

# HUMANITY NEWS

TOWARDS THE FRIENDSHIP OF CITIZENRY

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**Congressman Alex "AA" Advincula**  
3rd District of Cavite, Representative

## DTI 4-A ENHANCES CONSCIOUSNESS ON SUSTAINABLE CONSUMPTION IN THE ACADEME



To enhance consciousness on sustainable consumption in the region's academe, the Department of Trade and Industry Region 4-A CALABARZON, in partnership with Jollibee Foods Corporation, Department of Education, and Provincial Government of Cavite, conducted its annual Regional Tanghalang Pangmamimili on November 7, 2019 at the Cavite Provincial (cont. P.2)

## ENHANCING TRAFFIC MANAGEMENT SKILLS OF BARANGAY TANOD

Following the training on maintaining peace and order in the community, the provincial government of Cavite led by Governor Jonvic Remulla continue to capacitate Barangay Tanods, this time on effective

traffic management. On November 6, 2019, another Basic Traffic Management Seminar was conducted by the provincial government's Road Safety Division for the benefit of the Barangay Tanods in the municipalities of Carmona, Silang and General Mariano Alvarez.

They were oriented on road traffic apprehensions, legitimate manners in accommodating traffic disruptions, compliant behaviors on handling obstruction on normal traffic flow and other matters pertaining to traffic management. Almost 2100 Barangay Tanods received complete traffic gears such as vest, gloves and boots (cont. P.2)



## DTI 4-A enhances consciousness... (from p. 1)

Gymnasium, Trece Martires City, Cavite.

Tanghalang Pangmamimili is a role-playing competition being participated by high school level students, both public and private, who will act out scenarios around a theme. The criteria for judging are relevance to the theme, coherence/comprehensive script, originality/creativity, audience engagement, and adherence to the

rules.

This year's competition is anchored on the theme, "Sustainable Consumption: Understanding the Impact of Consumers' Choices in a Shared Environment." It is inspired by the Sustainable Development Goals— a blueprint for a more prosperous and resilient world set by the United Nations as global goals for the period of 2015-2030.

The Lyceum of the

Philippines University-Batangas Senior High School was declared Champion and received special awards such as Best Performer and Best Director. Felix Amante Senior High School (Laguna) got the 1st Runner-up Award, Congressional Integrated National High School (Cavite) as 2nd Runner-up, Regional Lead School for the Arts in Angono (Rizal) as 3rd Runner-up, and Maryhill College

(Quezon) as 4th Runner-up.

"It is our commitment to conduct and advance the advocacy on sustainable consumption in the CALABARZON region. Through the Tanghalang Pangmamimili, we intend to help students understand the impact of their consumption in an engaging and creative way," said DTI CALABARZON Director Marilou Q. Toledo.

MIA CORTEZ



## TRABAHO AT EDUKASYON

1. Sabi ang susi daw ay ang edukasyon, Nang ating matamo ang ating ambisyon, Kung tunay man ito'y may hadlang at hamon Na tanging Gobyerno ang makakatugon.
2. Nang ako'y binata, sa mga trabaho Ay merong probation, anim na buwan ito, Sa magandang record nakakasiguro Na puwestong permanent ay magiging iyo.
3. Subali't sa ngayon ay lagi nang casual Ang mga posisyon, limang buwan ay tanggal, At ating Gobyerno'y hindi umaangal, Kahit merong batas na dapat umiral.
4. Paano'y sobra na ang lakas ng Business, At itong Gobyerno'y sumunod sa ibig Nitong negosyanteng lalo pang kumisig, Ang panig ng Labor ay di na inisip.
5. Palagi nang endo itong maririnig, At mga requirements yaong inuulit, Ang NBI clearance saka Mayor's Permit Muli pang kukunin, gastos sa nagipit.
6. Parang bagong tanggap lagi sa trabaho, End-of-contract yaong hadlang sa asenso, Mga empleyado'y di makapagplano, Di makapag-aral at takot sa endo.
7. Subali't Gobyerno'y laging nagbabando Na ang Pilipinas ay umaasenso, Ngunit di pumayag ang mga NGO, Ang mga dukha daw sa gutom nahilo.
8. Ang perang dayuhan na naging investment, Sa Stock Exchange lagi ito dumarating, Madaling pumasok, madali ding kunin, Matapos tumubo'y muling aalis din.
9. Kulang yaong Foreign Investment sa atin Na mga pabrika yaong bubuuin, At dagsa din yaong High School graduate natin Kaya unang bata'y dapat patatagin.
10. Alisin ang endo sa mga trabaho Upang empleyado'y makapagkolehiyo, Kapag edukasyon kanilang natamo, Naron ang daan tungo sa asenso.

representative.

