



DTI 4-A ESTABLISHES THREE FABRICATION LABS AS A SPARK PLUG FOR INNOVATION

To remain competitive in business, innovation is the key. One small advancement can already have a major effect in one's business to increase revenue and productivity. Thus, the Department of Trade and Industry Region 4-A realized the significance of innovation in propelling the micro, small, and medium enterprises forward.

To ignite innovation ecosystem in the CALABARZON region, the DTI 4-A established three Fabrication Laboratories (Fab Labs) last 2018:

1. Innovation,

Design, Engineering, and Art (IDEA) Fab Lab

Cooperator: Antipolo Institute of Technology
Location: Sitio Cabading, Antipolo City, Rizal

Established: 27 November 2018

The IDEA Fab Lab, the first of its kind Fab Lab in CALABARZON with Php 11.041 million worth of sophisticated equipment, includes the Building Information Modelling (BIM) software - an intelligent 3D model-



based process. Not only a prototyping platform for innovation and invention of local manufacturers and designs, this will also
(cont. P.2)



Cavite town bares 10 drug-cleared villages

SILANG, Cavite -- Local police here presented on Monday the 10 drug-cleared villages to the local chief executive during a simple ceremony at the town plaza.

Maj. Resty Soriano, acting police chief of Silang Municipal Police Station, presented the drug-cleared barangays to Mayor Emilia Lourdes "Omil" Poblete and Ma. Normita Arceo, Municipal Local Government Operations Officer-Silang.

The 10 villages have met the requirements of the Philippine Drug Enforcement Agency (PDEA) in Barangay

Drug Clearing Program of President Rodrigo R. Duterte.

The drug-cleared Villages are Barangays Poblacion 3, Poblacion 4, Tubuan 1, Tubuan 3, Ulat, Carmen, Puting Kahoy, Lucsuhin, Balite 2, and Santol.

Each village chief of the 10 barangays received the certificate attested by PDEA that their areas are drug-free.

"We will do our best to add more on the list of drug-free barangay until all the villages here are drug-free," Soriano said.

There are 64 barangays in Silang, Cavite. (PNA)



DRUG-CLEARED. Police Maj. Resty Soriano, Silang police chief, presents Barangay Poblacion IV to Mayor Omil Poblete as one of 10 drug-cleared villages in the town during a simple rite on Monday (April 29, 2019) at the town plaza. (Photo by Dennis Abrina)

DTI 4-A establishes three fabrication... (from p. 1)

serve the construction industry, specifically the architecture, engineering, and construction (AEC) professionals by providing the insight and tools to plan, design, construct, and manage buildings and infrastructure more efficiently.

2. **S t a r t - u p** Innovations and Business Opportunities Linkages (SIBOL) Labs

C o o p e r a t o r : University of the Philippines - Los Baños

Location: University of the Philippines Center for Technology Transfer Entrepreneurship (UPLB CTTE) Building, Los Baños, Laguna

Established: 17 December 2018

The SIBOL Labs is one of the major components of the Technology Business Incubation (TBI) program of the UPLB-CTTE. Business incubators support budding entrepreneurs through diversified and personalized incubation services such as business mentoring and access to technical training sessions, research and development facilities,

product development, market linkage, and finance. Establishing the Fab Lab can help MSMEs significantly in terms of product development by allowing them to work closely with both the academic and industry experts for rapid prototyping as well as customer-centered product design. Such facility is relevant in the establishment of the innovation ecosystem in Region IV-A to support robust technology-driven and globally-competitive MSMEs.

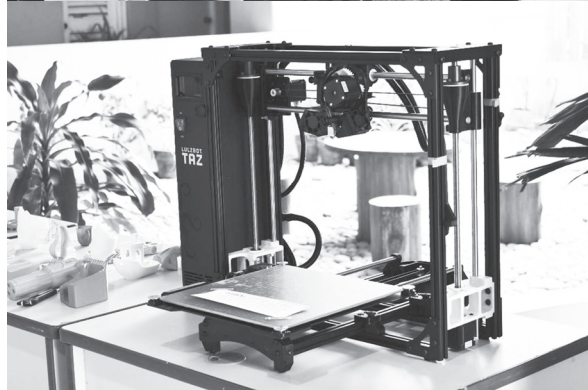
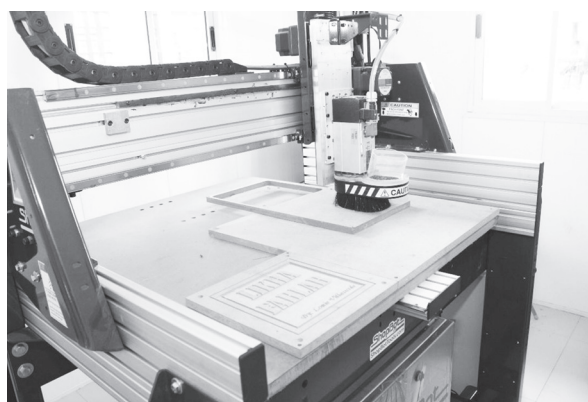
3. **L e a r n i n g ,** Innovation, Knowledge-Honing, and Art (LIKHA) Fab Lab

Cooperator: Batangas State University

Location: Brgy. Alangilan, Batangas City, Batangas

Established: 27 December 2018

The LIKHA Fab Lab is a Shared Service Facility where business enterprises engaged in top industries in the region such as furniture or furniture-related processes and electronics, can converge



with modelers/designers to create and develop models/designs, and make prototypes for mass production. It is a digital fabrication that enables collaboration and promotes transparency among the designers and modelers aided by computer-controlled machines. Stored digital design using the sophisticated technology provides an array of services to help the whole furniture design and manufacturing team for detailed designs, analysis, documentation, and fabrication.

SSF is a program adopted to achieve the goal of the National Industry Cluster Capacity Enhancement Project (NICCEP), which is to set

up common production centers for the micro, small, and medium Enterprises (MSMEs) in priority industry clusters to gain access to better technology and more sophisticated equipment to increase their competitiveness, consequently affecting their contribution to the national economy.

