ng lakas.  
Ang dagdag na hangin magbibigay luwag  
Sa kanyang damdaming hindi mapanatag,  
Sa paghingang ito baka siya tumatag.
3. Merong naghihintay na palakad-lakad,  
Adrenaline itong ginastos sa bagtas,  
Pagka't walang kilos parang magwawasak  
Nitong kanyang dibdib na walang panatag.
4. Maghintay sa hatol parang kakaiba,  
Pumapanatag na ang taong may sala,  
Sa huli ay kanyang makikitang lisyay,  
Ang kanyang ginawa at magsisisi siya.
5. Maghihintay sa "oo" ng isang dalaga,  
Binatang naghintay ay kakaba-kaba,  
Ang hindi mo alam at di mo mabasa,  
Damdamin ay puno ng pagkabalisa.
6. Maysakit naghintay ng kanyang paggaling,  
Subali't palubha tahak ng sakitin,  
Nang una ay dagsa itong panalangin,  
At saka nagalit ang kanyang damdamin.
7. Hindi niya matanggap ang kasasapitan,  
At ang galit niya'y sumbat sa Lumalang,  
Nang maglaon ito'y bumaba na lamang,  
At natanggap na rin itong kamatayan.
8. Kaya ang gawa niya ngayon ay maghintay,  
Merong pananalig at alay ang buhay  
Wala ang pangamba sa kasasapitan,  
Payapa sa higa, tahimik ang lagay

Each cluster (2) person sleeping on dormitory will have 16 double-decker beds per room with toilet and bath with occupancy of two

(cont. P.5)

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Republic of the Philippines

Municipality of Naic



**YSS Laboratory / The Cathay Drug Company Inc.**

is in need of the following:

- Steelman — 50
- Carpenter — 50
- Pipefitter — 25
- Mason — 50
- Welder — 25
- Laborer — 200



**Interested applicant may bring their Biodata / Resume immediately  
at Public Employment Service Office, Naic, Cavite  
Mayor Junio C. Dualan**



# MANILA... (from p. 1)

the top 30 ecosystems for Affordable Talent.

The GSER 2020 identifies fintech and e-commerce as Manila's ecosystem sub-sector strengths. Fintech companies account for almost 15% of Manila's startups, with a transaction value reaching approximately USD10 billion in 2019 and is expected to grow by 24% in 2020, while taking into account the expected impact of COVID-19. On the other hand, the e-commerce industry is growing at a CAGR (Compound Annual Growth Rate) of 26.4%, which is one of the fastest rates in Southeast Asia.

"The proliferation of fintech and e-commerce startups in the country is testament to the abundance of opportunities in the Philippine market. By mutually reinforcing one another, these two sectors are enabling the

