

HUMANITY NEWS

TOWARDS THE FRIENDSHIP OF CITIZENRY



Mayor Ony Ferrer
General Trias, Cavite

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DTI, DOLE, DILG, DOH, AND DOT CONDUCT MONITORING OF BARBERSHOPS, SALONS, AND DINE-IN RESTAURANTS IN THE CALABARZON REGION

To further protect health and safety of the public against the COVID-19 Pandemic,

the Regional and Provincial Offices of the Department of Trade and Industry, Department of Labor and Employment, Department of Interior and Local Government, Department of Health, and Department of Tourism conducted a region-wide joint actual and compliance post-audit of eighty-five (85) salons, barbershops, and dine-in restaurants and fast food establishments in the provinces of Laguna, Cavite, Batangas, Rizal, and Quezon on June 24, 2020. The said activity was in support and compliance to the Inter-Agency Task Force (IATF) Resolution

Numbers 41 and 45, Series of 2020.

The IATF Resolution No. 41 dated May 29, 2020 approved the DTI's recommendation to reclassify the barbershop and salon industry as Category III, its gradual reopening beginning June 7, 2020 and the stringent health protocols for the industry. The IATF reconsidered the earlier opening of barbershops and salons in recognition of the very strict health standards that were developed and to be adopted before they can be allowed to operate to prevent any risk of COVID-19 transmission. As the CALABARZON region is under the General Community Quarantine, only basic

(cont. P.2)



80% ng Covid-19 cases sa Cavite, madalas bumisita sa NCR-Remulla

Inilahad ni Governor Jonvic Remulla nitong Miyerkules, June 24, na ang 80% ng mga kaso ng coronavirus disease 2019 (COVID-19) sa lalawigan ay ang mga madalas na bumisita sa National Capital Region (NCR) dahil sa trabaho o appointments.

Sa isang Facebook post, sinabi ni Remulla na ang kabuuang bilang ng mga kaso ng COVID-19 sa probinsya ay nasa 502 kung saan 195 ang mga gumaling na samantalang 36 naman ang binawian na ng buhay.

"Tama ang prediction ni Dr. Charles Yu sa pro-

greso ng positive cases ng COVID sa Cavite. June 1 pa lamang ay sinabi na niya na aakyat ang kaso ng COVID after 2 weeks ng GCQ (general community quarantine) sa NCR. Halos 80% ng mga kaso ay galing sa mga may lakad o trabaho sa NCR," pahayag ng gobernador.

Sa pagbibigay diin na ang 90% ng pagkamatay sa Cavite ay senior citizens, pinaalalahanan ni Remulla ang mga nakatatanda sa lalawigan na ingatan ang kanilang mga sarili at ugaliin na manatili sa tahanan upang maiwasan na mahawa-

ng sakit.

"Pasensya na po sa

mga matatanda pero kahit malakas pa po kayo,

ang numero o data ay hindi ninyo kakampi at

lalang hindi sang-ayon sa (cont. P.5)

**TAPAT SA BAYAN.
TAPAT SA USAPAN.**

HON. JUANITO VICTOR C. REMULLA JR.
GOVERNOR, PROVINCE OF CAVITE

DTI, DOLE, DILG, DOH, AND DOT... (from p. 1)

haircutting services shall be permitted to be performed in barbershops and salons to shorten the time of service and lessen the exposure of customers.

On the other hand, the IATF Resolution No. 24 dated June 10, 2020 allows the gradual reopening of the dine-in food establishments in areas under the GCQ beginning June 15,

2020 at 30% operational capacity, provided that the venue capacity allows for social distancing protocols and compliant with the proper protocols set by the DTI, DOLE, DOT, DOH, and DILG.

Seventy (70) dine-in restaurants and fast food establishments and fifteen (15) salons and barbershops were audited. Based on the monitoring conducted,

most business establishments were fully compliant. The rest of the firms were found to have minor non-conformities by the Monitoring Team and were advised to comply with the minimum health and safety protocols set by the DTI.

"We are very happy that business establishments in the CALABARZON region

are giving us their full cooperation and support in following social distancing and health protocols to keep both the customers and workers safe. Rest assured that the DTI and our partner agencies will continue our monitoring activities to help mitigate the spread of COVID-19," said DTI CALABARZON Director Marilou Q. Toledo.

(MIA CORTEZ)

Targeted testing of Cavite policemen underway; 1% of healthcare workers COVID-19 positive

TRECE MARTIRES CITY, Cavite -- More than a thousand medical frontliners in the province had undergone COVID-19 testing last week while testing for the personnel of the Philippine National Police assigned in the province is in progress.