Highlight of the program was the beauty pageant for pregnant women. Thirty lovely

which started in 2005 has produced to date a total of 331 ICT-trained public elementary and secondary employees while almost

candidates vied for the title of Ms. Gandang Buntis 2019 wherein Ms. Lallaine Costelo from Barangay Pulo got the title. PICAD

2000 set of computers were donated to the province and distributed to 160 public elementary and secondary schools. PICAD

## PHO Supports Indang rhu's 1st buntis congress



Cavite Provincial Health Office supported Indang Rural Health Unit's 1st Buntis Congress dubbed as "Alaga si Mommy, Ligtas si Baby" held on November 12, 2019 at Poblacion 4 Covered Court, Indang, Cavite. The activity which aimed to improve the survival of women during pregnancy, delivery and postpartum was attended by almost 100 pregnant women.

Indang Municipal Mayor Perfecto Fidel and Municipal Health Officer Dr. Rosa C. Alegre formally opened the program and welcomed all the participants. Mayor

Fidel also promised that the local government will shoulder the expenses on child delivery of the first five pregnant women who joined the event.

Lecturers from PHO and RHU emphasized the importance of prenatal visits, facility-based delivery, nutrition during pregnancy, benefits of exclusive breastfeeding, family planning, responsible parenthood as well as oral health and prevention of mother to child transmission of HIV. Philhealth membership and benefits were also tackled by the Philippine Health Insurance Corporation

## PGC welcome... (from p. 3)

Likewise, they also cited some suggestions and recommendations to improve the ICT training

which the delegates guaranteed to take into consideration.

The partnership

## Enhancing traffic management... (from p. 1)

which they can use while performing their duties in their respective barangay. They were also given packs of rice. Local officials of the three LGUs including Carmona

Mayor Roy Loyola and Vice Mayor Cesar Ines Jr., GMA Mayor Walter Echevaria and Vice Mayor Maricel Torres, and Silang Mayor Cory Poblete joined Governor

Remulla showing their commitment and strong support to the undertaking on traffic management in the whole province. Fifth District Representative

Dahlia Loyola and Board Members Ivey Jayne Reyes and Alston Kevin Anarna were also in attendance, together with some councilors from the three municipalities. PICAD

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**Pasko sa Calamba 2019**  
*"Puso ng Pamilyang Calambeño, Pinagbuklod sa Diwa ng Pasko"*

**Giant Christmas Tree Lighting**

November 15 (Friday) - Jose Rizal Plaza  
 November 18 (Monday) - Brgy. Masili & Waltermart Makiling  
 November 19 (Tuesday) - CUBA & Canlubang  
 November 21 (Thursday) - Mercado de Calamba & PALISAM  
 November 22 (Friday) - City Plaza

**Nightly Christmas Presentations**

**Calamba City Plaza - 6:00 pm**

December 6 (Friday) - Teachers Got Talent  
 December 7 (Saturday) - DepEd Calamba  
 December 8 (Sunday) - Rotary Club of Calamba / St. Benilde International School  
 December 9 (Monday) - Laguna College of Business & Arts  
 December 10 (Tuesday) - Letran College/ Maranatha  
 December 11 (Wednesday) - Global City College / Philippine Women's University  
 December 12 (Thursday) - Liga ng mga Barangay / Sangguniang Kabataan Federation  
 December 13 (Friday) - City Government Night

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# PGC WELCOMES DELEGATES FROM JEOLLABUKDO OFFICE OF EDUCATION



The Provincial Government of Cavite through the Provincial Information and Communications Technology Office in partnership with the Department of Education - Cavite (DepEd-Cavite) warmly welcomed the delegates from Jeollabukdo Office of Education of Korea headed by Senior Supervisor Yun-Rok Lee with Jin-Ho Choi, Hee-Jeong Kim, Sang-Ho Song, Hye-Lim Jeon and Dong-Gyun Han during their visit to the province on October 29-30, 2019.

In her welcome message, Ms. Cherylou

D. Repia, Schools Division Superintendent expressed her deep gratitude to the Jeollabukdo Office of Education for sustaining the partnership with the provincial government and DepEd-Cavite regarding information and communications technology trainings for teachers. She also presented the existing ICT education programs in the province.

Delegates made a courtesy call to Mayor Yuri Pacumio of Tanza and toured the Cavite Computer Center-Tanza Satellite Office as well as the Flaviana Arayata Elementary School.

They also visited Emilia Ambalada Poblete National High School in Silang and Gov. Ferrer Memorial National High School-Biclatan Annex in the City Gen. Trias. These institutions were recipients of computers from Jeollabukdo Office of Education.