With the establishment of these Fab Labs, equipment and resources are made available to MSMEs of CALABARZON to ensure that the facility can help increase their productivity and lessen cost of prototyping and research and development of local products. These Fab Labs will also help inspire entrepreneurs to



ANG HULING YUGTO

1. Maraming teorya yaong itinuro
Nitong mangangaral sa maraming dako,
Ang buhay daw natin sa may huling yugto,
May landas na tiyak na tunguhing dako.

2. Ang unang teorya na sabi ay tiyak,
Mga katutubo ang may unang bigkas,
Lilipat ng tabing at sa huling oras,
Iwan ang katawan, kaluluwa'y lumabas.

3. Kaluluwa'y sasama sa mga ninuno,
Sila'y espiritu sa kabilang dako,
Tulong sa mabuti ang kanilang kuro,
Parusa sa tao na masama't liko.

4. Ikalawa naman kaibang teorya,
Na tao ay likha ng Diyos na iisa,
Kapag namatay daw babalik sa Kanya,
At may huling hatol para sa balana.

5. Ikatlong teorya sa buhay ng tao,
Wala yaong hatol sa alin at sino,
Ang taong namatay, babalik sa mundo,
Ibang katauhan kung sabihin ito.

6. At reincarnation ito kung tawagin,
Ang taong nagbalik limot ang landasin,
Ang nagdaang buhay di kayang isipin,
Maliban kung minsan parang may napansin.

7. Sa paulit-ulit na balik ng buhay,
Darating ang oras malinis nang tunay,
Di na ipanganak muli at magsikhay,
Tapos na ang ikot, Nirvana ang alay.

8. Ganyan ang teoryang tatlo na alam ko,
Aral na dala ng relihiyon ding tatlo
Kung ano ang nais na panaligan mo,
Piliin ang bagay na ugma sa iyo.

turn their ideas into new products and prototypes. DTI 4-A encourages MSMEs, students, designers, artists, and other clients to visit these Fab Labs for the design, invention, and innovation of existing and new products. MIA CORTEZ

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Papi

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SM CITY CALAMBA



SM City Calamba through its socio-civic arm SM Cares had the Seniors Day at the mall. A program that aims to serve and support the elderly Filipinos in the community.

Throughout the year

numerous activities are conducted to empower our beloved senior citizens. Just recently our beloved lolos and lolas showcased their talents at the Senior Fashionistas event at SM City Calamba. Lolas from the Mayapa Senior Citizen

Group bagged the first place while Elderly San Juan and Calsifesca for the second and third place, respectively.

A total of 193 senior citizens from Calamba City Federation of Senior Citizen Association,

Elderly Council of Calamba City Inc., and United Oldies of Calamba City Inc. attended the event. For more exciting events like and follow SM City Calamba on Facebook and Instagram or call 530 - 0062.KCHT

JV EJERCITO PASOK SA WINNING CIRCLE NG PULSE ASIA SURVEY



Dalawang linggo bago ang halalan, pumasok na sa 'winning circle' si reelectionist Senator JV Ejercito batay sa Pulse Asia senatorial survey na inilabas kahapon.

Sa nasabing survey,

si Ejercito ang may pinakamalaking pag-angat kumpara sa ibang kandidato matapos itong umakyat sa 10-16 puwesto mula sa dating 16-17 na puwesto sa survey na isinagawa ng Pulse Asia noong Marso

23 hanggang 27.

Sa latest Pulse Asia survey, nakapagtala si Ejercito, tinaguriang "Mr. Healthcare" ng Senado, ng 28.1 percent para makapasok sa ika-10 hanggang 16 na puwesto.

Isinagawa ang survey nitong ika-10 hanggang ika-24 ng Abril Marso sa 1,800 respondents na 18-anyos pataas sa buong bansa.

Ang pag-angat ni Ejercito sa senatorial survey ay bunga ng kanyang masigasig na pangangampanya sa buong bansa kung saan ipinaliwanag niya sa taumbayan ang kahalagahan ng dalawa sa iniakdang niyang batas, ang Universal Health Care at ang Department of Human Settlements and Urban Development.

Naniniwala ang publiko na ang pagpasok

ni Ejercito sa winning circle ay bunga ng kanyang malinis na pangalan, walang bahid ng korupsiyon at maayos na rekord sa panunungkulan.

Si Ejercito ay muling tumakbo sa pagka-senador upang muling maipagpatuloy ang sinimulan niyang adbokasiya sa kalusugan, pabahay, modernong transportasyon at malawakang proyektong pang-imprastraktura.

"Naniniwala ako na ang mga adhikaing aking sinimulan ay hindi mananatiling isang panaginip lamang kung ako'y muling mabibigyan ng isa pang pagkakataong makapaglingkod sa ating bayan," reaksiyon naman ni Ejercito sa latest Pulse Asia survey.

"Andiyan pa rin ang aking pangakong

kailangang magkaroon ng mas maginhawang buhay ang lahat ng Pilipino," dagdag pa nito.

Nanguna sa naturang survey si Sen. Cynthia Villar na nakakuha ng 51.7 percent habang pungalawa naman si Sen. Grace Poe na may 50.5 percent.

Sa voter preference na 45.7%, nasa 3rd-4th places si dating Senator Lito Lapid habang nasa 3rd-6th places si Taguig Representative Pia Cayetano na may 43.9 percent voters preference.

Pasok sa 4th-8th places si dating Special Assistant to the President (SAP) Christopher Go (40.8 percent) habang nasa 4th-9th places si Senator Juan Edgardo

Angara (40.4 percent).

Ang iba pang pasok sa winning circle ay sina dating Senator Ramon Revilla, Jr. (38.1 percent, 5th to 9th places), former Bureau of Corrections (BuCor) Chief Ronald dela Rosa (36.7 percent, 5th to 9th places), Senator Maria Lourdes Nancy Binay (36.2 percent, 6th to 9th places) at Senator Aquilino Pimentel III (31.8 percent, 10th to 14th places).