With the total number of medical frontliners tested, only 12 were found positive of the COVID-19, about 1% of the total giving a thumbs up for the frontliners

since results showed they followed the quarantine health protocols that kept them safe.

Meanwhile, the continued testing for the police personnel yielded 13 policemen who are positive of the coronavirus.

This is the risk and the sacrifice the medical and police frontliners had to undergo every time they go out and perform their duties for the safety of the people and to care for the sick.

Governor Remulla said, "Their sacrifice being in the frontline deserves our honor and respect. Let us all follow the law. Let us all follow the rules. These are all for your welfare. Let us not put to waste the sacrifice that the medical and police frontliners by wandering about and having fun."

"I understand the need to balance work, life and fun but please also understand the risk you are taking. Our priority is to be alive and to help save lives," added the

governor.

On the other hand, the latest COVID-19 update for the province showed a total of 538 cases with the 25 new cases recorded as of June 25, 2020. This was the highest number of new COVID-19 cases within 15 weeks in the province.

The governor once again reminded the people to remain safe in their homes and just go out for the purchase of basic essentials and for important errands only. (PIA)



PAGKAIN

1. Pagkain ng tao ay ang kanyang gatong,
Kung walang pagkain tao'y magugutom,
Sa hina patungo ang katawan niyon,
Maliban pagkain ay kanyang matunton.
2. Lahat ng sumilang ay may kamatayan,
Pagsilang ng bata'y tungong katandaan
Subali't kung tao'y sadyang nagabayan
Sa kanyang pagkain magiging mainam.
3. Tao'y tinuruan sa ngalang nutrisyon,
Carbohydrates, protein at saka fats and oil,
Vitamin, mineral, ay marami doon,
Sabi'y pag balanse lulusog sa gayon.
4. Subali't ang turong ganito'y binago,
Ugali sa kain nitong Pilipino,
Lumitaw ang sakit at marami ito,
Nagmahal ang gamot, naghirap ang tao.
5. Ako ay nagsuri at aking nalaman
Na ang dugo natin ay uring "alkaline"
Maraming pagkain ay "acidic" naman,
Acidic na tukso ang kanin at ulam.
6. Ang gulay at prutas ay "alkaline" natin,
Acidic ang baboy, karne saka chicken,
Kailangan dito natin balansehin,
Marami ang gulay, prutas pag kumain.
7. "Alkaline, acidic" parehong kailangan,
Ang sobrang "acidic" dala'y karamdaman,
SA sobrang "alkaline" manghihina naman,
Pag balanse sila bunga'y kalusugan.
8. Pagkain ay gatong ng ating katawan,
Hindi basta gatong yaong kailangan,
Kailangan balanse lagi sa kainan,
Para makaiwas sa masamang damdam.

predators. Dahil marami ang online ngayong naka-quarantine, dumami din ang mga pambabastos," said the senator, who is the principal author of the law, citing the Commission on Human Rights' report that cases of sexual harassment against women have intensified during the quarantine.

"Dapat klaro sa mga kababaihan that this law

protects us from online sexual harassment. Kailangan malinaw din sa bawat Pilipino na ang mga sexist o homophobic comments at messages ay may katapat na parusa," Hontiveros said, adding that the Bawal Bastos Law penalizes gender-based online sexual harassment through a maximum of six years in prison or a fine of not less than

(cont. P.4)

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Papi

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HONTIVEROS: BAWAL BASTOS LAW PROTECTS WOMEN VS ONLINE HARASSMENT

Senator urges PNP, NBI to strengthen law's implementation



Senator Risa Hontiveros on Thursday called on the Philippine National Police (PNP) and the National Bureau of Investigation (NBI) to strengthen the implementation of the Safe Spaces Act (Republic Act No. 11313), otherwise known as the "Bawal

Bastos Law," especially during the time of COVID-19 lockdowns.

"Dapat mahuli at maparusahan na ang mga online harassers at

New Bacoor City Jail... (from p. 5)

perimeter, the fabrication and installation of steel security fence geared towards providing additional layer of security within the internal jurisdiction was completed on May 29, 2020

"This added security sends a strong signal that we mean business in so far as safekeeping of PDL is concerned," JSupt. De Castillo said,

The installation of an overhead 2,000-gallon capacity water tank donated by the Rotary Club of Bacoor provided an additional source of water to the facility. Additional source for adequate supply of water for the sanitation and hygienic requirements of the PDLs especially during this COVID-19 pandemic.