In a farewell dinner, 2018 and 2019 ICT trainees had the opportunity to express their gratefulness for the skills and knowledge they acquired during the trainings in Korea through the PGC-Jeollabukdo Office of Education partnership. **(cont. P.2)**


## Pagbati Mula kina:



**Mayor Nonong Ricafrente**  
*Rosario, Cavite*



**Mayor Socorro Rosario**  
**"Corie" F. Poblete**  
*Silang Cavite*



# LET THERE BE LIGHT!

By  
**ENG'R. VER CAMPAÑA BAUTISTA**  
*F & A.M. Luis Olampo Ferrer Lodge 366*

**HALANG -** Ang nayon na may ngalang Halang ay pook noon na gamit sa palitan o barter trade.

## STRENGTHENING ITS CAMPAIGN ON WELLNESS AND WELFARE SERVICES:



*Medical and Dental Mission  
Barangay Buenavista III*

Recognizing the importance of good health and wellbeing of the constituents, Governor Jonvic Remulla thru the Office of the Provincial Governor-Extension remains steadfast in conducting free healthcare services to its people. Health and Sanitation Committee Chair Councilor Eleazar Grepo Deliva who was in charge in the smooth flow of the mission thanked the whole delegation of the

provincial government for relentlessly showing their compassion on providing the basic health needs of their constituents. A total of 399 residents in Barangay Buenavista III received basic consultation and tooth extraction free of charge making the health care services more meaningful as it was brought closer to the locals. Volunteer doctors, dentists and other professional medical practitioners from the

Provincial Health Office and the City Health Office have spent valuable time and immeasurable effort in order to cater the needs of the citizens who needed medical attention. The residents were also given free prescribed medicines and vitamins sponsored by the provincial government. The citizens of Buenavista III have also participated the counseling on proper nutrition, family planning

**(cont. P.5)**

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An Invitation

**MARY MOTHER OF GOD PARISH**  
Malagasang 2nd, City of Imus

# Ground Breaking Ceremony

of the new  
**Mary Mother of God Parish Church**  
Patio Tirona, Malagasang 2nd

**November 21, 2019**  
Holy Mass 7:30 AM

MAIN CELEBRANT  
Most Rev. Reynaldo G. Evangelista D.D.  
(BISHOP OF IMUS)

HELP US BUILD a SHRINE FOR MARY MOTHER OF GOD.

# #SparklingSMallidays at SM City Calamba



SM City Calamba opened the holiday season by filling the mall atrium with Yuletide cheers and carols as they launched the Christmas Wonderland centerpiece. The event was highlighted by the lighting of the said centerpiece which astounded the guests and mall shoppers.

The extravagant centerpiece complimented the Christmas ambiance of the mall together with the gigantic Christmas trees, toy soldiers, and colorful lights.

Since Christmas is said to be a time of giving, the SM Cares Bears of Joy was also launched during the event. For only P 200.00, each shopper can have 1 cute cuddly bear to keep, while the other will be donated to a chosen charity.

SM City Calamba continues to bring joy to its shoppers as they celebrate the Grand Magical Christmas Parade on Nov 22, 2019 and Dec 22, 2019. Brass marching bands, cartoon character appear-

ances, children's ballet and Santa Claus meet and greet are some of the dazzling entertainment shoppers can look forward to. Aside from these, mall goers can also take advantage of the merry markdowns while shopping and dining at their heart's delight.

So what are you waiting for have a #SparklingSMallidays at SM City Calamba - your happy place where everything's here for a fun filled experience for the whole family. KCHT

# PGC CAPACITATES BARANGAY TANOD OF SAN AGUSTIN, DASMARIÑAS



Cavite Governor Jonvic Remulla visited the barangay tanod of Barangay San Agustin in the City of Dasmariñas who all assembled at Via Verde Subdivision covered court on October 30, 2019, targeting to further capacitate their skills through follow-up seminar on traffic management after series



of training on peace and order conducted during the recent


years. Meanwhile, on behalf of the barangay peacekeeping officers, Mayor Jenny Barzaga, Vice Mayor Rex Mangubat, Cavite Councilors League President Nickol Austria and SK Federation President Jeg

for the leadership and enhancement training, with provision of safety gears including vests, boots and gloves. The readiness program for barangay tanod is also just in time with the upcoming Undas and Christmas



Gonzales along with other local officials thanked Governor Remulla

break to address traffic, and peace and order concerns.- PICAD



## CAVITE HIGHLIGHTS

By:  
Yna Palparan Bautista

The form of continuous rice cultivation would ultimately make the land less and less productive. The rent was being raised progressively and less fertile land could not support the tenant paying the rent. A problem was brewing.