Ang iba pa ay sina Ilocos Norte Governor Imee Marcos (29.6 percent, 10th-14th places), former Senator Jinggoy Estrada (28.8 percent, 10th-4th places), at Senator Paolo Benigno Aquino IV (28.8 percent, 10th-14th places). ###

Marawi IDPs get livelihood intervention from DOST

Three technologies from the Department of Science and Technology-Industrial Technology Development Institute (DOST-ITDI) were handed over to the Maranao People Development Center, Inc. (MARADECA, Inc.) for the livelihood and development of the Marawi siege victims on April 10-11, 2019 at the Provincial Capitol, Marawi City.

One of the technologies was the Essential Oil Extractor which extracts essential oils from Citronella Grass and other plant materials that are abundant in Marawi City.

Essential oils are the aroma-giving constituents of aromatic plants. These oils are water-insoluble organic liquids or solids.

The second was the Charcoal Briquetting Equipment which was made up of ITDI Modified Drum Carbonizer, Crusher, Mixer, and Manual Briquettor.

Briquetting is a process of molding or compacting materials such as charcoal fines of biomass or coal, with or without binder under

pressure.

The other technology was the Tea Bag Processing Equipment. The participants were trained on herbal processing from the collection of plant materials to Herbal Tea and Herbal Capsule production.

The Marawi IDPs were able to processed Moringa Herbal Tea and Turmeric Herbal Tea out of the collected Moringa

and Turmeric plant materials.

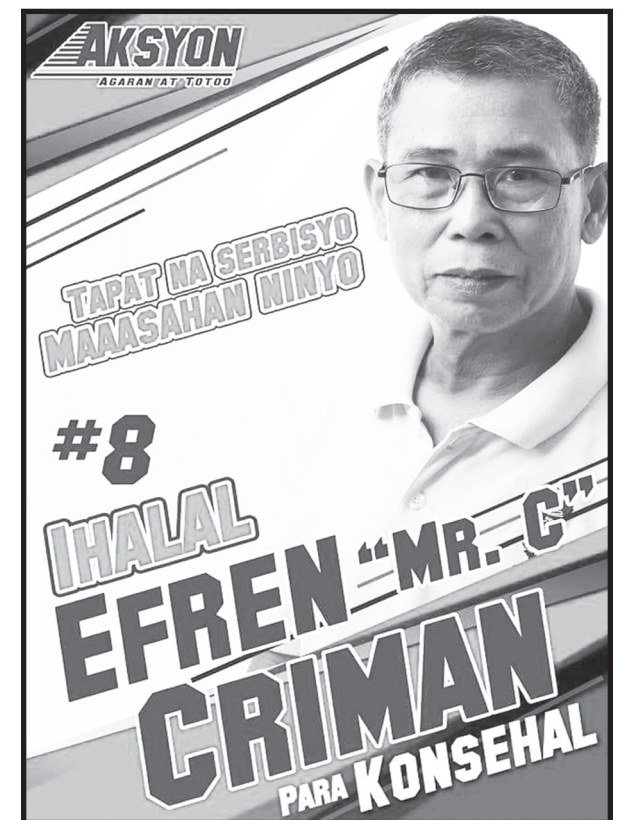
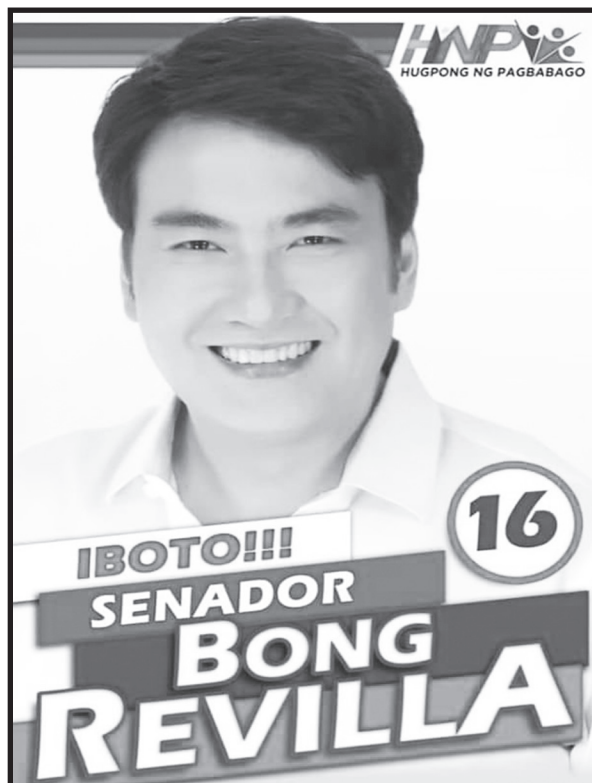
The three equipment are now available anytime for the use and livelihood of the Marawi IDPs.

Aside from the turned-over equipment, DOST-ITDI also trained the Maranaos on Personal and Home Care products wherein the participants were able to produce Dishwashing Liquid, Hand Wash, and different

kinds of soap.

The conduct of the activity was in collaboration with DOST, DOST-ITDI, Task Force Bangon Marawi, NDRRMC, The Ethne Essence Project, LGU-Marawi, and the Province of Lanao del Sur.

Together, they expected an impact of improved living quality of Maranaos through sustainable livelihood programs using their natural resources. **Ma. Lilibeth P. Padilla**



Pagbati Mula kay:



Mayor Jose Voltaire Ricafrente
Rosario, Cavite



Mayor Ony Ferrer
General Trias, Cavite

Live coral cover discovered in Manila Bay

Department of Environment and Natural Resources (DENR) found live coral cover in the Manila Bay, giving hopes that the heavily-polluted body of water could still be returned to its natural condition.

DENR's research arm Ecosystems Research

and Development Bureau (ERDB) has administered an inventory of the coral ecosystems within Manila Bay, and discovered that many of them are flourishing despite environmental and human pressures.

ERDB supervising science research special-

ist Jose Isidro Michael Padin said a majority of the coral cover was found in Corregidor and Caballo Islands in Cavite province.

"Nearly 72 percent of the estimated reef area is found in Cavite. The reef sites in Maragondon and few stations in Corregi-

dor and Caballo Islands had fair to good live coral cover," Padin said.

He, however, said these reefs were continually being endangered by sedimentation, nutrient contamination, reduced water clarity, and high fishing pressure due to increased vulnerability

sheltering the bay.