The BCJ-MD is

also very much online with the installation of internet connection provided by Globe Telecommunications Company.

With internet connection, BJMP personnel can now contribute more efficiently and fast service and get up-to-date information and learnings thru the use of various social media platforms. (PIA)

Inauguration, Blessing at Gamot ALAy sa Kapwa sa T. Luma

Noong June 23, 2020 ay ginanap po ang Inauguration at Blessing Ceremony ng dalawang

proyekto – ang AA Type Multi-Purpose (Barangay Hall) at ang Felipe Vina Jaro Multi-Purpose Gym

sa Tanzang Luma 5 sa pangunguna ni Cong. Alex AA Advincula at ng kanyang anak na si Adrian

AJ Advincula. Natugunan ang pangangailangan ng nasabing barangay na magkaroon ng isang disenteng tanggapan, opisina at Day Care Center.

Namahagi din po sila ng libreng gamot sa nasabing barangay sa ilalim po ng programang “Gamot ALAy sa Kapwa” katuwang po dito ang Imus Institute Batch '86.

Lubos po ang pasasalamat ni Cong. Alex “AA” Advincula at

ng kanyang anak na si AJ sa lahat ng nakibahagi sa nasabing okasyon. Sa mga kasamahan sa konseho na sina Kon. Tito Monzon, Kon. Totie Ropeta, Kon. Lloyd Emman Jaro at sa ating mga kapitan na sina ABC Pres. AJ Sapitan, Kap. Sherwin Comia, Kap. Mark Villanueva, Kap. Rey Ramirez, Kap. Jerry Vilbar at kila PLTCOL. Gerald Dee, ang TLES Batch 82, Imus Institute Batch '86 sa pangunguna naman ni Pres. Shella Dy,

Dra. Jeng Jaro at Patty Santos at sa lahat po ng barangay officials, BHW, SK at sa ating Bantay Bayan ng Tanzang Luma 5 sa pangunguna ni Kap. Ben Acuña.

Ganun din kila Tatay Roberto Jaro, Former Mayor Oscar Jaro, Tatay Manolito Jaro, Nanay Flordeliza Celestino, Coun. Lloyd Emman Jaro at sa iba pang bumubuo sa Jaro Family.

Mabuhay po kayo! Godbless po!



True survivor:

Dialysis patient wins battle against CoViD-19

LIFE truly matters. For a 25-year old man who yearns for nothing but the best for his family and friends, giving importance to and protecting life is in itself his life's work.

Diagnosed with Stage 5 Chronic Kidney Disease (CKD) in 2017, it did not become a hindrance for Raymond Santos to keep going and survive the trials brought about by each passing day. In spite of his dialysis sessions every week, he is always full of energy fulfilling his career as HR Specialist in a leading Business Process Outsourcing company in Pasig City.

Raymond's busy round-the-clock routine was suddenly marred in mid-March when he started experiencing those fearful symptoms of the dreaded CoViD-19. He had fever for three days and found out he had pneumonia.

The worrying didn't stop there. Tagged as Person Under Investigation (PUI), he was soon denied of the services by his dialysis center and ten other hospitals. On March 25, he was confirmed CoViD-19 positive by the Research Institute for Tropical Medicine.

He began to suffer from severe pain since he can no longer go to dialysis for more than a week. Intermittent fever, persistent cough, vomiting and nausea further weakened his immune system. He was then rushed to The Medical City by his friends where he stayed for 55 days. Raymond was isolated in a private room, and underwent dialysis sessions while being treated for the novel corona virus.

"Nuong ma-confine ako ay kinailangan ko ding mag-dialysis. Naisip ko... 'sasagutin pa rin kaya ito ng PhilHealth?'" Raymond said



This bubbly, down-to-earth guy who is a real fighter hung on to God with his faith while support from his family, friends and officemates outpoured which strengthened his resolve to go on. After six consecutive swab tests of consistent positive results, his seventh test turned negative.

It was a long hard battle for Raymond, which according to him was made bearable and sweet because he was assured of full financial protection from PhilHealth. "Napakalaki po talaga ng naitulong ng PhilHealth sa amin. Noong ma-discharge ako, ang sabi nila sa akin... 'Sir, wala na po kayong babayaran kahit piso. Sagot na po ng PhilHealth lahat.'" Raymond could not believe the news himself. "Sobrang mahal ng mga gamot ko, at sinagot ito lahat ng PhilHealth. Sobrang thankful talaga kami ng family ko sa PhilHealth!"