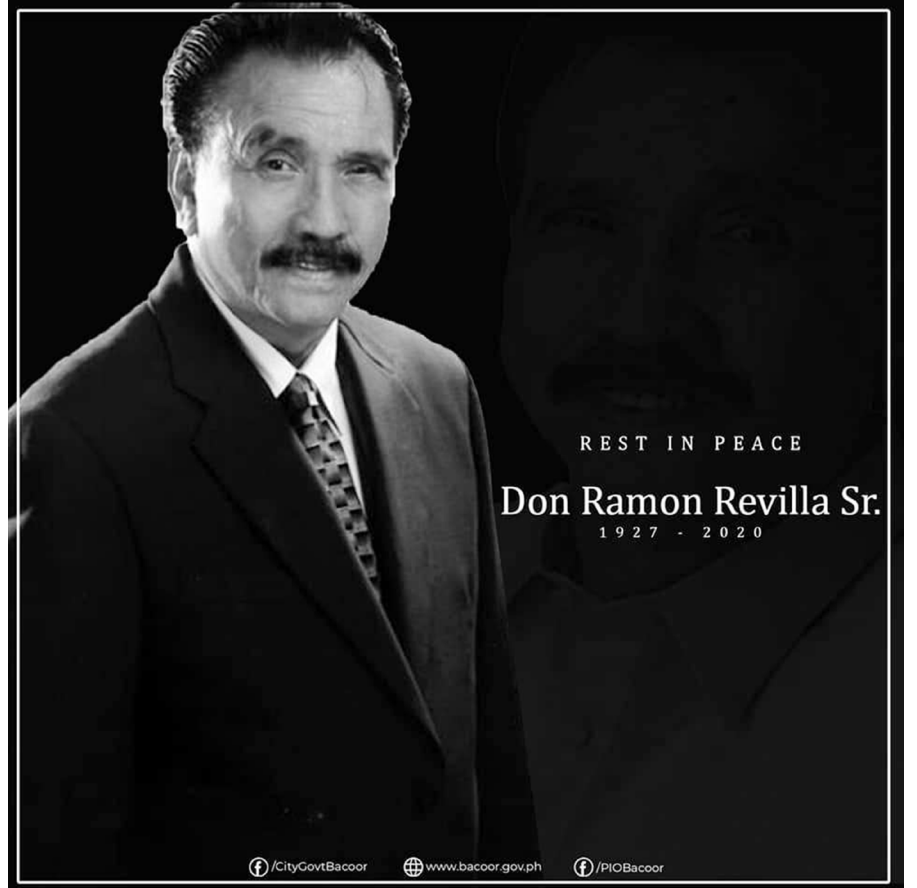
growth of traditional sellers and buyers despite today's trying times. Our young, creative, and resourceful pool of talent will keep our ecosystem vibrant and competitive in the years ahead," said Undersecretary for Competitiveness and Innovation Rafaelita Aldaba.

In partnership with the DOST-Philippines and the Department of Information and Communications Technology - DICT as lead implementing agencies of the Innovative Startup Act, the DTI will facilitate more collaboration among members of the startup community, support the scaling up of startup enterprises, and foster their global expansion.

"We strongly believe that Filipino startups can compete globally, especially with the right collaborators. We are constantly looking out for the chances to showcase

the solutions and services they can offer to meet market demands and address social needs. We look forward to seeing our startups grabbing the attention of more mentors and investors as we promote them in the world market," said Export Marketing Bureau (EMB) Director Senen Perlada.

The GSER is the world's most comprehensive and widely-read research on startups with 250 ecosystems studied. The GSER 2020 is published by Startup Genome - a world-leading policy advisory and research organization for governments and public-private partnerships committed to accelerating the success of their startup ecosystem - in cooperation with the Global Entrepreneurship Network (GEN). The DTI is a member of the GSER Global Network. (dtphilippines)



## HONTIVEROS URGES GOV'T NOT TO DOWNPLAY MINDORO COAST COLLISION

"Are we going to let another Chinese vessel get away with committing a 'hit and run' against Filipinos inside our territorial waters?"

This was the question posed by Senator Risa Hontiveros Hontiveros on Tuesday as she urged the Philippine government not to downplay the maritime collision between a Philippine fishing boat and the Hong Kong-flagged cargo ship off

the coast of Occidental Mindoro yesterday.

"Pumanig naman tayo sa sarili nating mga mangingisda," Hontiveros said after Malacañan's assertion that the crash with 14 Filipinos still missing is 'bangaan lang.' The government also said that the said incident will be resolved under PH maritime laws as it happened within Philippine territorial waters.

"Fourteen of our Filipino fishermen are



missing. Our priority should be to find them, fully investigate, and

(cont. P.5)

### Saved by the Risen Lord A story of a priest who conquered Covid-19 through faith and prayers

"It all started with a simple cough," says Father Jay Hector Lituanañas, a priest belonging to the Augustinians of the Assumption based in Quezon City. Fr. Jay travelled to Vietnam early this year for a meeting with fellow Assumptionists. Though already experiencing cough, he was not that bothered by it throughout his stay in the foreign land.