Based on the coastal resource map prepared by the National Mapping and Resource Information Authority or NAMRIA, Manila Bay's coral cover spans 293.68 hectares, but this data does not yet include that of Mariveles in Bataan.

DENR Secretary Roy Cimatu, who oversees the inter-agency Manila Bay Task Force, said that the findings that coral reefs were still growing in many parts of the bay give the government more reason to proceed with the rehabilitation. **(gocavite)**

Blessing of Children's Park at Barangay San Lorenzo Ruiz I and Barangay Emmanuel Bergado I: Into the Kaleidoscopic World of Young Dasmariñeños



"The future is manifest in our children's imagination and perfected in the games they play." – Chris Andreadis, Educator

Play is truly an important activity for children. It does not only engages their imagination but also encourages learning among them. The City Government of Dasmariñas recognizes this and its continued investment in building

playgrounds in various barangays attests to this. In fact, last April 24 and 25, 2019, Congresswoman Jennifer Austria-Barzaga and Mayor Elpidio F. Barzaga led the blessing of two (2) newly constructed children's parks in the city. The first is located at Barangay San Lorenzo Ruiz I while the other one is at Barangay Emmanuel Bergado I. The officiating priests were Father Joseph Paran and Father Albert

Failago, respectively. Joining these ceremonies were Vice Mayor Raul Rex Mangubat, Kiko Barzaga, City Councilors, and other elected officials.

The San Lorenzo Ruiz I park covers an area of 280 square meters, whereas the Emmanuel Bergado I park measures 438.13 square meters. These children parks feature an exciting range of play equipment including slides, swings, seat exercise, and run/jog in place, riders, animal seesaw, double swing, and balance board. Moreover, they are floored with artificial grass mats to decrease the risk of play injuries. Also, these parks are lighted with double-arm lamp-posts. Aside from this, two (2) security guards are on-duty during the park operating hours. The

San Lorenzo Ruiz I park opens from 4am to 9am and from 4pm to 10pm every Mondays to Sundays. On the other hand, the Emmanuel Bergado park opens from 5pm to 8pm from Mondays to Sundays.

These playgrounds add to the other nine (9) children's parks in the city. Last month, the young constituents of San Lorenzo Ruiz II jubilated when a new children's park was inaugurated in their

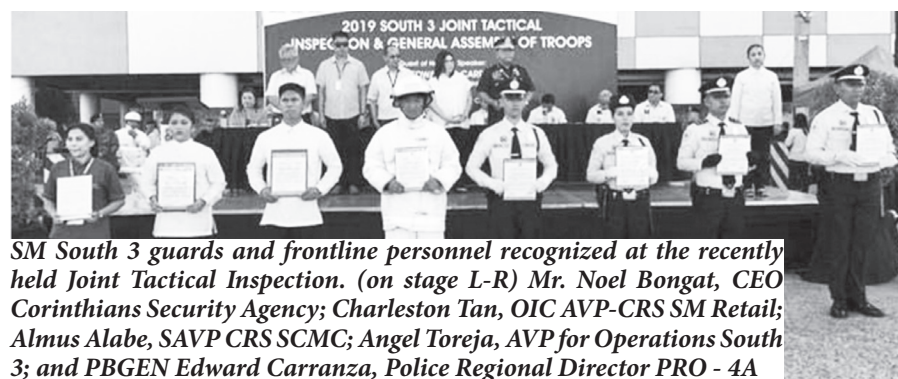
barangay. Other playgrounds are at Barangay San Simon, Barangay Paliparan III, Barangay Salitran III, Satellite Homes II at Barangay San Jose, San Marino Subdivision and Diamond Village at Barangay Salawag.

The City Government of Dasmariñas acknowledges the significance of striking a balance in this technologically-advanced era. While e-games continue to dominate the present arena of

entertainment among our children, they are still to be encouraged to get involved in different natural play. Construction of play facilities like these, provides our children an opportunity to better develop their motor, cognitive, and social skills. Indeed, the City Government is committed to the promotion and advancement of the welfare of its little yet wonderful children.

Sa Dasmariñas, mga bata ang bida!###

SM SUPERMALLS CONDUCTS A JOINT TACTICAL INSPECTION



SM South 3 guards and frontline personnel recognized at the recently held Joint Tactical Inspection. (on stage L-R) Mr. Noel Bongat, CEO Corinthians Security Agency; Charleston Tan, OIC AVP-CRS SM Retail; Almus Alabe, SAVP CRS SCMC; Angel Toreja, AVP for Operations South 3; and PBGEN Edward Carranza, Police Regional Director PRO - 4A



Mall's security, maintenance and engineering personnel during the parade and inspection.

To ensure the safety of all its customers and

clients, SM malls in Laguna conducted a

Joint Security Tactical (cont. P. 7)



SIMILARITIES / DIFFERENCES BETWEEN ISLAM AND CATHOLICISM

Catholic children are raised to love their parents. Muslim children are taught to love their parents but the mother is loved ten times more than the love given to the father.

Calabarzon soon an insurgency-free region

Presidential Adviser for Southern Tagalog, Secretary Dennis Hernandez, expressed optimism on Wednesday the Calabarzon region will soon become insurgency-free.

He said this in his remarks during Wednesday's closing rites of the Regional Task Force to End Local Communist Armed Conflict (RTF ELCAC) 4A's Indigenous People's Summit here.

Hernandez said Calabarzon is seen to eradicate the insurgency soon following the recent dismantling of the New People's Army (NPA) front operating in the provinces of Batangas and Cavite.

Hernandez said this development was followed by the declaration of Cavite as the first province in the country with Stable Internal Peace and Security (SIPS).

"President Rodrigo Duterte is very serious in ending insurgency and the key to attaining this is convergence, something that we have been doing in Southern Tagalog," said Hernandez, who also serves as chair of the RTF ELCAC 4A.

Local peace talks and initiatives have contributed to the efforts to ensure an all-inclusive peace and development in the region, he said.

He said through the teamwork and convergence among government agencies, local

government units and development stakeholders, poverty and insurgency in the region would be addressed. Aside from Batangas and Cavite, included in the Calabarzon region are the provinces of Laguna, Rizal and Quezon.