As Raymond recounts how he succeeded in this latest battle of his, he can't help but be assured that there is always light after darkness. For this he said "life is truly worth living for". (END)

Reference: Dr. Shirley B. Domingo, Vice President for Corporate Affairs and Official Spokesperson | Mobile No: 09171360964



Pagbati Mula kina:



Mayor Nonong Ricafrente
Rosario, Cavite



Vice Mayor Jose Voltaire Ricafrente
Rosario, Cavite



Mayor Nonong Ricafrente
Rosario, Cavite

**ROSARIO,
BAYANG
TAHIMIK,
MASAYAAT
MAUNLAD**



**LET THERE
BE LIGHT!**

By
ENG'R. VER CAMPAÑA BAUTISTA
F & A.M. Luis Olimpo Ferrer Lodge 366

WAKAS - Ang nayon ng Wakas, Kawit ay malapit sa simbahan at wakas o katapusan ng kabayanan.

More than Php 3.5M worth of forest products apprehended in Amadeo, Cavite

Calamba City, Laguna – Armed with a search warrant, combined efforts of the National Bureau of Investigation, Environmental Protection and Enforcement Task Force, Air Force Nasugbu, and DENR PENRO Cavite has resulted in the apprehension of 2,290 pieces of assorted lumber and flitches, as well as 237 pieces of assorted furniture and finished wood products last June 18, 2020, in Barangay Pangil, Amadeo, Cavite.

The total apprehended lumber and flitches has

an estimated volume of 43,103.91 board feet and estimated market value of Php3,499,183.19 while the 237 pieces of assorted finished wood products were estimated to be Php 323,000.

The owner of the apprehended forest products failed to present any required valid documentor permits, therefore, was charged with a criminal complaint for violation of Section 77 of PD 705 (Revised Forestry Code of the Philippines), as amended.

The apprehended forest and finished products

are being hauled to the Army Reserve Command (ARESCOM) in Camp Riego De Dios, Tanza, Cavite for safe-keeping.

DENR CALABARZON is urging the public to report Environment and Natural Resources - related cases, especially illegal logging operations via hotline 8888, sms to 0956 182 5774 / 0919 874 4369, email to r4a@denr.gov.ph or send photos, videos and other information via <https://www.facebook.com/DENR4AOfficial/> ###

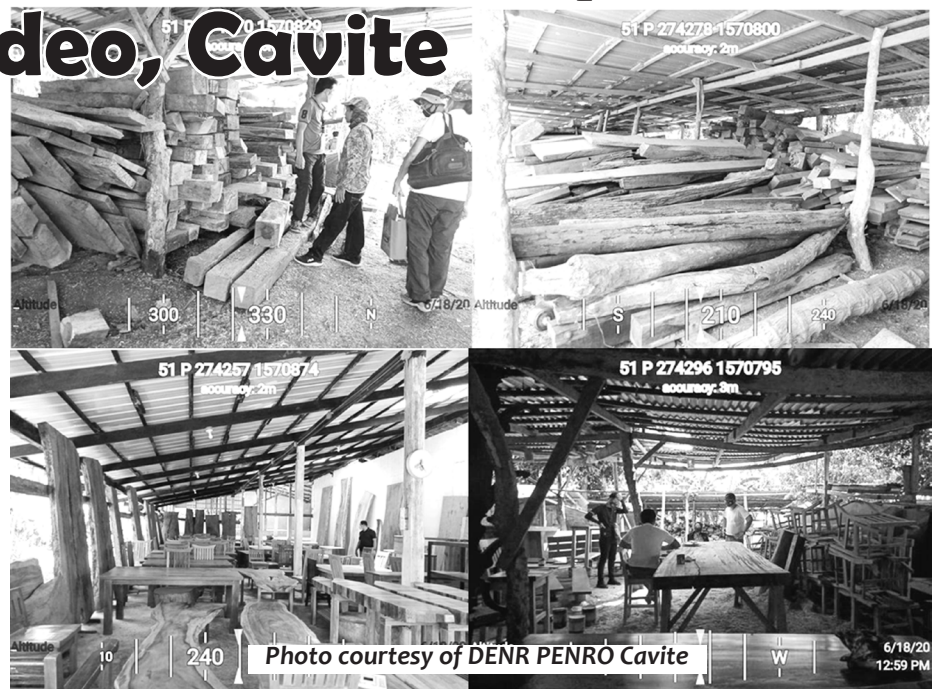


Photo courtesy of DENR PENRO Cavite



Org-Ani-Ko farm updates ni Alfonso Cavite Mayor Randy Salamat.
Ayon kay Mayor "Masaya ko pong ibinabahagi sa inyo na may mga ilang pamilya na po tayong nabahagian ng mga fresh harvest mula sa ating Org-Ani-Ko farm." "Nakapagbigay po tayo sa 10 pamilya mula sa Brgy. Marahan 1, Pajo at Poblacion 5. Tatlong pamilya naman po mula sa Mangas 1 at Mangas 2." dagdag pa niya .Photo: Mayor Randy Salamat