Upon his return to Manila, Fr. Jay continued on with his ministry and other related-activities such as recollections, saying masses, interactions with the urban poor, among others. As his cough aggravated, he went to his doctor for consultation and took anti-allergens for seven days. Fr. Jay remembered he could no longer sleep well at night as his cough persisted.

A doctor-friend advised him to go to the nearest public hospital for a swab test. He took the test and waited for the result after seven days. He was COVID-19 positive. In the morning of Holy Thursday, Fr. Jay was brought to the Lung Center of the Philippines.

He spent 12 hours while undergoing a series of tests and while waiting to be admitted. At the emergency area, he was depressed at the sight of COVID 19 positive patients hooked up on ventilators struggling for life. He spent a total of eight days in the isolation room doing meditation, morning and evening prayers, reading the Scriptures, reciting the Rosary, and some physical exercises. He was still in touch with his family, fellow Assumptionists, and friends who were his prayer warriors.



In the face of Covid-19, he remained strong and optimistic that this too shall pass by God's mercy. There was even an instance when he was confronted by a sudden fear of death which moved him to fight for his life for the sake of his loved ones.

During his battle, Fr. Jay was very grateful to the doctors, nurses and other staff of the isolation ward. He even asked them to write their names on his small notebook so he can include them in his prayers and online masses. As days went on, he developed pneumonia and diarrhea and could not sleep well. But his strong will, and faith with doctors and nurses all helped him to recover well from the dreaded disease. He remembered his doctors saying, "Father, your positive and prayerful disposition is helping you a lot!"

After another week, Fr. Jay was finally discharged from the hospital completely healed. He left the hospital with deep gratitude to those who attended to him, to his countless prayer warriors, and also to PhilHealth which, according to him, provided him with financial support through its COVID-19 benefit package.

"I conquered COVID-19!", Fr. Jay exclaimed. But not long enough that he corrected himself, "No, it is the Risen Lord who conquered the disease for me!" (END)

Reference: Dr. Shirley B. Domingo, Vice President for Corporate Affairs and Official Spokesperson | Mobile No: 09171360964



### Pagbati Mula kina:



Vice Mayor Ony Cantimbuhan  
Imus City, Cavite



Coun. Adrian Jay 'AJ' Advincula  
Imus City, Cavite





**Mayor Nonong Ricafrente**  
*Rosario, Cavite*

**ROSARIO,  
BAYANG  
TAHIMIK,  
MASAYAAT  
MAUNLAD**



**LET THERE  
BE LIGHT!**

By  
**ENG'R. VER CAMPAÑA BAUTISTA**  
*F & A.M. Luis Olimpo Ferrer Lodge 366*

**TABON** - Ang nayon ng Tabon, Kawit ay lugar na dating bahagi ng latian kaya nilagyan ng tabon upang di maging maputik.

**DENTAL SERVICES NOW OPEN AT SM SANTA ROSA**



What's up Southies! Now that we are under MGCQ, SM City Santa Rosa's personal care services is now open to serve you. For that much needed trip to your favorite dentist,

South Dental Centre and Tooth and Style is now accepting walk in clients. Since safety is SM's utmost concern, all dental clinics are required to practice improved sanitation

processes and clinic protocols to ensure safe dental procedures to all patients. For daily updates on open stores, visit SM City Santa Rosa on Facebook. **(PAMELA JANE BAUN)**

**OSH-IT to inspect business establishments in Dasmariñas City**

Dasmariñas City, Cavite -- About 596 business establishments in this city is set to be inspected by the Occupational Safety and Health (OSH) Inspection Team to ensure the IATF-DOH protocols on minimum safety standards are being followed.

This is pursuant to Civil Service Commission (CSC) and the Department of Health (DOH) Joint Circular

No. 1 s. 2020 enjoining the city government of Dasmariñas to create its Occupational Safety and Health Committee under which the OSH Inspection Team was formed.