During the summit, Undersecretary Reynaldo Mapagu of the Department of National Defense's Task Force Balik-Loob lauded "Team Southern Tagalog" for the activation of RTF ELCAC, implementation of the enhanced comprehensive local integration program, and addressing the needs and concerns of the IP community.

Organized by the Army's 202nd Infantry Brigade based here, the IP Summit has drawn the participation of local stakeholders, especially of at least 23 tribal chieftains of the Dumagat Indigenous Peoples (IPs).

Undersecretary Allen Capuyan, Presidential Adviser for IP Affairs, also lauded the regional task force's initiative to involve the IPs in the government's counterinsurgency program.

"IPs should be given importance since they are very critical and one of the most vulnerable parts of our society who often end up as victims of the NPA's deception to further their protracted people's war," Capuyan said. Military officials also said

that on March 29 this year, all of them Dumagats – around 45 former rebels – returned to mainstream

society and surrendered firearms to authorities.

**REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
& EX-OFFICIO SHERIFF
IMUS, CAVITE**

**HOME DEVELOPMENT MUTUAL FUND
(otherwise known as PAG-IBIG FUND)
Mortgagee,**

**EXTRAJUDICIAL FORECLOSURE OF
REAL ESTATE MORTGAGE UNDER
ACT 3135 AS AMENDED BY ACT 4118**

F.C. CASE NO. 16725-19

-VERSUS-

**CHRISTOPHER V. BARCELONA married to
MARY JANE M. BARCELONA,
Mortgagors,**

x-----x

NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial petition for sale under Act 3135 as amended by Act 4118 filed by **PAG-IBIG FUND OR HDMF**, Mortgagee, with principal place of business at 12th Flr, JELP Business Solutions Center, No. 409 Shaw Blvd., Mandaluyong City **CHRISTOPHER V. BARCELONA married to MARY JANE M. BARCELONA**, Mortgagors, with residence and postal address at #4079 France St., Better Living Subdivision, Parañaque City, Metro Manila or Lot 28, Block 12, Richlane Townhomes, Anabu II-E, Imus Cavite to satisfy the mortgage indebtedness which as of **February 19, 2019** amounts to **EIGHT HUNDRED FORTY FOUR THOUSAND TWENTY FIVE PESOS & 7/100 (Php 844,025.07)**, Philippine Currency, including interest and penalties, but excluding attorney's fees, sheriff's fees and all other charges incidental to this foreclosure and sale the undersigned will sell at public auction on June 11, 2019 at 10:00 o'clock in the morning or soon thereafter at the main Entrance of the Office of the Clerk of Court, RTC Multiple Sala, Aguinaldo Highway, Imus, Cavite, to the highest bidder, for CASH and in Philippine Currency, the following property with all improvements therein, to wit:

**TRANSFER CERTIFICATE OF TITLE NO. 057-
2015025968**

"A parcel of land (Lot 28, Blk. 12 of the subdivision Plan, Psd-04-224791, being a portion of Lot 2529-B, (LRC) Psd-37583), situated in Anabu II-E, Imus, Cavite, Is. Of Luzon. Bounded on the SE, along line 1-2 by Road Lot 1; on the SW, along line 2-3 by Lot 29 Blk. 12; on the NW, along line 3-4 by Lot 2529-A, (LRC) Psd-37583 on the NE along 4-1 by Lot 27, Blk. 12, all of the subd. Plan. x x x containing an area of THIRTY SIX (36) SQUARE METERS." x x x

All sealed bids must be submitted to the undersigned on the above stated time and date.

In the event the public auction should not take place on the said date, it shall be held on June 18, 2019 at 10:00 o'clock in the morning without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrance therein if any there be.

Imus, Cavite, Philippines, April 16, 2019.

**(SGD) EMMANUELLE H. FRANCISCO
Sheriff IV**

APPROVED:

**(SGD) REGALADO E. EUSEBIO
Clerk of Court VI & Ex-Officio
Sheriff**

COPY FURNISHED:

PAG-IBG FUND or HDMF
12th Floor, JELP Business Solutions Center,
No. 409, Shaw Blvd., Mandaluyong City

CHRISTOPHER V. BARCELONA and MARY JANE M. BARCELONA
#4079 France St., Better Living Subdivision, Parañaque City, Metro Manila or
Lot 28, Block 12, Richlane Townhomes, Anabu II-E, Imus, Cavite

**HUMANITY NEWS
APRIL 29, MAY 6 & 13, 2019**

**Republic of the Philippines
Fourth Judicial Region
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
City of Bacoor**

**BDO UNIBANK, INC.,
Mortgagee,**

**Foreclosure No. 2019-36
For: Extrajudicial Foreclosure of
Real Estate Mortgage**

-versus-

**SPS. RICARDO N. SALAS AND
MELBA M. SALAS,
Mortgagors,**

x-----x

NOTICE OF EXTRAJUDICIAL FORECLOSURE

Upon Extrajudicial Petition for Sale under Act 3135 as Amended by Act 4118 filed by the mortgagee, **BDO UNIBANK, INC.**, of BDO Corporate Center, 7899 Makati Ave., Makati City, and against the mortgagors, **SPS. RICARDO N. SALAS AND MELBA M. SALAS**, of Lot 31 Block 27 No. 26 Ironbank Street, Wood Estate Village II, Brgy. Molino II, Bacoor, Cavite, to satisfy the mortgage indebtedness which as of September 14, 2019, amounts to **SIX HUNDRED FIVE THOUSAND FOUR HUNDRED ONE PESOS & 65/100 (P605,401.65)**, Philippine Currency, inclusive of interest, penalties and other charges, the undersigned or her duly authorized representative will sell at the public auction on **May 23, 2019** at 10:00 o'clock in the morning or soon thereafter, at the main entrance of the Hall of Justice of Bacoor City, Cavite, to the highest bidder for CASH and In Philippine Currency, the following described property with all the improvements thereon, to wit:

**TRANSFER CERTIFICATE OF TITLE NO.
T-559439**

"A parcel of Land (Lot 31, Blk. 27 of the cons./ subd. Plan, Pcs-042103-006721, being a portion of cons. Of Lots 5570, 5526, Imus Estate & Lot 5871-A, Fls-1059, L.R.C. Rec. No.), situated in the Brgy. Of Molino, Mun. of Bacoor, Province of Cavite, Island of Luzon x x x containing an area of **ONE HUNDRED NINE (109) SQUARE METERS.**"

"All sealed bid must be submitted to the undersigned on the above stated time and date."