### Strengthening its campaign...(from p. 4)

and suitable birth spacing for mothers and were recommended to have a healthy eating habit. The event was made possible thru the support of Congressman Jonjon Ferrer, Mayor Ony Ferrer represented by his son Toby Ferrer, Vice Mayor Morit Sison, Sangguniang Panlungsod of Gen.Trias,

Board Member Kerby Salazar and IPP Kyle Jassel Salazar. Members of the barangay council led by Punong Barangay Jessie Grepo, barangay health workers and barangay nutrition scholars were also in attendance who assisted the medical volunteers in facilitating the mission.PICAD

# PGC'S HEALTH PROGRAMS ON THE GO



The Provincial government of Cavite once again takes its health programs on the go with the conduct of another medical and dental mission in Barangay Malagasang 1-F, Imus City on November 9, 2019. A total of 396

patients were served of which 356 underwent medical consultations and 40 had tooth extraction performed by volunteer doctors and dentists from General Emilio Aguinaldo Memorial Hospital and trained staff from the Office of the Provincial

Governor-Extension. Punong Barangay Randy S. Lara and the residents warmly welcomed the mission team and

extended their message of thanks to the governor for always providing free health services to the community.PICAD



## SKIN DISEASE DETECTION AND PREVENTION CARAVAN GOES TO CAVITE CITY:

Continuing the advocacy to raise awareness on different skin diseases and its prevention, the Provincial Health Office thru Provincial National Leprosy Control Program Coordinator Haydelisa Maderazo conducted another Skin Disease Detection and Prevention Caravan, this time, in Cavite City on November 7, 2019. With the assistance of Cavite City Health Office headed by Dr. Lino Antonio S. Barron, City Health Officer, the caravan treated almost 200 patients who were also given prescribed medicines and vitamins to boost their immune system. Likewise, Ms. Maderazo lectured on different types of skin diseases, its prevention as well as tips on proper skincare and hygiene. The health event was conducted in partnership with the Department of Health IV-A – National Leprosy Control Program.--PICAD



## EDITORIAL

Ang mga kalakal sa malalayong kanayunan ay nailuluwas matapos ang mahabang hirap gamit ang pasan at kabayo. Marami sa mga magsasaka ay hindi makapagtanim nang marami dahil ang mga kalsada ay hindi maayos.

Sa Amerika sa panahon ni Pres. Eisenhower ay ginawa ang maraming kalsadang naglagos sa maraming mga bukid. Ito ay nagbigay ng insentibo upang magtanim ang mga magsasaka. Ngayon ay maunlad na ang sakahan ng Amerika dahil sa mga lansangang nilikha sa panahong yaon.

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## MAGALLANES LCE THANKS PGC FOR PROVIDING HEALTH ASSISTANCE



Magallanes Mayor Jasmin Maligaya-Bautista thanked the medical and dental mission team of the Provincial Government of Cavite and 8th District Board Member Virgilio Varias for providing health assistance to her constituents on November 6, 2019. Medical practitioners from the Provincial Health Office and Municipal Health Office rendered their services which include adult and pedia consultation, dental check-up and tooth extraction to almost 400 patients. Likewise, prescribed medicines and some vitamins were also provided for free.