HONTIVEROS: BAWAL BASTOS LAW... (from p. 2)

P100,000. Hontiveros also mentioned that she welcomes the swift response of the bureau to address a recent online rape threat directed to a celebrity. "Under no circumstances is any kind of sexual harassment acceptable, sikat man o hindi, online man o hindi. Dapat gawin itong standard para sa mga

ordinaryong kababaihang nagreklamo," she said. The senator additionally urged the PNP and NBI, along with local government units (LGUs), to maintain aggressive information campaigns on the kinds

of online behavior that are prohibited by the law. Section 8 of the law also mandates LGUs to hold premium responsibility in the implementation of the law. "Kung hindi nainform ang mga tao

tungkol sa batas at mga parusa, ang mga walang hiyang nambabastos ay patuloy na mambabastos. This law aims to promote cultural and behavioral changes, and if implemented properly, it will," she said. #####

*** If you take care of your being, God will take care of your becoming.**



ENGR. VIR CAMPAÑA BAUTISTA
(TWIN BROTHER OF VER)

HUMANITY TRIVIA

(IT TELLS THE DATES OF INVENTION, PLACES OF PLANT ORIGIN AND CURES OF DISEASE)

- Traffic light - 1868
- Jeans - 1872
- Cannabis - Asia
- Leek - Europe
- Malungay - scurvy

New Bacoor City Jail male dormitory now host to 1,356 PDLs



The Kabalikat Hall Duty post/Multi-purpose area was constructed to provide BJMP personnel with more conducive work space and at the same time, utilize as multi-purpose area for service providers, visitors, and clientele. (Photo from BJMP-Bacoor City Jail-Male Dorm FB Page)

BACOOR CITY, Cavite --The new Bacoor City Jail Male Dormitory (BCJ-MD), a newly completed jail facility in the city is now host to 1,356 Persons Deprived of Liberty (PDLs) transferred from the old cramped facility.

The new facility was inaugurated March 19, 2020 with Representative Strike Revilla and Bacoor City Mayor Lani Revilla in attendance.

In April this year, BCJ-MD Warden JSupt. Deogracias F. De Castillo, MPS in close coordination with all the stakeholders spearheaded the strategic and systematic movement of PDLs to the new facility.

The newly-completed jail facility was built with the allocation of multi-

million budget thru the Peace and Order and Public Safety (POPS) Plan for FY 2020-2022.

The Sangguniang Panlungsod approved the plan October 14, 2019 and signed by Mayor Lani Mercado-Revilla with the budget

mostly for infrastructure projects, the construction of functional areas in the new jail facility.

De Castillo together with representatives from the City Engineering Office inspected the new facility February 2020, in relation to the construction of additional functional areas such as the offices for the administration, operations, and records, kitchen and the multi-purpose area.

In the following months of March and April, installation of utilities like electricity and water went underway in preparation for the planned transfer of PDLs.

The "Kabalikat Hall" Duty post/Multi-purpose area was constructed May 2020, to provide BJMP personnel with more conducive work space and at the same time, utilize as multi-purpose area for service providers, visitors,



The temporary kitchen was put-up to adequately provide the needed food requirements of the PDLs upon transfer to the new facility, pending the construction of the permanent kitchen. (Photo from BJMP-Bacoor City Jail-Male Dorm FB Page)

and clientele.

Likewise, the temporary kitchen was put-up to adequately provide the needed food requirements of the PDLs upon transfer to the new facility, pending the construction of the permanent kitchen.

To secure the
(cont. P.2)

EDITORIAL

Sinasalanta tayo ng mga kalamidad na tulad ng bagyo. Dahil alam na natin ang kalimitang daan ng bagyo at kung ano ang lakas ay puwede na nating buuin ang mga planong sentralisado sa baw't rehiyon ng bansa. Ang mga gusali ng pamahalaan ay dapat na kongkreto sa mga lugar na laging dinadaan ng bagyo, mga kongkretong evacuation center sa baw't lalawigan na alam nating di kayang sirain ng hangin. Sa ganito ay makakatipid tayo sa gastos taon-taon at magiging madali ang pangangalaga sa taong-bayan.