"In the event the public auction should not take place on the said date, it shall be held on May 30, 2019, without further notice."

Prospective buyers or bidders are hereby enjoined to investigate for themselves the title to the said property and encumbrances, if any there be.

City of Bacoor, April 15, 2019.

**(SGD) LIZA D. VICTA
Clerk of Court IV**

Copy furnished:

BDO UNIBANK, INC.
11th Floor, South Tower, BDO Corporate Center,
7899 Makati Ave., Makati City

Mr. & Mrs. RICARDO N. SALAS AND MELBA M. SALAS
-Lot 31 Block 27 No. 26 Ironbank Street, Wood Estate Village II, Brgy. Molino II, Bacoor, Cavite
-Unit 1G Cluser 5, U.N. Gardens Cristobal Street, corner Jose Batute Street, Paco Manila

WARNING: It is absolutely prohibited to remove, deface or destroy this notice of Extrajudicial Sale on or before the date of sale.

**HUMANITY NEWS
APRIL 22, 29 & MAY 6, 2019**

EDITORIAL

Marami tayong magagandang katangian bilang Pilipino, tayo ay mapagkukupkop sa kulang-palad at bukas ang tulong sa mga nangangailangan. Hindi lamang tayo ugma sa pag-nenegosyo dahil sa mga nakita natin sa mga nauna sa atin ay di tungo sa pagsasarili kundi sa pangangamuhan. Hindi rin tayo lubos na mapag-impok dahil sa ang ating kalikasan ay hindi tulad sa mga bansang may niyebe at malamig na winter. Madali tayong masiyahan sa konti di tulad ng bansang may yelo na pag di ka nag-impok ay maaring mamatay ka sa gutom sa panahon ng taglamig.

Alamin natin ang ating kahinaan at patibayin ito sa hinaharap. Malulusutan din natin ang mga pagsubok kung tayo'y kapit bisig.

HEALTH WEALTH NOTHING COMPARES.

Green Barley is a Superfood

- 11 times the calcium in cow's milk
- 5 times the iron in spinach
- 7 times the Vitamin C in oranges
- 2 times the Beta Carotene in carrots
- 80 mg of Vitamin B12 per 100 grams
- Antioxidants
- 25,000 orac value per 100 grams

Green Barley contains

- 16 Amino Acids
- 16 Vitamins
- Phytochemical
- Soluble and insoluble fiber
- 1000 Plus enzymes
- 17 Minerals including trace amount of more than 50 other minerals
- Chlorophyll

Benefits of Chia Seeds

- Anti-inflammatory Effects and Pain Relief
- Promote heart health
- Stabilizes blood sugar
- Increased metabolism
- Improved memory and concentration

10 Amazing Benefits of Dragon Fruit

1. High in fiber
2. Natural source of antioxidants
3. Helps alleviate arthritis
4. Good for the heart
5. Helps regulate diabetes
6. Fights aging
7. Helps in weight management
8. Asthma
9. Gold mine of vitamins and minerals
10. Dragon fruit to treat acne

Chia Seeds and Green Barley

- Omega 3
- Fiber
- Immunity Booster
- US FDA GRAS Status
- Antioxidants
- Endurance Boosting

SUITABLE FOR PEOPLE WHO SUFFER FROM MOST OF THESE SYMPTOMS

Anemia	Constipation	Gall Stone	Jaundice	Myoma
Bronchitis	Cysts	Goiter	Kidney Disease	Psoriasis
Burns	Diabetes	Gout	Leptospirosis	Prostate
Cancer	Dengue	Hepatitis	Liver Cirrhosis	Tuberculosis
Cervical Cancer	Dysmenorrhea	Hypertension	Mental Tiredness	Thyroid problem
Colon Prolapsed	Epilepsy	Insomnia	Migrane	Vertigo

" BEWARE OF FAKE OR IMITATION "

YOUR HEALTH IS YOUR WEALTH. START INVESTING NOW!

Rolly del valle
09095843056/09566310272
rollydelvallej@yahoo.com

PCLEDO'S BIZ iCREATE PROGRAM DEVELOPS ENTREPRENEURIAL SKILLS



Cavite Provincial Cooperative, Livelihood and Entrepreneurial Development Office (PCLEDO) continues to educate and equip aspiring entrepreneurs with proper knowledge as it facilitated Session 3 of BIZ iCREATE – Cavite's Responsible Entrepreneurs Aiming Toward Economic Sustainability program on April 30, 2019 at PCLEDO

Training Area, CaCoDeC in Trece Martires City. DLSU - Dasmariñas Graduate School of Business Professor, Dr. Aldrin Antivola continued the discussion on Entrepreneurial Skills Development (Part 2) to twenty entrepreneur partakers. The topic dealt with operational, human resource, financial and cash flow management, communication skills,

and legal aspect which can provide a significant impact on the growth and success of managing a business. He also stressed out the relevance of satisfying the needs and wants of the target market. Last two sessions which will cover the topic of Strategic Business Plan and Business Plan Preparation are scheduled on May 2 and 28, 2019, respectively. -- (PICAD)

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Health Benefits...

What Is Lagundi Leaves?

Those who are living in tropical countries must have been familiar with lagundi leaves because the plant is commonly found as ornamental plants due to its beautiful purple flower. However, even in medical field, lagundi leaves have been quite well known due to its amazing medical properties found and already proven scientifically by some research studies. Lagundi has botanical name *Vitex trifolia* L. There are also lagundi from the same genus but with botanical name *Vitex negundo* and well known to be one of the herbs used in traditional Chinese herbs health medication.

Nutritional Value of Lagundi Leaves

One of the reasons why lagundi leaves became famous is due to its antioxidant properties. Furthermore, this plant is also packed with certain vitamins and minerals that bring a lot of benefits to human. Below is the list of health benefits of lagundi leaves for those who are not really familiar with this herbal plant.