**\* If you take care of your being, God will take care of your becoming.**

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HK Beef Tapa w/ Garlic Rice	P220.00	Miki Bihon	P110.00	Chopsuey	P190.00	Crab Meat Corn Soup	P160.00
HK Smoked Bangus w/ Garlic Rice	P155.00	Pancit Canton	P115.00	Lohan Vegetables	P190.00	Hot & Sour Soup	P135.00
HK Gong Hiong w/ Garlic Rice	P130.00	Crispy Fried Noodles (All Meat)	P130.00	Sweet & Sour Fish Fillet	P240.00	Solo Serving	P60.00
<b>DIMSUM</b>		Crispy Fried Noodles (Seafood)	P130.00	Sweet & Sour Pork	P220.00	<b>COMBO MEAL</b>	
Mantao	P 30.00	Birthday Noodles	P135.00	Beef w/ Ampalaya	P230.00	Sweet & Sour Fish Fillet	P229.00
Buchi	P 69.00	Hofan Noodles	P150.00	Beef Brisket Hot Pot	P320.00	Pork Asado	P229.00
Giant Pork Siomai	P175.00	<b>RICE</b>		Beef w/ Broccoli	P320.00	Spring Roll	P229.00
Giant Hakao	P195.00	SOLO	REGULAR	Lechon Macau	P300.00	Sweet & Sour Pork	P229.00
Asado Siopao	P 79.00	Yangchow Fried Rice	P80.00	Canton Special	P275.00	Salt & Pepper Squid	P249.00
Bola Bola Siopao	P 89.00	HK Golden Fried Rice	P100.00	<b>RICE TOPPINGS</b>		HK Emperor Chicken	P309.00
Chicken Feet	P 95.00	Salted-Fish Fried Rice	P105.00	Squid Tausi	P105.00	Macau	P309.00
Pork Siomai	P 85.00	Pineapple Fried Rice	P115.00	Sze Chuan Squid	P105.00	<b>DESSERT</b>	
Japanese Siomai	P 89.00	<b>HOUSE SPECIAL</b>		Fish Fillet Tausi & Beancurd	P150.00	Black Gulaman	P 50.00
Baencurd Roll	P 89.00	(Good for 2 to 3 persons)	Seaweed & Century Egg	Pork Asado Rice	P150.00	Black Gulaman w/ Lychee	P 55.00
Shark's Fin Dumpling	P 80.00	Seaweed & Century Egg	P220.00	Chopsuey	P145.00	Almond Jelly w/ Lychee	P 55.00
Spring Roll	P 95.00	Pork Asado Roastin	P320.00	Soy Chicken	P195.00	Halo Halo	P 65.00
Kutchay Dumpling	P 85.00	Assorted Cold Cuts	P320.00	Sweet & Sour Fish Fillet	P135.00	Halo Halo w/ Ice Cream	P 79.00
Chicken Pao	P 85.00	Soy Chicken (whole)	P490.00	Pork Asado & Soy Chicken	P145.00	Egg Yolk Pao	P 85.00
<b>MAMI</b>		Soy Chicken (half)	P270.00	Sweet & Sour Pork	P145.00	Almond Jelly Ala Dode	P 70.00
Wanton	P 90.00	HK Fried Chicken (whole)	P430.00	Beef Brisket	P155.00	Leche Plan	P 29.00
Soy Chicken	P 95.00	HK Fried Chicken (half)	P220.00	Spareribs Tausi	P140.00	<b>BEVERAGE</b>	
Pork Asado	P105.00	Salt & Pepper Fried Chicken (whole)	P490.00	Chicken Feet & Spareribs	P145.00	Instant Coffee	P 40.00
Beef Brisket	P105.00	Salt & Pepper Fried Chicken (half)	P260.00	Salt & Pepper Squid w/ Egg Rice	P160.00	Brewed Coffee	P 45.00
Beef Brisket w/ Wanton	P110.00	Patatim	P490.00	HK Fried Chicken w/ Egg Rice	P160.00	Iced Tea	P 45.00
<b>CONGEE</b>		Steam White Chicken (whole)	P530.00	Lechon Macau w/ Egg Rice	P160.00	Pineapple	P 45.00
Bola - Bola	P 85.00	Steam White Chicken (half)	P260.00	Steamed White Chicken w/ Egg Rice	P195.00	Red Tea	P 45.00
Fish Fillet	P 85.00					Mango Smoothie	P 85.00
Pork Asado	P 95.00					Mineral Water	P 25.00
Chicken	P 95.00					Soda in Can	P 70.00
Pork & Century Egg Special	P 95.00					Bottomless Iced Tea	P 90.00
Special	P100.00					*Price are subjected to change without prior notice Price INCLUSIVE of 12% VAT.	

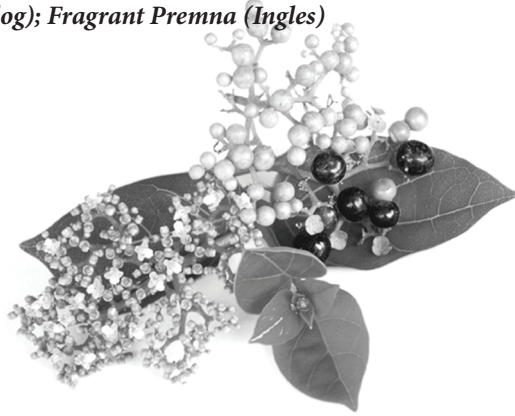
# Health Benefits...

## KAALAMAN TUNGKOL SA ALAGAW BILANG HALAMANG GAMOT

Scientific name: *Premna curranii* H. Lam.; *Premna oblongata* Miq.; *Premna pubescens* Blume

Common name: *Alagaw* (Tagalog); *Fragrant Premna* (Ingles)

Ang alagaw ay isang kilalang halaman na karaniwang tumutubo sa mga isla ng Pilipinas at sa mga karatig bansa nito. Ang dahon nito na malapad ay kilalang ginugulay at ginagawang salad sa maraming mga lugar. Mayroon din itong mga bulaklak na kumpol-kumpol sa isang sanga. Ang bunga naman ay maliliit na bilog na tila mga paminta na kulay lila o itim.



### ANO ANG MGA SUSTANSYA AT KEMIKAL NA MAAARING MAKUHA SA ALAGAW?

Ang iba't ibang bahagi ng halaman alagaw ay maaaring makuhanan ng maraming uri ng kemikal at sustansya na maaaring may benepisyo sa kalusugan:

Ang dahon ng alagaw ay maaaring makuhanan ng mabangong langis, at ilang mga kemikal gaya ng acyclic monoterpenediol diesters, prenaodorosides A, B, at C. Mayroon pang phenethyl alcohol glycosides, verbascoside, isoacteoside, bioside (decaffeoylverbascoside) and cistanoside F.