The team's objective is not limited to the inspection of health safety protocols and guidelines on COVID-19 control but also the compliance with the laws, issuances and ordinances pertaining to the securing of business permits and licenses.

They are also tasked to provide recommendations based on the ocular inspection for the compliance of the said establishments that include but are not limited to the revocation of business permit and/or closure of the establishment.

As of June 24, 2020 the inspection team had visited 291 establishments out of which 112 establishments were ordered closed/ temporary closed due to non-compliance.

Likewise, seven colleges and universities

in the city were issued a notice/letter for proper guidelines and minimum health protocols for essential services and face-to-face transactions in accordance with the Commission on Higher Education (CHED) and DOH guidelines.

An ongoing spot inspection of all the lying-in clinics, medical laboratories, private hospitals and dental clinics are underway to ensure the compliance with DOH guidelines and minimum health protocols on COVID-19 and on toxic and hazardous waste management. As of

June 26, 2020, about 26 establishments were already inspected. There are still 305 remaining establishments in the city that the OSH Inspection Team will inspect. (PIA)



ENGR. VIR CAMPAÑA BAUTISTA  
(TWIN BROTHER OF VER)

**HUMANITY TRIVIA**

(IT TELLS THE DATES OF INVENTION, PLACES OF PLANT ORIGIN AND CURES OF DISEASE)

- Carburetor - 1876
- Vending machine - 1883
- Bamboo - America
- Myrrh - Africa
- Patatas - arthritis





**Carmona Mayor Roy Loyola joins as a panelist on a webinar regarding UHC.** Municipal Mayor Roy Loyola attended as a panelist on a Zoom webinar titled "Universal Health Care: What LCEs Should Know and What to Expect (Usapang Dibdiban para sa mga Punong Lalawigan, Lungsod, at Bayan ng Pilipinas)" along with other Local Chief Executives and the proponents of Republic Act 11223 or the Universal Health Care Act on July 1, 2020.



## Alfonso, Cavite still COVID-19 free

Mayor Randy Salamat proudly revealed June 23, 2020 that the municipality of Alfonso is COVID-19 free for the past 42 days as he rallied his constituents to continue to be united and cooperate with both the national and local government's efforts in this period of pandemic.

Mayor Salamat made the remarks during the interview in the country's longest running noontime show (Eat Bulaga) aired Saturday, June 27, 2020.

Six other local chief executives (LCEs) from the National Capital Region (NCR) Menchie Abalos of City of Mandaluyong, Ike Ponce of the City of Pateros, Marcy Teodoro of Marikina City while from the north, Mayors Donya Tesoro of San Manuel, Tarlac and Bryan Celeste of Alaminos, Pangasinan, and Mayor Keith Nieto of Cainta, Rizal were also gurst at the noontime show.

He also mentioned that before COVID-19 pandemic, the first disaster his town endured

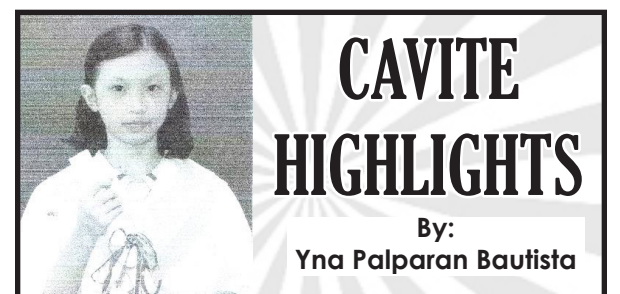
was the eruption of Taal Volcano in January. The town hosted and provided assistance to 9,000 evacuees from the province of Batangas that were severely affected by the eruption.

As for the town's COVID-19 response, the mayor cited the Botika on Wheels program which helped the senior citizens of the municipality to get access to their much needed medicines without having to go out of their houses. He also mentioned his otherwise entertaining but effective way of leading the people by giving them incentives for following the quarantine protocols such as rewarding the most behaved barangay with free lechon baboy and lechon manok.