1. Excellent for Asthma Asthma is a condition that you cannot fully cured by there are some herbal remedies that are proven to be effective in dealing with the symptoms of asthma and lagundi leaves are among the highly recommended herbal plants. To treat asthma, you cannot just take it in one time but you should take it regularly at least a cup of herbal tea made from lagundi leaves is highly recommended to help relieving the asthma.

2. Cough Relieving Sore throat and light cough could be really annoying. Lagundi leaves contain anti-inflammatory properties as well as antihistamine and expectorant that is great for respiratory problems such as cough and sore throat. For optimal result you could add lagundi leaves tea to your daily diet because you could take it at least one cup up to three cup a day for cough relieving. However, to treat fever you need more dosage such as a cup of lagundi leaves tea in every three hours.

3. Relieving Itchy Skin

Itchy skin could be caused by various factors and lagundi leaves are effective remedy to relieve the symptoms because lagundi leaves contain anti-inflammatory properties along with some anti-bacterial agents, anti-septic properties and the cooling effect will do the wonder to the itchy skin. Furthermore about the health benefits of lagundi leaves is that this herbal plant is also excellent to treat itchy skin caused by insect bites.

4. Promote Healthy Skin For you who have problems with dull skin or acne, lagundi leaves are also effective to deal with those conditions. Just applying the crushed lagundi leaves to infected area could cure acnes naturally and while adding lagundi leaves to your bathing water will help improving and smoothing your skin so no more dull skin.

5. Natural Pain Relief Some studies have stated that lagundi leaves contain analgesic and anti-inflammatory properties. Those combinations make lagundi leaves one of the powerful pain relievers. Some people with rheumatism have claimed that this herbal plant is actually natural remedy to their pain. Furthermore,

the locals have been using lagundi leaves to treat headache as well due to the analgesic properties found in the leaves which are quite potent.

6. Treat Digestive Problems When talking about digestive problems the list could be endless such as constipation and how to prevent diarrhea. Well, lagundi leaves have been well known to be excellent solution to treat some digestive problems because it contains some active compound such as anti-bacterial and anti-inflammatory properties to help dealing with some digestive problems.

7. Potential Anti-Cancer Properties From the Journal of Natural Product published in 2003, lagundi leaves are among the herbal plant that considered having potential anti-cancer properties though of course further studies are strongly required to support the claim.

8. Tonic For Liver Some scientific studies have found that lagundi leaves contain specific compound well known to have hepatoprotective effects which could be used as tonic for liver. Though the main function of liver is to eliminating the toxins



from your body but still detoxifying it regularly is still required to maintain its health and optimal function. Surely you know about the health benefits of tea for liver and tea made from lagundi leaves are one that is highly recommended.

Cautions of Lagundi Leaves

When it comes to herbal plants when there are always some cautions you should aware because most of the herbs usage without professional attention like doctor. If you take herbs as part of medication, at least you should know the side effects that you may suffer.

- Lagundi is not recommended for laxative and pregnant mother. Though this herb is quite safe to be consumed in moderate amount but still it is better to be in the safe side and avoid lagundi at all cost during pregnancy.

- If you are taking

lagundi as part of intensive medication treatment is better to consult with the expert first because though it is safe herb in moderate amount but in high dosage lagundi could be really harmful.

- When you take lagundi leaves regularly and notice there are some allergic reactions like swollen lips or itchy skin is better to stop taking it immediately and

contact your doctor. Due to its raise of popularity, you could easily found the health benefits of lagundi leaves in the form of herbal teabag or capsules, so you could easily enjoying it in the form of herbal tea or in a capsule, though of course it is still better for you to make sure that the products that claim to be made from lagundi leaves are produced by respectable brands only.

SM SUPERMALLS... (from p. 4)

Inspection at SM City Calamba as a part of their corporate responsibility to provide complete customer service which has always been a key concern of SM Supermalls. The said assembly were participated by three (3) malls namely: SM City Calamba, SM City San Pablo, and SM City Santa Rosa.

The mall's security, maintenance and engineering personnel gathered for the yearly inspection led by SM Supermalls' SAVP for SCMC-CRS, Almus Alabe. PBGEN. Edward E. Carranza - Police Regional Director PRO - 4A and Angel Toreja - Assistant Vice President for Operations - South 3, also graced the inspection.

During the JTI, uniforms and equipment were checked and inspected to conform to the standards set by the company and the minimum requirements of the PNP SOSIA. The inspection is done individually, from head to foot, following very distinct and unique procedures. Aside from the individual clothing and equipment, armaments and issued firearms were also inspected. Communication equipment and other support gadgets were also tested to ensure that they are always functional and ready to use.

During the program, Mr. Alabe awarded the Certificate of

Commendation to the SM Security Force and frontliners.

SM's Customers Relations Services (CRS) believes that every SM security personnel are at the forefront of customer service. CRS also believes that the work of security personnel is not easy, but this should not adversely affect in any way the quality of service to customers. Instead, the security personnel should exert effort to improve the performance of their duties. This also aims to keep the standard high on the security requirements of the security providers which includes protocols for emergencies, accidents, alertness, equipment and firearms. KCHT

Sino ang maaaring magkaroon OSTEOPOROSIS?

- Mga babae at lalakeng edad ay 40 pataas.
- Mga babaeng nakakaranas ng menopause.
- Mga may history ng fracture o pagkahulog.
- Mga may mataas na timbang o overweight.
- Mga naninigarilyo.
- Mga madalas uminom ng alak.
- Mga may kakulangan sa Calcium.
- Mga kulang o hindi nage-ehersisyo.

Sintomas ng OSTEOPOROSIS

- Masakit na likuran na sanhi ng fracture o collapse na vertebrae.
- Pagliit paglipas ng mga taon.
- Nakayukong postura.
- Madaling magkaroon ng bone fracture.

Paano ma-control ang OSTEOPOROSIS?