### ANONG BAHAGI NG HALAMAN ANG GINAGAMIT BILANG GAMOT, AT PAANO GINAGAMIT ANG MGA ITO?

Maaaring gamitin bilang gamot ang ilang bahagi ng halaman tulad ng:

Dahon. Ang dahon ng alagaw ang pangunahing bahagi ng halaman na ginagamit bilang gamot. Ito ay maaaring ilaga at inumin na parang tsaa. Maaaring lagyan ng pantamis o kaya ay kalamansi upang mas malinamnam kung inumin. Maaari ring dikdikin at kunin ang katas upang ipampahid sa bahagi ng katawan.

Usbong. Ang mga bagong usbong na dahon at bulaklak ay kadalasang kinakain o ginagawang gulay na sangkap sa ilang mga lutuin.

### ANO ANG MGA SAKIT NA MAAARING MAGAMOT NG ALAGAW?

Ayon sa mga pag-aaral at nakagawian ng ilan, ang ilan sa mga sakit na maaaring malunasan sa pamamagitan ng paggamit sa halaman akapulko ay ang sumusunod:

**1. Ubo na may makapit na plema.** Ang pag-inom sa pinaglagaan ng dahon ng alagaw ay maaaring makatulong sa pagpapaluwag ng paghinga at pagpapalambot ng makapit na plema.

**2. Tulo sa babae.** Ang pinaglagaan din ng bagong usbong na dahon ng alagaw ay maaaring ipanghugas sa ari ng babae kung patuloy ang pagtulo (discharge).

**3. Sipon.** Maaaring maibsan ang mga sintomas ng sipon kung inumin ang pinaglagaan ng dahon ng alagaw.

**4. Pananakit ng ulo.** Ang dinikdik na dahon ng alagaw ay maaaring ilagay sa noo o ipahid sa sentido upang maibsan ang pananakit ng ulo.

**5. Tuberculosis.** Pinaniniwalaang nakagagaan ng pakiramdam at nakakabawas ng sintomas ng sakit na TB ang pag-inom ng pinaglagaan ng dahon ng alagaw.

**6. Pananakit ng sikhmura.** Maaring inumin ang pinaglagaan ng dahon para maibsan ang pananakit ng tiyan. Maaari ding ipahid sa nananakit na sikhmura ang dinikdik na dahon ng alagaw na inihalo sa langis ng niyog upang maibsan ito.

**7. Galis at mga sugat.** Ang mga sugat at galis sa balat ay maaaring pahiran ng katas mula sa dinikdik na dahon ng alagaw.

**8. Impeksyon ng mga organismo sa sikhmura.** Ang pagkakaroon ng mga peste sa sikhmura gaya ng giardia at amoeba ay maaaring magamot sa pamamagitan ng pag-inom ng pinaglagaan ng dahon ng alagaw.

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IMUS RURAL BANK, INC.,  
Mortgagee,

EXTRA-JUDICIAL FORECLOSURE OF  
REAL ESTATE MORTGAGE UNDER  
ACT 3135 AS AMENDED BY ACT 4118

-versus-

F.C. CASE NO. 16907-19

IMUS INSTITUTE, INC.,  
Mortgagors,

x-----x

### NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial petition for sale under Act 3135 as amended by Act 4118 filed by **IMUS RURAL BANK, INC.**, Mortgagee, with principal place of business at Col. Sapinoso Street, Imus City, Cavite against **IMUS INSTITUTE, INC.**, Mortgagor, with residence and postal address at Nueno Avenue, Imus, Cavite to satisfy the mortgage indebtedness which as of September 13, 2019 amounts to **TWENTY THREE MILLION ONE HUNDRED SIXTY FIVE THOUSAND NINE HUNDRED TWENTY SEVEN PESOS & 24/100 (P23,165,927.24)**, Philippine Currency, including interest and penalties, but excluding attorney's fees, sheriff's fees and all other charges incidental to this foreclosure and sale the undersigned will sell at public auction on **NOVEMBER 26, 2019** at 10:00 A.M. or soon thereafter at the main Entrance of the Office of the Clerk of Court, RTC Multiple Sala, Aguinaldo Highway, Imus, Cavite, to the highest bidder, for CASH and in Philippine Currency, the following properties with all improvements therein, to wit:

#### TRANSFER CERTIFICATE OF TITLE NO. T-1044776

"A parcel of land (Lot 310-E-6 of the subd. Plan. Psd-042109-071498, being a portion of Lot 310-E, Psd-04-018933, L.R.C. Rec. No. ), situated in the Brgy. Of Poblacion, Mun. of Imus, Prov. of Cavite. Bounded on the NW., along line 1-2 by Lot 310-E-7, on the NW., NE., along lines 2-3-4-5-6 by Lot 310-E-9 (Road), on the SW., along line 6-7 by Lot 310-E-5, on the S., along line 7-8-1 by Lot 310-E-10 (Legal Easement), all of the subd. plan x x x containing an area of TWO THOUSAND ONE HUNDRED TWENTY SEVEN (2,127) SQUARE METERS." x x x