ERRATUM

This is to correct the error made by this publication in Notice of Extra-Judicial Foreclosure filed by HOME DEVELOPMENT MUTUAL FUND should be MARIA ROSE CARLA P. GUINTO, not MARIA ROSE CARLA P. QUINTO as published.

HUMANITY NEWS
June 29, 2020



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Mayor Junio C. Dualan

80% ng Covid-19... (from p. 1)

paglabas ninyo. Kailangan pa rin ng mas lalong pag-iingat at patuloy na stay home protocol sa mga edad 60 pataas," paliwanag ni Remulla.

Sa kabila ng pagdagdag ng mga kaso ng COVID-19 sa probinsya, inihayag ni Remulla na higit sa 1,000 medical personnel ang isinailalim na sa targeted testing kung saan 12 ang nagpositibo para sa COVID-19. Sinabi rin nito na ang mga frontliner na pulis ay susuriin din simula sa susunod na linggo.

Pag-inom ng alak Samantala, pinaalalahanan din ni Remulla ang mga residente ng Cavite tungkol sa pag-inom ng alak sa kabila ng mga hak-

bang sa quarantine na ipinatutupad sa lalawigan.

Sinabi nito na magkakaroon ng alcohol breath analyzers ang kapulisan na susuri sa alcohol level sa mga indibidwal. Binalaan ng gobernador ang publiko na maaari silang arestuhin o pagmultahin kung wala kontrol ang mga ito sa pag-inom ng

alak.

"Ang mahuli na sobra sa blood alcohol limit habang nagmamaneho ng sasakyan ay automatic na aresto at kulong. Ang taong naglalakad sa lansangan na hinalang naka-inom at bumagsak sa breath analyzer test ay automatic na may fine," pahayag ni Remulla. (gocavite)

CAVITE HIGHLIGHTS

By:
Yna Palparan Bautista

Gen. Flaviano Yengko was a resident of Manila of Chinese extraction but he joined the revolution to prove to a woman he loved that he could fight for the country. He joined in the Battle of Binakayan in November 1896 and in the Battle of Pasong Santol together with Gen. Crispulo Aguinaldo. He was hit in the stomach and was carried to safety while his wound was being treated. He was nursed by his girlfriend but he died of urine complications. A street in Imus was named after him.



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Soy Chicken (half)	P270.00	
HK Fried Chicken (whole)	P430.00	
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Salt & Pepper Fried Chicken (half)	P260.00	
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Steam White Chicken (half)	P260.00	

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Beef Brisket Hot Pot	P320.00
Beef w/ Broccoli	P320.00
Lechon Macau	P300.00
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Sze Chuan Squid	P105.00
Fish Fillet Tausi & Beancurd	P150.00
Pork Asado Rice	P150.00
Chopsuey	P145.00
Soy Chicken	P195.00
Sweet & Sour Fish Fillet	P135.00
Pork Asado & Soy Chicken	P145.00
Sweet & Sour Pork	P145.00
Beef Brisket	P155.00
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HK Fried Chicken w/ Egg rice	P160.00
Lechon Macau w/ Egg Rice	P160.00
Steamed White Chicken w/ Egg Rice	P195.00

SOUP	
Spinach Seafood Soup	P135.00
Pumpkin Soup	P125.00
Crab Meat Corn Soup	P160.00
Hot & Sour Soup Solo Serving	P135.00
	P60.00
COMBO MEAL	
Sweet & Sour Fish Fillet	P229.00
Pork Asado	P229.00
Spring Roll	P229.00
Sweet & Sour Pork	P229.00
Salt & Pepper Squid	P249.00
HK Emperor Chicken Macau	P309.00
	P309.00
DESSERT	
Black Gulaman	P 50.00
Black Gulaman w/ Lychee	P 55.00
Almond Jelly w/ Lychee	P 55.00
Halo Halo	P 65.00
Halo Halo w/ Ice Cream	P 79.00
Egg Yolk Pao	P 85.00
Almond Jelly Ala Dode	P 70.00
Leche Plan	P 29.00
BEVERAGE	
Instant Coffee	P 40.00
Brewed Coffee	P 45.00
Iced Tea	P 45.00
Pineapple	P 45.00
Red Tea	P 45.00
Mango Smoothie	P 85.00
Milk Tea	P 69.00
Banana Smoothie	P 75.00
Mineral Water	P 25.00
Soda in Can	P 70.00
Bottomless Iced Tea	P 90.00

*Price are subjected to change without prior notice
Price INCLUSIVE of 12% VAT.



Carmona LGU distributes relief goods from DSWD IV-A to residents.