- Tamang diet.
- Mag ehersisyo.
- Pagtigil sa paninigarilyo.
- Iwasan ang pagkahulog.
- Pag-inom ng Calcium Supplement na may Vitamin D₃

CALCIDAY
Calcium Carbonate + Vitamin D₃
ARAW-ARAW

Available at all **mercury drug** outlets
HAKASISIGURO GAMOT AY LAING BAGO

Available at Robinsons Mall Mercury Drug Outlet
CONTACT MS. LOISA JABOLI

FELLOWSHIP WITH HUMANITY IS FOR A FAIR AND HONEST ELECTION

GenTri to inspect vital infra after 6.1 magnitude quake

GENERAL TRIAS CITY, Cavite – The city government directed on Tuesday its engineering, fire and general services offices (GSO) to immediately inspect all private and public buildings, including vital infrastructure projects under its jurisdiction after the 6.1 quake that jolted Luzon last April 22.

In an interview, city Business Permit and

Licensing Office (BPLO) head Romel Olimpo said the directive, issued through a memorandum signed by Mayor Antonio A. Ferrer, is in response to the call of Interior and Local Government Secretary Eduardo M. Año's to all local government units (LGUs) to inspect all buildings in their areas of responsibility to ensure public safety.

Año, in a press briefing last week, urged all LGUs to immediately inspect all buildings following the 6.1-magnitude earthquake on April 22 which jolted parts of Luzon, including

Cavite's Tagaytay City (intensity IV), and the cities of Dasmariñas, General Trias, Cavite and the town of Indang (intensity III).

"Although the city's joint inspection team (comprised of BPLO, city fire, engineering, health, environment, planning and treasurer's offices) conducts weekly inspection to validate the local establishments' compliance to local and national safety regulations, another round of inspection will be conducted.

"To check whether the previous earthquake caused any structural

damage that will jeopardize the safety and health of its users," Olimpo said.

General Trias, a component city of Cavite, is home to the Gateway Business Park, and boasts of a steady increase in its registered commercial establishments and infrastructure developments.

Although the city government has no jurisdiction over factories inside the Philippine Economic Zone Authority (PEZA), it will closely coordinate with PEZA's engineering department regarding the DILG directive. (PNA)

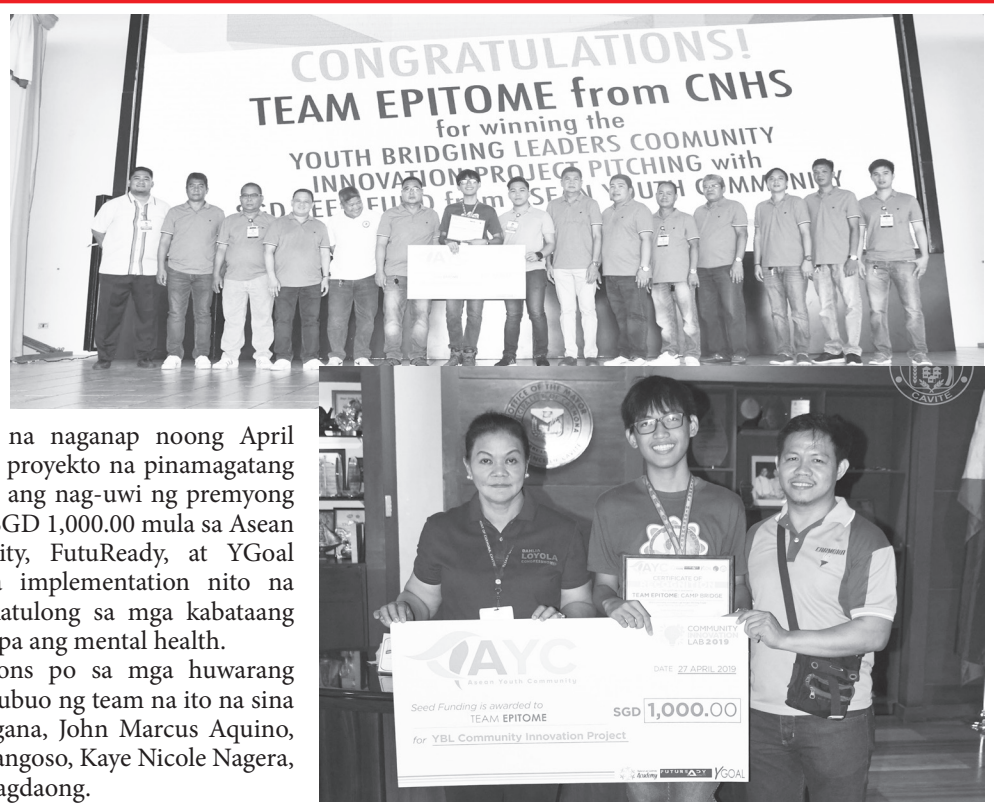


A new covered court was inaugurated with Bacoor City Mayor Lani Mercado Revilla, Cavite Provincial Board Members Rey Fabian and Aba Gawaran, and Bacoor City Councilors gracing the occasion. Located at Paula Homes in Molino 1, the covered court provides another venue for community activities.



Congratulations !Hon. City Mayor Emmanuel L. Maliksi! AWARDED EXEMPLARY IN PUBLIC SERVICE

Isang pagbati ni Dr. Dahlia Loyola para sa Team Epitome mula sa Carmona National High School sa pagkakapanalo nila sa Young Bridging Leaders Community Innovation Lab Project Pitching na naganap noong April 27. Ang kanilang proyekto na pinamagatang "Camp BRIDGE" ang nag-uwi ng premyong seed funding na SGD 1,000.00 mula sa Asean Youth Community, FutuReady, at YGoal na gagamitin sa implementation nito na naglalayong makatulong sa mga kabataang mas maunawaan pa ang mental health.



DO YOU KNOW ?

The eyes do not grow bigger. You are born with the size of the eyes that will stay the same until you die.

(Shared by Fellowship with Humanity)

FELLOWSHIP WITH HUMANITY

Province of Cavite

PRESIDENT: AURELIO PAREDES BAUTISTA

Fellowship with Humanity is a Family-Based Masonic Charity Group registered in Cavite to help in a small way alleviate the conditions of the poor. The funds come from the family income of the Bautista Family members.