#### TRANSFER CERTIFICATE OF TITLE NO. T-1044777

"A parcel of land (Lot 310-E-7 of the subd. Plan. Psd-042109-071498, being a portion of Lot 310-E, Psd-04-018933, L.R.C. Record No. ), situated in the Brgy. Of Poblacion, Mun. of Imus, Prov. of Cavite. Bounded on the W., along line 1-2-3 by Lot 310-E-10 of the subd. plan; on the NE., along line 3-4 by Lot 310-G, Psd-04-018933; along line 4-5 by Lot 310-#-8; on the SE., SW., SE., along lines 5-6-7-8 by Lot 310-E-9 (Road); on the SE., along line 8-1 by Lot 310-E-6 all of the subd. plan x x x containing an area of TWO THOUSAND ONE HUNDRED TWENTY SEVEN (2,127) SQUARE METERS." x x x

#### TRANSFER CERTIFICATE OF TITLE NO. T-1044778

"A parcel of land (Lot 310-E-8 of the subd. Plan. Psd-042109-071498, being a portion of Lot 310-E, Psd-04-018933, L.R.C. Rec. No. ), situated in the Brgy. of Poblacion, Mun. of Imus, Prov. of Cavite. Bounded on the NE., along line 1-2 by Lot 310-E, along line 2-3 by Lot 310-F both of Psd-04-018933, on the SE., along line SW., W., along lines 3-4-5-6-7-8-9 by Lot 310-E-9, (Road), on the W., along line 9-1 by Lot 310-E-7 both of the subd. Plan x x x containing an area of TWO THOUSAND ONE HUNDRED TWENTY SEVEN (2,127) SQUARE METERS." x x x

All sealed bids must be submitted to the undersigned on the above stated time and date.

In the event the public auction should not take place on the said date, it shall be held on December 03, 2019 at 10:00 A.M. without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrance therein if any there be.

Imus, Cavite, October 14, 2019.

(SGD) **WILMAR M. DE VILLA**  
Sheriff IV

APPROVED:

(SGD) **REGALADO E. EUSEBIO**  
Clerk of Court VI & Ex-Oficio  
Sheriff

#### COPY FURNISHED:

**IMUS RURAL BANK, INC.**  
Col. Sapinoso St., Imus City, Cavite

**ARCH. ENCARNACION N. RARALIO**  
And **FE C. ASPERILLA**  
c/o **IMUS INSTITUTE, INC.**  
Nueno Avenue, Imus, Cavite

**IMUS INSTITUTE, INC.**  
Nueno Avenue, Imus, Cavite

# Bacoor City bags 5th consecutive SGLG award



**5TH CONSECUTIVE SGLG.** Cavite 2nd District Representative Strike Bautista Revilla (left) and Bacoor City Mayor Lani Mercado Revilla (right) show the city's fifth Seal of Good Local Governance (SGLG), after the awarding rites held at The Manila Hotel, Manila on Tuesday (Nov. 5, 2019). The SGLG, under the auspices of the Department of the Interior and Local Government, aims to promote integrity and good performance among local government units, through a progressive assessment system on the performance of local government unit on reforms and development in their respective localities. (Photo courtesy of Bacoor CIO)

BACOOOR CITY, Cavite -- The city government achieved another milestone as it bagged its fifth consecutive Seal of Good Local Governance (SGLG).

During the awarding ceremony at the Manila Hotel Tuesday, Mayor Lani Mercado-Revilla committed to continuously seek the highest level of governance for the people of Bacoor.

The city mayor said she is grateful to the Department of the Interior

and Local Government's (DILG) program "for providing the path towards excellence for me and my team".

Through the SGLG program, the Bacoor city government was able to provide the best public service that our beloved constituents rightfully deserve, Revilla added.

Bacoor City is among the nine Cavite local government units which bagged the award, which also include the cities of Imus and Dasmariñas, as

well as the municipalities of Carmona, Magallanes, Maragondon, Mendez, Naic and Rosario.

The SGLG is one way for DILG to promote integrity and good performance among local government units. Through its progressive assessment system, local government reforms and development are institutionalized as LGUs are given distinction for their performance.

In Region 4-A (Calabarzon), a total of 33 local government units bagged the SGLG award.

The provincial awardees include Laguna, Quezon and Rizal, while the city government awardees, other than Cavite, include the cities of Biñan, San Pedro, Santa Rosa and Calamba of Laguna.