The Mayor shared on his FB post they were give Talent Fees (TF) and bobble head doll characters of Eat Bulaga stars like Maine Mendoza, Alden Richards and Lola Nidora.

According to Salamat, the TF he received for guesting will be donated to the affected vendors of the Luksuhin Public Market fire while the bobble head dolls will be given as prizes to the winners for the three best stories that will be shared by Alfonseños about the life changing experience they had during the pandemic.

Veteran host Vic Sotto thanked the mayors as the show recognized their extra ordinary performance of their duties to serve the people and wished them well with their governance and leadership. (PIA)



Severino De las Alas was a lawyer and educator born in Indang, Cavite. He was part of the Aguinaldo Cabinet of Reconciliation as Secretary of Justice. It was he who convinced Andres Bonifacio during the Tejeros Convention to abandon the Magdiwang Monarchical system in favor of Republican, hence the establishment of a Revolutionary Government in place of the Katipunan. De las Alas was Secretary of Interior in the Paterno Cabinet at Cabanatuan. After the capture of Aguinaldo at Palanan, De las Alas, Ladislao Diwa and General Mariano Trias surrendered to the Americans. He died on Nov. 4, 1918.

## HONTIVEROS... (from p. 3)

not to further protect China's interests," Hontiveros also said. "We shouldn't soft-pedal these incidents when we know this is not the first time that Chinese vessels have put Filipinos in danger," she added, referring to the sinking of Philippine fishing boat F/B Gem-Ver 1 by a Chinese vessel in June last year.

The Senator also urged the Philippine Coast Guard "to leave no water or land unchecked in their search, rescue, and investigation." "I appeal to the government to commit that we will be able to return these

Filipino fishermen to their families as soon as possible," she said.

Hontiveros also said that the government should demand justice from China since the "hit and run" act of the Chinese ship, like the Gem-Ver 1 incident, is in stark violation of international law. "The United Nations Convention on the Law of the Sea (UNCLOS), the Convention for the Safety of Life at Sea (SOLAS) and other similar treaties clearly mandate that after a collision, ships must render assistance to the other ship and its crew and passengers.

Ang nangyari, binangga na nga ang mga kababayan natin, ay walang awa pa silang iniwan sa dagat."

The senator said that the government should also make China accountable for its continuing abuses, including the building of illegal "stations" in the West Philippine Sea, particularly at the Zamora and Kagitingan Reefs, in the middle of the pandemic. The destruction that China has wrought on the Philippines' reef ecosystems has amounted to P200 billion worth of damages.

"Unahin nating protektahan ang kaligtasan ng ating mga mangingisda at ng mga Pilipino kesa sa feelings ng China," Hontiveros concluded. (LB)

## DPWH... (from p. 2)

with heater.

The dormitory is made of modular components fabricated to assemble 16 rooms, eight (8) on left and eight (8) on right side with the middle space intended for living room complete with TV and sofa; common dining; and separate area for laundry and kitchen with available appliances.

Medical personnel that will likely benefit

from the temporary shelter project are those employed at National Kidney and Transplant Institute, Philippine Heart Center, East Avenue Medical Center, Veterans Memorial Hospital, Childrens Hospital, V. Luna General Hospital, and Quezon City General Hospital and other government hospitals in Quezon City. (DPWH PIO)

## EDITORIAL

Ang mga problema ng bansa ay may ugat na buhat sa ating pagiging isang bansang naghahangad ng Economic Development nguni't marami sa mga tao ay ugma lamang sa paghahanap buhay at di pa handa sa pagnenegosyo. Ang paglago ng populasyon ay humihila sa mga pondo ng bayan na sa halip na magamit sa inprastruktura ay napapalagay sa dagdag na gastos sa edukasyon, kalusugan at kawanggawa.

Makakaraos din tayo . Ang kailangan lang ay magtulong-tulong tayo sa paglutas ng problema at umagapay sa ating Gobyerno.