The Municipal Government of Carmona, headed by Municipal Mayor Roy Loyola along with Congresswoman Dahlia Loyola and Vice Mayor Cesar Ines Jr., distributed family food packs from the Department of Social Welfare and Development (DSWD) Field Office IV-A to 500 residents in Carmona on June 25, 2020. DSWD IV-A Officer-in-Charge Regional Director Lucia C. Almeda also graced the said event alongside other representatives from the said agency.



Carmona LGU distributes sacks of rice to TODA members and PWDs.

In line with the local government's services to provide assistance to vulnerable sectors during the enactment of General Community Quarantine in Carmona, Municipal Mayor Roy Loyola, along with Congresswoman Dahlia Loyola and Vice Mayor Cesar Ines Jr., distributed sacks of rice on June 25, 2020 to the members of various Tricycle Operators and Drivers' Associations (TODA) and Persons with Disability. The said goods were donated by ROHM Electronics Philippines Inc.



Carmona LGU distributes PPEs to Carmona Dental Circle.

In line with the local government's initiative to provide assistance to medical health workers for the welfare of the community, supplies of complete washable isolation gown, disposable isolation gown, face shield, N95 mask, face mask, and gloves were distributed to 27 members of the Carmona Dental Circle on June 25, 2020

Health Benefits...

Kaalaman tungkol sa Lagundi bilang halamang gamot

Ang lagundi ay isa sa mga pinakakilalang halamang gamot na mabisa para sa karamdamang ubo. Ito ay isang maliit lamang na puno na kilala sa pagkakaroon ng limang piraso ng dahon sa bawat tangkay. Mayroon din itong bulaklak na tumutubo nang kumpol-kumpol sa dulo ng tangkay.



Scientific name: Vitex negundo Linn.; Vitex leucoxyton Blanco; Vitex paniculata Lam.
Common name: Lagundi (Tagalog); Chinese chastetree, Five-leaved chaste tree (Ingles)

Karaniwan din itong makikitang tumutubo sa mga kapatagan ng Pilipinas at madaling namumulaklak sa buong taon.

Ano ang mga sustansya at kemikal na maaaring makuha sa Lagundi?

Ang iba't ibang bahagi ng halamang lagundi ay maaaring makuhanan ng maraming uri ng kemikal at sustansya na maaaring may benepisyo sa kalusugan:

Ang langis na makukuha sa halaman ay may taglay na sabinene, linalool, terpinen-4-ol, b-caryophyllene, a-guaine at globulol.

Ang dahon ay makukuhanan ng nishindine, flavones, luteolin-7-glucoside, casticin, iridoid glycosides.

Ang buto ay mayroon namang hydrocarbons, B-sitosterol, benzoic acid and phthalic acid, antiinflammatory diterpene, flavonoids and triterpenoids

Anong bahagi ng halaman ang ginagamit bilang gamot, at paano ginagamit ang mga ito?

Maaaring gamitin bilang gamot ang ilang bahagi ng halaman tulad ng:

Dahon. Karaniwang ginagamit ang dahon ng lagundi sa panggagamot. Maaari itong ilaga at ipainom sa may sakit. Pwede rin itong dikdikin at ipang tapal sa ilang kondisyon sa katawan. Minsan ay itinatapas muna sa apoy ang dahon bago ipantapal sa kondisyon sa katawan.

Balat ng kahoy. Maaari din gamitin ang balat ng kahoy upang makagamo. Kadalasan ay inilalaga lamang ito upang mainom.

Buto. Madalas ding gamitin ang mga buto ng lagundi sa pamamagitan ng paglalaga nito at pag-inom sa pinaglagaan.

Ano ang mga sakit at kondisyon na maaaring magamot ng Lagundi?

1. Sugat. Ipinanghuhugas sa sugat na hindi gumagaling ang pinaglagaan ng dahon ng lagundi. Makatutulong ito upang mas mapadali ang paghilom. Maaari ding ipanghugas ang pinaglagaan ng buto ng lagundi upang maiwasan ang paglala ng impeksyon. Makatutulong din ang pagtatapal sa sugat ng dahon na pinadaan sa apoy.

2. Kabag. Iniinom naman ang pinaglagaan ng dahon ng lagundi upang maibsan ang pananakit ng silmura dahil sa pagkakaroon ng hangin dito.

3. Bagong panganak. Ipinanghuhugas naman sa mga ina na bagong panganak pa lamang ang pinaglagaan ng dahon ng lagundi.

4. Lason mula sa kagad ng hayop. Matutulungan pag-inom sa pinaglagaan ng buto ng lagundi na mabawasan ang epekto ng laso sa katawan mula sa kagat ng mga hayop o insekto.