Other municipal government awardees are: Bauan and Taal in Batan-

gas; Kalayaan, Paete, Pagsanjan, Pakil and Sta. Cruz in Laguna; Angono, Binango-

nan, Tanay and Taytay in Rizal; and Guinayangan, Gumaca, Mauban, Panukulan and Sampaloc in Quezon.

The SGLG award symbolizes the locality's integrity and good performance through continuing governance reform and sustained local development, a progressive assessment system adopted by the DILG to give distinction to remarkable local government performance across several areas.

Among the core areas for assessment for component cities and first to third class municipalities include its financial administration, disaster preparedness, social protection, including peace and order; while the essential areas include

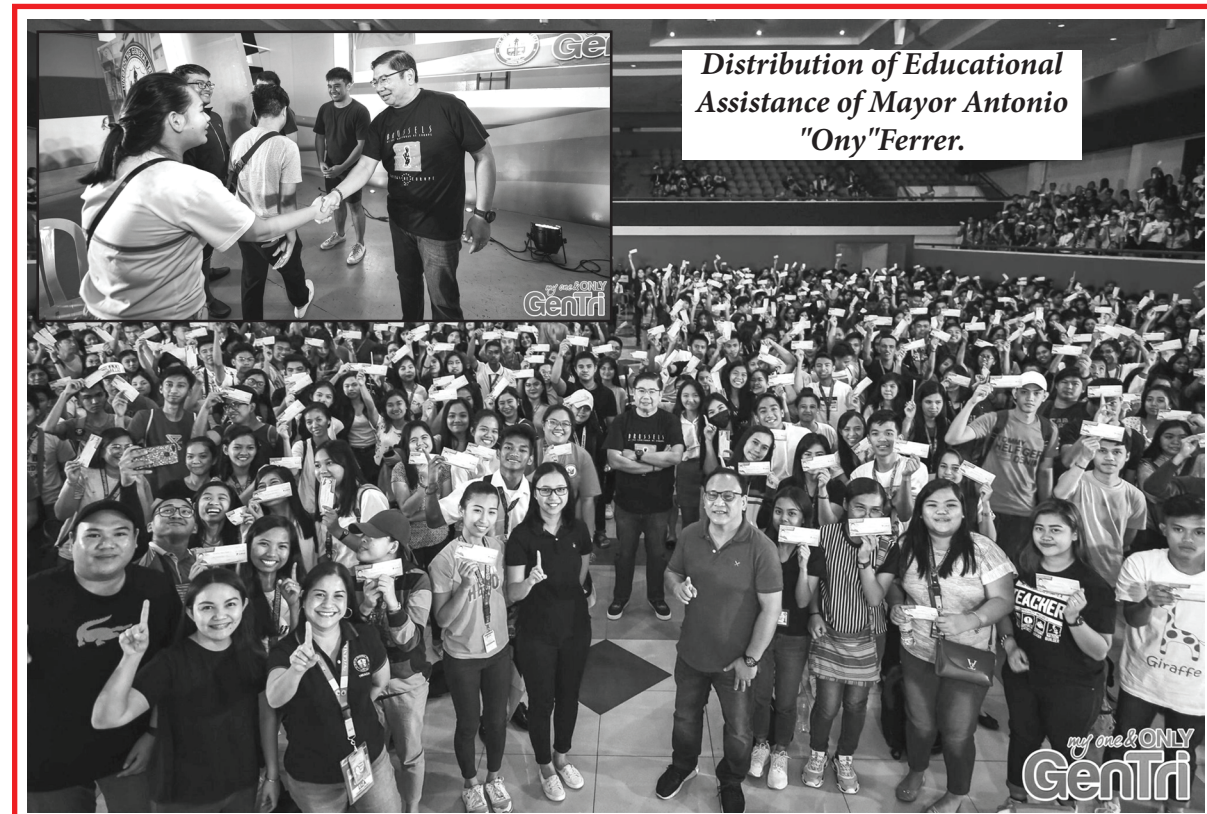
business-friendliness and competitiveness, environmental management, and Tourism Promotion and

Development, as well as Cultural Heritage Promotion and Conservation. (PNA)

**CONGRATULATIONS, CITY OF IMUS! 2019 Seal of Good Local Governance Awardee by Department of the Interior and Local Government (DILG)**



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**Distribution of Educational Assistance of Mayor Antonio "Ony" Ferrer.**

## DO YOU KNOW ?

*The bird automatically closes its feet and hold on to branch as it sits.*

(Shared by Fellowship with Humanity)



Province of Cavite

**PRESIDENT: AURELIO PAREDES BAUTISTA**

**Fellowship with Humanity is a Family-Based Masonic Charity Group registered in Cavite to help in a small way alleviate the conditions of the poor. The funds come from the family income of the Bautista Family members.**