# Shop & Ship with Surplus

As we embrace the new normal, keep your family safe and protected at home or anywhere you go with great finds you can Shop & Ship from Surplus.

There are face masks and smart thermometers to keep you healthy and protected. Surplus is also a one-stop shop for a healthy and happy home: air humidifiers and revitalizers, as well as rechargeable handy mist fans to keep you cool this summer. You'll enjoy homemade juices and smoothies with rechargeable juicers; as well as listening to your favorite tunes with portable Bluetooth speakers.



Embracing the new normal means investing in a few washable masks that are built to last and protect you and those around you.

Join the Surplus' Viber community to shop, then call the available branch you prefer to be assisted and pay through cash, debit or credit card or online transfer. You may also shop for Surplus essential items at ShopSM.com. Surplus stores that are now open to safely serve you.

Keep you and your family safe and stay updated as Surplus goes interactive. Like them on Facebook and Twitter at SurplusPH and Instagram at Surplus\_ph to know more about the serving branches and great deals. **(KCHT)**



Three Ply Surgical Face Mask available at Surplus

Always be protected from infection with this anti-fogging, anti-dust and anti-splash Face Shield from Surplus.



## Health Benefits...

### Kaalaman tungkol sa Tsaang Gubat bilang halamang gamot

Ang tsaang gubat ay isang maliit na halaman na may matigas na mga sanga at mga dahon na naka-kumpol kung tumubo. May bunga na maliliit at hugis bilog at kulay pula kung hinog. Karaniwang tumutubo sa mga



Scientific name: *Carmona retusa* (Vahl.) Masam.; *Carmona heterophylla* Cav.; *Carmona microphylla* (Lam.) G. Don.

Common name: *Tsaang Gubat*, *Tsaang Bundok*, *Kalimogmog* (Tagalog); *Philippine Tea Tree*, *Fukien Tea Tree* (Ingles)

lugar sa hilagang Luzon, partikular sa mga isla ng Batanes. Ang mga dahon nito ay karaniwang ginagawang inuming tsa.

#### Ano ang mga sustansya at kemikal na maaaring makuha sa Tsaang Gubat?

Ang iba't ibang bahagi ng halamang tsaang gubat ay maaaring makuhanan ng maraming uri ng kemikal at sustansya na maaaring may benepisyo sa kalusugan:

Taglay ng halaman ang alkaloids, flavonoids, glycosides, tannins, terpenoids, at saponins.

Ang dahon ay mayroon ding triterpenes, namely a-amyrin, b-amyrin, at baurenol

#### Anong bahagi ng halaman ang ginagamit bilang gamot, at paano ginagamit ang mga ito?

Maaaring gamitin bilang gamot ang ilang bahagi ng halaman tulad ng

**Dahon.** Ang dahon ang karaniwang ginagamit na bahagi ng halaman sa panggagamot. Ito'y karaniwang nilalaga at iniinom bilang tsa.

**Ugat.** Ang ugat ay maaari ding ilaga upang mainom at makagamot.

#### Ano ang mga sakit na maaaring magamot ng Tsaang Gubat?

**1. Ubo.** Makatutulong ang pag-inom sa tsa ng halamang ito sa pagpapahupa ng tuloy-tuloy na pag-uubo.

**2. Pagtatae.** Mabisa rin para sa kondisyon ng pagtatae ang pag-inom sa tsa ng tsaang gubat. Maaaring tadtarin ang sariwang dahon at saka ilaga sa kumukulung tubig, iniinom ito ng 2 hanggang 3 beses sa isang araw upang mawala ang sintomas ng pagtatae.

**3. Pagkakalason mula sa halaman.** Maaaring ipainom sa taong nalason ng kinaing halaman ang pinaglagaan ng ugat ng tsaang gubat.

**4. Diabetes.** Dapat inumin nang regular ang pinaglagaan ng dahon at ugat ng tsaang gubat upang makontrol ang lebel ng asukal sa dugo sa taong may sakit na diabetes.