5. Pananakit ng ulo. Tinatapalan naman ng dinikdik na dahon ng lagundi ang sentido at noo ng taong dumaranas ng pananakit ng ulo.

6. Lagnat. Mabisa din para sa lagnat ang pag-inom sa pinaglagaan ng dahon ng lagundi.

7. Ubo na may makapit na plema. Ang paggamit sa lagundi bilang gamot sa ubo ay aprubado ng Bureau of Food and Drugs (BFAD) at iminumungkahi ng Department of Health bilang mabisa at ligtas na gamot. Maaaring gamitin ang ugat ng lagundi, ilaga at inumin ang pinaglagaan. May kaparehong epekto din ang pag-inom sa pinaglagaan naman ng dahon ng lagundi.

8. Rayuma. Maaaring gamiting panghugas sa bahaging dumadanas ng pananakit dahil sa rayuma ang pinaglagaan ng balat ng kahoy ng lagundi. Maaari ding tapalan ng mga dinikdik na dahon ang bahaging nananakit.

9. Pigma. Ang mga pigma ay hinuhugasan naman ng pinaglagaan ng ugat ng lagundi.

10. Pagtatae. Ang ugat ay maaaring pulbosin at ihalo sa inumin para maibsan ang pagdudumi.

11. Pananakit ng ngipin. Ang pagpapakulo sa dinikdik na dahon ng lagundi at regular na pag-inom nito ay makatutulong na maibsan ang pananakit ng ngipin.

12. Hika. Mabisan din ang mga sintomas ng hika sa tulong ng pag-inom sa pinaglagaan ng dahon ng lagundi.

Kawit LGU launches #ProjectHiram in support of SMSEs

KAWIT, Cavite -- Mayor Angelo Aguinaldo recently launched #ProjectHiram, one of the local government's projects under #AlagangAguinaldo to help micro and small businesses in the town.

"COVID-19 had hit us hard especially the micro and small businesses in our country. As your Mayor, I wish to help you and your livelihoods recover. That's why we're launching #ProjectHiram, a financial lending program to help grow our micro and small

Kawiteño entrepreneurs!" stated Mayor Aguinaldo.

The project primarily aims to jumpstart the economy by supporting the small businesses that suffered losses due to the pandemic and who are trying to keep their business afloat.

Eligible applicants are those who are self-employed, micro or small entrepreneurs engaged in legitimate livelihood for at least 1 year prior to declaration of ECQ on March 16, 2020; registered/majority owner, aged

between 18 yo - 65yo; with a business asset of not more than Php500,000.00. For owners beyond 65yo, a co-borrower will be required by the Kawit LGU/Business Permit & Licencing Office.

A minimum loanable amount of Php35,000 to a maximum amount of Php50,000 can be availed thru the lending program with zero interest payable in one year, or a 6% service charge for loans payable in 12 months. A six month grace period for the payment



Bilang parte ng ikawalong anibersaryo ng pagiging lungsod ng Bacoor, pinangunahan ni Mayor Lani Mercado Revilla ang pagbabasbas at inagurasyon ng four-storey school building sa Bacoor National High School sa Springville-Camella noong June 26. Ito ay dahil ayon kay Mayor Revilla, bagamat nasa gitna ng pandemya ang bayan aykailangan pa ring pangalagaan ang edukasyon ng kabataan. Source: City Government of Bacoor (CGB)

of the principal loan amount is one of the reliefs that could be extended to borrowers.

Documents required for the application are: 1 valid ID with picture, previous and updated business registration documents, accomplished application form which can be downloaded from the LGU website, a picture of the business establishment as well as the pieces of equipment, machines and inventory

of stocks/goods, and a proof of residency such as barangay clearance of non-derogatory record or barangay certificate of residency/proof of billing with the same address with the ID.

Applicants may submit the complete requirements at the Business Permit and Licensing Office-Kawit LGU which will be subject for credit review and evaluation. **(PIA/photo from Mayor Angelo Aguinaldo FB page)**

DO YOU KNOW ?

In Constantinople of Roman times, the Greeks invented Greek fire , a chemical that will burn once it touches water.

(Shared by Fellowship with Humanity)



Province of Cavite

PRESIDENT: AURELIO PAREDES BAUTISTA

Fellowship with Humanity is a Family-Based Masonic Charity Group registered in Cavite to help in a small way alleviate the conditions of the poor. The funds come from the family income of the Bautista Family members.



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