**5. Pananakit sa sikhura.** Mahusay din na panglunas sa kondisyon ng pananakit sa sikhura ang palagiang pag-inom sa tsa ng tsaang gubat.



Keep the health of you and your loved ones in check with this smart thermometer.



Make your own healthy juice or smoothies with this portable Mix and Go Rechargeable Juicer.



Always keep your cool with this rechargeable and handy mist fan.



These water-based essential oils in Eucalyptus & Mint, Fresh Linen and Rainforest scents will not only leave your room smelling pleasant but also offers many health benefits.



This Air Revitalizer keeps the air fresh and brings a pleasant aroma to your room. Available in green and pink swirl colors.



Portable Bluetooth speakers for your playlist.



An Air Humidifier adds moisture to the air, solves dryness of your skin and prevents the spread of airborne viruses. Get this beautiful addition to your home at Surplus.



The Pack N' Go insulated lunch tote keeps your food and refreshments in good condition.



# GenTri opens isolation facility; houses COVID-19 positive cops, new cases

GENERAL TRIAS CITY, Cavite -- GenTri City Mayor Antonio Ferrer together with City Health Office head Dr. Jonathan Luseco led the launching of the newly-constructed isolation facility located in Barangay Santiago.

The opening of the facility is very timely as the COVID-19 cases in the city is increasing, patients can now be isolated immediately, assessed and provided with proper medical attention and treatment until full recovery.

The air-conditioned facility is equipped with 50 hospital beds, disinfection chamber, com-

fort rooms, laundry site, pantry, and dining area. Stocks of personal protective gears are ready for the use of the medical staff and health workers attending to COVID-19 patients.

Meanwhile, the Targeted Testing of police frontliners in the city resulted to 14 positive cases of the coronavirus in the police force. They are now admitted in the newly opened isolation facility with their condition closely being monitored by health workers.

City Police Chief PLtCol. Marlo Solero had requested augmentation force from the Cavite Provincial Police Office

(CPPO) for maintaining peace and order in the city.

The Gen. Trias Police Station also announced the temporary suspension of issuance of PNP travel authority and clearance.

"Issuance of travel pass and police clearance from the local police is (temporary) suspended while we are preparing for the online application system in the coming week," PLtCol. Solero announced.

Cavite 6th District Representative Luis 'Jonjon' Ferrer IV said police frontliners are our heroes. "Despite the threat of the COVID-19 they courageously and faithfully per-



form their sworn duties to serve and protect the people."

As of June 25, 2020 the COVID-19 confirmed cases in the city rose to 54 cases with additional 10 new cases recorded, 24 recoveries, 25 active cases, and 5 deaths. The 14 GenTri cops found positive are not included in the new cases pending the result of the contact tracing being conducted.

"The public is strongly urged to strictly follow health protocols such as social distancing, wearing of face masks, regular hand washing, and staying at home unless going out for essential goods and services, or working in allowed industries. Vulnerable groups such as senior citizens, individuals 20 years and below, preg-

nant women and those with pre-existing medical conditions are advised not to go out of their houses unless extremely necessary," Dr. Jonathan Luseco said.

The GenTri Covid Busters continues to conduct disinfection activities of public places such as public markets in Barangay Sampalukan and Manggahan, city hall, city health clinic, GenTri Police Station, BFP Office, and the public plaza to prevent further spread of the virus in the locality.

In support to disinfection activities, Representative Jonjon Ferrer distributed sanitizers and alcohols to 33 barangays in the city. (PIA)

*Bilang pagsuporta sa kampanya laban sa Covid-19, nag-donate ang Metrobank Foundation at GT Foundation na tinanggap ni Mayor Ony Ferrer sa pamamagitan ng Project Ark ng 4,000 Covid-19 rapid test kits sa Pamalahaang Lungsod ng General Trias. Ito'y gagamitin bilang complementary tool ng City Health Office.*



## CLI TUTORIAL SERVICES

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